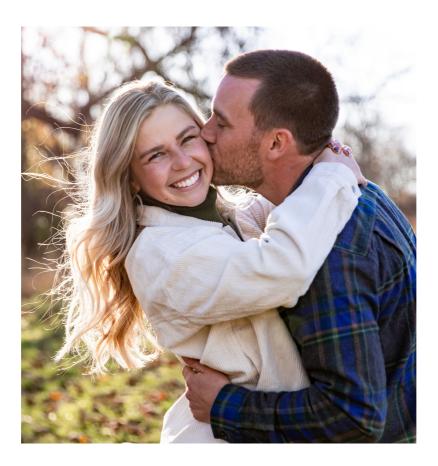
# ENGAGEMENT JOURNAL WORKSHEET



GUIDED QUESTIONS TO BE FULLY PRESENT & PRACTICE GRATITUDE BEFORE MARRIAGE

#### WELCOME!

Thanks so much for downloading my guided journal questions for your engagement!! I'm a huge proponent of journaling to be more present in your day-to-day life.

That becomes even more important during the special yet oh so brief season of engagement!

I recommend setting aside 10 minutes once a week to answer these questions one at a time. Use them as a springboard to deepen your journaling practice as you prepare your heart for the beauty of marriage.

With Love,

Gabriella



#### ENGAGEMENT JOURNAL Q'S

NAME		DATE	
l et's tal	ke a walk down memory lane! Take time to re	live these	moments:
LCC 5 Car	ic a want down memory lane: rake time to re	IIVC TITCSC	moments.
	at was the moment you realized you want r fiancé?	ted to ma	arry
	ive your proposal story like you are givin v-by-play from your POV.	g your Bl	FF a
	at's something sweet your fiancé has don since getting engaged?	e/is doin	g for
	ne two favorite qualities of your fiancé a different memories to back them up.	nd write	down

#### ENGAGEMENT JOURNAL Q'S

NAME		DATE	
Now let	c's dream. How do you picture life with your	fiancé?	
Wha	at are you most excited for in marriage?		
	at is your fiancé most excited for in mar you support that?	riage and	how
	do you plan to express love to your fiant wedding?	ncé leadir	ng up to
	t forward 30 years - in what ways do you tionship will grow after decades of mar		ır



### THANK YOU!

I hope you found this worksheet helpful for being fully present & focusing on gratitude during your season of engagement ... I'd love to hear about it!

Come tell me on IG!!

XOXO,

## Gabriella

- © @gabriellamarieaudi
- gabriellamariephotography.com
- hello@gabriellamariephotography.com



© 2023 GMP Services LLC