



e a s e

S P A



GRANDS  SUITES
HOTEL RESIDENCES & SPA

 ease
SPA

PHYTOMER


ABOUT

Ease Spa promotes a unique and wonderful environment for relaxing and pampering purposes by offering luxury facilities which include a heated internal pool, sauna and steam room.

We provide a globally modern and ancient knowledge of well-being and the return to natural methods of rehabilitation and health through its unique signature holistic therapies.

Our mission is to apply all health and preventive care specialties in a holistic wellness concept and offer our guests premium and personalized treatments.

Welcome to the healing temple of Ease spa

FACILITIES ENTRANCE

Grands Suites "Ease" Spa signature journey offers a beautiful and calming environment which includes:

- Heated internal pool (29c)
- Steam room with 100% humidity for detoxification
- Dry Finnish sauna on 100c for muscle relaxing
- Relaxing area
- Fitness Center

“ Feel the absolute rejuvenation through this unique experience ”

Operation hours:

Spa Facilities 9am-9pm
Spa Services 9am-7pm
Fitness Center 24/7

Use of the facilities:

25€ per person / 2 hours
Ask for monthly membership
Booking required



BEAUTY TREATMENTS

Grands Suites "Ease" Spa and "Phytomer" invite you into a magical escape to the attractive world of beauty, wellness and serenity.

You and your loved ones can enjoy an unforgettable sensory experience and an incomparable beauty result with the signature of the International Cosmetology Research Center of the French company "Phytomer".

Our specialized therapists will guide you through our list of treatments and will suggest the appropriate treatment for your personal needs.

The "beauty boutique" of Ease Spa by "Phytomer" and our aesthetic beauty consultants are always at your disposal to suggest the continuation of your treatment in your personal space.

“ Because we know how to make the beautiful world more beautiful. ”

PHYTOMER




FACE CARE

The key steps of the PHYTOMER face include exfoliation, deep skin cleansing, customized serum, facial massage and targeted mask. The products feature professional-quality performance, with special textures and concentrations optimized by marine active ingredients.

PHYTOMER facial creams are both effective and enjoyable to use, restoring skin to its natural health and beauty. Discover our facial services and indulge your skin in all the benefits of the sea.



CLEANSING TREATMENTS

Clear Skin Express

Skin Cleansing Treatment

A warming, absorbent marine face mask is followed by a custom facial mask to clear pores for skin that's cleansed and a complexion that's refreshed.

30' / 50€

Deep Cleansing & Detox

Complete cleansing procedure

Facial deep cleansing with the use of the steam, opens up your pores and softens blackheads, making them easier to remove. A special detox treatment with the care of the blue cosmetics for every type of skin. An enzymic Peeling for exfoliation and a moisturizing - soothing mask keeps your skin looking radiant and healthy.

75'-90' / 90€

HYDRATATION TREATMENTS

Hydra Blue Original Treatment

Detox and Plumping Moisturizing

This facial pairs high-performance organic marine active ingredients with a relaxing facial massage. It whisks us away to the seaside, thanks to its unique textures. The skin is plumped, revitalized and more luminous than ever.

60' / 75€

City Life "Sorbet Care"

Anti-Pollution Skin Freshness

A fresh breeze blows through the spa, depolluting the skin of city-dwelling women with the effect of a vacation by the sea. The skin is intensely hydrated, signs of fatigue are erased, the complexion is more even and the skin regains its freshness.

60' / 75€





Douceur Marine

Comforting Soothing Treatment

This cocoon treatment softens the skin and improves its defense for a soothed and ideally hydrated epidermis, producing a radiant complexion. Truly gentle and comforting, this treatment acts to smooth the complexion with the localized application of a fresh, melting bi-gel and a rich, creamy mask which, after several minutes on the face, is softly massaged in to make the moment even more enjoyable.

60' / 75€

ANTI-AGEING TREATMENTS

Oligoforce Lumination Treatment for Complexion – Dark Spots – Wrinkles

An ultra-comprehensive anti-aging treatment that brightens skin tone, reduces dark spots, and smooths away wrinkles. The perfect pairing of a 20% acid facial peel and a soothing sheet mask that's riche in OLIGOMER® to bathe the skin in radiance.

60' / 90€

Extended Youth

High performance Anti-ageing treatment

Thanks to three high-performing professional products and a unique procedure which optimizes the effectiveness of their ingredients, this treatment works in 3 phases:

- it resurfaces the skin using a specifically formulated massage wax,
- it restructures facial skin by combining the use of specifically concentrated ingredients with a high-tech smoothing, firming mask.

