# TRITONS UNITED: AGAINST GENDER-BASED VIOLENCE RESOURCE KIT



#### **Tritons United Contact Information**

Email: umsltritonsunited@umsl.edu

Phone: 314-516-8488

Social Media Handles: Follow us at @umsltritonsunited







## **Table of Contents**

•	Introduction	p. 3
•	Instructions & Tracking Worksheet(s)	p. 5
	Flow Chart	p. 9
	Title IX & Equity Brochure	p. 12
•	Title IX Sexual Misconduct Resource Card	p. 15
•	UMSL Police Safety Brochure	p. 18
•	UMSL Campus Resources: Behavior, Safety, & Other Concerns	p. 22
	Community Referrals	p. 25

# Introduction

## WHO IS Tritons United: Against Gender-Based Violence?















We are <u>Tritons United: Against Gender-Based Violence!</u> We have compiled together this <u>Gender-Based Violence Resource Kit</u> for your convenience. Please use/share this resource kit with other UMSL-individuals who may have encountered or witnessed a gender-based violent event. This resource kit will help those looking for supports and/or reporting agencies for help/guidance. Tritons United is 22-professional coordinated community response membership team. We work together to help prevent, educate, & respond to gender-based violence here at UMSL. Our mission is to harnesses our collective knowledge & skills to educate, advocate, & connect culturally relevant resources to our UMSL campus & surrounding community under a unified goal to combat sexual assault, dating/domestic violence, & stalking. UMSL is united together in solidarity against gender-based violence (GBV).

#### For more information about Tritons United:

Email: umsltritonsunited@umsl.edu Phone: 314-516-

8488

Social Media Platforms: @umsltritonsunited











DISCLAIMER: This project is supported by Grant No. 2019-WA-AX-0037, awarded by the Office on Violence Against Women, U.S. Department of Justice. Points of view in this training document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.

# Tracking Worksheet(s)

# <u>Tritons United: Against Gender-Based Violence Resource Kit:</u> <u>Tracking Worksheet(s)</u>

**Instructions:** This tracking worksheet is not a required form. The UMSL-campus 1<sup>st</sup> responder (i.e. UMSL-PD, Title IX & Equity Office, CARE team, Res Life-RA, campus security authority, etc.) can decide whether or not to use this worksheet. However, this tracking worksheet can be utilized for personal record keeping and/or maintaining personal notations that can help assist both the UMSL-campus 1<sup>st</sup> responder and/or the complaintant and/or the bystander party during the process of when a report is being made.

For purposes of this tracking worksheet, definition of terminology:

An <u>UMSL-Campus 1<sup>st</sup> responder</u> is identified as those campus entities who are responsible for receiving campus incident reports such as UMSL-PD, Title IX & Equity Office, CARE team, Res Life-RA, dispatch, campus security authority, etc.

An individual coming forward to provide a report regarding a campus gender-based violence and/or campus safety incident is identified as the **complaintant**. A complaintant can be the identified victim/survivor, but it also includes bystanders or anyone else coming forward regarding the campus incident.

Mark/Fill in the information next to the identified reporting agencies and support services agreed upon for the identified complaintant.

<u>For page #7</u>: Entitled "Complainant Information" will be filled out by the <u>UMSL Campus 1<sup>st</sup> responder</u> (i.e. UMSL-PD, Title IX & Equity Office, CARE team, Res Life-RA, campus security authority, etc.) will circle or place a check mark next to the resources/reporting services the complaintant party agrees they will reach out to for assistance. The UMSL-Campus 1<sup>st</sup> responder can tear off and keep page #7 for their own personal record keeping/notations and they can leave the remainder of the tracking worksheet and Gender-Based Violence (GBV) resource kit with the identified complaintant.

**For page #8**: Entitled, "Resource & Support Services" will be filled out by the **complaintant** regarding which reporting services and support resources they agree to contact.

