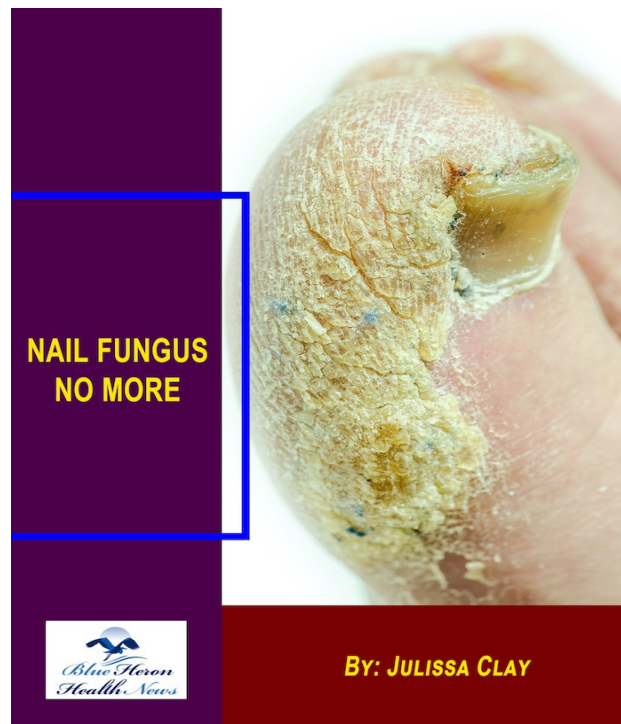


Nail Fungus No More Reviews



It is very important for you to clean your feet thoroughly. You should always ensure that you [nail fungus no more reviews](#) wash your feet with soap and water especially after you have taken a bath and after using the toilet. Proper personal hygiene will also help you to prevent the occurrence of fungal infection. Make sure that you do not walk barefoot on moist surfaces for your protection. A thick layer of skin around the area of your toes will help you to prevent fungal infection.

Do not wear tight shoes and socks if you are suffering from foot infection. This will increase the chances of developing an infection because of the high rate of friction between the infected toenail and the shoes. Do not allow your socks to become wet when you wear shoes. Keep your feet dry at all times because fungi infection may create fungal spores. If you allow the spores to grow then you may develop a fungus infection.

If you are infected with nail fungus then there is no need of spending money on expensive prescriptions. There are several remedies available that can treat this infection without any problem. The first and most simple treatment method is to apply tea tree oil. Tea tree oil has antifungal properties and can kill the fungus. A simple solution is to dip the affected toe nail in some tea tree oil and keep it on for about twenty minutes.