## November Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 4		01 Milk, Bread, Jelly, Pears Milk, Bean and Cheese, <b>WG Mini Flour</b> <b>Tortilla,</b> Carrots, Peas Ritz, String Cheese	02 Milk, Waffles, Syrup, Fruit Cocktail Milk, Meatballs, <b>WG Sub</b> , Cheese, Normandy Vegetable Blend, Oranges Arroz Con Leche, Peaches	03 Milk, <b>WG Rice Chex,</b> Pineapple Milk, Turkey A La King, <b>Brown Rice,</b> Carrots, Peas, Cantaloupe Cottage Cheese, Pears	04 Milk, Oatmeal, Peaches Milk, Chicken Fajitas, <b>WG Mini Flour Tortilla,</b> Bell Pepper, Corn, Fruit Cocktail Applesauce, <b>WG Cheerios</b>
Week 1	07 Milk, English Muffins, Jelly, Pineapple Milk, Chickpeas Soup, <b>WG Elbow Pasta</b> , Mix Veggies, Apple Slices Lentil Dip, Pita	08 Milk, WG Corn Chex, Pears Milk, Taco Meat Turkey, WG Mini Flour Tortilla, Corn, Carrots Yogurt, Granola	09 Milk, <b>WG Cheerios</b> , Fruit Cocktail Milk, Chicken Stir Fry, <b>WG White Rice</b> , Normandy Vegetable Blend, Oranges Animal Cracker, Cheese Cubes	10 Milk, Yogurt, Peaches Milk, Ground Turkey Sloppy Joe, <b>WG Bun</b> , Peas, Honeydew Cucumber Coins, Cheese Crackers	11 Milk, Corn Flakes, Pears Milk, Chicken A La King, <b>Brown Rice</b> , Carrots, Peas, Fruit Cocktail Applesauce, Ritz
Week 2	14 Milk, Bagels, Cream Cheese, Applesauce, Milk, Cuban Black Beans, <b>Brown Rice</b> , Bell Peppers, Carrots, Appleslices String Cheese, Baby Carrots	15 Milk, Bread, Jelly, Pears, Milk, Taco Meat Chicken, <b>WG Mini Flour Tortilla,</b> Peas, Corn Cottage Cheese, Apple Slices	16 Milk, Waffles, Syrup, Fruit Cocktail Milk, Meatballs, <b>WG Spaghetti</b> , Broccoli, Oranges Arroz con Leche, Peaches	17 Milk, WG Rice Chex, Pineapple Milk, Cowboy Pasta w/ Red Beans, WG Rotini, Cauliflower, Cantaloupe Turkey, Saltine Crackers	18 Milk, Oatmeal, Peaches Milk, Teriyaki Chicken, <b>WG White Rice,</b> Cucumber Coins, Fruit Cocktail Pinto Beans, <b>WG Mini Flour Tortilla</b>
Week 3 Week 4	21 Milk, Turkey Patti, Pears Milk, Arroz Con Queso, Pinto Beans, WG Spanish Rice, Bell Pepper, Corn, Apple Slices Hummus, WG Crackers	22 Milk, Apple Slices w Cinnamon, WG Cheerios, Milk, Taco Meat Beef, WG Mini Flour Tortilla, Corn, Carrots Yogurt, Granola	23 Milk, <b>WG Chex</b> , Fruit Cocktail Milk, Chicken Curry, <b>WG White Rice</b> , Cauliflower, Oranges Pineapple, Graham Crackers	Than ksgiving	25 Milk, Yogurt, Peaches Milk, Chicken Alfredo, WG Rotini Pasta, Mixed Veggies, Fruit Cocktail Pretzel Bites, Turkey
	28 Milk, Bagel, Cream Cheese, Peaches Milk, BBQ Chicken, <b>WG White Rice</b> , Mixed Veggies, Apple Slices Black Bean Dip, <b>WG Crackers</b>	29 Milk, Bread, Jelly, Pears Milk, Bean and Cheese, <b>WG Mini Flour Tortilla</b> , Carrots, Peas Ritz, String Cheese	30 Milk, Waffles, Syrup, Fruit Cocktail Milk, Meatballs, <b>WG Sub</b> , Cheese, Normandy Blend, Oranges Arroz Con Leche, Peaches		



Week 3

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