## COMPLAINTANT PARTY CONTACT INFORMATION

Date/Time/Location of Incident:	
Complaintant Name:	
Complaintant Phone number:	
Complaintant Email:	
Report #:	
Support Services Agreed to:	Victim Advocate:
(Include both on UMSL campus & off campus)	Title IX:
	Counseling:
	Police Agency:
	Other:
Next Steps:	

#### RESOURCE & SUPPORT SERVICES COMPLAINTANT AGREES TO CONTACT:

	SUPPORT SERVICES			
On UMSL Campus Support Services	UMSL's Victim Advocate:			
Agreed to contact	UMSL Health & Counseling Services:  314-516-5671  https://www.umsl.edu/hcdas/health/index.html			
	Other: <u>Tritons United: 314-516-8488 or</u> <u>umsltritonsunited@umsl.edu</u>			
Off Campus Community	Victim Advocate:			
Support Services Agreed to contact	Counseling:			
	Police Agency:			
	Other:			
Safe Connections	314-531-2003 (24-Hr Crisis Helpline & Text Line) 314-646-7500 (Main Office Line) https://safeconnections.org/			
Crime Victim Center	314-652-3623 (Main Office Line) 314-664-6699 (Legal Help Line) https://supportvictims.org/			

REPORT CONTACT INFORMATION			
Campus 1 <sup>st</sup> Responder's Name:			
Campus 1 <sup>st</sup> Responder's Contact Information:			
Report #			
Police Agency:	911		
UMSL-Police Dept	44 Campus Police Building, right next to the North Campus Metrolink stop 314-516-5555 <a href="https://safety.umsl.edu/police/">https://safety.umsl.edu/police/</a>		
UMSL's Title IX & Equity	220 Woods Hall Dana Beteet Daniels 314-516-4538 dana@umsl.edu  https://www.umsl.edu/title-ix/		
Any additional information:			

# Flow Chart

# Have you experienced any form of gender-based violence at UMSL?



If you are in danger or need immediate medical care, call Campus Police at 314-516-5155 if you are on campus. Dial 911 if you are off campus.

**Confidential Resources** 

This graphic shows you the different kinds of assistance you will receive if you share your story about <u>sexual assault</u>, <u>stalking</u>, and/or <u>domestic or dating violence</u> with any one, or multiple, of the following UMSL employees or partners.

Student employees (RAs, tutors, Greek-life representatives, Graduate Assistants, etc.)

Faculty & staff (professors, advisors, etc.)

Campus police

- Assistance with resource referrals
- Information about Title IX reporting



- Assistance with resource referrals
- o Information about Title IX reporting

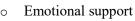


- o Assistance with resource referrals
- Safety escorts on campus
- Help victims file an official police report (if they choose)
- Information about Title IX reporting



#### On-campus resources:

- UMSL Counseling Services
- UMSL Health Services
- UMSL Victim Advocate
- UM System Bias Reporting Hotline
- UMSL- Human Resources-EAP



- Victim advocacy
- o Counseling sessions
- Health services
- Case management
- Information about Title IX
- o Resource referrals
- Anonymous Reporting

All reports will remain

confidential & private.





## Community resources

#### **Safe Connections:**

- Individual therapy
- Support groups
- Intervention & safety planning
- Additional referrals
- o 24-hour crisis phone & text hotline

#### **Crime Victim Center:**

- Victim advocacy
- Legal assistance/aid
- Individual & group therapy
- Case management

#### **YWCA:**

- Safety planning/referrals
- Therapy/counseling
- Support groups
- Victim advocacy
- Safe housing/shelters
- 24-hour crisis hotline

#### Reports to the Title IX Office

Title IX reports are **NOT** confidential, but they do remain private. Title IX can help you with resource referrals, accommodations, and information regarding a possible investigation. For more information, visit: <a href="https://www.umsl.edu/title-ix/">https://www.umsl.edu/title-ix/</a>.

UMSL

Tritons United is here to help you! Please contact us by email, <a href="mailto:umsltristonsunited@umsl.edu">umsltristonsunited@umsl.edu</a>, or phone, <a href="mailto:314-516-8488">314-516-8488</a>, with any questions or concerns.

