



# Training of Trainers

## International Training Course

16<sup>th</sup> – 22<sup>nd</sup> September 2018, Jablunkov, Czech Republic

**Training of Trainers (ToT) is a 5 days long skills-oriented training course aiming to improve the trainer skills of the participants.**

**IF YOU GO THROUGH THIS TRAINING, YOU WILL BE ABLE TO DESIGN AND IMPLEMENT EDUCATIONAL ACTIVITIES WITHIN THE NON-FORMAL EDUCATION FRAMEWORK.**

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### Specifically, you will:

- understand how to design a good non-formal educational activity including objectives and practice it during training
- be able to reflect the various learning styles and group dynamics of the group while designing and implementing the programme
- be able to give and receive the constructive feedback
- enhance your practical skills:
  - presentation skills - to be able to express yourself clearly in front of the group and to be aware of the non-verbal communication and verbal communication
  - facilitation skills
  - leading learning reflection after activities
- explore your own motivation in being trainers

### WHO CAN APPLY?

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The training is intended for participants, who

- are excited to become more proficient in leading a group at educational activities (planning to become or improve as trainers, facilitators, youth workers);
- have experience of working with groups of participants – ideally have been leaders of voluntary projects (such as workcamps) and can build up on this experience;
- would like to stay active with INEX-SDA and Zavod Voluntariat – e.g. train new workcamp leaders or other volunteers in 2019;
- are at least 18 years old and can participate at the whole training course from the beginning till the end.



## **PRACTICAL INFORMATION:**

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Venue: [Hotel Ameryka](#), Jablunkov, Czech Republic – the house is wheelchair accessible

Dates of the training are 16<sup>th</sup> September to 22<sup>nd</sup> September 2018, specifically:

- 16<sup>th</sup> September - arrivals to the venue will be till 18:30, programme will start with dinner;
  - a minibus will be arranged from Ljubljana to take Slovenian participants to the venue;
  - Czech participants can come by train to Návsí and we will pick them up
- 17<sup>th</sup> – 21<sup>st</sup> September – training
- 22<sup>nd</sup> September - departures from the venue after breakfast

### **Conditions:**

- It is necessary to participate from the beginning of the TC till the end, no late arrivals / early departures.
- There is 20€/500CZK contribution fee from each participant, that has to be paid in advance to the organisers. These fees are refundable after the participation at the whole training course.
- The organizer will arrange the boarding, accommodation, materials, content of the training as well as reimbursement of the travel costs of the participants.

## **HOW TO APPLY:**

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If you want to apply, please, fill in [this questionnaire](#) by 31st July 2018.

You will know by 8th August if you are selected, so you will have enough time to arrange the travel and get ready for the training course. **In case you apply till 25th June, we will make a selection and might let you know till the end of June already!**

## **CONTACTS:**

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**The training is coordinated and hosted by:** INEX-SDA, Czech Republic

**In close cooperation with:** Zavod Voluntariat, Slovenia

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