

Big Changes Coming to Bayside By Laura Cannon

At the February meeting of the Bayside Neighborhood Association, board members and guests got a preview of some significant infrastructure and development projects coming to Bayside. The City of Portland's Director of Economic Development Greg Mitchell and City Planning Director Tuck O'Brien presented a preliminary map of the Bayside Infrastructure Improvement Program, a collection of planned work that the City aims to manage, and communicate about, as a coordinated effort.

The Program includes sidewalk and trail enhancements, waterline improvements, and roadwork throughout Bayside. The two major projects that make a coordinated approach critical are the Midtown residential development and a combined sewer overflow project, two of the largest construction projects in Bayside in recent memory. Midtown, at Somerset Street from Pearl to Elm streets, will have 450 residential units and 800 parking spaces, and construction is set to begin shortly following the sale of the property in February, from the City to The Federated Cos.

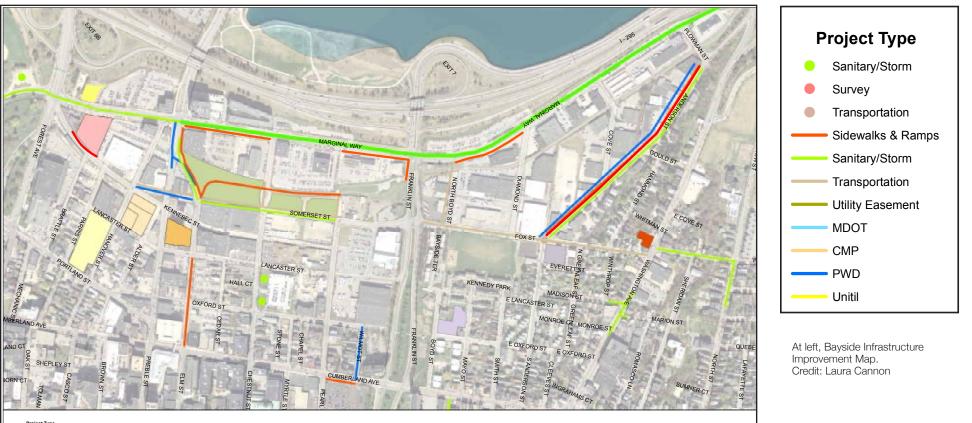
The combined sewer overflow project, which will utilize or impact all of Marginal Way, is a complex hydraulic engineering project designed to free up existing capacity otherwise used for stormwater runoff and to alleviate the increasing flooding in Bayside.

These two massive projects will entail work from multiple utility providers and large construction crews and significant rerouting of traffic. So it only makes sense to plan ahead and incorporate other infrastructure work into a coordinated approach. Other projects included in the Program include improvements that have been in the works for some time as well as newly planned efforts that simply make sense to do when there's a big hole in the ground already. The overflow project is just one part of Portland's goal to address sea level rise citywide. Other flooding mitigation projects in the Bayside Program include rain gardens, which utilize plants with a tolerance for the high concentrations of elements typically found in stormwater runoff, such as nitrogen and phosphorous, and that absorb more stormwater than conventional gardens.

Funding allocations have been authorized for all projects in the Bayside Infrastructure Improvement Program. However, some projects are still early in the design process, and Mitchell and O'Brien acknowledged that allocations are based on projects "as originally envisioned"; thus budget adjustments are expected as these complex projects move toward realization. The City aims to coordinate both the management of projects and the communication to residents and commuters about plans and impacts. Public meetings will be scheduled about the Program as a whole and about specific projects, as appropriate. The City is planning to introduce innovative ways to keep the public informed throughout the process, including a website with an interactive map to find the latest status on projects impacting a given location.

It's going to get messy for a while in Bayside. When the dust clears, we'll have more housing, better flood protection, and improvements to our neighborhoods. We'll post updates on this Program on the BNA Facebook page (www.facebook.com/

BaysideNeighborhoodAssociation) and in our next issue of *The Baysider*. Stay tuned!

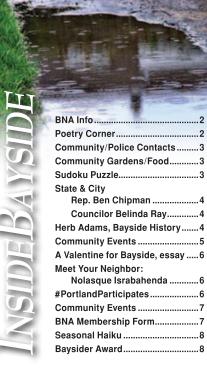




2016 - 2018 Bayside Infrastructure Improvement Program

Bayside Community Garden —Pursuing the Big Picture





By Deborah VanHoewyk

New trend you might not be aware of: Foodas-a-key-to-urban-revitalization. Sure, we all know how important food is to Portland's popularity—we're a terrifically foodie city—and restaurants contribute 27 percent of Maine's \$7.5 billion tourist industry (second only to retail, at 28 percent). But this new trend is about making sure that local food systems contribute to a healthy population by making fresh food available to all, regardless of income.

FIXING THE CITY WITH FOOD

In Portland, Mayor Michael Brennan started the Mayor's Initiative for a Healthy and Sustainable Food System almost as soon as he entered office. The Initiative dealt with a wide range of food-system issues, from policy to how to set up a community garden on public land. It accomplished a lot—assessment of the gaps in Portland's food policy environment, connecting more fresh food with the schools' food service system, and particularly work in urban agriculture that has supported a new community garden on the Eastern Prom; The Mount Joy orchard of fruit trees on the North Street slope; and maybe, just maybe, a goat herd to clear out the brush around Portland's parks.

The great majority of this work was done by volunteers, coordinating with members of City government. It is not yet clear how the Initiative will take shape under the Strimling administration, but it is proceeding for the nonce as Shaping Portland's Food System

See page 3, THE BIG PICTURE

The BAYSIDER

WINTER/SPRING EDITION



NEIGHBORHOOD WATCH

Meets bi-monthly; see Facebook page for dates/times/locations (in the community room in Unity Village, unless otherwise posted, at 6 pm). Please contact the BNA or Mary-Ellen Welch at Midtown Policing if you have an issue to bring to a meeting. The public is always welcome.

> Laura Cannon and Cindy Bachelder, Co-Chairs Midtown Policing 772-1371

BAYSIDER COMMITTEE

Meets regularly at various locations. Writes, collects articles and information. Publishes *The Baysider* quarterly. Promotes advertising.

Colette Bouchard Steve Hirshon Susan McCloskey Robert Sylvain Baysider Committee is seeking new members with an interest in writing or graphics. No experience necessary. Call the BNA for more information.

GARDEN COMMITTEE

Organizes and runs the Bayside Chestnut St. Community Garden.

> Deborah and John Van Hoewyk, Co-Chairs Kate Pendleton Robert Sylvain

The BNA exists to serve you, our neighbors, and to make Bayside the best place to live and work in Portland! *We want to hear from you*. Attend a meeting or event, send an email, or call. Let us know your thoughts, dreams, and concerns.

