

2023 Tennessee State INDIVIDUAL and TEAM Time Trial Championship

AUGUST 12, 2023

HUNTINGDON, TN

Presented by Marx-Bensdorf | BPC Cycling Team

Located in northwest Tennessee, the out-and-back course with start near the Huntingdon Court Square and is a perfect mix of spiky rollers and fast flats!



TENNESSEE
BICYCLE RACING
ASSOCIATION

PRE-REGISTRATION ONLY!!!!

www.bikereg.com/
[tennessee-state-time-trial-
championship](http://tennessee-state-time-trial-championship)

PRE-REGISTRATION CLOSING
WEDNESDAY, AUGUST 9, 2023
AT 12 PM CST

First rider goes off
at 8:00 AM CST

Start list will be posted
Friday evening

START LINE / PARKING
Near Huntingdon Court Square
191 Court Square
Huntingdon, TN 38344

2023 UPDATE!
Women's Masters
35+, 45+, 50+ and 60+
are eligible for state
jerseys!

CATEGORY	DISTANCE	START INTERVAL	ENTRY FEE	PRIZES
Junior 9-14	10 km	30 sec	\$25	Medals / 3 deep
Junior 15-18	20 km	30 sec	\$25	Medals / 3 deep
Merckx - Men	20 km	30 sec	\$45	Medals / 3 deep
Merckx - Women	20 km	30 sec	\$45	Medals / 3 deep
Masters Men 60+	20 km	30 sec	\$45	Medals / 3 deep
Masters Women 60+	20 km	30 sec	\$45	Medals / 3 deep
Para Women Open	20 km	30 sec	\$45	Medals / Prizes
Para Men Open	20 km	30 sec	\$45	Medals / Prizes
Tandem - 3 Divisions** 2 Men, 2 Mixed, 2 Women	40km	2 min	\$75	Medals / 3 deep
3-Person Team* Women	40km	2 min	\$90	Bragging Rights
3-Person Team*Men	40km	2 min	\$90	Bragging Rights
Merckx Women	40km	30 sec	\$45	Medals / 3 deep
Merckx Men	40km	30 sec	\$45	Medals / 3 deep
Para Women Open	40km	30 sec	\$45	Medals / Prizes
Para Men Open	40km	30 sec	\$45	Medals / Prizes
Master Women 35-59	40km	30 sec	\$45	Medals / 3 deep
Masters Men 35-59	40km	30 sec	\$45	Medals / 3 deep
Elite Women Cat 1-5	40km	30 sec	\$45	Medals / 3 deep
Elite Men Cat 1-5	40km	30 sec	\$45	Medals / 3 deep

Entry fee includes \$5.30 for USAC insurance surcharge per rider

* Road Bikes only for Team Time Trial.

The following are NOT allowed for Team Time Trial: bar extensions, disc wheels, TT/aero helmets, spoke covers.

There will be no state championship title or jersey for Team Time Trial - just bragging rights! One person must register for entire team.

** One person must register for the Tandem Team.

RACE ROUTES:

40km: <https://ridewithgps.com/routes/40191304>

20km: <https://ridewithgps.com/routes/40233896>

10km: <https://ridewithgps.com/routes/40403122>



USA Cycling Permit #7672

RACE DIRECTOR: PAM TATE
tatepam@att.net
901-240-4407

MARX-BENSDORF
CYCLING
TEAM



2023 Tennessee State INDIVIDUAL and TEAM Time Trial Championship

RACE ROUTE

The start line will be at the Huntingdon Court Square located at 191 Court Square, Huntingdon, TN 38344 and will be a 100% out-and-back on Hwy TN22 with no turns. This is a 4 lane highway with very little traffic. We will have police help at the turnarounds and many volunteers at the major interesting roads but every racer should race with their head up at all times! Rule of the road still always apply.

Visit this link for the official 40k route - <https://ridewithgps.com/routes/40191304>

Visit this link for the official 20k route - <https://ridewithgps.com/routes/40233896>

Visit this link for the official 10k route - <https://ridewithgps.com/routes/40403122>

The course will be marked in paint on the road at 20k and 40k; markings are on right side of shoulder.

AWARDS

Championship jerseys will be awarded on-site. Note: TBRA does not provide state jerseys but they are available to purchase.

To qualify for state medals you must be a Tennessee resident, and a US Citizen or permanent resident alien, holding an annual USAC license. One-day license holders and out-of-state riders are welcome to race but not eligible for state medals or jerseys.

Junior categories awarded for both male and female of each age group: 9-12, 13/14, 15/16, 17/18. Only categories of the TBRA Road Series will be recognized with a state TT jersey. Masters men will earn TBRA Road Series points in the category for which they register, unless they state PRIOR to the event which Masters category they wish for their points to count towards, ie 35/45 or 50/60. The 20k events are not eligible for state jerseys.

MERCKX CATEGORY – RULES

This is the opportunity to race without aid from aero equipment. There are two distance options – 20k and 40k. Riders are free to choose the distance they want to compete. Results will be split for each distance, male and female. Only mass-start legal bicycles and equipment allowed. The following items are NOT allowed: bar extensions, disc wheels, aero helmets, spoke covers, or skin suits. Deep dish wheels are allowed. Visit USAC rule 1M to learn more about massed-start bicycles.

3-PERSON TEAM - RULES

Road Bikes only. The following items are NOT allowed: skin suits, bar extensions, disc wheels, aero helmets or spoke covers.

Doppio kits and deep dish wheels are allowed. All 3 riders must finish. The timer will stop once the last rider crosses the finish line. No state championship title or jersey - just bragging rights! One person must register for entire team.

REGISTRATION & RACE DAY NUMBER PICK UP - PARKING

Everyone must pre-register on-line at USA Cycling. The entry fee is \$45 plus a processing fee. The on-line registration deadline is Friday, August 9, 2023 at 12 PM CST.

Start lists will be posted on the TBRA website at <http://www.tbra.org> and posted to Facebook and Twitter.

No entries will be accepted after on-line registration closes – NO EXCEPTIONS. There will be NO day-of registrations and no changing of categories once registered.

Race number pick up and waiver signing for the TT begins at 6:30 AM Saturday morning at the Huntingdon Court Square.

Race number to be worn on the RIGHT SIDE and in the middle lower back of the jersey or skin suit.

Only juniors and their parents are required to sign a waiver on-site. One-day licenses will be available on-line only with pre-registration. Entry fee includes \$5.30 for USAC insurance surcharge per rider.

Please be respectful of Court Square and the surrounding community. Pick up all trash, use the bathrooms NOT the bushes!

Race nice, be nice!

TIME TRIAL RULES – OTHER NOTES

Please read the USA Cycling rulebook, section 3E regarding time trials. There is no drafting, pacing, or support vehicles allowed. A neutral vehicle will be on course to pick up riders who suffer a flat, mechanical or any other incident while out on course. If you are a DNF then please check in with officials at the finish line prior to leaving.

The start list will go in order listed on the flyer. We will strive to separate teammates from starting in succession, but it is not always avoidable. We will do our best to accommodate special start time requests, but you must petition the promoter prior to the event. We will not guarantee your request will be accommodated.

Do not warm up on the time trial course once the race has officially started at 8:00 AM. Please do not park vehicles near the start or finish lines.

QUESTIONS & CONTACT INFO

Race Director - Pam Tate

Email: tatepam@att.net

Phone: 901-240-4407