



for body & soul

TAKE A
Hike eh!

hiking journal



#MY *Haliburton*
HIGHLANDS



ADVENTURE
CANADA



TAKE A Hike eh!

name

hiking journal

address

town/village

telephone

email

your age

your school *(if applicable)*



TAKE A
Hike eh!

Date: _____

Start time: _____ End Time: _____

Hiked with: _____

Name of Trail: _____

Kilometres: _____

Observations (*write or draw*)





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Thank you for taking a hike with your friends and family. Hiking is a great way to improve our physical and mental health, experience the great outdoors and explore the wonderful natural and cultural heritage in the Haliburton Highlands.

When you are finished with your journal you can take one of the following actions:

1. **Send it to** the Haliburton Highlands Tourism Information Centre, Box 399, Minden, ON K0M 2K0
2. **Drop it off** to Haliburton Highlands Tourism Information Centre, 12340 Hwy 35 N, Minden, ON K0M 2K0
3. **Call -in or email** your results to 705.286.1777 or tourism@myhaliburtonhighlands.com

When you submit your results you will receive a Certificate of Achievement and be eligible for some great prizes.

This journal is an initiative of the Hike Haliburton Festival, Canada's largest hiking festival **hikehaliburton.com** and made possible by support from Adventure Canada.

The information collected in this Journal will not be shared with any third party outside of Hike Haliburton. Demographic information including number of participants, ages, locations may be used to plan and promote other hiking events. Your name and contact information will be used solely to contact you for awarding certificates in this program.



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