

# RUN A SYRIAN SUPPER CLUB

HELP REFUGEES • FUNDRAISING GUIDE • 1/2



## WE NEED YOUR HELP



Help Refugees only exists because of the generosity of people like you. Even though we've grown quickly over the past year and a half, most of our funds are still generated by individuals and community groups.

The war in Syria has been the biggest man-made disaster since World War 2. And while the news media may have moved on, there are still huge numbers of refugees across Europe and the Middle East that need our help.

Supper Clubs are a simple and fun way to bring people together, put smiles on faces, and most importantly, raise funds to support the vital work we do.

## PLANNING YOUR EVENT

You could plan a simple meal for a couple of friends or a mammoth feast for your local community; it's up to you.

You could start your meal with delicious mezze-style dips like hummus or baba ganoush. Mains could include kebabs, meatballs or stuffed peppers. And sweets like baklava would make the perfect finish.

Syrian food is great for vegetarians and you can make loads of dishes in advance, meaning no last-minute rush and stress. In terms of raising money, you could ask for donations on a 'pay what you feel' basis, or have a suggested donation of around £15-20 per person.

Alongside your meal, you could consider showing a short film to help your guests better understand some of the issues affecting refugees at the moment.



## WHERE YOUR MONEY GOES

**96%**

The % of donations that go straight to the projects we work with

**70+**

The number of projects across Europe and the Middle East we support

**15,000+**

Incredible volunteers have supported our on-the-ground work

**600,000+**

The number of beneficiaries we've reached

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**A couple of weeks in advance:** Pick a date, time and place. Send out invites and set up a Facebook event



**The day before:** shop for ingredients and send out a final reminder to your guests



**On the day:** make as much of your meal in advance as you can so you can relax when your guests arrive. Don't forget to collect those all-important donations!

## PUBLICISING YOUR EVENT

If you're planning a meal with a couple of friends, this might not be so necessary. But if you're planning meal for lots of people, you'll need to give this some thought.

Set up a Facebook event for your meal, and make sure you get your guests to confirm their attendance. Consider contacting your local newspaper; they'll always be keen to gather stories like this.

Big or small, make sure you share your amazing events with us by email or on social media, using the hashtag #chooselove.

## ENTERTAINMENT

A brilliant way to engage your guests (and hopefully make them even more generous with their donations) is to show a short film before your meal, highlighting some of the challenges faced by refugees. Why not consider showing our two-minute film about child refugees? [www.facebook.com/HelpRefugeesUK/videos/358156601211686](http://www.facebook.com/HelpRefugeesUK/videos/358156601211686)

## HEALTH, SAFETY & LEGAL

When preparing or handling food, ensure you follow the correct procedures for preparation, storage and cooking of food. For more information, visit: [www.food.gov.uk](http://www.food.gov.uk).

Help Refugees cannot accept liability for any loss, damage or injury sustained by anyone participating in a fundraising activity. If your event involves the public, you may need public liability insurance. If you are using a venue, they may already have this.

## RECIPE RESOURCES

You can find some brilliant traditional Syrian recipes online. To get inspired, check out:

**Syrian hummus:** [www.allrecipes.com/recipe/126786/authentic-kicked-up-syrian-hummus](http://www.allrecipes.com/recipe/126786/authentic-kicked-up-syrian-hummus)

**Tabbouleh salad:** [www.jamieoliver.com/recipes/vegetables-recipes/tasty-tabbouleh-salad](http://www.jamieoliver.com/recipes/vegetables-recipes/tasty-tabbouleh-salad)

**Syrian red lentil soup:** [www.herbivoracious.com/2008/04/recipe-syrian-y.html](http://www.herbivoracious.com/2008/04/recipe-syrian-y.html)

**Fattoush:** [www.sbs.com.au/food/recipes/food-safaris-fattoush](http://www.sbs.com.au/food/recipes/food-safaris-fattoush)

## GET IN TOUCH

We always love to hear about your fundraising and share what you've done to help.

If you'd like to share updates with us or have any questions, please email: [communityfundraising@helprefugees.org.uk](mailto:communityfundraising@helprefugees.org.uk)

### Stay up-to-date

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### Donate online

<https://mydonate.bt.com/fundraisers/>