PROGRAMMING COMMITTEE

Meets the third Thursday of each month at 5:30 pm in the community room at Unity Village. Plans events and community gatherings. Helps with After-School Arts Program and Summer Children's Lunch Programs.

Cindy Bachelder, Chair Colette Bouchard Susan McCloskey Steve Hirshon Currently looking for new members. Please call the BNA if interested.

MEMBERSHIP COMMITTEE

Works on developing and maintaining membership

in the BNA.

Alicia Harding, Chair Robert Sylvain Colette Bouchard Susan McCloskey Alex Landry Currently looking for new members. Call the BNA if interested.

FINANCE COMMITTEE

Meets as needed. Steve Hirshon, Chair Stephanie Scherer

corner



Alex Landry, Chair Colette Bouchard Steve Hirshon Ron Spinella

TREE COMMITTEE

Meets as needed. Works on bringing more trees to Bayside streets.

Robert Sylvain, Chair Jeff Tarling Colette Bouchard Alex Landry

BYLAWS COMMITTEE

Meets as needed.

Colette Bouchard Sean Kerwin Rob Sylvain, Chair Alex Landry

NOMINATING COMMITTEE

Meets each year to recruit and nominate new members for the Board.

Colette Bouchard, Chair Cindy Bachelder Susan McCloskey Alex Landry Robert Sylvain

THE BAYSIDE NEIGHBORHOOD Association (BNA)

Bounded by Forest Avenue, Marginal Way, Congress Street, and Franklin Street, we are just minutes from Downtown, the beach, the working waterfront, and the cove. Historically, Bayside has been home to warehouses, scrapyards, manufacturing, small businesses, and many families that go back generations. Today, it is a mix of families and singles, young and old, new Mainers and long-time residents, old and new development, social services, businesses, offices, and an active neighborhood association.

We have monthly Board meetings the first Tuesday of the month at 6 pm,



Bayside Neighborhood Association

PO Box 11563 Portland, Maine 04104 207.523.0602

email: Bayside_neighbors@msn.com

Websites: www.facebook.com/ BaysideNeighborhoodAssociation

www.baysideportland.org

BNA BOARD

Meets on the first Tuesday of each month at 6 pm in the community room of Unity Village, 24 Stone Street (behind City Hall). This is a great way to find out all that is going on in Bayside. Reports from all the subcommittees are given regularly. The public is welcome.

> Cindy Batchelder Mike Batchelder Colette Bouchard Jon Bradley Laura Cannon (Vice-President) Ben Culver Dennis Ferrante Alicia Harding Steve Hirshon (President) Charles Kaufmann Sean Kerwin Alex Landry Susan McCloskey Brent Noyes Stephanie Scherer (Treasurer) Ron Spinella Robert Sylvain Deborah VanHoewyk

The Bayside Neighborhood Association (BNA) represents all those with a vested interest in the Bayside neighborhood. Our members are made up of residents, property owners,



Claude McKay, who was born in Jamaica in 1889, wrote about social and political concerns from his perspective as a black man in the United States, as well as a variety of subjects ranging from his Jamaican homeland to romantic love.



America

poetry

BY CLAUDE MCKAY, 1889 – 1948

Although she feeds me bread of bitterness, And sinks into my throat her tiger's tooth, Stealing my breath of life, I will confess

I love this cultured hell that tests my youth!

Her vigor flows like tides into my blood,
Giving me strength erect against her hate.
Her bigness sweeps my being like a flood.
Yet as a rebel fronts a king in state,
I stand within her walls with not a shred
Of terror, malice, not a word of jeer.
Darkly I gaze into the days ahead,
And see her might and granite wonders there,
Beneath the touch of Time's unerring hand,
Like priceless treasures sinking in the sand.

which are always open to the public.
It is a great way to hear about what is
happening in the neighborhood. Unless
otherwise noted, all meetings take place
in the community room at Unity Village,
24 Stone Street. Check out the committee
page to see all the active subcommittees
and what they are doing.
The BNA also produces the newspaper
on a quarterly basis to keep members
and the community informed on issues

and events of interest. We have special

meetings and host forums as the need

arises to get people together to discuss

issues impacting our neighborhood.

BUSINESSES, AND ORGANIZATIONS IN THE NEIGHBORHOOD. WE WELCOME ANYONE WHO LIVES, WORKS, OR OWNS PROPERTY IN BAYSIDE TO BECOME INVOLVED.

Neighborhood Illustration in masthead by Robbie Neil

Layout & design by Lisa Peñalver, penart1@gmail.com WINTER/SPRING EDITION

Community CONTACTS

THE BIG PICTURE from front page

https://www.facebook.com/shapingour- The Bayside foodsystem), again a volunteer effort coordinated with the City.

The Theory of Fixing the **City with Food**

Still not clear on how this is going to revitalize Portland's marginal neighborhoods, Bayside chief among them? Well, a couple of local organizations have grant applications out to the Kresge Foundation and a partnership between the Robert Wood Johnson Foundation and the Reinvestment Fund. These funders are at the forefront of testing solutions for using food systems and health initiatives to improve the quality of life and opportunity in lowincome neighborhoods. Stay tuned for word on whether either of these grants is coming to a neighborhood near you.

The Kresge Foundation supports programs in housing, transportation, and "healthy food systems that benefit lowincome communities." They are betting their funding on the idea that "food-oriented initiatives" can "contribute to economic revitalization, cultural expression and health in low-income communities." Kresge believes that food is a key driver of not just health, but also "cultural expression, social cohesion, entrepreneurship."

The Robert Wood Johnson Foundation / Reinvestment Fund grants are based on the idea that we need to fundamentally change how we revitalize neighborhoods: in this case, "if you build it, it still doesn't do a damn thing for well-being and opportunity." In fact, they see that health-based programming goes far beyond local food systems and food production. The quality, stability, and availability of housing are also critical to revitalizing neighborhoods and improving well-being; so is education and workforce training; so is transit, so is reducing crime, so is improving local resilience against environmental crises (think West Bayside, East Bayside, and sea-level rise...).

Community Garden— Working on It!

Last summer, with the help of a grant from the Harvard Pilgrim Health Care Foundation, the Bayside Community Garden started getting involved in some of these efforts and will continue to do so in the 2016 gardening season. As our gardeners know, we added two new beds for children from the summer lunch program, which we hope will catalyze more immigrant involvement in garden programs. We coordinated volunteers from the Bayside program of STRIVE, an agency that assists developmentally challenged young adults, and will be doing so again this year. We made an initial connection with the Locker Project, which gets excess produce onto the plates of school children. We were helped out not just by Harvard Pilgrim but the City's department for Open Spaces, led by Troy Moon, and We Compost It!, Portland's newest residential composting company.

