Snap on your wings, feel the wind in your face as you soar hundreds of feet above the ground without turbines or an engine. It's flying, soaring, gliding at its most liberating sense, and most exhilarating form. This is paragliding, the act <u>turkey paragliding</u> of free flight. Know what to expect from this sport and be inspired to feel the real essence of freedom. Here are 9 things you should expect when you undertake paragliding:

- 1. Get to know the gear. It is not just providing you with the equipment; you will also be familiarized with gear component and function. This basic knowledge will be the foundation of the skill and safety training that will commence after.
- 2. It's a weather supported sport. Expect that the recreation company will cancel and reschedule your flight or lesson if weather conditions are not suitable to ride in. Nature's elements are not entirely predictable, that is why experts immerse in thorough weather theory so they can gauge the closest to perfect riding weather condition.
- 3. The lesson plan. The key to a great and successful adventure is to have a better understanding of it. Ground schools, are where you get to learn aviation and weather theories. Training hill flights is where you master the skills of the slopes on gentler and smaller slopes. High flights, is where you perfect the skills of flying in normal paragliding heights, eventually transcend aided flights and going solo.
- 4. Get certified according to your competency. Learning this sport is a step by step process, one learning that will never be too rigid and formal. Be inspired be it ground or off-ground training, by knowing that you'll get certified and licensed for completing each stage. As you progress through each stage in paragliding you get to go higher and farther, giving you more space to roam the skies.
- 5. The freedom of flight. What can be a better way to regain your freedom from the bondage of life than flying? There has never been a feat as desired, and dreamed of as soaring in the air. This is the best sport, one void of noisy engines, long baggage checks and isle seats.
- 6. Common courses offered include day courses, beginner, full pilot license, refresher, cross country and paragliding tours. For a beginner, these will be the common levels that you will go through if you decide

to immerse yourself in this cloud-filled activity. For experienced riders, you can take refresher courses and take off from where you left off.

- 7. Paragliding is available to people 16 years and above, however participants who are 18 and below need to have a consenting party. The physical requirements are at a minimal, and as with any activity that involves flying, good eyesight, a sound mind and body is required.
- 8. Spectacular views. A top view is one of the most popular ways to see things clearly and from a different perspective. See the world unfold right in front of your eyes. Soaring at over 150 feet from the air is enough to give you a perfect sneak at the wonders of nature, city landscape and one perfect horizon.
- 9. A great achievement. The feat of flying has always been man's achievement. Be one of the lucky ones to experience and get the opportunity of attaining this achievement of a lifetime. Paragliding is a way of life and once you experience it, surely you will take every chance and opportunity to ride the peaceful skies again and again.

As fun is determined by preference and threshold, one will not find paragliding difficult to find it in. The easiest, safest and simplest form of flying can be one that will bring immense pleasure, bliss, thrills, and excitement catering to any pleasure requirement.