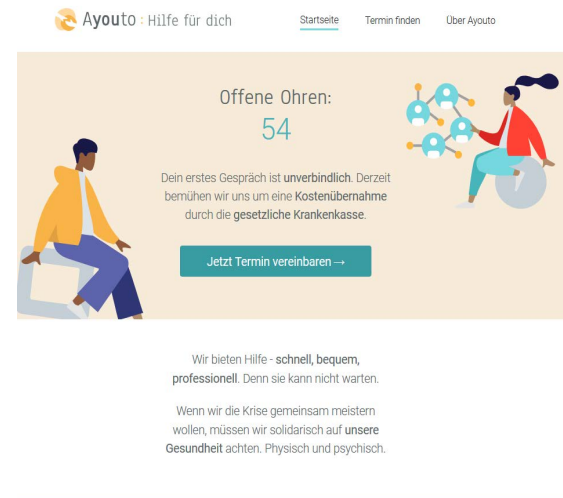


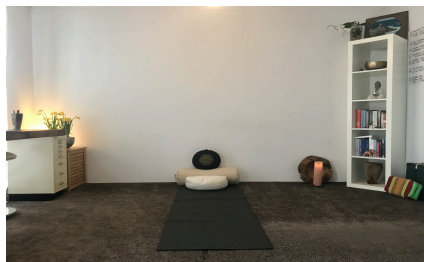
So cool that you are interested! Let's deep dive:

As a sustainable Networking Coach, **Nike** usually connects people of different fields with each other. When coming across the Germany-wide Hackathon **#WirvsVirus**, it was the perfect opportunity to create solutions for the collective good in times of the pandemic. After finding her team, they worked on an idea to tackle one particular issue: **access to help in cases of mental health issues**. Their platform **AYOUTO** connects certified psychologists and coaches with all those who need their help. And this amazing idea was only one which came up during the Hackathon. More than 1000 projects were created by more than 42 000 participants! The most powerful moment for Nike? Sunday afternoon: with 12 people who had not known each other until the day before and now were working very passionately together in the final sprint. Together we can change so much!



Being passionate about making the planet a better place to live, **Bruno** cares a lot about environmental topics and humanity. As his group of the Hackathon **#WirvsVirus** could not continue working, he went for another, more **personal solution**. Together with **Ruestem**, his close friend and co-founder of **Igluu**, he prepared the **doggy bags** and distributed them to all those who cannot just go to the supermarket to buy things. The motivation behind that is very powerful: Helping at his level to make the society we are living in a slightly better place for the weakest ones. This is also one of the main purposes of his start-up **Igluu**. Let us all have some of this spirit in our hearts, even and especially in times like these.

Matthes has set up **wirhaltenzusammen.org** to collect different offers which can provide help for businesses in Hamburg while also sharing powerful stories. So maybe you have a solution or story to share to get this page filled? Various App Members are already listed there.



And last but not least **Julia**: Turning her office into a small Yoga Studio, she started to offer **Online Yoga Classes** for our Community - and this every (week-)day! Apart from that, she is providing valuable input on **Resilience** via her Workshop which we could not need more than now. Never underestimate the meaning of mental health!

And what has happened at Impact Hub the last weeks? Let's jump back to the Newsletter!