



## Recipe Name:

From the Kitchen of: (insert your name)

Yield: (Insert number of servings)

Prep time: (insert hours and minutes)

Total time: (insert prep + cook time)

## Ingredients

**Ingredient** | measurement

**Ingredient** | measurement

**Ingredient** | measurement

## Directions

(Explain how to prep and cook this recipe here.)

## Special Diet Information

(Gluten free? Diabetic appropriate? Add any special diet information here.)