

MASSAGE COLLECTION

Californian

Very Soft

A massage for the senses followed by long, fluid, and smooth simultaneously movements all over the body, provide deep physical and psychological relaxation. Can also be executed by two therapists, knowing as "Four hands Massage".

50' - 65 € / 70' - 80 € / 90' - 90 €

Pregnancy

Very Soft/Medium

A soft pressure massage with a specific technique to aid and comfort pregnant women with back pain and heavy legs. This treatment focuses on the special needs of the mother-to-be as her body goes through the dramatic changes of pregnancy.

50' - 65 € / 70' - 80 € / 90' - 90 €

Harmonia Balancing

Soft/Medium

A Soft-Medium pressure anti-stress technics aimed at detoxifying the muscles, activating blood circulation and relaxing the body and mind. With Harmonia balancing massage release tension, restore circulation, reducing pain, joint stiffness and improving function.

50' - 65 € / 70' - 80 € / 90' - 90 €



Ancient Egyptian

Medium

Inspired by ancient texts and epigraphs, this medium pressure massage is combined with reflexology for a total experience. In ancient times, it was a ritual reserved only for the Egyptian Royals to create a feeling of total relaxation and contentment.

50' - 70 € / 70' - 90 € / 90' - 100 €

Indian Invigorating & Tonic

Medium

A revitalizing body massage designed to activate blood and lymphatic circulation including specific "heating" movements for energy recharge. Its invigorating effect will give you back the tone and will instantly remove all the fatigue accumulated on your daily basis. Enjoy the Indian philosophy of a tonifying massage.

50' - 70 € / 70' - 90 € / 90' - 100 €



EASE World Signature

Medium/Deep

A unique combination of different techniques of body massages including Ancient Greek, Ancient Egyptian, Indian, Harmonia and reflexology. A massage for connoisseurs, provides techniques from all over the world to succeed the most effective benefits to your body. Suggested for experienced people but it can also be ideal for non-experienced by asking only medium pressures techniques in order to feel all these different and unique manipulations.

50' - 80 € / 70' - 100 € / 90' - 120 €

MASSAGE COLLECTION

Focus Massage

Medium/Deep

A short session massage, focusing on body parts with accumulated tensions like: head & shoulders, face & scalp, back or feet massage. Is great for those who have limited time or hold all their stress in these specific areas.

20' - 35 € / 40 €

Foot Reflexology

Deep

Specific foot massage technique, using acupressure to release the energy flow in the body by pressing or working on one of these points the corresponding organ is affected. Reduces stress and induces deep relaxation, improves nerve functioning and blood supply throughout the body, eases headaches and migraines and revitalizes energy by relaxing and opening up energy pathways.

20' / 40€

Ancient Greek

Deep

Based on saved text of Hippocrates this traditional therapeutic massage provides unique deep pressure manipulations which were applied in wrestling schools in ancient Greece, in gyms by "pedotrives" (therapists in ancient Greek Olympic games) and to patients in "Asklipia" that operated as healing centers. A signature deep massage is appealed to anyone who desires to revitalize body and soul, to be lightened and to give himself a journey back to ancient Greece.

50' - 80 € / 70' - 100€ / 90' - 120€



Therapeutic Session

This highly specialized treatment is ideally for guests who have myoskeletal issues and chronic pains and want to feel an unprecedented relaxation and pain release through globally modern and ancient methods of rehabilitation, in combination with massage. Before treatment, it's necessary to complete a personal health questionnaire. This therapeutic session provides unique mixed of various categories specialties & techniques such as Physio therapeutic, manual and massage manipulations by providing a holistic approach on chronic issues with impressive and direct results.

60' / 90€

VIP Massage

Soft/Medium/Deep

Provided only by our Spa manager who is trainer and a highly experienced masseur for over 16 years; educated on more than 24 different global modern and ancient massage techniques. This VIP massage offer the most unforgettable experience of body and mind senses. This treatment follows an individual protocol based on guest's needs and preferences. Ideal treatment for experienced guests who want to feel something unique and unforgettable.

70' - 190 € / 90' - 220 €



RECOMMENDATION & OFFERS

Choose your Massage Treatment and add:

BODY SCRUB only for 40€

BODY WRAP only for 30€

CLEAN FACIAL SKIN EXPRESS only for 35€

HYDRO BATH JACUZZI RITUAL only for 30€

Special Offers:

Book 3 Massages
and get a complimentary of your choice

* Course should be paid in advance.

** The cost of the gift comes from the average prices of previous treatments.