

Sophia

LOVE
SOVEREIGNTY
TRUTH

One

A conversation with One from 2013 & 2014, that describes the chains surrounding humanity, as well as how we can remove them.

The keys to Liberation

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Introduction

What you will soon read introduces you to the being I have come to know as One. Our conversations began in 2012. This collection includes each one from those early years that concerned our slavery and our sovereignty. The collection is also found on the website, here:

<https://www.sophialove.org/sovereignty.html>.

Half of the conversations have been made into videos, (with the help of some amazing audio/visual artists). All of the conversations have been recorded. These audio, video and written versions can all be found at the link shown above.

It is 7/2022, a decade later now, and these conversations with One continue. Some of them can be found in my blogs, books and newsletters. These describe what happened here since 2020, and what we will need to consider as we rebuild our crumbling society. Check them out! All of my contact and content details are located here: <https://www.sophialove.org/>.

Thank you. Many blessings and so much love.

Please share this with as many people as you can. It is time!

Sophia

A Sea of Chains

You are swimming in a sea of chains. There are so many and they are so thick, you cannot tell what yours are attached to – but yes, you are shackled. It is not as if your very life depends on what's at the end of that shackle – *it is that you believe that it does*. It is that belief that keeps you bound. Keeps you moving to wherever it drags you. Keeps you asking to be released.

It is your belief that holds you, your mind that binds you.

The effort to control you focuses on a constant stream of programming as well as entertainment and food, to keep you fat and happy, mesmerized and asleep. You know this and yet you continue to search beyond yourself for the keys to your release.

There is only one person who can release the hold slavery has on your life. There is only one way it can occur.

The way is entirely self-motivated, self-sustained and springs from self-awareness. There are no unknowns that depend on another to be known. Self-reliant, self-propelled and self-conscious – these are the attributes of a sovereign being.

Your slavery has reached down to your core – it sits so deeply in your thinking that it is cloaked in familiarity. It will not be comfortable to dig it out and look at it. Your society puts on you pressure to conform. You are tired. You'd like to have someone take care of this for you – to fix it so that you can live without the chains, requirements, debt and dependence.

Freedom is a full-time job. You cannot be partially free. As the details of deception and corruption are unearthed, you become gradually horrified at its scope. Once your eyes are open, they will not easily be shut.

Ask “Who is served by this?” before undertaking any thought, word or action. Let the answer direct your movements. The system of slavery is only upheld if we participate. Non-compliance means you answer to no one. The guns of our governments and spaceships of those off planet do not, in truth, signify control or ownership. We are, each of us, equal and sovereign beings. The only thing you can be sure about in any interaction is that your perception is informing your opinion.

The desire for bliss or to be numbed to the harsh realities of the day to day keep us staring at our electronic devices and stagnant. This is not an accident. Nothing changes until and unless we change it. We signed up for this, confident we'd pull it off. A fully conscious, sovereign being experiences joy and fulfillment in deeply satisfying moments. We will get there.

Perseverance, determination and tenacity are demanded of us. We knew this was a part of it and that the payoff, when it came, would be that much sweeter because we did it ourselves. We are the ones we are waiting for.

Own it. You are the One.

What is happening now is exceptional. There are no moments before this one that you can call on as reference. None have gone through such a time as you now navigate. You have no historical figures, no guidelines, no memories to shape the world for you – to color your actions so you do this the “right way”.

There is no “right way”, no “wrong way” – there is your way. Each thought, word and action is creative. Your co-creators, your “oppressors”, those found on and off planet are all participants in the formation of this new era. Do not assume that any greater power is held by the money lenders, political leaders or beings in ships in your skies. These illusions of power are what you are leaving behind.

Embracing the power you hold is the foundation of this shift. It is being played out on a world stage yet it springs from an internal decision. Decide the world you’d like to be living in and see only that.

Allow your vision to take form in your speech and to color your actions. *Be the person today who lives and loves in the world you dream of.* This is a person who chose life as it occurs right now and is aware of both the possibility and responsibility of that choice. This is a god.

If there are words that cause you to recoil, see that they are words that dis-empower. Do not take an attitude of subservience, weakness or confusion. All answers are found when you listen to that whisper within. Action leads to further action. Pay attention to where your current path is taking you. Do not be afraid to look ahead. The world you are creating right now lives there.