The Bayside Community Garden has a waiting list for plots, but it is much shorter than the waiting list for a City plot. Moreover, we have started looking into the new procedures for setting up a community garden on public land, with the hope of expanding food production in the neighborhood. We charge much less than the City for a plot-\$20 to help replace tools, throw a Harvest Party, etc.

The Bayside Community Garden will be identifying available plots starting in the last week of February. If you are interested in a plot, go to the website for the Bayside Neighborhood Association (http://baysideportland.org/), click on Bayside Community Garden in the top menu, and fill out the form!

"Population will increase rapidly, more rapidly than in former times, and 'ere long the most valuable of all arts will be the art of deriving a comfortable subsistence from the

-Abraham Lincoln

smallest area of soil."

"A community is the mental and spiritual condition of knowing that the place is shared, and that the people who share the place define and limit the possibilities of each other's lives. It is the knowledge that people have of each other, their concern for each other, their trust in each other, the freedom with which they come and go among themselves."

- WENDELL BERRY



Government **Portland City Hall**

- 207-874-8300 | 389 Congress St. www.portlandmaine.gov
- Belinda Ray, District 1 Councilor BSR@portlandmaine.gov 207-671-4000
- Jill C. Duson, Councilor At Large jduson@portlandmaine.gov 207-878-0769
- Jon Hinck, Councilor At Large jhinck@portlandmaine.gov 207-450-0003
- Nicholas M. Mavodones, Jr., Councilor At Large nmm@portlandmaine.gov 207-774-0257
- Representative Ben Chipman RepBen.Chipman@legislature.maine.gov 318-4961

Senator Justin Alfond Justin@JustinAlfond.com | 828-0277

Police Department

EMERGENCIES: 911

Senior Lead Officer, Dan Knight: Cell: 650-8657, danielk@portlandmaine.gov Midtown Community Policing Center Mary-Ellen Welch/Officer Dan Knight 26 Portland St..... 772-1371 Non-Emergency Dispatch......874-8575

Office of the Chief	874-8601
Neighborhood Prosecutor,	
Rich Bianculli	756-8350
Internal Affairs	
Patrol Division	
Police Personnel	874-8588
Directed Patrol	874-8545
Criminal Records	874-8570
Traffic Unit	
Detectives	

Social Services

Family Shelter

Jeff Tardiff, (207) 772-8339 54 Chestnut St.

Homeless Health Clinic Beth Eilers, (207) 874-8445 20 Portland St.

The HOME Team

(207) 838-8904, (207) 468-1866 Outreach Teams work Monday-Saturday, 12-8 pm; Sundays, 3-7 pm Milestone Office: (207) 775-4790

Ingraham Youth and Family Services Tom Dunn, (207) 774-4357 237 Oxford St.

Neighborhood Prosecutor







Share our Strength's Cooking Matters™ is a groundbreaking nutrition-education teaching them how to prepare healthy, tasty, low-cost meals. Professional chefs and nutritionists volunteer their time and expertise to lead hands-on courses and tours that instruct adults, teens and kids how to get the most nutrition out of a limited budget. Cooking Matters has reached more than 100,000 individuals across the country since 1993.



Pop-Up Tours

Cooking Matters at the Store Pop-Up Tour is a portable version of our traditional Cooking Matters at the Store tour.

By bringing the grocery store to participants where they are, barriers to participation such as ability, transportation, translation, time, and weather are eliminated

Potential locations include: community centers, classrooms, health fairs, conference rooms, housing facili-

Rich Bianculli, (207) 756-8350 richb@portlandmaine.gov

Oxford Street Men's Shelter

Angela Havalin, (207) 482-5217 203 Oxford St.

Preble Street

Mark Swann, (207) 775-0026 18 Portland St.

Preble Street Florence House

Amanda Wells, (207) 699-4392 190 Valley Street

Preble St. Teen Center

Greg Perchik, (207) 874-1197 343 Cumberland Ave.

Salvation Army

Major Terry Shaffer, (207) 774-4172 297 Cumberland Ave. terry.shaffer@salvationarmy.org

Cooking Matters Maine is a program of Good Shepherd Food Bank. Cooking Matters classes and tours are offered statewide in collaboration with Maine SNAP-Ed, which partners with Healthy Maine Partnerships to provide Nutrition Educators to teach the classes and facilitate tours.



—any place where people congregate!

Participants who complete the Pop-Up tour also receive a \$10 Hannaford gift card, reusable shopping bag and recipe booklet.

Tour participants will learn how to-

- Expand their food budgets
- Use unit pricina
- Buy fruits and vegetables on a budget
- Identify whole grains
- Read food labels
- Save money!

These 60-minute Pop-Up tours are FREE of costs for host sites and participants.

To schedule a Pop-up Tour or for more information about Cooking Matters at the Store:

Contact CMATS@gsfb.org or call 207-577-4847

The goal of Sudoku is to fill the grid by entering a numeral from 1 through 9 in each cell of the grid. Each row, column, and region must contain only one instance of each numeral. www.veryfreesudoku.com.

4		7	2			3	5	
	1		4	9			8	
	3							
		5		3	4	1		6
	9	8		1		4	7	
1		6	9	2		5		
							2	
	8			6	2		4	
	7	1			8	9		3

WINTER/SPRING EDITION

REPORT FROM THE LEGISLATURE

By State Rep. Ben Chipman

I HOPE YOU are having a great new year. The 2016 legislative session began January 6^{th,} and this year we will be taking up over 200 bills. I will continue to provide effective leadership on the issues that are important to you and pass legislation that benefits the City of Portland. If you have any questions, concerns, or ideas, please feel free to contact me anytime. I am here to serve you.

Addressing the Drug Crisis

The opiate/heroin epidemic has become a huge problem in our neighborhoods and across the state. Last year we had 14 overdoses in one 24-hour period here in Portland, and drug abuse is now responsible for about 75 percent of the crime in our city. Right now 5 people are dying every week in Maine from drug addiction, and many more are having their lives destroyed. This is a major crisis we cannot ignore.

We just took a significant step to address this issue. Last month I co-sponsored and helped pass a bill to make drug treatment and rehabilitation easier to access (LD 1537). This bill, which has now been signed into law, will provide \$3.7 million to improve and expand drug treatment, rehabilitation, and recovery programs in Portland and around the state.

Drug addiction is a serious public health issue. We need to do everything we can to



continue expanding access to treatment and rehabilitation. I am glad we passed LD 1537 and I hope it makes a real impact on an issue that is affecting so many people.