## **Resource Contact Information**

## On Campus

#### **UMSL Police**

314-516-5155

www.umsl.edu/safety/police

#### Title IX

314-516-4538

https://www.umsl.edu/title-ix

#### **Bias Anonymous Reporting Hotline**

Toll Free: 844-946-1837

 $\frac{https://secure.ethicspoint.com/domain/media/en/gui/745}{91/index.html}$ 

## **Students: UMSL Counseling Services**& UMSL Victim Advocate

314-516-5711

http://www.umsl.edy/hcdas/counseling/

#### **Students: UMSL Health Services**

314-516-5671

https://www.umsl.edu/hcdas/health/index.html

### Staff/Faculty: UMSL's EAP Provider Center for Behavioral Health

https://www.umsl.edu/services/hrs/rewards/eap.html

#### **Off Campus**

#### **Safe Connections**

314-531-2003 (24hr. Crisis Help & Text Line) 314-646-7500 (Main Office Line) https://safeconnections.org/

#### **Crime Victim Center**

314-664-6699 (Legal Help Line) 314-652-3623 (Main Office Line) https://www.supportvictims.org/

#### **YWCA**

314-531-7273 (24hr. Crisis Line) 314-531-1115 (Main Office Line) https://www.ywcastl.org/

Tritons United is here to help you! Please contact us by email, <u>umsltristonsunited@umsl.edu</u>, or phone, <u>314-516-8488</u>, with any questions or concerns.



# Title IX & Equity Brochure

## CAMPUS RESOURCE & SUPPORT INFORMATION

**Campus Police** 314-516-5155

Veteran & Military Service 314-516-5705

Student Social Services 314-516-6369

Catholic Newman Center 314-385-3455

**PRIZM** 314-516-5013

#### CONFIDENTIAL RESOURCES

#### STUDENT INFORMATION

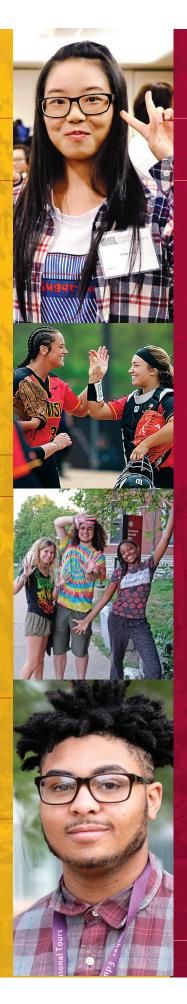
Counseling Services 314-516-5711

Victim Advocate
314-516-5711
Student Health Services
314-516-5671

#### EMPLOYEE INFORMATION

Employee Assistance Program (EAP) 314-516-7498

umsl.edu/title-ix



## RELATED COMMUNITY RESOURCE INFORMATION

Safe Connections-24-Hour Crisis Helpline 314-531-2003

> Crime Victim Center Legal Help Line: 314-664-6699 Main Line: 314-652-3623

**Bridgeway Behavioral Health** 314-866-758-1152

**Department of Veterans Affairs** 844-698-2311

**Biddle House Opportunities Center (for men)** 314-612-1675

Emergency Safe Houses/Shelter (for women) 314-421-3020

Sexual Assault Hotline 800-656-4673

YWCA St. Louis Sexual Assault Center 314-531-7273

ADA: Americans with Disabilities Act of 1990 www.ada.gov/ada

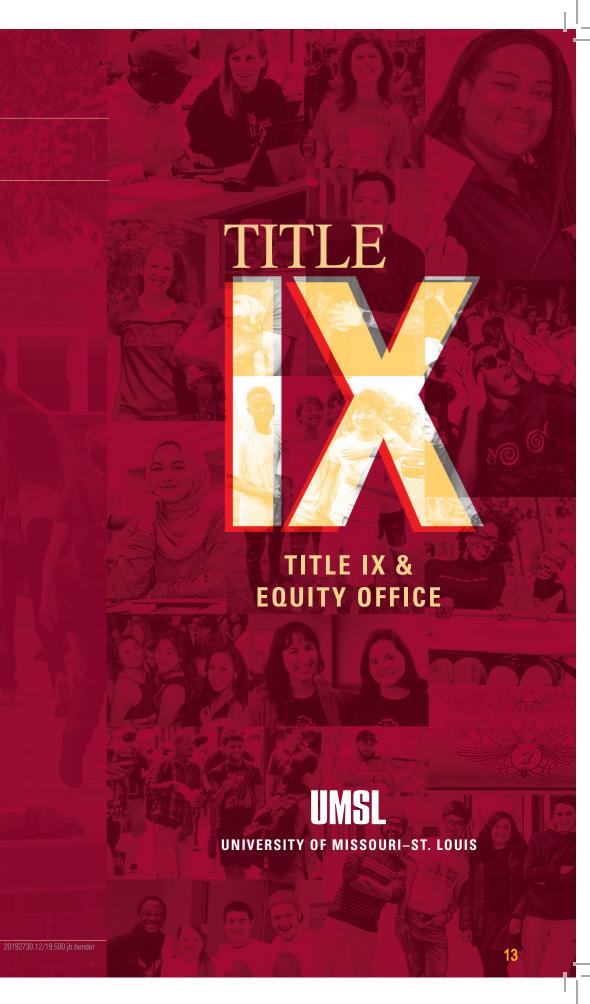
Metro Trans Umbrella Group Support Groups www.stlmetrotrans.com/support-groups-and helplines/