What will you do with all this power? No one has told you about this because of their own agenda. Your religions, governments, teachers and bankers are and have been manipulating the story for their own purpose. Seeing the results of that agenda provides a springboard from which to take off.

He who dies with the most toys is still dead

What you see as your daily life becomes burdensome as its purpose moves further up the food chain than you. Fulfillment is part of your every day when you have chosen a work, occupation, pastime or activity that on some level satisfies a desire or allows an expression or expansion of who you are.

Most of your time is currently spent consumed in activity that serves the purpose of maintaining your physical life. You have to eat and desire a place to sleep. Perhaps there are others you feel responsible for as well. These facts alone create in you a “need” to work at something that pays you money. This work you do, in fact and in more cases than not, serves only one goal. That would be to fatten the pockets of someone you have never met, as well as to keep them continually supplied with this thing called “value”.

If there is one thing to do that would propel your sovereign state it would be to engage instead in work you deem purposeful and can clearly see the end result of. This work will benefit and nourish you rather than deplete you.

As your world is structured today, you are rewarded highly for work that benefits the wealthiest among you and keeps them there. Entire careers and lifetimes are spent in finance – *a make*

believe place where value is arbitrarily assigned, collected and distributed. The fact that many of you desire an accumulation of such value is what keeps this industry alive and running many others.

It is a mixed-up world where figures generated on dead wood signify the worth of a god. The blinders must be removed now. Value is not a number and unable to be arbitrarily assigned. Value is generated from the only place able to emit anything of worth. Value emerges from Source itself.

When you re-construct your system of hierarchy to place you at the top – the individual you, the collective you – you will find nourishment in your work and joy in your days. This shift in your thinking will alter the fabric of your world from one of slaves serving masters to one of free individuals, alive.

Yes, change to the entire structure of commerce needs to be accomplished from the outside. Yet until and unless you believe that you hold the only real value available – those external changes won't be sustainable.

Value cannot be accumulated; it exists because you do. The dollar amount stuck to anything is set by perception. In order for your life to change, you will need to perceive clearly your worth. That view point must be evident in your chosen thoughts, words and actions.

You are gods. One god may appear to have more “stuff” than another – but that does not equate to more power or more value. The accumulation of “stuff”, be it gold or the land from which it is dug, is merely a game some of you like to play. It is one of the expressions of life that in your version of things has been called “greedy”. There is no right or wrong. All is choice. Each choice serves the purpose of creation – to express and experience life.

You cannot be more or less a god; you can merely imagine yourself to be. Imagine yourself to be all that is possible – the fullest expression of you currently available. As you walk in his shoes and as you dance in her slippers, we’ll be watching. Powerful, individual gods will emerge from the shadows as we grasp and collectively embrace our every potential.

We are the ones we are waiting for.

What about Worth

This is a process that in the end will yield a product. This product is you, but not a version of you holding any notion of worth as truth. The version we are looking to release understands that all are worthy equally.

It does not matter on which part of the planet your physical body was born. Lines drawn on the ground are separators which serve only one thing – the false notion of accumulation and division.

Any idea that categorizes or limits the value of a person – creating a barrier that must be crossed in order to access the heart, are pretend. There are no kings or homeless in heaven. The whole notion of equal, if it were to be truly experienced, would have you comfortable to the same extent at both a soup kitchen and a banquet; dining with those you've labeled royalty and those you'd call common. These names, the ones that make up social commentary and that you teach your children, are not, in truth, indicative of anything at all.

Until you can look with equal eyes at both the beggar and the banker, you will not be seeing clearly. In order for twenty/twenty vision, it becomes necessary that you let go of notions of worth.

Worth is an idea perpetrated by those who have something to “gain”. It is a false notion. The idea that one part of creation is worth more than another part, is absurd.

Until the status of all of humanity is recognized equally, this society is being manipulated. If any aspect of your life is “run” by a group of people with a “name”, “category” or “title” *that grants them special status*, you are not free.

Life is what you were each given when conceived and that fact alone tells you that access to any aspect available here is also meant to be equally attainable.

“Earn” is another falsehood. Its purpose is to instill in the populace an idea of servitude. Both terms, “earn” and “worth” are locked together, creating an “opinion” that separates one piece of creation from another.

Labels like “worthless”, “lazy bum”, “poor”, “beggar”, “jobless” and “homeless” not only categorize you but also reinforce the false idea that some actions or circumstances indicate superior intelligence and therefore greater value.

