

# FOREX POWER STRATEGY -1-

## Symmetrical triangle combined with outside key reversal

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit at resistance/support
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	
Entry Example	<p>Currency Pair: NZDUSD            Entry Order: BUY stop @ 0.6561            Stop loss: 0.6518            Take profit: 0.6787</p> <p>This was an actual order that was placed. Notice that the 'take profit' level is further away than the stop loss. This gives us a positive potential risk:reward.</p>

# FOREX POWER STRATEGY -2-

## Head and shoulders pattern with an inside day bar

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit at resistance/support or at least 2:1 profit level.
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	 <p>© 2016 NinjaTrader, LLC</p>
Entry Example	<p>Currency Pair: AUDJPY            Entry Order: BUY stop @ 86.25            Stop loss: 85.65            Take profit: 88.18</p> <p>This was an actual order that was placed. An inside day bar can be incredibly powerful. It arms you with a very positive risk and a tight stop loss. One thing to notice in this example is that price is very extended. So I kept my take profit a little closer.</p>

## FOREX POWER STRATEGY -3-

### Short covering rally coupled with an inside day bar reversal (short only)

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit halfway towards previous support.
Order Type	Sell Stop (Short)
Chart Example	<p>© 2016 NinjaTrader, LLC</p>
Entry Example	<p>Currency Pair: GBPJPY            Entry Order: SELL stop @ 172.58            Stop loss: 173.18            Take profit: 171.37</p> <p>This was a real order. When price has been in a protracted downtrend you often get short covering rallies. This means that institutions and traders are taking profit. When you see a sharp pullback and then an inside day reversal bar, there is a good chance it'll continue going down.</p>

# FOREX POWER STRATEGY -4-

## Double top/bottom with a key reversal bar

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit 2/3rds towards previous support/resistance.
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	 <p>SEURGBP - Daily</p> <p>BUY stop @ 0.7615</p> <p>Double Bottom / Key Reversal bar</p> <p>© 2016 NinjaTrader, LLC</p>
Entry Example	<p>Currency Pair: EURGBP</p> <p>Entry Order: BUY stop @ 0.7615</p> <p>Stop loss: 0.7569</p> <p>Take profit: 0.7709</p> <p>This was a real order. Usually it is better when a double bottom is at the bottom of a trend, however when you see this kind of consolidation combined with a key reversal there is a good chance the trend is going to continue.</p>

# FOREX POWER STRATEGY -5-

## Price "Coil" with an inside day bar reversal

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit 2/3rds towards previous support/resistance.
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	
Entry Example	Currency Pair: EURCAD Entry Order: BUY stop @ 1.5430 Stop loss: 1.5371 Take profit: 1.5687  This was a real order. When price consolidates in a very tight range it winds itself up like a coiled spring. It is likely to shoot up OR down at this point. This reversal inside day bar indicates the direction. It is 'pointing' where it wants to go.

# FOREX POWER STRATEGY -6-

## Mid-channel momentum trade

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit just before the previous support/resistance.
Order Type	Buy Limit (Long) Sell Limit (Short)
Chart Example	
Entry Example	<p>Currency Pair: EURAUD            Entry Order: BUY limit @ 1.5755            Stop loss: 1.5697            Take profit: 1.6018</p> <p>This was a real order. When price is between two channels during an uptrend and closes at the top end of a bar, then you can place a buy-limit order below the current price. If it retraces there is a god chance it moves back up towards the resistance. The same applies to shorts.</p>

# FOREX POWER STRATEGY -7-

## Key reversal in the direction of the primary trend

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit just before the previous support/resistance.
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	 <p>The chart displays the EURCAD daily price movement. The y-axis represents the price level, ranging from 1.3900 to 1.6200. The x-axis shows the months from September to February. The price starts around 1.4500 in September, dips to a low of approximately 1.4100 in November, and then rises to a peak of about 1.5800 in late January. A green arrow points to a 'BUY stop @ 1.5741' level, and a red arrow points to a 'Key Reversal (in direction of the primary trend)'.</p>
Entry Example	<p>Currency Pair: EURCAD            Entry Order: BUY stop @ 1.5741            Stop loss: 1.5679            Take profit: 1.5987</p> <p>This was a real order. Every trend has breathing periods. Nothing grows straight to the sky. So, when price retraces, and then there is a key reversal in the direction of the trend, it could be a great opportunity to get in the trade.</p>