Rainbow Domestic Violence (LGBTQ+) www.rainbowdomesticviolence.itgo.com

National Suicide Prevention Lifeline 800-273-8255

> Deaf or hard-of-hearing 800-799-4889

DePaul Hospital 12303 DePaul Drive Bridgeton, MO 63044 314-344-6000



#### **TITLE IX**

"No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving federal financial assistance."

Sex-based discrimination occurs when a person has been treated inequitably, based on sex, pregnancy, gender identity or gender expression. Sex discrimination is prohibited by university policy and federal law in educational programs, activities and employment receiving federal financial assistance. The university policy applies to all students, employees, volunteers and visitors at the university and prohibits sexual harassment, sexual misconduct and other forms of sex discrimination as defined in Section 600.020 of the Collected Rules and Regulations.

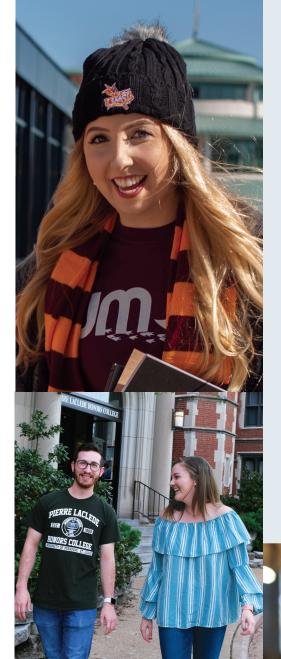


umsl.edu/title-ix

#### **IMPORTANT TO KNOW**

If you have experienced relationship or sexual violence, domestic violence, stalking or sexual misconduct, we are committed to supporting you. If you are in danger or need immediate medical care, call Campus Police at 314-516-5155 if you are on campus. Dial 911 if you are off campus. A listing of resources, including confidential resource information, is provided in this brochure. To help someone who has experienced sexual misconduct, the three most important things are to support, listen and believe. Sexual Assault is never the survivor's fault. You may help your friend by assisting her, him or them in choosing options for getting support, getting medical attention and reporting what happened.

A report can be made by contacting the Title IX Coordinator or online at umsl.edu/title-ix/. If you choose not to file a report with the Title IX Office, we would encourage you to file an anonymous report to help the university identify misconduct patterns regarding a particular location, method or offender, and to ensure we can notify the greater campus community of potential dangers, if needed.



#### **EQUITY**

The university does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, pregnancy, sexual orientation, gender identity, gender expression, age, disability, protected veteran status and any other status protected by applicable state or federal law.

Under the university's Equal Employment/Educational Opportunity and Nondiscrimination policy 600.010, conduct that is based on protected status that adversely affects a term or condition of employment, education, living environment or participation in a university activity is defined as discrimination. The conduct would apply to any phase of its employment process and any phase of its admission or financial aid programs.

#### **CONTACT US**



Dana Beteet Daniels
Title IX Administrator/Chief Equity Officer
314-516-4538
Dana@umsl.edu



**Jessica Swederske, MPPA**Deputy Title IX Coordinator/Equity Officer
314-516-5748
swederskej@umsl.edu





UMSL

# Title IX Sexual Misconduct Resource Card

## If You Have Experienced Sexual Misconduct

#### WHAT TO DO

A person who experienced an incident of sexual misconduct is encouraged to take the following immediate actions:

- Contact UMSL PD at 314-516-5155 or other law enforcement.
- Call an advocate.
- Seek medical attention.
- Seek counseling.
- Contact parents, relatives or close friends for support.
- Report the incident at umsl.edu/title-ix.

