

# Blackjack Cards in Tai Sai

Tai Sai or Tai Pilates is a low impact, yet highly effective form of exercise developed by the late Dr. Joseph Pilates, a German National. It is exactly the same plank with an additional pocket in each side called the "pocket" which Tai Sai is also known by, however, is named after two words, "tai", meaning big or "sai", meaning proceed. In a way that is similar to your bridge as you can do it simply by playing complete hand by playing the whole hand. The difference is that instead of resting on the ball of your foot Tai Sai uses your whole body weight. This permits the exercises to be more intense, as it forces you to work and move out all of your muscles.

This was introduced in the late nineteen seventies, and according to a lot of sources it was really invented in China as a card game. A variation of the game was later developed in Japan but was known as Tai Sang Hyang. A few years ago I read an American Asian Magazine that it was believed that the Tai Sang Hyang is the most common Chinese Card Game that's played in America by over twenty-five thousand people according to the Chinese Card Business Association.

According to many sources, this originated from the traditional Chinese martial art called Hang Chi Cha (sets of twelve), and it was later adopted into different games including Tai Sai. As is the case with most martial arts there are many versions and variations but they all essentially require the identical set of principles. They use hand movement meditations, breathing techniques, physical exercises such as Tai Chi Chuan (massage), and it also requires that one be emotionally prepared to defeat their opponent and learn how to quickly adapt to changing situations. Most of the Chinese immigrants that come to the United States have been taught to play this game as part of their new life here.

As it happens, the origin of this sport of Tai Sai may have a little more to do with its exotic origins than one might at first think. In reality the origin of gambling as we know it today probably came from the Chinese gamblers. One source claims that the two men that invented the game were Buddhist monks which were living in China. Another says that it really stemmed from the Chinese courtesies of the time such as playing cards. Today, when you play blackjack or roulette the cards are replaced with coins but the fundamental mechanics and concepts remain the same.

The sport has grown tremendously over the years to become one of the most popular games on the planet. American Casino owners are especially fond of the game because it is among the simplest games to deal with and the payout is extremely high; hence the big winnings. However the origin of the game of Tai Sai remains unclear. There is no sure proof where it really came from but the most common theory is that it was adopted by Chinese players during the Tang Dynasty when they would use five coins in order to bid for a hand of seven.

Today the sport of Tai Sai are available in just about all kinds of casinos across the world. The twenty-two dice are also commonly seen on most casino floors. When you walk into

most casinos the probability of winning when you play the sport of Tai Sai are extremely high; especially if you are going up against opponents that play the game of Tai Sai with perfection.

Interestingly the Chinese version of the game of Tai Sai was not made with the use of dice at all. Rather, the Chinese called it "bingai", which means to play without using dice. On the other hand the American version of the game of Tai sai was actually created by means of twelve dices. This made it easier for the Chinese to monitor their winnings and losses and adjust their approach accordingly. Today the sport of Tai sai is frequently used as a educational tool in teaching gambling strategies to students that are learning how to play blackjack, no limit hold em poker or other kinds of games.

In the early years of Tai Sai the most widely used card deck comprised a total of ninety-two cards. Over the years different variations of the conventional deck of Tai sai have been created. Currently the standard deck of Tai sai that is used in Chinese casinos comprises a total of one hundred and eighty-two cards. Today if you want to play the game of blackjack and if you've never played it before then it would be smart to start off by playing the original version of the game that contained only the cards of one hundred and eighty-two. This would enable you to get a feel of how the game functions without having to deal with any of the difficulties that may arise because of playing a game of Tai said with a deck containing additional cards.