Rent and Property Tax Relief

This year we continued funding in the state budget for the rent and property tax refund program, known as the Property Tax Fairness Credit. Those who qualify can receive refunds up to \$600 per year (up to \$900 for those 65 and older). The refund amount is based on your income and how much you pay for rent or property taxes. If you would like a refund application, please contact me. I would be happy to mail or deliver one to you.

Ben Chipman has been representing part of Portland in the Maine House of Representatives since 2010. He can be contacted at (207) 318-4961 or Ben.Chipman@ legislature.maine.gov.

CITY OF PORTLAND

By Belinda Ray

WHIRLWIND. IN A WORD, that's what the last eight weeks have been. From being sworn in on December 7th to attending the first meeting of the Housing Committee last night (January 27th), my days have been full. As with any new job, there is a sharp learning curve in the early months, but truth be told, I've loved every minute of it so far and enjoyed the challenge of taking in so much information in such a short time frame.

One of the highlights of my first two months has been receiving my committee assignments. As part of my Council duties, I will be serving on three committees: Housing, Health and Human Services, and Finance. Each committee has its own set of challenges, as you can imagine.

The Housing Committee, which is new this year, was formed to address the housing quandary Portland finds itself in at present. The two main problems, of course, are that we don't have enough housing and that the housing we have isn't affordable for a large segment of the population.



whom affordable housing was a major priority. Still, even with the steps that have been taken, there is more to do, and I look forward to working with the members of the Housing Committee, the City Council, and city staff over the next year to continue to make strides in this area.

I haven't yet had my first Health and Human Services Committee meeting, but the Finance Committee met in early January to go over the city's most recent audit. I'm in the process of combing through our Comprehensive Annual Financial Report (CAFR) to get a better overall feel for the city budget, and the Finance Committee will begin discussing the city's Capital Improvement Plan (CIP) in February. (Suffice it to say I'm learning a lot of acronyms on this committee.) If you'd like to join me in reading the CAFR, you can find a copy of it on the city's website on the Finance Department page. Maybe we can make it a District One Big Read project (www.neabigread.org). In terms of challenges for the Finance Committee, I'll leave you with this: annually, we have about \$12 million to spend in our CIP, and to date, the City has received over \$50 million in requests for that funding from its various departments. Needless to say, setting priorities for the city's capital spending for the next five years will be (you guessed it) challenging.



Above, 415 Cumberland. Photo by Susan McCloskey

ONCE UPON A TIME 415 Cumberland Ave.

By Herb Adams

THERE WAS A TIME when neither snow nor rain nor heat nor gloom of

night would keep Baysiders and Parksiders from their favorite neighborhood Post Office on Cumberland Ave.

Wait!—Isn't the Post Office on FOREST Avenue? Yep, it is, now. But for many years, from 1921 to 1934, Portland's busiest downtown Post Office was the graceful brick building that still stands at the corner of Cumberland and Forest Avenues.

"Station A of the Portland Post Office went into commission as a duly authorized office today," proclaimed the *Eastern Argus* newspaper in December of 1921, "and is ready to perform the many functions of any first class office." Downtown businesses took to it immediately, and it was a bustling place indeed.

In those days Portland's main post office was a pillared temple of white marble on Middle St. at the corner with Exchange St., today the site of Post Office Park. Built in 1871 atop the ruins of Portland's Great Fire of 1866, it stood as the symbol of midtown recovery in the days of sailing ships and horse-drawn traffic.

Although beautiful, by 1920, the cramped, columned building could expand no more and was a bottleneck for cars flocking there from "the congestion and inconvenience of many of the business houses on Congress Street," said the paper.

"Business interests and the Portland Chamber of Commerce took the matter under advisement," and many city sites were inspected. But long-term leases ran afoul of U.S. government policy, and business eyes turned westward down the peninsula. There they lighted upon a fine brick structure sitting in what were still some open pastures above the thenbrand-new Deering Oaks Park Built as a private home about 1880, 415 Cumberland Ave. shows up in photos of the 1886 Portland City Centennial Parade amid children waving little U.S. flags, and floats on horse-draw wagons. Owned by businessman Albert S. Rines, the building was chosen to serve as the post office because it was "not far distant from Congress Street, taking into consideration the advance of business houses to the westward of our city," said the Argus.

and equipment of wood and finished in natural grain has been installed, made to measure and expressly for this office.

> It runs the complete width of the building, there being various windows for the several departments.

> "New cases have been installed, also racks for holding the pouches. [Here] the business may be carried on with dispatch."

> And indeed it was. Carriers still delivered mail only out of Middle Street, but in those pre-UPS days, parcel post and stamp sales cen-

tered on Cumberland Ave., and a classic photo still preserved by the Forest Ave. Post Office shows a fleet of a dozen Fords and a score of delivery men posing proudly before 415 Cumberland, loaded with packages.

Manager Louis W. Melaugh, clerk in charge, reported that the place was happy and humming on Christmas and holidays, open 7 AM to 7 PM six days a week.

This was Portland's second-busiest post office until the current massive brick building on Forest Ave., a WPA project under President Roosevelt's New Deal, was built in 1931-1934. The last day's mail left the Middle Street structure, and the last parcel post from the Cumberland Ave. office, both functions switching officially to Forest Ave. overnight on January 21, 1934.

Since then 415 Cumberland has called a variety of businesses home, including the showroom for Thos. Moser's elegant Maine furniture, a colorful art gallery, and the busy Hurley's Travel Agency. The rear ell has featured a ballroom dance studio, a weight-training room, and a thrift shop storefront.

Today, over 80 years on, few may re-



Above, author and

historian, Herb Adams

We had our first Housing Committee meeting, as I said, on January 27th, and we heard from many different stakeholders about their views of the problem and how it should be addressed. Of particular interest was Dr. Christopher Herbert, who is the managing director for the Joint Center for Housing Studies at Harvard University (www.jchs. harvard.edu). Dr. Herbert emphasized that a lack of affordable housing is a problem in cities across the country. He also mentioned that he believes Portland has already taken many crucial steps to address the problem, which is a testament to the excellence of our planning department and, of course, my predecessor, Councilor Donoghue, for

"The structure was little changed from outward appearance with exception of a small addition" (today visible on the Forest Ave. side) and "all the furniture member when Christmas presents, Easter cards, and Valentine chocolates moved by flivvers out to happy households through busy Cumberland Ave. Soon, new development may fill the building, and new life may return to an old place.

It is all part of the ongoing story of our part of the ever-changing West End, this corridor where the Parkside and Bayside neighborhoods meet and shake hands as they have for over a century.

