

# WEEKENDER

<http://altacities.com> ▶ <http://socialcurrentsee.com> ▶ <http://canswerist.com>

**“Today’s Tweets are Tomorrow’s Posts”**

**ALTACITIES**

**“When you change the way you look at things, the things you look at change”**

**ALTACITIES®**, an acronym for "ALTERNATE CITIES" ▶ aka "common interest developments" or homeowner associations (HOAs) ▶

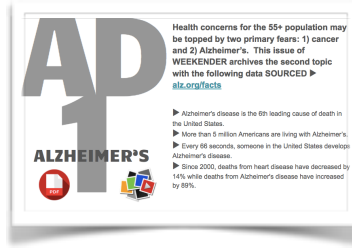
▶ **SLIDESHOW** ▶ **PDF**  
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**#SocialCurrentSee®**

▶ <http://socialcurrentsee.com>

**CIDs ▶ HOAs**

Common interest developments (CID) are also referred to as common interest communities (CIC) and common interest realty associations (CIRA). A CID is not an association. It is a type of development with common areas. An association, whether incorporated or unincorporated, is the entity that manages a CID. A CID consists of housing units, ▶



▶ **SLIDESHOW**

*“Dementia is a general term that refers to a variety of brain disorders. Physical changes in the brain cause dementia. Learn more in this section about dementia, its impact on the brain, and how to keep your brain healthy.”*

**Archived**  
**‘next door’ in**  
**#socialcurrentsee**

**Q&A**

▶ *Why is Alzheimer’s disease so prevalent today?*

[alz.org/facts](http://alz.org/facts)

**‘CANSWER’:** *Alzheimer's Association 2017*

*‘Alzheimer’s Disease Facts and Figures’*

*provides these telling facts* ▶

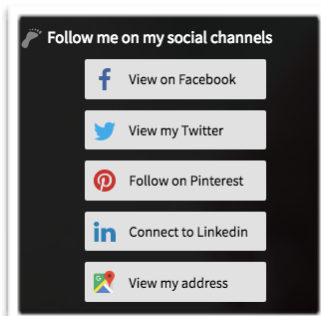
**Health concerns for the 55+ population may be topped by two primary fears: 1) cancer and 2) Alzheimer’s. This issue of WEEKENDER archives the second topic.**

▶ whereas associations have members (homeowners) who elect a board of directors to manage the CID and its residents.



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▶ **Alzheimer's disease is the 6th leading cause of death in the United States.**

▶ **More than 5 million Americans are living with Alzheimer's.**

▶ **Every 66 seconds, someone in the United States develops Alzheimer's disease.**

▶ **Since 2000, deaths from heart disease have decreased by 14% while deaths from Alzheimer's disease have increased by 89%.**

▶ **In 2016 more than 15 million Americans provided an estimated 18.2 billion hours of unpaid care for those with Alzheimer's or other dementias, valued at more than \$230 billion.**

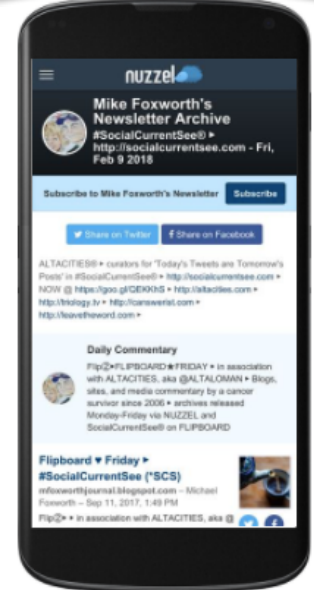
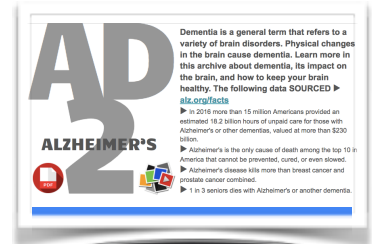
▶ **Alzheimer's is the only cause of death among the top 10 in America that cannot be prevented, cured, or even slowed.**

▶ **Alzheimer's disease kills more than breast cancer and prostate cancer combined.**

▶ **1 in 3 seniors dies with Alzheimer's or another dementia.**

▶ **WEB ▶ TWITTER**  
 ▶ **NUZZEL ▶ SLIDES**

▶ **SLIDESHOW**



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▶ **SLIDESHOW**





▶ [AMAZON eXNG](#)

### “Today’s Tweets are Tomorrow’s Posts”

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the things you look at change”

▶ ① Many cases of dementia are characterized by toxic amyloid plaques and tangles in the brain, most notably Alzheimer's disease. That's why so many experimental Alzheimer's drugs target brain plaques. But researchers at the University of Southern... ▶ [MORE](#)

▶ ② ... a study was carried out by scientists from the Cleveland Clinic Lerner Research Institute in Ohio. The researchers were led by Riqiang Yan, of the Department of Neuroscience at the University of Connecticut School of Medicine in Farmington. ▶ [MORE](#)

▶ ③ To examine the effects of exercise training on cognitive function in individuals at risk of or diagnosed with Alzheimer's disease (AD). PubMed, Scopus, ClinicalTrials.gov, and ProQuest were searched from inception until August 1, 2017. Nineteen... ▶ [MORE](#)

▶ ④ The U.S. Food and Drug Administration said that it's willing to approve Alzheimer's drugs that show an effect on biological signals of the disease instead of clinical ones, a new path that could lead to treatments years before patients show... On topic, [NUZZEL](#) ▶ [MORE](#)



### ▶ [SLIDESHOW](#)



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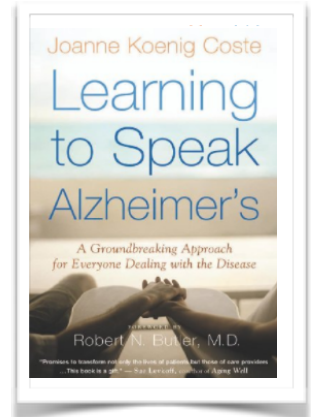


**Now @ Stone  
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# ALZHEIMER'S

More than four million Americans suffer from Alzheimer's, and as many as twenty million have close relatives or friends with the disease. Revolutionizing the way we perceive and live with Alzheimer's, Joanne Koenig Coste ► offers a practical approach to the emotional well-being of both patients and caregivers that emphasizes relating to patients in their own reality. Her accessible and comprehensive method, which she calls habilitation, works to enhance communication between care partners and patients and has proven successful with thousands of people living with dementia. Learning to Speak Alzheimer's also offers hundreds of practical tips, including how to:

- cope with the diagnosis and adjust to the disease's progression
- help the patient talk about the illness
- face the issue of driving
- make meals and bath times as pleasant as possible
- adjust room design for the patient's comfort
- deal with wandering, paranoia, and aggression



Joanne Koenig Coste ►



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**"Enlightenment Now: The Case for Reason, Science, Humanism, and Progress"**

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