# FOREX POWER STRATEGY -8-

## Double bottom with inside day bar

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit half way towards the previous support/resistance.
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	
Entry Example	<p>Currency Pair: GBPCHF            Entry Order: BUY stop @ 1.42070            Stop loss: 1.42250            Take profit: 1.44770</p> <p>This was a real order. This is a low probability trade; however the payoff makes it worth it. Manage your take profit and keep moving it up if there is momentum behind the trade.</p>

# FOREX POWER STRATEGY -9-

## Triple key reversal within a channel

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit just before the previous support/resistance.
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	<p>The chart displays a daily candlestick price for GBP/USD from September to February. A blue channel is drawn around the price, sloping downwards from approximately 2.4000 in late September to 2.0500 in late February. Three red arrows point to specific price points where the price reverses its downward movement: the first at approximately 2.1800, the second at 2.1400, and the third at 2.1000. A green arrow points to a 'SELL stop @ 2.03160' order placed just above the price of 2.03000. The chart also shows a stop loss at 2.04110 and a take profit at 2.00570.</p>
Entry Example	<p>Currency Pair: GBPAUD          Entry Order: SELL stop @ 2.0316          Stop loss: 2.0411          Take profit: 2.0057</p> <p>This was a real order. This is a very strong trade. Three key reversals tell us exactly what investors believe about this currency when it reaches the top of the channel. This works very well, both long and short.</p>

# FOREX POWER STRATEGY -10-

## Double key reversal with an inside day bar

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit just before the previous support/resistance.
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	 <p>The chart displays the AUDUSD daily price movement from September to March. A green arrow points to a 'BUY stop @ 0.7128' level. A blue arrow points to an 'inside-day bar' that occurs after two 'Key Reversal(s)' indicated by red arrows. The price starts at approximately 0.7128 and moves up to 0.7487 before reversing.</p>
Entry Example	<p>Currency Pair: AUDUSD Entry Order: Buy stop @ 0.7128 Stop loss: 0.7077 Take profit: 0.7487</p> <p>This was an actual order. When two key reversals do not trigger a big move then it is likely that price is still consolidating. When you see an inside day bar happening right after the second key reversal there is a good risk:reward opportunity.</p>

# FOREX POWER STRATEGY -11-

## Head and shoulders pattern with an NR7 bar

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit far away from the entry. Take profit between 5 and 7 times the stop loss.
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	
Entry Example	<p>Currency Pair: USDCAD            Entry Order: SELL stop @ 1.3795            Stop loss: 1.3847            Take profit: 1.3403</p> <p>This was a real trade. An NR7 bar refers to a Narrow Range 7 Day Bar. Basically, it is the smallest range for the last 7 trading days. Combine that with a head and shoulders near the neckline and you have a high reward setup. These are usually huge trades with long sustained moves. That's why the take profit is so far away.</p>

# FOREX POWER STRATEGY -12-

## Triple top/bottom with an inside day reversal

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit just before the previous support/resistance.
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	 <p>The chart displays the NZDCAD currency pair from September to March. It highlights a triple top pattern where the price reaches three successive peaks. A horizontal line at 0.9056 is labeled 'neckline'. A 'Triple-Top' label points to the three peaks. An 'inside-day bar' is highlighted in blue on the final day of the second peak. A 'SELL stop @ 0.9056' is indicated with a red arrow pointing to the neckline level.</p>
Entry Example	<p>Currency Pair: NZDCAD            Entry Order: SELL stop @ 0.9056            Stop loss: 0.9096            Take profit: 0.8878</p> <p>This was a real order. When two key reversals do not trigger a big move then it is likely that price is still consolidating. When you see an inside day bar happening right after the second key reversal there is a good risk:reward opportunity.</p>

