

New Jersey has a large population of people who abuse drugs and other substances, including alcohol and prescription medication. Alcohol and opioid addiction are the primary concerns in the state. In fact, the statistics for overdose from the drug heroin alone is three times more than the national average in the U.S. Since 2004 there have been more than 14,000 deaths from drug overdose that have been reported.

Further Reading: [drug and alcohol treatment centers in NJ](#)

As scary as this may seem, New Jersey has taken some initiative and opened many great treatment programs in the area. In 2015 approximately 70,000 patients were admitted into drug treatment facilities and in 2016 over 76,000 were admitted. These statistics do show a significant number of individuals looking for help with their addiction, but it also demonstrates substance abuse is increasing in New Jersey.

The first steps on the path to rehabilitation are always going to be admitting a problem is present before seeking treatment and acknowledging help is needed. As of right now, there are more than 1,000 treatment centers in the New Jersey area with a wide array of treatment options. Whether you decide to choose a fully state-funded facility, a semi-funded facility or a private facility in NJ, there are so many options that help meet the individual requirements of a person suffering from substance abuse.

A troubling concern that is seen in people with drug abuse issues has to do with not seeking treatment. Many insurance carriers will pay for a short stay and/or treatment at one of the covered facilities. Or, clinics might offer payment plans or financing to help individuals who cannot afford to directly pay for the expenses that are involved.

An alternative option is going through nonprofit establishments that offer treatment at little or no cost. Another good option that is available to individuals would be state funded treatment centers as they can help with the costs and provide effective treatment plans over a shorter period. Yet another way of securing financing for treatment center recovery can be certain government grants.

For those ready to take the next step, it's important to find the best drug rehab facility in the heart of New Jersey. There are different rehabilitation centers and clinics that provide different treatment plans. The best thing a person can do is take the time to look into each facility and see what their treatment programs are all about.

The length of a stay is a big determining factor. There are varying options available to people with some stating there's a "28 day" recovery schedule while others go with a more customized setup based on the patient's needs. You should find out about the amenities, other activities, and additional care offered by the potential center before choosing the right one for you. Be sure to research the facility's staff - their expertise and credentials in addition to the staff to patient ratio.

The center should offer care and support after the treatment. On the other hand, the center should assist the patient to re-integrate into society after the treatment. This will help provide a lesser chance of relapse.

Look at top resources from Rehab Hotline, Narcotic Anonymous, NJ Connect, and others to learn more about appropriate treatment options in New Jersey.