60' / 90€





PHYTOMER

Pionniere "XMF"

Youth Revealing Treatment
Face | Lips | Decolte'

With its two new professional masks and its unique resurfacing lotion, this treatment reaches the height of biotechnological performance and restores the skin's youthfulness, softness and luminosity. The specific face massage completes the action of the products and heightens relaxation. The skin is smoother and firmer. It glows with new radiance.

75' / 120€

SPECIAL TREATMENTS

Eye & Lip Contour Treatment

Radiance Smoothing Eye Treatment

Incorporated into the facial treatment of your choice, this expert eye contour treatment combines targeted effectiveness and total relaxation. It combines a revitalizing massage dedicated to the eye contour area with sensory products for immediate visible results.

25' / 45€

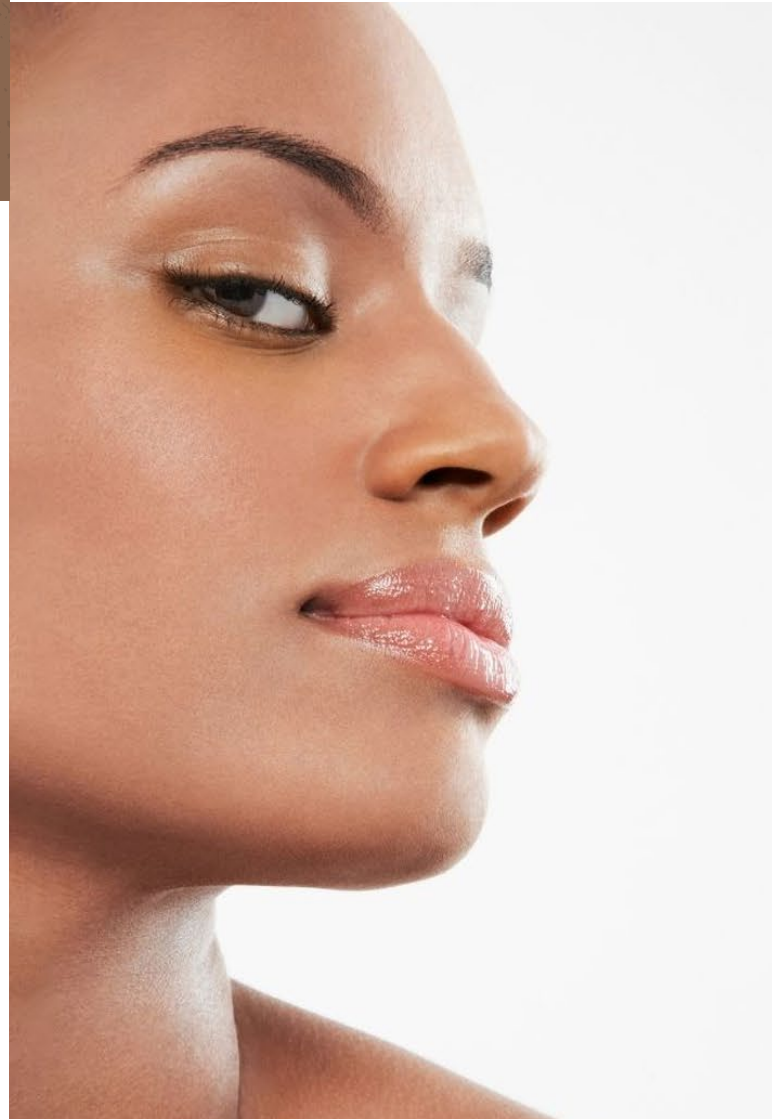
Cyfolia Organic

Radiance Plumping Treatment

Face & Eye Contour

This exquisite treatment includes a soothing massage and results-driven organic products to leave the face and eye contour glowing and moisturized. The perfect combination of organic products and wellness ritual.

60' / 90€





Acni Pur Treatment

Blemish Solution Treatment

It combines two specific highly effective products for perfect extraction. The first is an exfoliator that cleanses the pores in-depth and facilitates the extraction of comedones. The second is a serum that is applied after the extraction of comedones to soothe and calm the skin. It also provides a long-lasting matte effect.

60' / 90€



MEN'S TREATMENTS

Purifying for Men

Blemish Solution Treatment

An end to blemishes with this zero-flaw treatment for healthier, clearer skin and an immediate fresh complexion feeling. A light cream with a non-oily finish and a powerful AHA and vegetal acids cocktail to cleanse deep pores and facilitate blackhead extraction.