These false names and labels have been fed to us for generations and it becomes necessary now to disregard them. As you walk upright into a unified world, all heads will be held equally high.

Examine the inner dialogue you hold when you encounter each other – does it reinforce hierarchy or equality? Understand that language is largely habit – we will need new words consciously chosen in order to embrace sovereignty. This conscious dialogue will support an overriding arch that retracts the necessity to “earn”; replacing it with the idea that *we each arrive equally worthy and remain so throughout all of our lives.*

We are the Ones we’ve been waiting for.

Ownership, Worship, Bullsh*t

The whole idea that a person could have ownership over anything or anyone else was projected into your origin at a critical point. Precise characteristics were included; genetically reproduced in a specific fashion – for slavery to be possible. Since then, what has been reinforced into the psyche of man is that an exalted being made him – a capitol G-O-D.

This G-O-D had knowledge, power and ability that man did not have access to. Space vehicles reinforced the charade – G-O-D descended from the heavens.

With this dialogue running through the background of man's every thought, a tendency to worship is reinforced. This is not the natural compulsion of a creator being, but it has become so in man. It was an intentional thought placed specifically into the mind of man so that he would be easy to control and to own.

If you have something “valuable” that another person does not, you are no longer seen as equal, but somehow superior. This is a false superiority, depending on what it is you hold rather than who it is you are. *In fact, superiority is a misunderstanding of value.*

The story of the “Emperor’s New Clothes” is a way, just one of the ways; we’ve chosen to tell ourselves the truth. The emperor is in

fact naked, and looks just like everyone else that way. It is his delusion and desire that has him elaborately robed. In fear, his “subjects” don’t point out the obvious. It takes a child to speak the truth.

Think about your own inner dialogue, recalling thoughts you held before you were taught otherwise. Were they thoughts of worship?

If you watch children, you’ll see no such segregation or subjugation played out – unless the necessary motivating emotion of fear is present. What infuses any notion of obedience as valid is a sense of foreboding. Without fear of loss, there is no reason to obey.

All of these – ownership, worship, obedience and fear have been mystically bound together inside this thing labeled “religion”. The basis of any religion is idolatry of some sort; another idea that places exclusive value on a person or thing that by itself holds no such attribute.

While it may be a valid observation that some physical objects and people conduct energy or evoke emotion better than others, there is no advantage or requirement to revere them – we are all creator gods. The manipulation of physical materials into art, architecture, machine or magic is accomplished the same way each time – by us.

As there is no hierarchy in the man making, wearing or using the object, there is no hierarchy in the object. Now I ask you, where would our religions be today without their ornate churches and synagogues, fine robes and sacred articles? Each has been placed into the fabric of humanity to solidify this idea of ownership and to initiate worship.

A sovereign being worships and waits for no one.

You are the One you've been waiting for.

The Force of Freedom

The force with which you live your life very much imitates the depth of feeling held regarding liberation. Those who consider themselves to be tightly shackled will not move around much – either figuratively or physically. They will tend to conform – only going places in their minds and with their bodies that are “allowed” or “suggested” by the ones doing the shackling.

A glance at the population gives you a clear picture of which ones of us are in fact unchained. If we take this vision to an extreme – it will show us something quite disturbing to accepted belief systems.

Those among us labeled “crazy” are perhaps in a very real sense the freest of all. They follow none of the rules. Entire industries have grown up around conformity, subjugation, ownership and obedience. These would be our schools, judicial systems, police forces and governments. Each upholds the idea of a specific state of being, level of loyalty, body of answers or behavior as mandatory for acceptance into polite society.

We are conditioned to conform – keeping a watchful eye on each other to see that those who step out of line are obvious and noticed. These behaviors demonstrate weakness, jealousy and dependence, not strength. They are indicative of some very human emotions and not those of an omnipotent being.

The creator has no needs and therefore makes no demands of creation – merely wishing it to thrive. If there was such a thing as “sin” it would be something that prevented that from happening.

All activities are “allowed”. The creator does not “need” to experience itself through its “offspring”. The creator has no needs, rules or requirements. It merely is.

The truth that can be used as a measure for discovering the source of any request would be the statement “I AM”. Thus stands the definition of One.

Names, titles, needs, emotions and descriptors that follow those two words are separators and indicators of a lesser god, a “poser”. Omnipotence has no needs and makes no such declarations or demands.

