# ""Balance""

# Psalm 127:1-5

## Connect:

1) If someone is willing, share a funny time when you physically lost your "balance."

### Discuss:

Psalm 127:1-5

- 1) How do you fulfill God's mission at work without sacrificing family, faith, or sanity? Where is the balance that reflects commitment to vocation, family and Lord but can rest in confidence of his grace his abiding Love and care?
- 2) What does it mean to prioritize your faith? What does it mean to treasure your faith? (v1)
- 3) Pastor Bryan described those with anxiety-driven personalities and significance/approvaldriven personalities. What are the consequences they bring? What consequence comes with turning things over to God? (v2) Share and example from your life.
- 4) How does recognizing the preciousness of our family help us maintain a healthy balance even in a busy season? (v3-5)

## Partner:

- 5) Is there anyone willing or wanting to share about an imbalance in their life.
- 6) Take a few minutes to pray for those that shared and any other requests.