50' / 75€

Soothing for Men

Comforting Soothing Treatment

A pampering break to soothe skin irritated by shaving. A powder mask that transforms into a ultra-soft cream for an intensive calming and comforting session, with an additional protection against external factors. Added bonus: diminished redness and a perfectly nourished and strengthened skin day.

60' / 75€

Men's hydration

Plumping Moisturizing Treatment

A moisturizing infusion to regain comfortable and refreshed skin. The right balance between moisturizing, nourishing and remineralizing ingredients to offer the skin an unforgettable modelling massage session.

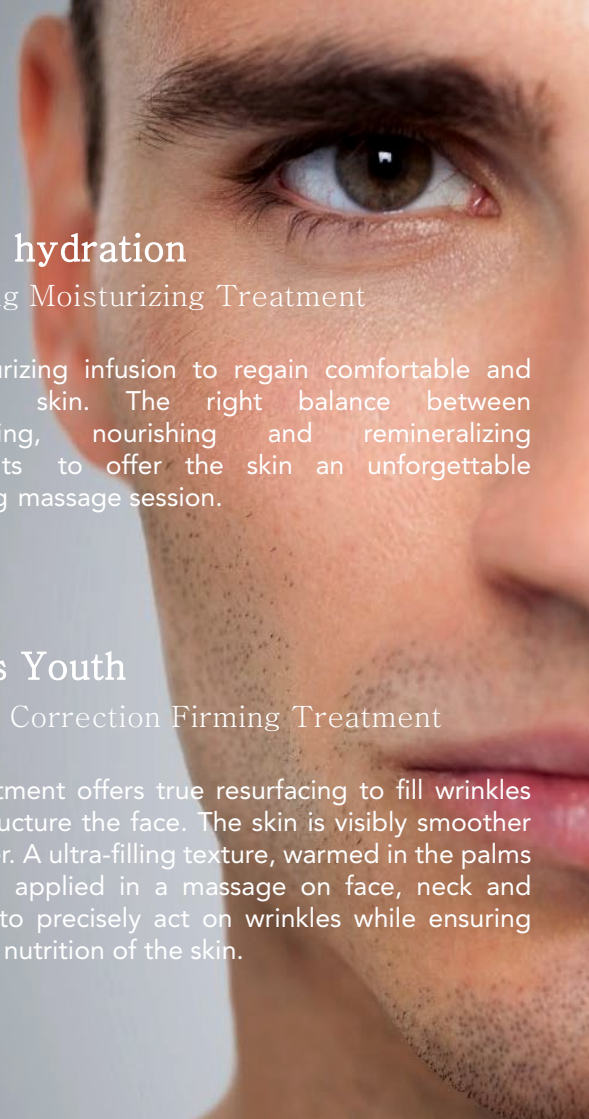
60' / 75€

Men's Youth

Wrinkle Correction Firming Treatment

This treatment offers true resurfacing to fill wrinkles and restructure the face. The skin is visibly smoother and firmer. A ultra-filling texture, warmed in the palms and then applied in a massage on face, neck and neckline to precisely act on wrinkles while ensuring optimum nutrition of the skin.

60' / 85€



RECOMMENDATIONS & OFFERS

Choose your Beauty Treatment and add:

EYE & LIP CONTOUR TREATMENT only for 30€

BUST & DECOLLETE BEAUTIFYING TREATMENT only for 40€

LEG REVIVAL only for 35€

BODY WRAP only for 30€

FOCUS MASSAGE only for 25€

Special Offers:

Book 3 Facials
and get a complimentary treatment of your choice

* Course should be paid in advance.

** The cost of the gift comes from the average prices of previous treatments.

BODY TREATMENTS

PHYTOMER



From body exfoliation to wraps, hydrating, body sculpting and targeted slimming or detox treatments, PHYTOMER offers a broad range of solutions to beautify the body.

The efficacy of the protocols, in terms of slimming results or skin quality, is rooted in particular on the use of high-performance marine products with patented active ingredients.

At "Ease" spa we are passionate about our work, and this means that we want our services to be efficient and our guests to be happy with the result.

Following this, we have created a unique combination of slimming products and services in order to achieve our goals.

All those interested in slimming treatments will give a personal history and will be monitored throughout the course of the treatments.

We will advise them on issues of diet & exercise as well as on the ideal treatments that they should perform based on their needs. Your result is our advertisement.