[Editor's Note: The full story of the controversial building of the current Forest Avenue U.S. Post Office in Bayside appeared under Herb's byline in one of the very first Baysiders, Vol. 1, No. 3, in April 2001! Read it for all the colorful details about our busy neighborhood!]

COMMUNITY EVENTS

Caring for an Older Adult? Need a Break? Let the Barron Center Help!

CARING FOR AN OLDER ADULT? Need a break? Let the Barron Center help with its Adult Day Programs, which offer a lowercost alternative to in-home care, with the added benefit of socializing with friends. There are two separate programs - one designed especially for those needing dementia care. Located on the Barron Center campus at 1145 Brighton Avenue in Portland.

Both programs offer safe daytime supervision, Monday-Friday from 7:30 AM - 4:00 PM; fun, therapeutic activities and community outings; a light breakfast and large noon meal; professional health assessment by an RN; personal care assistance; medication management; and peace of mind.

Call 207-541-6619 for more information or to schedule a visit today. The Barron Center is a State-licensed adult day care provider. VA and MaineCare benefits accepted. Ask about eligibility for other financial aid.

Let's Eat!

Deering High School recently announced two delicious fundraisers coming soon for PROJECT GRADUATION

THE FIRST IS A pancake breakfast at AppleBee's on Brighton Avenue in Portland on Saturday, Feb. 27. Tickets are \$10 and can be purchased through DHSprojectgraduation16@gmail.com.

Then, on Wednesday, March 9, dine at Bruno's Restaurant on Allen Avenue in Portland from 4:30 p.m. to 9:30 p.m., and 20 percent of your bill will be donated to Project Graduation (liquor excluded).

Pre-K & Kindergarten Registration is Feb. 22 – Mar. 4

ENROLLMENT TIME for prekindergarten and kindergarten students to attend the Portland Public Schools in the 2016-2017 school year is approaching. The registration dates this year run from Monday, Feb. 22, through Friday, March 4.

The pre-kindergarten program for 4-year-

Students' "International" Lobster Buoys Part of New Mainers Exhibit

EARLY IN FEBRUARY, Make It Happen! students from Lyman Moore Middle School and Casco Bay High School painted lobster buoys with the flags of their home countries alongside University of Southern Maine's artist-in-residence, Natasha Mayers. a Whitefield resident who is the USM Art Department's artist-in-residence this semester. The buoys were then hung on the Maine Historical Society's fence in conjunction with the opening of the society's "400 Years of New Mainers" exhibition, a celebration of the rich diversity of Portland.

The first batch of buoys was painted by students in the Portland Public School's Multilingual & Multicultural Center's Make It



Portland Public Schools

Pre-K and Kindergarten Registration February 22 - March 4, 2016



DO YOU LIVE IN PORTLAND?

DO YOU HAVE A CHILD WHO WILL BE

4 by OCTOBER 15, 2016 - Pre-Register your child for Pre-K

5 by OCTOBER 15, 2016 - Enroll your child in Kindergarten

Pre-Registration forms for Pre-K will be accepted from February 22 - March 4, 2016. Pre-K Lottery will be held the week of March 7, 2016 to fill 96 available slots. You may pick up a Pre-Registration form at any of our Portland Public Elementary Schools, at Central Office, at ou Multilingual Center, or online at www.portlandschools.org. Completed Pre-Registration form should be returned to your neighborhood elementary school

Kindergarten Enrollment should be completed at your neighborhood school. You will need

- Original Proof of Birth (will be reviewed not kept) Immunization Records
- Proof of Residency in Portland

DON'T DELAY

COME SEE US TODAY

child's neighborhood school beginning Feb. 22 through March 4, and also is ongoing.

If you do not know which school is in your neighborhood, please call 8/4-823/ or email dorer@portlandschools with your home address and what grade your child/children is/ are entering and a PPS staff person will let you know which is your neighborhood school.

Happen! Program. The program provides academic support, language acquisition, and a college readiness program for refugees and immigrants in grades 8-12. Make It Happen! AmeriCorps site coordinators and volunteer academic coaches help students take challenging classes, develop competitive college applications, and engage in leadership

activities and civic opportunities. The program has centers in Portland's three middle schools and three high schools.

Approximately 30 Make It Happen! students worked hard to paint the buoys for the opening of the historical society exhibit. Plans are underway to install the buoys in other public spaces in Portland. including the Port-

land International Jetport, and to temporarily float them in the bay.

Mayers hopes the buoy display will bring more awareness of the rich diversity being woven into Maine and help open hearts to the contributions and struggles of new

400 Years of

Exhibit on view Feb. 4 through April 2, at MHS Gallery

EVERY DAY we are bombarded with stories of immigration. Controversy aside, immigration is America's oldest tradition, and along with religious tolerance, what our nation was built upon.

The history of immigration in Maine is happening today, and is in constant flux. 400 Years of New Mainers highlights personal stories of immigration through photographer Jan Pieter van Voorst -





neighbors. She is especially excited by the beauty, timeliness, and poignancy of the idea of floating in light of the dangerous sea-crossings being made by people fleeing conflict.

The historical society's "400 Years of New Mainers" exhibit runs through April 2. The exhibition highlights personal stories of immigration through photographer Jan Pieter van Voorst van Beest's portraits contemporary

of "New Mainers" and original works by street artist Pigeon displayed among items from MHS's permanent collection. The show's narrative includes the centurieslong history of immigration in Maine.

First Folio! The Book that Gave Us Shakespeare

On exhibit in the Lewis Gallery, Portland Public Library, March 4th – April 2nd, 2016.

PORTLAND PUBLIC LIBRARY, in partnership with USM Libraries, will be Maine's host for the First Folio! The Book that Gave Us Shakespeare national tour.

Maine will be able to experience first-hand the wonder and rarity of the First Folio... from Shakespeare aficionados to students studying the Bard's plays for the first time, this exhibit is a rare opportunity for people in Maine to experience one of the most influential books in history.

First Folio! The Book that Gave Us Shakespeare will tour all 50 states, Washington, DC, and Puerto Rico, beginning in January 2016.

The First Folio will be opened to the most quoted line from Shakespeare's Hamlet, "to be or not to be." A multipanel exhibition exploring Shakespeare's impact, then and now, will be accompanied by digital content and interactive activities.

New Mainers

olds will accept pre-registration applications during that time period. The district plans to have 96 slots available in six classrooms; final numbers and classrooms are contingent on the approval of funding of the 2016-17 Portland Public Schools' budget.

Children are eligible if they turn 4 years old by October 15 of this year and live in Portland. The program is free and follows the Portland Public Schools' calendar. The prekindergarten day runs from approximately 8:30 a.m. to 1:30 p.m. Parents are responsible for transportation to and from school.