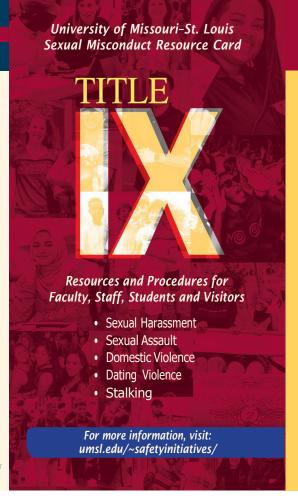
You don't have to choose a course of action immediately, but consider preserving evidence in case you choose to pursue charges. Possible evidence might be clothing, bedding, letters, photos, emails, texts, etc.

#### **HOW TO REPORT**

Title IX Coordinator Dana Beteet Daniels314-516-4538 dana@umsl.edu

Deputy Title IX Coordinator Jessica Swederske 314-516-5748 swederskej@umsl.edu

UMSL



## If Someone Tells You They Have Experienced Sexual Misconduct

#### WHAT TO DO

- If someone tells you they have experienced sexual misconduct (sexual harassment, sexual assault, domestic violence, dating violence or stalking), first offer them support. Listen to them and encourage them to seek help and counseling as soon as possible.
- The person's health and safety should be your primary concern. If safety is an immediate concern, call UMSL police at 314-516-5155.
- Tear this card at the perforation. Keep this half of the card for your information, and provide the other half to the person who has experienced misconduct.
- Report the incident in accordance with the procedures on the back of this card.
- If there is any question about how to proceed after a conversation with someone who has experienced misconduct, call and consult the Title IX officer or Deputy Title IX officer.

## If Someone Tells You They Have Experienced Sexual Misconduct

#### WHY SHOULD I REPORT?

- To ensure that the complainant has access to all of the available resources.
- To identify and address any patterns, trends or systemic problems.
- To keep our campus safe.
- University policy requires mandated reporting.

#### **HOW TO REPORT**

Title IX Coordinator Dana Beteet Daniels 314-516-4538 dana@umsl.edu

Deputy Title IX Coordinator Jessica Swederske 314-516-5748 swederskej@umsl.edu

For anonymous Reporting Hotline
Call (844) 946-1837 or visit:
<a href="https://secure.ethicspoint.com/domain/media/en/gui/74591/index.html">https://secure.ethicspoint.com/domain/media/en/gui/74591/index.html</a>

#### WHAT TO SAY

- There are many resources available to help you, both at UMSL and in the community.
   Some resources are strictly confidential while all are private.
- You have the right to choose to whom you will speak, what resources you will use, what you say and when you say it.
- I may be required to report to the Title IX officer who will oversee your case and make sure you have received appropriate care.
- The Title IX officer will keep your information private and will share it with those who need to know in order to provide resources to you.

#### RETALIATION POLICY

It is a violation of university policy to retaliate in any way against a student or employee because that individual raised allegations or was accused of discrimination, harassment or sexual misconduct.

For more information, visit: <a href="https://www.umsl.edu/~safetyinitiatives/">https://www.umsl.edu/~safetyinitiatives/</a>

## If You Have Experienced Sexual Misconduct

#### WHAT TO KNOW

- You set the pace.
- You have the right to choose to whom you will speak, what resources you will use, what you say and when you say it.
- There are many resources available to help you, both at UMSL and in the community (see reverse side).
- It is your choice whether to name the other person(s) or not.
- UMSL prohibits sexual misconduct, including sexual harassment, sexual assault, domestic violence, dating violence and stalking.

#### UMSL-PD

314-516-5155 (24 hours)

On-Campus

Resources

Student Health Services 314-516-5671 (Confidential)

**EAP Services** (Employees) 314-516-7498 (Confidential)

Victim Advocate 314-516-5711

(Confidential)

Title IX Coordinator Dana Beteet Daniels 314-516-4538

Online/Anonymous Reporting umsl.edu/title-ix Law Enforcement (Off-campus) 911

Community

Resources

DePaul Hospital 12303 DePaul Drive Bridgeton, MO 63044 314-344-6000

Safe Connections 24 Hour Crisis Helpline 314-531-2003

Crime Victim Center Legal Help Line: 314-644-6699 Main Line 314-652-3623

YWCA St. Louis Sexual Assault Center 314-531-7273

Office for Civil Rights
(OCR)
US Department
of Education
One Petticoat Lane
1010 Walnut, Suite 320
Kansas City, MO 64106
816-268-0550

# UMSL Police Safety Brochure

## UMSL PD Mission:

The Campus Police Department exists to ensure that UMSL is a safe place where all people can live, work and pursue their educational endeavors without fear of harm, harassment or unequal treatment.