CONTOURING - SLIMMING TREATMENTS

P5 Sea Force Slimming & Toning

Massage & Wrap with Algae Jam

An ideal whole body slimming treatment, which combines a tonic massage and an original algae wrap, to refine curves, reshape and tone the silhouette. The proof is in the results after a course of 4 sessions: - 11%* less belly fat and - 8%* less thigh fat.

60' / 75€

Sculpt Zone

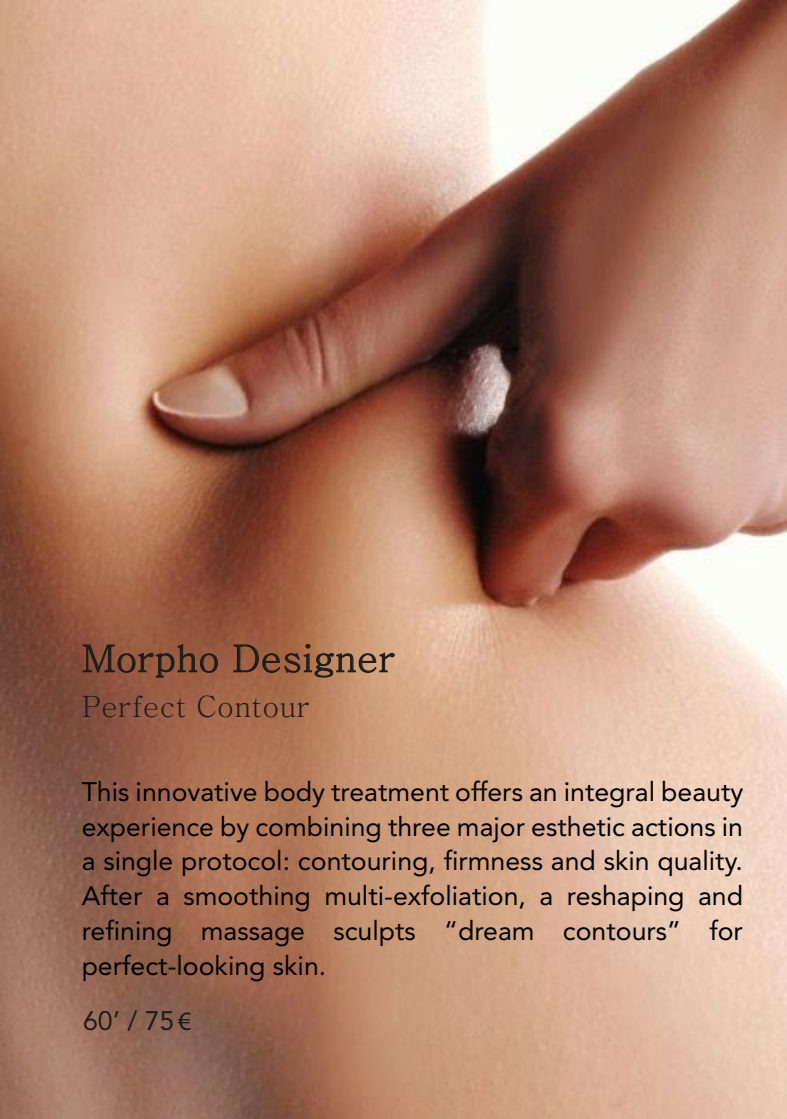
Target Treatment

for Abs-Buttocks-Thighs

An intensive localized treatment on the abdomen, buttocks and thighs to beat excess fat and cellulite in record time. With either an express treatment or intensive program, you get radical slimming results: trimmer curves, reduced cellulite, loss of inches.

60' / 75€





Morpho Designer

Perfect Contour

This innovative body treatment offers an integral beauty experience by combining three major esthetic actions in a single protocol: contouring, firmness and skin quality. After a smoothing multi-exfoliation, a reshaping and refining massage sculpts "dream contours" for perfect-looking skin.

60' / 75€

Body Firming

Wrap and Firming Massage

A refreshing gel is generously applied to the whole body before it is wrapped to assist with the diffusion of marine ingredients. A total body massage provides a pleasant, refreshing finale to this experience.

50' / 65€

OLIGOMER® Silhouette

Refining Remodeling Marine
Body Treatment

An alternative to the localized action of the Sculpt Zone Treatment, it delivers its contouring, firming and smoothing benefits to the entire body. The result: this treatment redefines the figure in just 5 treatments: Waist circumference: -1cm*, Hip circumference: -2cm**.

