

TEACHING PRIVATE VS PUBLIC BEHAVIOUR

The objective of this programme is to teach individuals (teenagers and young adults with autism) the expected behaviours associated with private and public places.

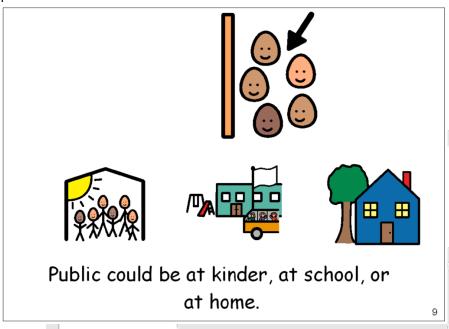
STEPS:

- 1. Teach the individual about private and public places. To conduct this activity, you may print out pictures of different rooms and places, and get the individual to sort out the pictures according to private and public places. If he/she is able to read, you may also conduct this sorting activity with written words instead.
 - (i) Examples of private places: toilet, bedroom...
 - (ii) Examples of public places: school, restaurant, the mall...
- 2. Teach the individual about private and public actions. To conduct this activity, you may print out pictures of different actions, and get the individual to sort out the pictures according to private and public places. If he/she is able to read, you may also conduct this sorting activity with written words instead.
 - (i) Examples of private actions: using the toilet, bathing, hugging, touching self...
 - (ii) Examples of public actions: sitting nicely, talking nicely, eating neatly...
- 3. Teach the individual about private and public body parts. To conduct this activity, you may print out a picture of a person, and label/identify the body parts that are private versus public. Alternatively, you may also used coloured markers to colour the body parts that are private versus public. However, as a general rule, we teach our teenagers/young adults with autism to respect other people's personal space by not touching other people, to prevent from any unfortunate incidences/misunderstanding from occurring.
 - (i) Examples of private body parts: chest, stomach, bottom...
 - (ii) Examples of public body parts: hands and feet
- 4. Monitoring the individual's behaviour at home and in the community. It is important to reinforce the individual when they demonstrate the expected behaviours in public settings.



RESOURCES:

There are plenty of resources available online, which you may download and utilise during the teaching process!



To download the full set of visuals, you may click on the following links:

(i) Private and Public Places

https://boardmakeronline.com/Activity/1715654

(ii) Private and Public Actions

https://boardmakeronline.com/Activity/416057

(iii) My Body Is Private

https://www.okeydokey.com.au/webfiles/files/Mybodyisprivate-boy.pdf https://www.okeydokey.com.au/webfiles/files/Mybodyisprivate-girl.pdf