The pre-kindergarten classes will be chosen by lottery on March 7 if more children apply than the space allotted.

Children must be 5 years of age by October 15 in order to attend kindergarten. Kindergarten enrollment takes place by appointment at the

To enroll children whose families speak a language other than or in addition to English at home, please contact the Multilingual Intake Center (874-8135). They will oversee English language proficiency testing and health screening as well as enrollment.

Please bring the following documents to register a child: original proof of birth, the child's immunization record, and proof of residency in the city of Portland.

For more information about pre-kindergarten and kindergarten registration, go to the district website, www.portlandschools.org and click on the "For parents" quick link and then go to "School enrollment."

van Beest's contemporary portraits of "New Mainers" and original works by street artist Pigeon displayed among items from MHS's permanent collection. The show's narrative includes the centuries-long history of immigration in Maine.

Open to the public through April 2, 2016 during regular museum hours, and is included in regular museum admission. This exhibition and related programs are supported by the Margaret E. Burnham Charitable Trust and The Second Abraham S. and Fannie B. Levey Foundation.

Please contact the programming office to schedule tours for 10 people or more: programming@portlib.org or (207) 871-1700 x723.

The First Folio is the first complete collected edition of Shakespeare's plays, published in 1623, seven years after his death. Compiled by two of Shakespeare's fellow actors, it preserves 36 of Shakespeare's plays. Without it, we would not have 18 of those plays, including Macbeth, Julius Caesar, Twelfth Night, The Tempest, and Antony and Cleopatra.

For the list of events complementing this exhibit, see https://www.portlandlibrary.com/ highlight/shakespeare-at-portland-publiclibrary/

The BAYSIDER

WINTER/SPRING EDITION

A VALENTINE FOR BAYSIDE

By Bob Riemann

My wife and I had visited Portland many times before we moved to the city three years ago. Living here and seeing the city as a summer visitor are two different things.

A week or so after we moved into our high rise Cumberland Ave. apartment building, the city's character came into sharper focus. It was a fine October day and I was walking around Bayside looking all around and not where I was walking when I stubbed my toe on the curb and took a hard fall.

"Are you all right?" someone called to me. When I looked up two cars had stopped and a woman was half way out of one car offering to help me get up.

Well, I am in my late seventies so I could understand their concern. I got to my feet, thanked them and walked on, stepping a bit more carefully.

In many ways that incident captured the spirit of Portland — friendly, willing to help out.

When I walked my dog Sheba, people would stop their cars, roll down the windows, sometimes even step out to tell me what a wonderful dog I had, how they used to have one like it, how great dogs were, etc., while they petted my dog. Sheba, who was 16, died last fall, and now I am the one stopping others and asking if I can pet their dog.

As I ventured more into the community my first impressions were reinforced over and over again. These adventures were mine alone. My lovely wife has great difficulty walking. But I shared my experiences with her when I returned home.

All the art galleries got me interested in art. And I found the gallery owners and other artists very welcoming. The same went for the writing groups I joined.

As senior citizens my wife and I are delighted to have so many young families and college students in the area. That is so much nicer than living in some Sun Belt senior community.

I could go on about the attractions of Portland, the wealth of music from classical to rock, pop and jazz, fine restaurants, etc.

But while that is all wonderful, it is the accepting nature of its citizens that truly makes Portland a haven for retirees.

Meet Your Neighbor: Nolasque Israbaĥenda

By Alicia Harding

WHEN I WORK OUT in the area overlooking the pool at the Portland YMCA I notice Nolasque Israbahenda, the swimming instructor. He greets each child coming into the pool area with a smile and big hello that says, "Hey, special person, happy you're here." I watch

him going out of his way to help adjust a life jacket or to make sure each swimmer's needs are being met. He radiates a cheerful friendliness.

On first meeting I would never have guessed that here is a man old enough to have a son in col-Everything lege. about him--his slender physique, nearly beardless chin and, of course, his terrific smile--suggests a much younger man.

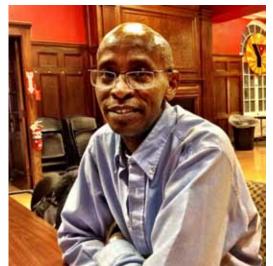


Photo of Nolasque Israbahenda by Alicia Harding

When I had the opportunity to speak with him I revised that first impression to include a man of substance who has led a complicated and full life.

He readily agreed to talk to me. As with any American, my first question (after struggling with the spelling of his name) is "Where are you from?"

Burundi is a small landlocked country in the heart of Africa with a population of 10 million. It was once part of what was called the Belgian Congo, as was Rwanda. Both countries suffer from similar problems. They share similar languages, the same tribal groupings, and the legacy of a brutal imperialistic ruler. (Quite possibly King Leopold gets the award for becally elected president was assassinated after only 3 months in office, throwing the country into a prolonged civil war between Hutu and Tutsi peoples. The current president thwarted the constitution when he was elected for a third term. Assassinations continue to plague the government.

While we who were born in the U.S. tend to see all immigrants from Africa as having the same experiences, that is not the case at all. Mr. Israbahenda's situation is much different from that of many Africans. He came here three years ago with his wife and three sons, not as a refugee, he said, but seeking political asylum. Many immigrants have spent long

> years in refugee camps and had very few educational or economic opportunities. Mr. Israhabenda has a university education and once held a good job in the financial office of multinational а nonprofit company. He brings with him strong computer and math skills.

the only lifeguard in the state who has a degree in economics. Mr. Israbahenda speaks three languages--Kirundi, French, and English--but limited fluency in spoken English is an enormous barrier to getting a job. Few immigrants are able to work in the field for which they were trained in their native countries. Building on what had been his volunteer interest in Burundi, Mr. Israhabenda took the job at the Y.

He does not dwell on problems of adjusting to a new country, possibly because he lived in a city, the capital, Bujambar, and cities tend to have a universal similarity. Burundi has a rural economy so it is not surprising that, as Mr. Israhabenda says, there was more natural food available, but it is similar to what we eat, although prepared differently. He is very interested in the neighborhood and would be open to being involved in the Bayside Neighborhood Association when his work schedule permits. His concerns are the problems of young people smoking and not giving their full attention to school and of the lack of parental involvement in their children's education. His advocacy for the Y--"They have lots of good programs"-- as a valuable alternative for these kids and for all children might be one solution

#PortlandParticipates

By Lisa Whited, Chief Transformation Officer, workplace transformation facilitation, www.workplacetf.com

TO ALL PARTICIPANTS of the 1/28/16 meeting about Portland's comprehensive planning process:

Thank you, again, for participating the evening of 1/28/16 in the discussion about Portland's comprehensive planning process. We wanted to update you with additional conversations that have happened over the past week.