# FOREX POWER STRATEGY -13-

## Consolidation breakout and retracement with a key reversal

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit just before the previous support/resistance.
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	 <p>© 2016 NinjaTrader, LLC</p>
Entry Example	<p>Currency Pair: EURUSD            Entry Order: BUY stop @ 1.1141            Stop loss: 1.1091            Take profit: 1.1311</p> <p>This was a real order. When price continuously refuses to break a level, then there is something significant going on there. So, when price finally breaks out it is likely to retest that level. Wait for the bounce with a key reversal and you have a good chance of a big move.</p>

# FOREX POWER STRATEGY -14-

## Cup and handle with an inside day bar

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit just AFTER the previous support/resistance.
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	<p>The chart displays the price of XAUUSD from August to December 2016. A blue curve highlights a 'Cup-and-Handle' pattern. A horizontal green line indicates the 'handle' at 1096.00. A 'Double-Bottom' is marked at the start of the cup. An 'inside bar(s)' is identified with a red arrow. A green arrow points to a 'BUY stop @ 1096.00' order. The price then rises to a peak of 1118.00 before a sharp decline.</p>
Entry Example	<p>Pair: XAUUSD          Entry Order: BUY stop @ 1096.00          Stop loss: 1087.00          Take profit: 1118.00</p> <p>This was a real order on Spot Gold. The cup and handle is a classic chart pattern, however on its own it is inherently unreliable. Wait for a consolidation or a 'coil'. Once you spot an inside day bar you will have an opportunity for a tight stop loss and a very large take profit. I will always move my take profit further if momentum is on my side.</p>

# FOREX POWER STRATEGY -15-

## Rectangle top with a double top and a key reversal (advanced)

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit just before the previous support/resistance or at least 4:1 (where your reward is 4 times bigger than your risk).
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	
Entry Example	<p>Currency Pair: AUDNZD            Entry Order: SELL stop @ 1.0955            Stop loss: 1.1009            Take profit: 1.0587</p> <p>This was a real order. It is a double confirmation. The rectangle top sets the precedent for the trade, and the double top reconfirms it. The key reversal simply demonstrates where momentum is right now. This is a rare setup that usually produces explosive opportunities.</p>

# FOREX POWER STRATEGY -16-

## Reverse ascending triangle with mid-range momentum

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit just before the previous support/resistance.
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	
Entry Example	<p>Currency Pair: CHFJPY            Entry Order: BUY stop @ 123.68            Stop loss: 123.11            Take profit: 125.87</p> <p>This was a real order. This trade is only valid when the day BEFORE the inside day bar is a big momentum day. In other words, it needs to be a big bar that closes towards the high/low (depending on whether you're going long or short). The inside day bar is then likely to be a small consolidation before price continues towards the high or low of the reverse ascending triangle.</p>

# FOREX POWER STRATEGY -17-

## Descending wedge triangle with an inside day bar

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit just before the previous support/resistance.
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	
Entry Example	<p>Currency Pair: GBPUSD            Entry Order: SELL stop @ 1.5041            Stop loss: 1.5087            Take profit: 1.4918</p> <p>This was a real order. Descending wedges are very unreliable patterns, because there are a lot of fake-outs. So make sure you get in on a consolidation with an inside day bar in the redirection of the trend after a retrace. This rule isn't set in stone, but without a key reversal bar it is the strongest signal you'll get from this pattern.</p>

# FOREX POWER STRATEGY -18-

## Double bottom with a rising neckline and inside day bar

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit just before the previous support/resistance.
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	<p>The chart displays the GBPUSD daily price from July to November. A double-bottom pattern is identified in late October, with a rising neckline. A blue arrow points to the neckline, labeled "rising neckline". A green arrow points to a "BUY stop @ 1.5188" level. A red arrow points to a "(semi) inside bar" pattern. A blue arrow points to the "Double-bottom" pattern. The price then moves up, and a black box highlights the price at 1.5137.</p>
Entry Example	<p>Currency Pair: GBPUSD            Entry Order: BUY stop @ 1.5188            Stop loss: 1.5137            Take profit: 1.5288</p> <p>This was a real order. As you can see this happened about a week after strategy #17 was executed. Price went in our favor, we took profit, and then this happened which indicated a reverse. The double bottom with a rising neckline gave us a confirmed change in the short-term trend.</p>