Office of Title IX www.umsl.edu/title-ix 314-546-4538

## Community Resources Safety Resources

#### Order of Protection:

You can receive an Order of Protection through the St. Louis County Courts located at 105 S Central Ave, or file online at

wp.stlcountycourts.com/order-ofprotection. In severe cases requiring immediate orders, your campus police can assist you in obtaining an emergency order after hours through our 21<sup>st</sup> Judicial Circuit Deputy Clerk coordinators.

#### **Safety Escorts:**

Anyone on Campus can request a safety escort anywhere, anytime. An UMSL Police Officer will assist you and make sure you arrive safely at your destination. Call 314-516-5155 for an Escort.

Emergency Notification System:
The UMSL Police Department will notify anyone who has signed up with the Emergency Notification System and Rave Guardian Mobile App if there is a threat to campus. Find out more information at

safety.umsl.edu/police/notification



Department Services, Victim Resources and Rights



UMSL POLICE 314-516-5155

What to expect when filing a police report of sexual violence

You should expect to be treated with dignity and respect. An officer will ask you questions about the incident, including where the crime occurred and who is involved. A police officer will have to ask many questions surrounding the incident in order to investigate it thoroughly.

Every UMSL employee, including Campus Police, is a mandated reporter to Title IX (with limited exceptions) and will also complete a report for the Title IX office. An officer may conduct a follow up investigation when new evidence is discovered. Upon competition of the investigation, charges will be sought if so desired by the victim.

# Title IX Resources www.umsl.edu/title-ix/contactsresources.html

The UMSL Police Department is committed to transparency and has deployed Body Worn Cameras for each Police Officer on duty. The records are kept in accordance to RSMO 610.100.

#### **Victims' Rights**

If you become a victim of sexual assault, dating violence/domestic violence, and stalking/cyberstalking (SADDVS) you have many rights. Some of those include:

Be present at all criminal justice proceedings at which the defendant has such right

Be informed and heard at guilty pleas, bail hearings, sentencing probation revocation hearings, and parole hearings

Be informed of trials and preliminary hearings

Find out more information at:

dps.mo.gov/dir/programs
/cvsu/complaint.php



Rave Guardian
Rave Mobile Safety

\*\*\*\*\* 4.6 • 1.4K Ratings
Free

## Download Rave Guardian Today!

Rave Guardian allows you to do the following:

- Panic Button to the PD- Share location information with the UMSL Police during an emergency
- •Text with the UMSL Police during an emergency if you unable to call
- Quick access to safety or important phone numbers
- Allow a Guardian to virtually follow you to your destination, with safety timer feature

More Information at safety.umsl.edu/police/safety /rave.html

The UMSL Police Department has been accredited through CALEA since 2000. CALEA is known as the Gold Standard of Law Enforcement We are routinely audited to ensure we are providing the best practices police services for our community.



## Additional information about your Campus Police:

- All Officers are Crisis
   Intervention Team Certified
   (CIT) within first yr. of
   employment
- All Officers are trained in St Louis Regional Active Shooter/Threat Response
- Patrol vehicles are equipped with AED's, Vehicle Jump Packs, Emergency Fire Suppression and NARCAN.
- 24/7 Emergency and Non-Emergency Services

## Training offered by UMSL PD

UMSL Police is proud to offer free self-defense training to the UMSL Community, which teaches how to safely escape a dangerous encounter.

UMSL Police offers Safety Presentations and events to educate the community on current criminal trends and how to help prevent them from our occurring on our campus.

#### Did you know...

Your UMSL Police also offers:

- Community Events such as Pizza and Police
- Campus Safety walk
- Fraud, Alcohol and Drug Abuse Prevention Programs

Check us out at www.umsl.edu/safety/police

# UMSL Campus Resources: Behavior, Safety, & Other Concerns



## Campus Resources: Behavior, Safety and Other Concerns

Compiled by: UMSL Safety Committee

#### \*IN CASE OF EMERGENCY CALL UNIVERSITY POLICE

(From a campus extension: 911 or x5155 -- From cell or off-campus phone: 314-516-5155)

911 calls from cell phones go to St. Louis County Police, so it's important to have 314-516-5155 programmed into your cell phone for campus emergencies. UMSL University Police are available 24 hours a day, 7 days a week and can access staff from Counseling Services at any time.

