

[NYC Summer Rising Program](#)

Free in-person academic and enrichment programming for all New York City students. Programs offer field trips, arts activities, outdoor recreation, community-building, and social-emotional learning activities. *(Programs are run by the NYC Department of Education and NYC Department of Youth & Community Development.)*

Community Assistance

[NYC Community Meals](#)

All New Yorkers have access to free grab-and-go meals, available at locations across the city — no identification or registration necessary.

[NY Temporary Assistance for Families](#)

Families or individuals who qualify for Family Assistance (FA) or Safety Net Assistance (SNA) can receive temporary cash assistance. New Yorkers who are unable to work, can't find a job, or have a job that doesn't pay enough may receive help covering their expenses.

COVID-19

[NYC Health + Hospitals](#)

Your one-stop-shop for COVID-19 resources, including information about prevention, testing sites, health centers that treat long-term effects, and more.

[NYC Take Care](#)

The New York City Test & Trace Corps ensures that anyone who tests positive for COVID-19 and their close contacts can isolate safely either in a hotel, free of charge, or at home. The program offers infected New Yorkers access to resources including food delivery, personal protective equipment, pet care, and more.

Vaccination

Getting vaccinated is the single most powerful thing we can do to end this pandemic. Make your appointment today:

- [NYC Vaccine Command Center](#): Learn about available vaccines, book an appointment, and locate walk-in vaccination sites near you.
- [GoodRx.com](#): Find pharmacies near you with open appointments.
- **Pharmacy Appointments**: Book a pharmacy appointment directly at [CVS](#), [Rite Aid](#), [Walgreens/Duane Reade](#), and [Health Mart](#). All of these sites will ask you to create an account before scheduling your appointment.
- **NYC and NYS Sites**: Find and schedule vaccination appointments at [city](#) and [state](#) sites.

Community Resources For

Behavioral and Mental Health Support



24 Hour Assistance Resources

If you need assistance after school and office hours, there are several resources available to you. Among them are NYC Well and the Suicide Hotline. Both offer confidential, 24/7 support from mental health professionals. They can also assist in providing referrals to outside providers.

NYC Well	1-888-NYC-WELL Nycwell.cityofnewyork.us
Suicide Prevention	1-800-273-8255 suicidepreventionlifeline.org

Remote Telehealth Providers

Teletherapy or telehealth options enable scholars and families to access services, without leaving home, and are available via phone, video, or text message chat. Services may include:

- Individual counseling
- Group therapy
- Evaluations

Child Mind Institute 877-203-3452
[childmind.org](https://www.childmind.org)

Counseling Resources: Manhattan

Jewish Board of Family and Children's Services

135 West 50th Street
New York, NY 10020
212-582-9100

Northside Center for Child Development

1301 5th Ave
New York, NY 10029
212-426-3400

Mount Sinai Adolescent Health Center

312 East 94th Street
New York, NY 10128
212-423-3000

Child Mind Institute

101 E. 56th St.,
New York, NY 10022
212-308-3118

Blanton-Peale Institute and Counseling Center

7 West 30th Street, 9th Floor
New York, NY, 10001
212-725-7850

Counseling Resources: Manhattan

Graham Windham Manhattan

Mental Health Center

274 W 145th Street, #2
New York, NY 10039
212-368-4100

The Institute for Family Health Center for Counseling at the Alliance

64 West 35th Street
New York, NY 10001
646-741-9100

New York Center For Children

333 East 70th Street
New York, NY 10021
212-517-3012

NYC Health + Hospitals/Harlem

506 Lenox Avenue
New York, NY 10037
212-939-1000

NYU Child Study Center

One Park Avenue, 7th Floor
New York, NY 10016
646-754-5000

Counseling Resources: **Manhattan**

Union Settlement Mental Health Services

2089 Third Ave
New York, NY 10029
212-828-6144

Community Resources For
Housing Support



24 Hour Assistance Resources

If you need assistance after school and office hours, there are several resources available to you. Among them are NYC Prevention Assistance and Temporary Housing (PATH). PATH provides 24/7 support to families with children currently experiencing homelessness or facing the immediate loss of housing.

NYC PATH 1-718-503-6400
<https://on.nyc.gov/2Ml1Hs1>

In the case of an emergency, call 911

Housing Resources: Manhattan

BRC

Multi-service organization that provides shelter access and transitional services as well as affordable permanent housing options.

131 West 25th Street, FL 12
New York, NY 10001
212-803-5700

Center for Urban Community Services

Hosts a Housing Resource Center that provides housing and housing services.

198 East 121st Street
New York, NY 10035
212-801-3300

Henry Street Settlement

Program provides transitional and supportive housing for homeless families.

Urban Family Center
130 Baruch Pl
New York, NY 10003
212-475-6400

Helen's House
309 Henry St.
New York, NY
212-254-0499