# FOREX POWER STRATEGY -19-

## Flag consolidation with a key reversal

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit just before the previous support/resistance.
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	 <p>The chart displays the EURJPY daily price from July to December. A flag consolidation pattern is visible in late November/early December, followed by a key reversal. A green arrow points to a 'BUY stop @ 123.25' and a red arrow points to a 'Key reversal'. A blue line indicates the 'Flag' consolidation. The price axis ranges from 129.50 to 139.50.</p>
Entry Example	<p>Currency Pair: EURJPY            Entry Order: BUY stop @ 123.25            Stop loss: 122.87            Take profit: 124.18</p> <p>This was a real order. The big momentum bar indicates that the trend has reversed. The flag consolidation gives you a nice opportunity to capitalize on this direction change with a positive risk:reward.</p>

# FOREX POWER STRATEGY -20-

## Double top/bottom with apposing support/resistance bounce (advanced)

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit just before the previous support/resistance.
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	
Entry Example	<p>Currency Pair: AUDUSD            Entry Order: BUY stop @ 0.7197            Stop loss: 0.7159            Take profit: 0.7418</p> <p>This was a real order. When a double bottom is formed and then continues upwards, you will sometimes hit a resistance. When price hits it more than once, you use the double bottom, combined with the resistance for a trading opportunity. Wait for a consolidation in the form of an inside day bar or an NR4, also known as a Narrow Range 4 Day bar.</p>

# FOREX POWER STRATEGY -20-

## Double top/bottom with apposing support/resistance bounce (advanced)

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit just before the previous support/resistance.
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	<p>The chart displays the AUDUSD daily price from July to December. Key features include a 'Double-bottom' pattern in late September/early October, a 'resistance level' around 0.7400, and an 'Inside-day bar' or 'NR4' pattern around 0.7150-0.7200. A green arrow points to a 'BUY stop @ 0.7197' and a black box highlights a stop loss level at 0.7159. Another green arrow points to a take profit level at 0.7418.</p>
Entry Example	<p>Currency Pair: AUDUSD            Entry Order: BUY stop @ 0.7197            Stop loss: 0.7159            Take profit: 0.7418</p> <p>This was a real order. When a double bottom is formed and then continues upwards, you will sometimes hit a resistance. When price hits it more than once, you use the double bottom, combined with the resistance for a trading opportunity. Wait for a consolidation in the form of an inside day bar or an NR4, also known as a Narrow Range 4 Day bar.</p>

# FOREX POWER STRATEGY -21-

## Double top/bottom with symmetrical triangle and inside day bar

Entry	Pending order between 5pm-8pm EST
Hold time	One day. Cancel the order within 24 hours if not triggered. Hold the open position until it hits the take profit, the market changes momentum, or it hits your stop loss.
Exit	Exit just before the previous support/resistance.
Order Type	Buy Stop (Long) Sell Stop (Short)
Chart Example	 <p>The chart displays the USD/JPY daily price from March 2005 to October 2005. It highlights a 'Double-top' pattern in late June/early July, followed by a 'symmetrical triangle' pattern in late August/early September. A red arrow points to a 'SELL stop @ 119.78' order placed during the triangle's formation.</p>
Entry Example	<p>Currency Pair: USDJPY            Entry Order: SELL stop @ 119.78            Stop loss: 120.30            Take profit: 118.27</p> <p>This was a real order. When a big double top is formed, it implies that the long-term trend has changed. So, when you get a symmetrical triangle that is squeezing price it is more likely to go down. The opposite is true for a double bottom, of course. So, when for a reversal and an inside day bar to indicate momentum is on your side.</p>