

Effective Summer Care Tips for Your ESAs

Summers are the best time for the owners to enjoy their ESAs. ESAs usually feel energetic and playful around this time of the year. But as you are enjoying time with your [emotional support animal letter](#), you have to be careful of multiple things. Here we are listing a few important and effective tips for your emotional support animals.

- **Keep them hydrated**

The most important thing during summers is to keep your [esa letter](#) hydrated. Provide them a clean water bowl with fresh water. You can add ice cubes in it too. Ice cubes will keep the water cool for a long.

- **Frozen treats**

On a hot summer day, a cold and delicious treat will make your ESA's day! The easiest thing to do is to freeze some berries or fruits. Many ESAs love frozen yogurt too. Not only it helps them cool and [how to get an esa letter](#), but it also keeps them healthy.

- **Use sunscreen**

Many animals get sunburns and rashes in summers. If your [esa dog letter](#) does not have much hair, use sunscreen to protect it from the harmful intense sunlight. There are many pet-friendly sunscreens available. If that seems an expensive option or your ESA is allergic, rub Aloe Vera on the irritated skin.

- **Ensure ventilation**

Inside your house, make sure that there is sufficient ventilation for the ESA. Some housing societies do not allow dogs to be kept inside the house or apartment. If you own an ESA dog, you can ask your mental health professional for an emotional support dog letter. In this way, housing society security will let you keep the dog inside the house. Keep your windows open for fresh air and shades to protect your house against intense heat.

- **Buy a kid's pool**

You can take your ESA to a local swimming pool or beach. By swimming in cool water, they will feel refreshed. If you cannot take them to the pool or beach due to your busy schedule, you can buy them a

kid's pool. Buy a pool with hard plastic so it doesn't get pierced with the sharp nails of your [esa letter requirements](#). Place it on the roof or backyard. Make sure you clean and dry it afterwards too.

- **Avoid leaving your ESA in a car**

Don't keep your ESA inside a car even with open windows. In summers the car heats up quickly and the temperature inside increases significantly. There is a huge chance that your ESA will suffer from heatstroke. So either leave them at home or take them with you.

- **Buy your ESAs shoes**

Some animals require more help than others. The road contains asphalt which becomes hot quickly. Due to which, it becomes unbearable to walk barefoot on the road. You can buy boots or shoes for your ESA from any pet store.

- **Keep them away from the barbecue**

In the summertime, several parties are hosted and barbecues are a must. But at this time, make sure that your ESA doesn't chew on the food scraps that are high in fats. As they can be hazardous for the health of your ESA.

- **Time for a trim**

If your ESA like a cat or dog has thick or long hair, make sure you give them a haircut once in a while. ESAs with black fur suffer from heat even more. You can buy grooming tools to give your ESA haircut or you can take them to a professional.

Make sure that you keep your ESA calm as many festivals and events with fireworks take place during summers. Many animals are afraid of loud noises. If you plan to take a trip then prepare a bag of items your ESA might need. You can keep a travel-size sunscreen for pets or their grooming tools.

Residents of Louisiana, Maryland, Kansas, Arkansas, Wisconsin, Maine, Vermont, Iowa, Minnesota, and Idaho can now access emotional support and mental health evaluations from RealEsaLetter.com. This online platform provides individuals with the support they need to improve their emotional and mental well-being, including ESA letters that allow individuals to bring their emotional support animals with them to no-pet housing, on airplanes, and other public places.

RealEsaLetter.com offers numerous benefits to individuals in these states, including improved emotional and mental well-being. For those struggling with a mental health condition, such as anxiety or depression, the presence of an emotional support animal can provide comfort and support during difficult times. In addition, the presence of an emotional support animal can have a positive impact on physical health, including reducing blood pressure and increasing feelings of happiness and relaxation.

At RealEsaLetter.com, our goal is to provide individuals with the support they need to improve their emotional and mental well-being. Our mental health evaluations are conducted by licensed professionals, ensuring that individuals receive the most appropriate form of support for their needs. If you're looking for

an ESA letter, consider getting started with RealEsaLetter.com today. Our ESA letters are recognized by airlines, housing providers, and other organizations, providing you with the benefits of having an emotional support animal wherever you go.

Useful Resources::

[Emotional Support Animal vs Service Animal - Basic Differences](#)

[How to spot a fake ESA letter: a beginner's guide](#)

[Facts about the Validity of an ESA Letter](#)

[Basic Requirements Of An ESA Dog: Standard Guideline](#)