Serious on Safety www.umsl.edu/sos	University Police  * 314-516-5155	Student Affairs CARE Case Manager 314-516-5211	Human Resources ** 314-516-5805	Title IX Equity Office *** 314-516-4538
Behavior, Safety and Other Concerns Involving:	Faculty, Staff and Students	Students	Faculty and Staff	Faculty, Staff and Students
Immediate threats to harm self or others and/or has weapon	<b>V</b>			
Written or spoken threats to harm self or others	<b>V</b>	1	4	
Anger or hostility	4	1	1	
Behavior that seems to interfere with job or class work	4	1	1	
Signs of substance abuse		1	1	
Disruptive behavior		1	1	
Someone who is the subject of complaints or concerns expressed by others		1	1	
Violations of community principles; discriminatory behavior		٧		٧

<sup>\*\*</sup>Human Resources can provide consultation about safety or behavior concerns exhibited or expressed by a staff or faculty member. Additionally, faculty or staff members who are interested in short-term counseling or referral assistance can contact UMSL Employee Assistance Program Counselor Dr. Kristen Miceli at 314-516-7210 (confidential resource).

23 (revised July 2018)

<sup>\*\*\*</sup>Dana Daniels, Title IX Coordinator/Chief Equity Officer, is designated to coordinate the university's compliance with laws governing gender-based discrimination and other forms of unequal treatment in higher education. If you have any questions about the university's equity procedures, please contact 314-516-4538.







Compiled by: UMSL Safety Committee

#### \*IN CASE OF EMERGENCY CALL UNIVERSITY POLICE

(From a campus extension: 911 or x5155 -- From cell or off-campus phone: 314-516-5155)

911 calls from cell phones go to St. Louis County Police, so it's important to have 314-516-5155 programmed into your cell phone for campus emergencies.

UMSL University Police are available 24 hours a day, 7 days a week and can access staff from Counseling Services at any time.

Serious on Safety www.umsl.edu/sos	University Police  * 314-516-5155	Student Affairs CARE Case Manager 314-516-5211	Human Resources ** 314-516-5805	Title IX Equity Office *** 314-516-4538
Behavior, Safety and Other Concerns Involving	Faculty, Staff and Students	Students	Faculty and Staff	Faculty, Staff and Students
Sexual violence, stalking or intimidation	<b>V</b>	1		٧
Relationship abuse or intimate partner violence	1	1		1
Orders of protection	1		4	1
Difficulty due to the illness or death of a friend or family member		1	٧	
Sexual harassment or other forms of discrimination		٧		<b>V</b>
Disability and access-related issues		٧	1	1

(revised July 2018)

<sup>\*\*</sup>Human Resources can provide consultation about safety or behavior concerns exhibited or expressed by a staff or faculty member. Additionally, faculty or staff members who are interested in short-term counseling or referral assistance can contact UMSL Employee Assistance Program Counselor Dr. Kristen Miceli at 314-516-7210 (confidential resource).

<sup>\*\*\*</sup>Dana Daniels, Title IX Coordinator/Chief Equity Officer, is designated to coordinate the university's compliance with laws governing gender-based discrimination and other forms of unequal treatment in higher education. If you have any questions about the university's equity procedures, please contact 314-516-4538.

# Community Referrals

## <u>Tritons United: Against Gender-Based Violence Resource Kit</u> Community Referrals

**\*** = <u>ALL</u> community referrals/resources listed below are considered confidential resources

#### **24 HOUR HOTLINES:**

- 1. **Safe Connections**: 314-531-2003 This is a 24-hr Crisis Helpline & Text Option Helpline. Highlytrained advocates assess safety needs, assist with safety planning, provide emergency transportation, and give referrals for medical care, shelter, legal aid, counseling, and other area resources. Assists adults and youth of all genders who have experienced rape, domestic or dating abuse (physical, sexual or emotional), sex trafficking, and/or childhood sexual abuse. Arranges over-the-phone interpreters. For callers who are Deaf or hard of hearing, RELAY services are available 24/7 by dialing 711.
- 2. ALIVE (Alternatives to Living in Violent Environments): 314-993-2777. Highly trained advocates assist with safety planning, information and referrals for counseling/support groups, crisis intervention.
- 3. YWCA: 314-531-7273 Sexual Assault Response Team (SART) which responds to rape victims at hospitals to provide support and resources
- **4. DeafLEAD Crisis Line**: 321-800-3323 Videophone crisis line for Deaf/Hard of Hearing persons

