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Healing Psychological (etc) Damage

lydia_666@ymail.com Message 1 of 21 , Feb 15

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Posting this as I've recommended it to a few SS. The healthier we are in every way, the better our success, the better our future. You can do a few cycles of 40 days, or one 90 day working, or whatever you feel you need.

This is best done when the Moon is in Scorpio, as Scorpio rules transformations, drastic changes, and psychological issues. Moon in Pisces is the only other moon sign appropriate for this working.

Date: Feb 16 (Jupiter day), March 16 (Jupiter), April 12 or 13 (Mercury day or Jupiter). The day itself doesn't matter so much as the Moon sign/phase, so even Venus day is fine. The waning side of a full moon is best but the timing doesn't always work out.

Hour of Sun (Self), Moon (unconscious, emotions, habits), Jupiter (good stuff) or just whatever works in your schedule for the day. Don't obsess over the hour too much, occasionally doing it in say Mars won't ruin the working.

Rune: Wunjo (or any other variations, Waunyo, Vend, Vin, Wynn). Its number is 8 so you can do 88 reps, 40 for people who aren't used to higher reps, or whatever amount you feel is best for you.

Affirmation 9x: "In a positive and healthy manner for me, the energies of [Wunjo or variation of] are totally and completely healing me from any and all psychological, mental, and emotional damage and pain".

Now, this is going to bring up some ugly stuff. For example, if you lived in fear as a child and always had stomach aches, this working might bring them back. You might also get flashes throughout the day of memories of trauma and so on. But it won't last long. Just keep it up and you will come out of it stronger (and saner) than ever :)

Reply

kingsceasar@yaho… Satanic blessings. I love that post. Very infc Feb 15
sternegucker@yma… Thank you, Lydia. I was going to start a Wu Feb 15
descipleofthegods13 Thank you for this. I suppose I will have to re Feb 15
duce_surya I really needed this 😔 Feb 15
shekel.stein Lydia, does this apply to protection workings to? Feb 16
Shael Same(/Similar) here. I knew I needed to do som… Feb 16
oxaroc Hey Lydia, may i ask a silly question? Does the … Feb 16