

EXPLORING DIFFERENT ACTIVITIES TO BECOME BETTER INDIVIDUALS

KIDS & LIFESTYLE

DUE TO THE FACT THAT THEY HAVE SEEN AND EXPERIENCED MOST OF THE THINGS THAT THIS COLD AND UNFORGIVING WORLD AS WELL AS WITNESSED POOR AND LESS FORTUNATE SOULS WHO HAVE FALLEN ON HARD TIMES AND STRUGGLE TO SURVIVE THEIR DAY TO DAY LIFE, CONCERNED AND LOVING PARENTS DO EVERYTHING IN THEIR POWER TO PROTECT THEIR KIDS AND GIVE THEM THE BEAUTIFUL LIFE THAT THEY DESERVE.

AND THAT IS THE REASON WHY THEY WAKE UP AT THE BREAK OF DAWN BEFORE THE SUN GOES UP, BRACE THEMSELVES FOR THE STRING OF CHALLENGES THAT THEY HAVE TO FACE, DEDICATE THEIR STRENGTH ON THEIR RESPECTIVE CAREERS AND FOCUS ON THEIR OTHER RESPONSIBILITIES TO THEIR FAMILY BECAUSE THERE IS NOTHING MORE IMPORTANT IN THIS WORLD THAN THE SAFETY, WELFARE AND WELL-BEING OF THEIR LOVED ONES.



ON TOP OF THAT, THEY ALSO LOOK FOR GREAT SCHOOLS FOR THEIR YOUNG KIDS SO THAT THEY CAN LEARN FROM THEIR TEACHERS, DEVELOP THEIR DIFFERENT SKILL SETS AND GET THE ACADEMIC PEDIGREE THAT THEY NEED TO SUCCEED WHEN THEY FINALLY GRADUATE AND LEAVE THE FOUR WALLS OF THEIR CLASSROOMS AND LABORATORIES.

BUT ASIDE FROM GETTING HIGH GRADES IN ALL OF THEIR SUBJECTS, BRINGING HOME EXCELLENT REPORT CARDS AND DEVELOPING THEIR INTELLIGENCE AS WELL AS EMOTIONAL QUOTIENT THROUGH ALL THE YEARS THAT THEY SPEND IN SCHOOL, YOUNG PEOPLE ALSO NEED TO EXPLORE AND TRY OUT DIFFERENT KINDS OF EXTRACURRICULAR ACTIVITIES SO THAT THEY CAN BECOME WELL-ROUNDED INDIVIDUALS.



AND THAT IS THE REASON WHY PARENTS LOOK FOR <u>KIDS SWIMMING LESSONS</u> IN <u>SINGAPORE</u> SO THAT THEY CAN GET THE EXERCISE THAT THEY NEED, STRENGTHEN THEIR BODY, INGRAIN THE VALUE OF DISCIPLINE AND HARD WORK INSIDE THEIR HEADS AND DEVELOP THEIR CONFIDENCE AS THEY ENGAGE IN FRIENDLY COMPETITION AND SPIRTED RIVALRY WITH OTHER CHILDREN THEIR AGE.





THE BOOST IN SELF-ESTEEM AND THE CHARACTER TRAITS THAT THEY DEVELOP IN THESE PHYSICAL ACTIVITIES CAN CERTAINLY HELP THEM IN THE LONG RUN WHEN THEY FINALLY VENTURE OUT IN THE OUTSIDE WORLD AND STRIVE FOR PERFECTION AND EXCELLENCE IN THEIR CHOSEN CAREERS IN THE FUTURE.



WITH THAT IN MIND, ASIDE FROM SIGNING UP FOR <u>SENGKANG SWIMMING</u> <u>LESSONS</u> SO THAT THEY CAN MASTER THE BASICS AND LEARN ADVANCED TECHNIQUES THAT WILL HELP THEM GLIDE THROUGH THE WATER LIKE A FISH AND WIN TOURNAMENTS OR SWIM MEETS, THERE ARE OTHER AFTERSCHOOL PROGRAMS THAT YOUNG KIDS CAN TRY OUT WITH THEIR FRIENDS SO THAT THEY CAN AVOID WASTING THEIR LIFE AWAY DUE TO THE BAD DECISIONS AND WRONG TURNS THAT THEY TAKE.





THOSE WHO ENJOY DIFFERENT KINDS OF SPORTS BECAUSE THEY WANT TO PUSH THEMSELVES AND TEST THEIR LIMITS AGAINST THE BEST OF THE BEST CAN SHOOT HOOPS ON THE BASKETBALL COURT, STEAL BASES IN THE BALLPARK, SCORE TOUCHDOWNS ON THE GRIDIRON AND NOTCH ACES IN THE TENNIS COURT.





AFTER THEIR <u>SWIMMING CLASSES FOR KIDS</u>, THEY CAN ALSO ATTEND ART WORKSHOPS SO THAT THEY CAN EXPLORE, ENHANCE AND BOOST THEIR ARTISTIC SKILLS WHILE USING DIFFERENT KINDS OF MEDIUMS AND MATERIALS TO CAPTURE THE BEAUTY, UGLINESS AND HARD TRUTHS ABOUT THE WORLD AND LIFE IN GENERAL.







LAST BUT NOT THE LEAST, IF THEY WANT TO GIVE BACK TO THE COMMUNITY AND SERVE THE PEOPLE BECAUSE THEY HAVE AN ALTRUISTIC AND PHILANTHROPIC NATURE, THEY CAN VOLUNTEER IN HOMELESS SHELTERS, SALVATION ARMY AND OTHER HUMANITARIAN ORGANIZATIONS AND WORTHWHILE ADVOCACIES DURING THEIR FREE TIME.