



Eating Sushi the Right Way: Must-know Dining Etiquette (HS 67)

Did you know?

The sushi rice shouldn't be dipped in soy sauce as it becomes drenched and will start to fall apart.

Fortunately, there are no strict rules or guidelines to follow while eating sushi. But, you need to know a few etiquettes to have a great dining experience and make the staff more attentive and interested in you.

When you're in an authentic **Japanese restaurant in Medford**, you need to have a brief understanding of the types of sushi, condiments, and side dishes to make the most of your sushi experience.

We have gathered a few essential tips and insights on how to eat it properly.

- It's normal to eat sushi using your hands.
- Hold your sushi with your hands and not chopsticks. This way, you don't ruin the perfect shape of the sushi made by your chef. ThSide dishes like ginger and sashimi can be picked up with chopsticks.

- When you reach for the soy sauce, make sure you tilt the sushi fish down to get a hint of the sauce. The rice shouldn't touch the soy sauce.
- To experience the flavor and freshness of the fish used in the sushi, place it face-down on your tongue.
- To add extra wasabi, dip your chopstick in the wasabi sauce to add a little amount on the top of the fish. It's because your chef has already applied wasabi, an extra dab can spoil the taste. Disclaimer: N-e-v-e-r mix wasabi in soy sauce.
- Each sushi on your plate should be eaten in one bite. Splitting it in half is considered to be rude to the chef who took all the pains to make the perfect form of sushi for you! In such a case, ask your chef to prepare the size that suits you.
- It's advisable to eat ginger after gulping down the chunk of fish in your mouth. Ginger acts as a palette cleanser.



You have had the world's best sushi at a **Japanese restaurant in Medford**. It's your turn to appreciate the chef's effort and thank him for introducing you to the best sushi in town. How about buying him a sake as a token of gratitude?

Kanpai!

Yoki Japanese Restaurant & Bar in Medford offers the best-in-town makimono rolled sushi and other variants. Don't hesitate to join us for a pleasurable sushi experience. Hurry in to visit the best Japanese restaurant in Medford!