75' / 90€

BEAUTY ESSENTIALS TREATMENTS

Detoxifying or Invigorating Marine

Body Wrap and Massage

This treatment is based on the renowned esthetical technique of heat wrapping. Gentle exfoliation using a marine sponge at the start of the treatment stimulates the epidermis. The selected marine wrap is then applied to the whole body and is activated by a gentle warmth diffused by a heated blanket. A total body massage at the end of the "cocoon" treatment leaves you beautifully relaxed and rehydrated.

60' / 75€

Shimmer Satin Treatment

Salt Crystal Exfoliation

Exfoliation with salt crystals combined with a moisturizing massage for an express beautifying treatment that leaves the skin soft and silky.

40' / 60€

Champagne of the Seas

Remineralizing Relaxing Heating
Mud Treatment

The back muscles can become knotted with tension. In order to unpick these knots, this treatment combines deep cleansing using detoxifying marine products with a super-relaxing back and scalp massage.

50' / 65€



Bust & Decollete'

Beautifying Treatment

A toning, moisturizing, antiaging and restoring care for the sensitive bust and décolleté area. After a gentle exfoliation, a very active wrap in gel form is applied and continues with specialized massage that tones skin tissue, firms the skin and combats slackening. Renew and highlight the beauty of your décolleté.

40' / 60€

Leg Revival

Leg Soothing Treatment

A targeted treatment to comfort and relieve tired legs, as well as help restore their appearance. Following exfoliation, this treatment is based on a technique of wrapping the legs in a refreshing gel which stimulates elimination before carrying out a draining massage to bring a sensation of lightness and relief.

35' / 55€



OLIGOMER® Pure Invigorating

Balneo Treatment

The art of modern thalassotherapy in a Jacuzzi filled with marine ingredients, followed by a complete massage to remineralize the body. Immersed in a tub rich in marine ingredients, you can lie back and let them go to work on remineralizing your body. The hydro-massage jets will ensure even more effective results. A complete body massage gently concludes this enjoyable aquatic experience.

60' / 75€

RECOMMENDATION & OFFERS

Choose your Body Treatment and add:

BUST & DECOLLETE BEAUTIFYING TREATMENT only for 40€

CLEAR SKIN EXPRESS only for 35€

SCALP & FACE MASSAGE only for 25€

Special Offers:

Book 3 Body Treatments
and get a complimentary of your choice

* Course should be paid in advance.

** The cost of the gift comes from the average
prices of previous treatments.

MASSAGE COLLECTION

Experience the uniqueness of global modern & signature ancient massages based on rescued texts of Greeks & Egyptians.

Select amongst our different categories of massages according to your needs, from relaxation & energy boosting, to renewal & rehabilitation.

Allow our experienced personnel to guide in your final choice.

All massages are applied with a high-quality mixed almond & olive oil for a deep hydration and anti-ageing effects.



MESSAGE COLLECTION

Californian

Very Soft

A massage for the senses followed by long, fluid, and smooth simultaneously movements all over the body, provide deep physical and psychological relaxation. Can also be executed by two therapists, knowing as "Four hands Massage".

50' - 65 € / 70' - 80 € / 90' - 90 €

Pregnancy

Very Soft/Medium

A soft pressure massage with a specific technique to aid and comfort pregnant women with back pain and heavy legs. This treatment focuses on the special needs of the mother-to-be as her body goes through the dramatic changes of pregnancy.

50' - 65 € / 70' - 80 € / 90' - 90 €

Harmonia Balancing

Soft/Medium

A Soft-Medium pressure anti-stress technics aimed at detoxifying the muscles, activating blood circulation and relaxing the body and mind. With Harmonia balancing massage release tension, restore circulation, reducing pain, joint stiffness and improving function.

50' - 65 € / 70' - 80 € / 90' - 90 €



Ancient Egyptian

Medium

Inspired by ancient texts and epigraphs, this medium pressure massage is combined with reflexology for a total experience. In ancient times, it was a ritual reserved only for the Egyptian Royals to create a feeling of total relaxation and contentment.

