

Sanctuary for Our Children presents:
Tony Namaste' Tucker Over 20 year Veteran on
Family Empowerment

Foundations of Family Empowerment

1. Everyone gets what they want!
2. Everyone gets to feel Good!
3. Feeling Good is knowing/feeling Creative Source!

A) Personal Testimony:

We are all here as Beloved Children of Creation. Creation States:

1. "I knew you before I formed you in your mother's womb. Before you were born I set you apart and appointed you as My prophet to the nations."
2. Dr. Christiane Northrup tells us, "The birth of a child is the Holiest, most Sacred moment I've ever experienced. I was brought to my knees by it. Conception, Gestation, Labor and Delivery are the physical metaphors for how the Divine comes into physical form. So there really is no more Sacred ritual than human Labor and Delivery."
3. Stanford cellular biologist Dr. Bruce Lipton tells us, "Environment, not genetic code, determines personality. Each fetus is dynamically adapting to its environment. Genetic determinism is actually belief determinism."
4. "Attachment is root of most Mental Illness!"
Hardwired to Connect:
Report to the Nation from The Commission on Children at Risk

What's the Problem?

Dr. Mark Hyman, 3 time NY Times Bestseller, tells us: "The Invisible Epidemic of a Broken Brain affects nearly 1.1 billion people worldwide - 1 in 6 Children and 1 in 2 Seniors. 1 in 4 will be crippled by it during their lifetime."

Let's take a closer look at the epidemic of mental and physical dysfunction once again. It's estimated that 50 million Americans suffer from anxiety disorder and clinical depression. One out of ten Americans is now taking anti-depressants. That's double the percentage since 1996. There is an epidemic of mental health issues arising in our young people. One out of four or 25% are on medication to augment behavior. Asthma, autism and obesity have reached epidemic proportions. There are not enough of us asking "Why?" or saying "No" to the influx of toxic chemicals pervading our air, water and food sources. **We have written 8 Books to ease crisis in American Family. Are you Ready to assist us in sponsorship for our Foundation?**

Aversions to Awakening/ Neuro Inhibitors

1. Toxins in Our Air, Water and Food

- a) **Air we Breathe:** Mercury, Lead, Aluminum contaminates the air we breathe with heavy metals from power plants and industrial factories.
- b) **Water we Drink:** A 2002 U.S. Geological Society study of municipal water supplies found flame retardants (polybrominated diphenyl ethers) plasticizers, pesticides, petroleum and a plethora of prescription drug residuals in our waterways.
- c) **The World Health Organization** reports environmental toxins can cause every chronic disease known to man. Our food supply is contaminated with over 80% of the foods we eat coming from the Agricultural Industrial Complex. These foods contain genetically modified ingredients and are loaded with toxic chemicals and hormones while being depleted of many nutrients.

What's the Solution?

- 1) **Stay away from processed food**
 - a) **high fructose corn syrup and**
 - b) **hydrogenated & all Non-organic vegetable oils**
 - c) **toxic chemicals**

How can I Heal?

Stress may be the biggest offending cause of adverse health.

Remember: **Organic**

- a.) Garlic – Cleans the blood
- b.) Ginger – Increases circulation/reduces inflammation
- c.) Onions – thins the blood

All three boost Immune function, clean the blood and protect us from physical disease and emotional dis-order. These are the Grand Tri-fecta of Nature's immune boosting potential.

- 2. Only Whole, Organic Fruits & Vegetables as close to nature as possible.
Please, now more than ever, **Grow your own!**
- 3. Only Vegan fed, Pasture raised Free Range and free of toxic chemicals meat!
- 4. Whole Fat and Aged milk Products/ **Our Brains Need Fat, especially Omega 3 EFA's!**
- 5. Organic and Raw Seeds, Nuts, Avocados and clean, mercury free, high EFA fish and fish oil.

More Info on Family Empowerment and our return to Personal Health, Financial Wealth and the Organic Constitution. Contact: Tony Namaste' Tucker 970-231-6729