Members of #PortlandParticipates, which was created out of the Global Shapers Hub, attended Thursday evening's meeting and have created the following values and purpose statements.

- The purpose of #PortlandParticipates is to establish, foster, and facilitate a partnership between Portland's residents who wish to share and create opportunities for public input and participation in important decision making for the city.
- #PortlandParticipates is a neutral body of concerned, active people simply acting as a conduit amongst the people and the decision makers.
- We value inclusivity, diligence, swiftness, transparency, and honesty. Our role is to extend opportunities offered for public input for greater inclusion and to create such opportunities when they don't exist. We are not here to point fingers or make enemies; we are here to support a way forward so that Portland residents know of and participate in opportunities to have their opin-

ions and dreams be part of Portland's future.

Our communication channels are neutral in message - calling upon citizens to participate in the opportunities that affect Portland's present and future. If/when we are asked for our opinion on a process, improvement, or opportunity, we are to provide factual, relevant, and clear action, direction, or support that is inclusive, mindful, and open to conversation.

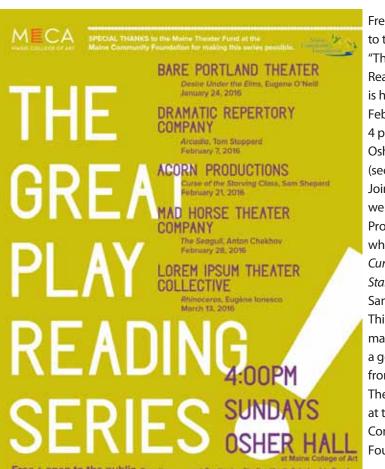
The #PortlandParticipates group has identified several ways they would like to move forward with the city. To that end, members of the #PortlandParticipates group are hoping to meet with representatives from the City Council and Staff Tuesday (2/9/16), prior to the Tuesday evening Planning Board meeting. This is what the group has identified as eventual goals with this work:

We want a total rewrite of the comprehensive plan that is developed through a robust and inclusive process.

We understand that a total rewrite of the comprehensive plan may need to happen as a parallel event of the current update already underway by the City. We see the current update as a short-term goal and a total rewrite as a long-term goal (within one to two years).

We will achieve this through a partnership

-see page 7



Free and open to the public, "The Great Play **Reading Series**" is happening on February 21, at 4 pm in MECA's **Osher Hall** (second floor). Join us as we welcome Acorn Productions, who will perform Curse of the Starving Class by Sam Shepard. This series is made possible by a generous grant from the Maine **Theater Fund** at the Maine Community Foundation.

a very different nature. He is likely

His job here is of

ing the most inhumane sovereign in colonial history-a not-much-coveted award for which their were many contenders.)

Burundi is a poster child for all the problems that beleaguer Africa today. It has a one-crop economy dependent on world prices of coffee and tea, out-of- control population growth (almost half the population is under the age of 15), an infant death rate of 6.9% (Germany .034, U.S. .06, England .04), and a per capita income of \$900 per year. That's about .43/ hr. based on a 40-hour workweek. Burundi's ranking is 180 out of possible 187 countries on the UN Human Development Index (U.S 5, Norway 1).

Mr. Israbahenda came here seeking sanctuary from war. While he says there are no conflicting ethnic groups in Burundi ("one Burundi, one language"), the continuing violence counters this optimistic view. The first democratiDuring the course of our talk Mr. Israhabenda repeatedly told me how kind people are in the U.S.. His answer when I asked what surprised him about this country? "There are so many dogs."

If you see Mr. Israhabenda out and about, take a moment to say hello. You will be well rewarded by meeting a person worth knowing.

Free + open to the public. p et | Pertland, Maine 04101 | 207,699,5061 | mecs.edu/c

WINTER/SPRING EDITION

COMMUNITY EVENTS



(From left to right) Superintendent Jeanne Crocker; PHS students Kate Hungerford, Jerzy Sylvester, Jake Bosma and Ryan Lizanecz; and School Board Chair Marnie Morrione.

#PortlandParticipates – from page 6

between residents, businesses, city staff, and elected officials.

- Objective 1: Coalesce a core group that will give the time to identify the way forward and continually identify the necessary expertise and resources to keep moving it forward.
- Objective 2: Engage city staff to identify opportunities to get this done.
- Objective 3: Engage public support and city council to get necessary approval to get this done.
- Objective 4: design a process to get this done.

Objective 5. Get this done.

Objective 6: Celebrate and admire a comprehensive plan that we (a diverse and broad we) are proud of.

Tactic: Be kind and persistent people.

MAINE JEWISH MUSEUM

presents David Rosenthal Travels of an Artist January 7 – March 7, 2016 Curated by Nancy Davidson

Opening Reception with Artist: Thursday, January 7, 5pm – 7pm Snow Date: Sunday, January 10, 2pm – 4pm First Friday Art Walk: February 5, 5pm-8pm, March 4, 5pm – 8pm

Explore the world through the eyes of David Rosenthal, an artist and explorer who focuses on the beautiful, vivid and often surreal landscapes of extremely isolated areas. Working entirely from memory, he lends a cohesive sensibility to all his work, independent of when If you haven't already, please "like" the #PortlandParticipates Facebook page. (You will find several other links to social media on that FB page that you can follow as well.)

This effort is for our community, by our community and is not an exclusive effort. So, please feel free to share this information with others whom you think would be interested in improving the process for all of us.

Thank you,

Lisa Whited, Chief Transformation Officer workplace transformation facilitation www.workplacetf.com

David Rosenthal Brooks Range Gallery

Portland High Debate Team Honored by School Board

The Portland Board of Public Education and Interim Superintendent Jeanne Crocker recently recognized Portland High School Debate Team members for their performance in the high school debate state finals. The recognition took place at the board's Feb. 2 meeting.

By adding up the cumulative award points from student participants, Portland High School finished fifth in the entire state in the Debate Category at the Maine Forensic Association (MFA) State Tournament in Lewiston on Jan. 23. Three Portland High students finished fourth in their division: Kate Hungerford, Jake Bosma, and Ryan Lizanecz. Jerzy Sylvester is State Champion for Lincoln-Douglas Debating, winning five consecutive rounds.

The topic for the debaters was: "In the United States, private ownership of handguns ought to be banned." Students had to be prepared to argue the topic from both sides.

"The team is very excited," PHS debate coach Mike Quinn said. "This is the best performance they had all season, and they saved it for the state finals. Amazing, what these kids accomplished!"

Upcoming Event: The Farmer Games Sunday, February 21st!

Join us in celebrating the launch of our new program, **Friends of the Market** with Food, Music, and tons of FUN!