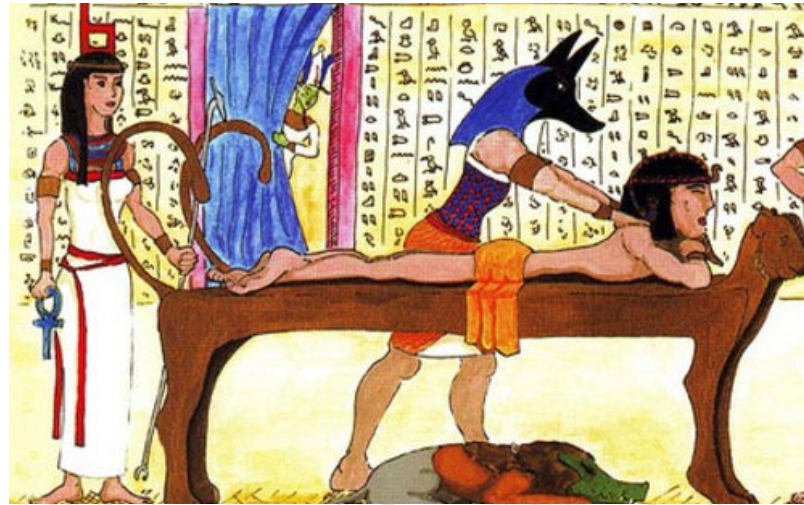
50' - 70 € / 70' - 90 € / 90' - 100 €

Indian Invigorating & Tonic

Medium

A revitalizing body massage designed to activate blood and lymphatic circulation including specific "heating" movements for energy recharge. Its invigorating effect will give you back the tone and will instantly remove all the fatigue accumulated on your daily basis. Enjoy the Indian philosophy of a tonifying massage.

50' - 70 € / 70' - 90 € / 90' - 100 €



EASE World Signature

Medium/Deep

A unique combination of different techniques of body massages including Ancient Greek, Ancient Egyptian, Indian, Harmonia and reflexology. A massage for connoisseurs, provides techniques from all over the world to succeed the most effective benefits to your body. Suggested for experienced people but it can also be ideal for non-experienced by asking only medium pressures techniques in order to feel all these different and unique manipulations.

50' - 80 € / 70' - 100 € / 90' - 120 €

MASSAGE COLLECTION

Focus Massage

Medium/Deep

A short session massage, focusing on body parts with accumulated tensions like: head & shoulders, face & scalp, back or feet massage. Is great for those who have limited time or hold all their stress in these specific areas.

20' - 35 € / 40 €

Foot Reflexology

Deep

Specific foot massage technique, using acupressure to release the energy flow in the body by pressing or working on one of these points the corresponding organ is affected. Reduces stress and induces deep relaxation, improves nerve functioning and blood supply throughout the body, eases headaches and migraines and revitalizes energy by relaxing and opening up energy pathways.

20' / 40€

Ancient Greek

Deep

Based on saved text of Hippocrates this traditional therapeutic massage provides unique deep pressure manipulations which were applied in wrestling schools in ancient Greece, in gyms by "pedotrives" (therapists in ancient Greek Olympic games) and to patients in "Asklipia" that operated as healing centers. A signature deep massage is appealed to anyone who desires to revitalize body and soul, to be lightened and to give himself a journey back to ancient Greece.

50' - 80 € / 70' - 100€ / 90' - 120€



Therapeutic Session

This highly specialized treatment is ideally for guests who have myoskeletal issues and chronic pains and want to feel an unprecedented relaxation and pain release through globally modern and ancient methods of rehabilitation, in combination with massage. Before treatment, it's necessary to complete a personal health questionnaire. This therapeutic session provides unique mixed of various categories specialties & techniques such as Physio therapeutic, manual and massage manipulations by providing a holistic approach on chronic issues with impressive and direct results.

60' / 90€

VIP Massage

Soft/Medium/Deep

Provided only by our Spa manager who is trainer and a highly experienced masseur for over 16 years; educated on more than 24 different global modern and ancient massage techniques. This VIP massage offer the most unforgettable experience of body and mind senses. This treatment follows an individual protocol based on guest's needs and preferences. Ideal treatment for experienced guests who want to feel something unique and unforgettable.

70' - 190 € / 90' - 220 €



RECOMMENDATION & OFFERS

Choose your Massage Treatment and add:

BODY SCRUB only for 40€

BODY WRAP only for 30€

CLEAN FACIAL SKIN EXPRESS only for 35€

HYDRO BATH JACUZZI RITUAL only for 30€

Special Offers:

Book 3 Massages
and get a complimentary of your choice

* Course should be paid in advance.

** The cost of the gift comes from the average prices of previous treatments.

NATURAL ANCIENT SIGNATURE TREATMENTS

Ease Spa invites you to discover natural blessings in terms of herbs, yoghurt, honey and olive oil, in personalized treatments full of ceremony and enjoyment. (Not suitable for honey allergens)

Foot Bath Ritual

A traditional welcome ceremony with a herbal bath and foot massage. Releases pains from feet improves circulation and relaxes the mind.