#### **SUPPORT LINES (NON-24 HOUR)**

- 1. **SQSH (St. Louis Queer+ Support Helpline)**: 314-380-7774, HOURS: Fri, Sat, Sun, Mon: 1-7pm. Free, identity-affirming, confidential support, resources and referrals.
- 2. **Crime Victim Center**: 314-652-3623, HOURS: M-F, 9am-4pm. Assistance with filing for Crime Victim Compensation Funds, referrals to resources.

#### SHELTERS/EMERGENCY HOUSING:

- 1. **ALIVE**: 314-933-2777: Nights of Safety Program provides transportation to temporary emergency shelter in local area hotels. This resource is *available to humans of all genders* and to parents with children who need to be safe together, and is available when shelters are full or unable to accommodate (for example, some shelters will not take teen boys or adults identifying as male)
- 2. Kathy J. Weinman Shelter: 314-423-1117: Shelter for women and their children
- 3. St. Martha's Hall: 314-533-1313: Shelter for women and their children
- 4. Women's Safe House: 314-772-4535: Shelter for women and families

#### **LEGAL RESOURCES:**

- 1. **Crime Victim Center**: 314-664-6699: Free legal representation in Order of Protection hearings for qualifying victims. Title IX information and support available. Legal HelpLine provides information on MO law for victims of domestic violence, sexual assault and stalking regardless of whether a court case has been filed. *Services available to humans of all gender identities*. Interpreters provided when needed for non-English/limited-English speakers. Agency is not affiliated with law enforcement.
- 2. **Legal Services of Eastern Missouri:** 314-534-4200: Free legal representation for low-income clients in civil matters, including Orders of Protection and family law cases. Not affiliated with law enforcement. *Services available to humans of all gender identities*.

#### **COUNSELING RESOURCES:**

- 1. **Crime Victim Center:** 314-652-3623: Free counseling for victims of crime. Play therapist available for children. The crime need not be recent and need not have been reported to the police. Session can be done in person or remotely via TeleMental Health.
- 2. **Safe Connections:** 314-646-7500: Free individual therapy for adults and children of all genders ages 12+ who have experienced rape, domestic or dating violence, sex trafficking, and/or childhood sexual abuse.
- 3. **ALIVE**: 314-977-3993: Free crisis counseling services up to 6 months for all victims of domestic violence, with longer-term services available case-by-case. Services include a children's treatment program
- 4. **The Spot**: 314-535-0413 x2: Free mental health services for teens.
- 5. **DeafLEAD**: 321-800-3323: Free mental health services for Deaf/hard of hearing/DeafBlind crime victims and their families.
- 6. **YWCA:** 314-531-1115: Free Individual therapy for victims of sexual assault or childhood sexual abuse.

#### **SUPPORT GROUPS:**

- 1. **Safe Connections:** 314-646-7500 x118: Free support groups for those age 12 and up, *of all gender identities*, who have experienced domestic abuse, sexual assault/child sexual abuse, or sex trafficking
- 2. **ALIVE:** 314-977-3993: Free support groups for those who have experienced domestic violence or sexual assault.

#### **HEALTHCARE RESOURCES:**

- **1. Casa de Salud:** 314-977-1250, Healthcare for immigrants, refugees, non-English speakers who are uninsured/underinsured. Services include exams for sexually transmitted diseases
- **2. Planned Parenthood:** Provides pregnancy testing, the "morning-after" pill, pre-natal care, birth control, abortion services, sexually transmitted disease testing, and hormone therapy for *humans* of all gender identities.

## CONTACT INFORMATION

TRITONS UNITED: AGAINST GENDER-BASED VIOLENCE

EMAIL: <u>UMSLTRITONSUNITED@UMSL.EDU</u>

PHONE: 314-516-8488

SOCIAL MEDIA HANDLES: FOLLOW US AT @UMSLTRITONSUNITED