At the main stage -- The Farmer Games -- Watch four local celebrities battle four of our farmers in Market inspired feats of strength, dexterity, and creativity until the last one is standing!

You will also find local food, carnival games, and prizes for the whole family. More details coming soon....

\$5 per person / \$10 per family

*This event is a fundraiser for the market's Low Income Access Program. Thank you for supporting our efforts to make Maine grown and produced foods available to more Mainers!

View and join our Facebook eventpage, and help us spread the word by sharing with your friends! https://www.facebook.com/events/865169440248627/



Sunday, February 21st, 1-4pm at our Winter Market location: 84 Cove Street in Portland

WINTER FARMER'S MARKET!

MEMBERSHIP FORM

563 - Portland Mine 04/04 - 207 AS 0760 - baside aridhar Omen con a var ibasidanci

date

and where he created it.

In this exhibit, Rosenthal presents a collection of work from all the extraordinary places landscape painting has taken him. This includes the polar regions of Alaska and other Arctic areas, as well as austral summers and winters at various locations across Antarctica. His works have been inspired by many places around the world, including Antarctica, Alaska, Greenland, the Southwest United States and the East Coast.

Originally from Waterville, Maine, Rosenthal has been a resident of Alaska for 38 years. Visit David's gallery of work at http://www.antarcticpaintings.com http://mainejewishmuseum.org/art-exhibits/ currentexhibit/

full address:					
home phone:	work phor	cell phone:			
Membership contribution levels is REQUIRED for membership.		I'd like to help with:	my main interests:		
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time is just as important!	ion. investing your	□ Membership	\Box housing		
time is just as important.		□ Neighborhood Watch	□ employment		
□ \$100 – will help sustain comm	unity events	□ Steering Committee	🗆 urban planning		
\Box \$50 - will pay for after-school		□ Adopt-a-block	□ green space		
\Box \$25 - will help publish our net		Event planning	□ diversity / culture		
□ \$5 - will help to publicize events		□ The Baysider	\Box transportation		
	ins	Community Garden	□ crime / safety		
other		Other	🗆 other		

"I choose to be a member of the Bayside Neighborhood Association." signed _

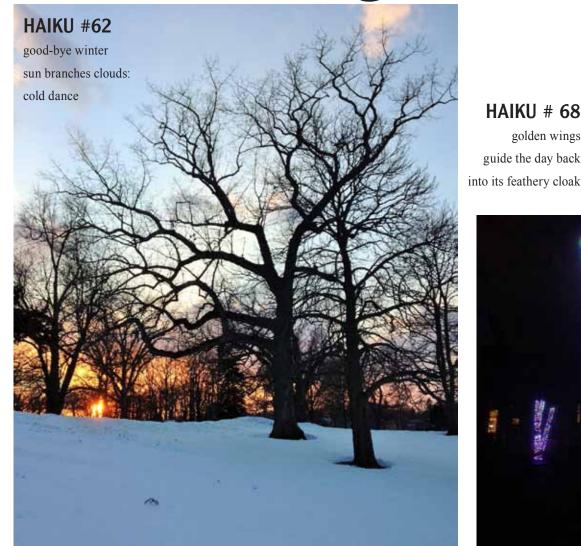
HAIKU # 68

guide the day back

golden wings

WINTER/SPRING EDITION

Season's Songs Haiku by Annie Seikonia





Photos by Annie Sekonia

HAIKU # 70 of winter: tiny lights **HAIKU** #71 embroider the city

the shores of winter are so blue, its heart so white





Baysider of the Year Award

Do you know someone who has been a good neighbor, who has gone out of his or her way to be helpful or to help improve the neighborhood? If you know such a person now is your chance to show your appreciation.

Complete this simple form and submit it to the Bayside Neighborhood Association.

— RULES AND CONDITIONS –

The Nominee and the Nominator must both have been part of the Bayside community for a minimum of two years; the nominator must be over 18.

Entries will be judged by the BNA and winners announced at the next annual meeting

—The deadline for submissions is August 31, 2016—

NOMINEE Information:

Name

Contact Information (email, phone, address)

Your Name (person making the nomination)

Contact Information (email, phone, address)

Mayo Street Arts

HOME EVENTS CLASSES PROGRAMS PUPPET CENTRAL ARTISTS BOOKING ABOUT GIVE



Shoestring Theater: **Alice in Wonderland**

March 4 @ 7 PM - 9 PM

Shoestring Theater is back with their funky, twisted, irreverent and weird adaption of Alice in Wonderland. Performed in two episodes. this original adaption will showcase a variety of puppets including large marionettes, hand puppets, as well as actors and musicians. Come check out what a community puppet theater can do!

Episode One:

Friday, March 4 Saturday, March 5

Episode Two: Friday, March 11

Saturday, March 12 http://www.shoestringtheater.org/

http://maiasnow.com/ http://www.foulmouth.org/

Capacitate // Negate // Infiltrate

Exhibit runs

February 4 – March 21 Fleeting reconfigurations of space and time collide with the analytical whimsy

of painting; color and light collide with the tangible world. A banquet for the senses, featuring paintings by Maia Snow and Hayley Cummings joined by the ambient sounds of Teal Child and Foul Mouth®

Gallery hours Wed-Fri 11am-6pm, by appointment, and during regularly scheduled events. http://www.hayley-cummingsart.com/

TABLE Pop-Up Dinner

Write a brief description of the person's contribution to the Bayside Neighborhood and why you believe s/he deserves this recognition.

Entries may be submitted to the Baysider Newspaper, P.O. Box 11563 Portland 04104

Email: bnaportland@gmail.com, Website: www.baysideportland.org,

BNA MISSION STATEMENT

"The Bayside Neighborhood Association brings members of the Bayside community together. BNA brings conversations about Bayside to Bayside and to the greater community in a way that organizes, informs, and empowers residents, social service and other organizations, local businesses and city representatives to form meaningful and long-term partnerships. BNA preserves and promotes safety, multi-cultural diversity, housing, and carefully planned social, economic, and physical development in this unique urban community."

Friday, February 12 27 Western Ave. Kennebunk. ME

One Night Only, Pop-Up Dinner with the area's best chefs preparing an unforgettable four-course meal



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ILMA JEIL LOPEZ & DAMIAN SANSONETTI Pincele



ARLIN SMITH Eng Tree Hospital



CHRIS & PAIGE GOULD Central Provis

Visit the event website to purchase tickets: www.nokidhungry.org/table wained well go neward heading that Jorne Wallias's that Ceala rule for No Kid Hungry and the Good Shephard Ford Bank's Cashing Marrier program

MIKE WILEY &

ANDREW TAYLOR

Big Tree Hospitality