25' / 40€

Body Scrub with Salt, Milk & Olive Oil

A traditional scrub eliminating dead cells using natural salt & milk which is deeply nourishing for the skin followed by olive oil for a deep skin hydration and restoration.

40' / 60€

After Sun

Body & Face Corrective Treatment with yogurt and honey

The ideal treatment to soothe the skin after sun exposure and provide deep and natural protection with anti-ageing effects.

50' / 70€

Face & Body Anti Ageing Treatment

Traditional anti-ageing treatment for face & body with natural products. Feel the era's beauty philosophy. Face & body scrub with Olive oil & salt, Body anti-ageing massage, Natural face lift massage, body & face hydration with yoghurt and honey.

90' / 110€



MINI DAY PACKAGES

Mini Day Spa Package is perfect for every person, man or woman for an ideal gift to celebrate birthdays, anniversaries, special events or just a treat for yourself. Ask from the reception team to arrange for you a specialized mini day package based on your needs or to adjust treatments duration.

On all packages, the use of the facilities included for 2 hours.

You can extend your Spa treatment day by taking a dinner or a drink on our beautiful roof pool-garden with an extra discount of 15%. Enjoy your day on Grands Suites Hotel and create unforgettable experiences.



Wellness & Rejuvenate

Your package begins with a body scrub by Phytomer (40') for a cleansing and rejuvenating body. Next, drift away into the ultimate relaxation with our focus Massage (20') on your preferable area, followed by reflexology (20') or scalp and face massage for an ultimate wellness day.

80' / 105€

Beauty & Detox

This Package starts with the use of jacuzzi (30') into one of our heavenly massage rooms, using sea treasure elements by Phytomer to provide deep body relaxation and detoxification, following by a mini facial cleansing and hydration treatment by Phytomer and finalizing with an express polish Manicure with wide variety of colors to choose from. The ideal beauty mini package.

75' / 90€

EASE Signature

for Detox, Wellness & Beauty

A holistic day package which offers you all categories and benefits of wellness and beauty treatments. Specialized face and body formulas and techniques invite you to enjoy all the benefits of sea treasures follows by body scrub (30'), wrap (25'), focus massage (25') and a complete hydration facial care (60') for a total holistic experience.

150' / 170€

Couple's moments

The ideal package for couples for their celebration or relaxing private moments. 60 minutes use of Jacuzzi for deep body relaxation, followed by a full body 50 minutes Harmonia massage for two. The ritual ends with a 30-minute Mini facial hydration treatment by Phytomer.

Two glasses of red or white wine are offered along with dried fruit and nuts while you enjoy unique moments of relaxation in the Jacuzzi.

140' / 240€



KIDS SPA MENU

Children under 12 years of age are welcomed for an introduction into spa treatments

Princess Massage 25' / 30€

A relaxing massage with a gentle fragrance, for every little princess.

Superhero massage 25' / 30€

A relaxing massage for every little hero.

Snow White facial treatment 25' / 35€

A short facial to teach children the benefits of deep-cleansing skin and hydration.

Warriors & Amazons Double Massage 25' / 55€

Adventurous side by side relaxing kid's massage.



DISCOVER OUR UNIQUE & SIGNATURE PACKAGES

Visit our Spa or call for a personalize package based on your needs:

