



Microneedling with Platelet Riche Plasma (PRP) or Hyaluronic Acid Pre and Post Treatment

Microneedling utilizes a hand-held skin needling device (Eclipse Micropen™) to create multiple, tiny, superficial micro-channel wounds in the skin. Microneedling improves wrinkles, scars, stretch marks, and overall skin appearance by stimulating new collagen formation. Beauty promoting/ age-defying topical skin care products or PRP is also absorbed more effectively. The procedure can be performed on most of the body including the face, neck, décolleté, arms, hands, legs, abdomen, and back. A treatment takes about 15-60 minutes depending on the size of the treated area. Patients notice visible changes to the skin over the course of days and weeks after treatment. It is recommended that 2-3 treatments be spaced 4-5 weeks apart for best results. Treatments spaced out further than 5 weeks take longer to achieve desired results.

Treatment outcomes:

- Helps to build collagen
- Smooths fine lines and may help fill in pitting or areas lacking structure
- Smooths acne scars
- Stimulates growth factors
- Repairs sun damage

PRE-TREATMENT INSTRUCTIONS:

- Avoid Accutane for 6 months prior to treatment
- Avoid retinoid, topical antibiotics, exfoliants, hydroquinone, sunburn, benzoyl peroxide, and ibuprofen for 3 days prior to treatment
- No waxing, depilatory creams or electrolysis, IPL/ laser procedures for 5-7 days prior
- No shaving the day of the procedure
- No peels the week of the treatment
- No herpes simplex or active cold sores, warts in the treatment area, sun burn, inflamed rosacea, or open sores on the day of treatment
- No allergies to salicylates
- Cannot be pregnant when getting treated
- Arrive with no make-up and a clean face with no lotions or creams on treatment area

POST-TREATMENT INSTRUCTIONS:

- Avoid washing the treated area for 24 hours
- If face is treated, do not wash face or use make-up or any creams for 24 hours
- Refrain from being in the sun for the first 24 hours
- After the first 24 hours, you can wash the treated area and use creams, sunscreens, and your normal regimen
- Do not take any anti-inflammatory medications such as ibuprofen, Motrin, or Advil

Patient Name (Print) _____ Patient Signature _____

Date _____