

ACTIVITIES TIMETABLE

ACTIVITIES ARE FREE UNLESS OTHERWISE STATED



SPACE2, WORKING WITH CURRENT GOVERNMENT GUIDELINES REGARDING COVID-19 WILL RESPOND ACCORDINGLY TO ANY NEW LOCAL RESTRICTIONS. THIS MAY AFFECT THE DELIVERY OF FACE-TO-FACE GROUPS AND WE WILL ENDEAVOUR TO MOVE GROUPS ONLINE WHERE APPROPRIATE.

SPACE2

CREATE CHANGE

	WEEK 1	WEEK 2	WEEK 3	WEEK 4
MON	4th January MEN @ MEANWOOD (ZOOM)	11th January MEN @ MEANWOOD (ZOOM)	18th January MEN @ MEANWOOD (ZOOM)	25th January MEN @ MEANWOOD (ZOOM)
		THRIVE FORK TO FORK (FACE TO FACE)	NATURAL CRAFT COURSE (FACE TO FACE)	NATURAL CRAFT COURSE (FACE TO FACE)
	COMMUNITY YOGA (ZOOM) Pay as you feel	COMMUNITY YOGA (ZOOM) Pay as you feel	COMMUNITY YOGA (ZOOM) Pay as you feel	COMMUNITY YOGA (ZOOM) Pay as you feel
TUE	5th January THRIVE FORK TO FORK (FACE TO FACE)	12th January THRIVE FORK TO FORK (FACE TO FACE)	19th January THRIVE FORK TO FORK (FACE TO FACE)	26th January THRIVE FORK TO FORK (FACE TO FACE)
	GIPTON GROWERS (FACE TO FACE)	GIPTON GROWERS (FACE TO FACE)	GIPTON GROWERS (FACE TO FACE)	GIPTON GROWERS (FACE TO FACE)
	COMMUNITY YOGA (FACE TO FACE)	COMMUNITY YOGA (FACE TO FACE)	COMMUNITY YOGA (FACE TO FACE)	COMMUNITY YOGA (FACE TO FACE)
WED	6th January	13th January WEDNESDAY WALKERS (FACE TO FACE OR ZOOM)	20th January WEDNESDAY WALKERS (FACE TO FACE OR ZOOM)	27th January WEDNESDAY WALKERS (FACE TO FACE OR ZOOM)
THU	7th January THE OLD FIRE STATION'S CHILDREN'S CHOIR (FACE TO FACE OR ZOOM)	14th January THE OLD FIRE STATION'S CHILDREN'S CHOIR (FACE TO FACE OR ZOOM)	21st January	28th January
	PEOPLE'S PANTRY (ZOOM)	PEOPLE'S PANTRY (ZOOM)	PEOPLE'S PANTRY (ZOOM)	PEOPLE'S PANTRY (ZOOM)
	SPACE2SING ONLINE (FACE TO FACE OR ZOOM)	SPACE2SING ONLINE (FACE TO FACE OR ZOOM)	SPACE2SING ONLINE (FACE TO FACE OR ZOOM)	SPACE2SING ONLINE (FACE TO FACE OR ZOOM)
FRI	8th January	15th January PEOPLE POETRY (ZOOM)	22nd January	29th January

THRIVE FORK TO FORK WORKSHOPS - MON 1pm - 2:30pm (FACE TO FACE) Sow grow eat make with Fork to Fork seasonal activities linked with growing herbs and how to use them, healthy eating, arts and craft and chat and friendship. Church of Epiphany, 227 Beech Lane, LS9 6SW
GIPTON GROWERS - TUES 2pm - 4pm (FACE TO FACE) Help to maintain the Gipton Garden at The Old Fire Station. Grow, dig, plant, harvest, build, laugh, learn new skills and enjoy yourself! Space2 at The Old Fire Station, Gipton Approach LS9 6NL
WEDNESDAY WALKERS - WED 1pm 2:30pm (FACE TO FACE AND ZOOM) Wrap up warm and explore your local area. Connect, take photos and keep active. This group will run in person where possible but may be weekly zoom catch up dependant on lockdown. Contact Natalie natalied@space2.org.uk 07835 906310 to book your place
THRIVE FORK TO FORK SEASONAL CHANGES WALK - TUES 10am-12am (FACE TO FACE) Weekly seasonal walkexploring seasonal changes in Killingbeck Fields.
COMMUNITY YOGA - MON 5:30pm - 6:30pm (ZOOM) Yoga class suitable for every body. Over 16s. Pay-as-you-feel.
COMMUNITY YOGA - TUES 5:30pm - 6:30pm (FACE TO FACE) Yoga class suitable for everybody over 16s Henry Baran Centre, Amberton Grove, LS8 3JR
NATURAL CRAFT COURSE - MON 10:30am - 12pm (FACE TO FACE) Join us on this 4 week course to bring nature into your creativity! Simple and fun activities, creating a different piece of art each week. Places limited - contact camillet@space2.org.uk/07519042680 to book your space. Space2 at The Old Fire Station, Gipton Approach LS9 6NL
THE OLD FIRE STATION'S CHILDREN'S CHOIR THURS 3:45pm - 5:15pm (SPACE2 STUDIO & ZOOM) Children's Community Choir to inspire singing and explore ideas through songwriting. For 8 - 12 Year olds. Face to face places limited please contact jelenaz@space2.org.uk to book a place. Space2 at The Old Fire Station, Gipton Approach LS9 6NL
SPACE2SING ONLINE - THURS 3:30pm - 5pm (ZOOM AND FACE TO FACE) Singing together for wellbeing. A chance for adults to sing together and feel good, led by an experienced community choir leader. Space2 at The Old Fire Station, Gipton Approach, LS9 6NL
PEOPLE POETRY - FRI 1PM - 2:30PM (ZOOM) Monthly - The 3rd Friday every month Spark your creativity with conversation, mindfulness, art, games and improvisation. Find your voice, write and explore new themes each month, including identity, the wider world and memories. Contact Natalie natalied@space2.org.uk 07835 906310 to book your place
PEOPLE'S PANTRY - THURS 11am - 12pm (ZOOM) A closed group for existing volunteers.
MEN @ MEANWOOD - MON 12pm - 2pm (ZOOM) Chat with other men, play games, have a laugh and find out about other projects and services.

GROWING

CREATING

EATING

SPECIAL EVENTS

WELLBEING

SOCIALISING

Please note we cannot work with unaccompanied children. All children must be accompanied by an adult.

If you would like more information please contact Emma Goodway or Camile Thomas on: 0113 320 0159 emmag@space2.org.uk camillet@space2.org.uk