ANCIENT GREEK “MYTHOLOGY” DETOX & THERAPEUTIC

ANCIENT EGYPTIAN “CLEOPATRA’S” BEAUTY & DETOX

SLIMMING-ANTI-CELLULITE / BODY SCULPTING

ANTI-STRESS, HYPNOTHERAPY, RELAXING

DETOX-CLEANSING

BEAUTY

FAMILY

COUPLES - LOVERS

WELLNESS

BRIDAL

BUSINESSMAN

REJUVENATION

BACHELOR

HANDS & FEET

Manicure (nails care, polish, hands cream massage) -----	30' - 25€
Pedicure (toes nails & feet care, polish, feet cream massage) -----	50' - 30€
Combo Manicure & Pedicure (including French) -----	80' - 45€
Spa Manicure (nails care, peeling, hands mask & massage, polish) -----	40' - 35€
Spa Pedicure (toes nails & feet care, peeling, feet mask & massage, polish) -----	50' - 40€
Combo Spa Manicure & Pedicure -----	90' - 65€
Shellac Manicure (nails care, Shellac app., hands cream massage) -----	40' - 35€
Shellac Pedicure (toes nails & feet care, Shellac app., feet cream massage) -----	50' - 40€
Combo Shellac Manicure & Pedicure (including French) -----	90' - 65€
Spa Shellac Manicure (nails care, Shellac app, peeling, hands mask & massage) -----	50' - 40€
Spa Shellac Pedicure (toes nails & feet care, Shellac app., peeling, feet mask & massage) -----	60' - 45€
Combo Spa Shellac Manicure & Pedicure -----	110' - 75€
Gel / Acrylic Nails -----	120' - 80€
Refill Gel / Acrygel (set) -----	90' - 50€
Shellac Removal with Manicure -----	60' - 40€
Removal Artificial Nails with Spa Manicure -----	60' - 70€
Removal 1 Artificial nail -----	10' - 5€
One nail extension -----	15' - 20€
Men's Manicure (nails care, peeling, hands massage) -----	20' - 20€
Men's Pedicure (toes nails & feet care, peeling feet massage) -----	30' - 25€
Combo Men's Manicure & Pedicure -----	50' - 40€
Men's Spa Manicure (nails care, peeling, hands mask & massage) -----	30' - 25€
Men's Spa Pedicure (toes nails & feet care, peeling, feet mask & massage) -----	40' - 30€
Combo Men's Spa Manicure & Pedicure -----	70' - 45€
Kids manicure (nails neatened, hand massage and nail polish) -----	20' - 15€
Kids pedicure (nails neatened, foot massage and nail polish) -----	20' - 15€
Combo Kids Manicure & Pedicure -----	40' - 25€

WAXING

Full leg wax -----	50' - 35€
Half leg wax -----	25' - 30€
Full arm wax -----	25' - 30€
Half arm wax -----	15' - 20€
Under arm wax -----	10' - 15€
Chest wax -----	25' - 30€
Back wax (men) -----	50' - 40€
Bikini line wax -----	15' - 20€
Brazilian -----	20' - 25€
Hollywood -----	25' - 32€
Upper lip wax/Chin -----	5' - 10€

EYEBROW CARE

Eyebrow Tweezing -----	20' - 15€
Eyebrow shape -----	30' - 20€

HOW TO SPA WITH US

CONTACT & APPOINTMENTS

For more information or reservations please call +356 2345 6009 (int. number 2200) or send an email to easespa@grands.com.mt.

Victory Street / Triq ir-Rebha, GZR 1321 Gzira, Malta
T. (+356) 2131 0344

We highly recommend booking your treatment in advance to ensure that your preferred time and service is available. We can provide spa treatments in your privacy of your room upon availability with an extra charge of ?? euro.

SPA ENVIRONMENT

Ease Spa is a family friendly sanctuary. Admission for children under 16 is allowed from 9 am to 1 pm and children should be monitored by their parents.

CANCELLATION POLICY

We understand that schedules change, and we will do our best to accommodate your needs. Since your Spa time is reserved especially for you, we kindly ask you to give a 4 hour- notice cancellation on individual treatments and 24hour- notice on spa packages. Cancellations made within the above hours will be subject to the full charge of the treatment or packages booked.

HOURS OF OPERATION

Spa Facility: 9 am - 9 pm

Spa Services: 9 am - 7 pm

Fitness Center: 24 hours

HOW TO SPA WITH US

SPA ARRIVAL

We recommend that you arrive 45 minutes prior to your first scheduled appointment. This will allow you to enhance your spa experience with the use of the facilities and will also afford you the opportunity to relax before your treatment. Please let us know of any preferences regarding room temperature, pressure and music volume. Your care is our highest priority. Please leave jewelry and valuables in your room safe or the Spa locker safe.

DURING YOUR STAY

The Spa must keep an environment of calm and relaxation. Help us respect the atmosphere of privacy and quiet. Please put your mobile phones on silent mode during your stay at the Spa. Smoking, alcohol and eating at the Spa are prohibited.

PREGNANCY

In our menu you will find specially designed treatments for women during pregnancy, as well as for those who are going through the period of breastfeeding. Please allow the Spa team to guide you in choosing the treatment that suits you.

HEALTH QUESTIONS

Let us know at the time of booking about any medical condition that concerns you. The same goes for people with disabilities. This will allow our people to guide you in choosing your treatments. Before starting the selected treatment, staff will ask you to fill in your medical history. We fully comply with the EU regulation on GDPR.



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