The structure of a world under such a being would very clearly indicate the truth. Our ability to thrive within any system on such a world may indicate not sanity, but sovereignty. Nonconformists understand and express the force of freedom.

Freedom cannot be bound by any system at all and must by definition follow its own course, unimpeded.

We do not know this expression here; those that do have loosed the bonds of “sanity” and run unbound, by an internal code of behavior. This code is theirs alone.

Any control of or infringement on the actions of another being stems from fear, not power. There is no enforcement necessary in a sovereign society – all are held equally responsible and reliable to and for the whole. No one has to tell you that you are free, or fight to uphold your freedom – it is understood.

When limitless is the only description of life’s possibilities, we’ll know freedom. Understand in your core that this is what you are. This cannot be given to you; it can only be realized. This realization can happen in an instant or over a lifetime. You are the one you’ve been waiting for.

Are you gonna drive or ride shotgun?

The course of a god is individually set. Each of us is on that course. The choice to incarnate as human is made freely. The opportunity for growth is sort of exponential here.

Some of us came with different agendas. All of us came to set in place a real opportunity to create. So, what is creation?

We have evidence of it daily as children are born, cakes are made and movies are produced. Yet it is understood that another level of creation exists – a level that appears to be magical, powerful and beyond our ability.

Everything necessary for us to create worlds exists within us today. What becomes a crucial ingredient is the motivation and after that the intent.

It has been introduced into the dialogue that all gods are not equal; that there are some powerful creators here now, with an agenda and a great deal of skill; that they have “tricked” the majority of humanity into believing they are the creator of all things, the “One”. Not a small feat.

So, the question comes, if this being created worlds, specifically this one, with all of its laws, rules and systems – is it not a god? What is a god anyway?

There is no hierarchy of gods; no lesser or greater god and none who serve any others. There are however, plenty of imagined hierarchies. They are based on a misconception around love and power.

The analogy of parent/child is a perfect way to talk about how it works. In a sense, parents are more powerful than their very young children. They've been around longer, have the keys to the car and have practice at manipulating the dream. To children, mom and dad are magical.

It is not necessary to worship or obey mom and dad and one day you will be an adult, fully capable of all that they have done and perhaps more. You'll still call them mom or dad, but you will not perceive them with a child's eyes. You'll have the keys to your own car.

When you do, you'll drive your own family around, enjoying the same magical reputation for a bit. The charade will end one day as your children become adults. You will not at that point demand that they worship you or obey you, withholding love if they do not. You can try, but any response you get will emerge out of fear and will not be sustainable.

True creation by the “One” creator has no agenda. It is art in its purest form. It happens. As something emerges there is only joy. What exists when it occurs does so because of intention and desire. There are no demands on pure creation. Once born/once created, it is complete unto itself. It is free.

If it requires sustenance to continue, the responsibility for supply rests on the creator. What has been created now gets to choose whether or not it will continue and in what manner. With each birth, freedom is assumed. There is no ownership possible as life cannot be contained.

For us here on earth, there has been a great deception. The “god behind the curtain” is not the “great and powerful” creator of all things, not the “One”. It is a being just like you – only it’s been around longer and holds the keys to this car.

You are the One you’ve been waiting for.

You are an asset. Here's why.

Within each action is held intent, even without announcement. Unconscious intent is what has been manipulated by those controlling the planet. This has been accomplished in ways that by now are very public – advertising, news media, education and religion all serve their very specific agenda; to limit your life.

This intent has been fulfilled and no longer is it necessary to aggressively place it within society – humanity carries out the remainder of the dialogue and programming with little encouragement.

The products we buy are in fact those which have been put in front of us most often, those backed by wealth. It is the same with the news we hear, the movies we watch, the games we play and the schools and churches we attend.

Very early in the experiment value was replaced with money and that has driven everything. It is money that puts politicians in power and keeps specific programs in place. Without money, things fail.

This upside-down idea has created within us a feeling of confusion, discomfort and loss. Mistrust emerges as our internal sense of value seems irrelevant. We are supposed to want the

most costly product or highest paying position. We are expected to admire what has been labeled success and power. These ideas override any internal system of knowing and push it aside. When you cannot reconcile the dilemma, you either dropout of polite society entirely, rebel, or lead a life of quiet desperation.

Life was meant to be understood and experienced from an internal drive to explore and push the limits of your ability on every frontier – physical, mental, emotional and spiritual. Life was not intended to be a battleground or a prison, but a platform for unlimited creation. Indeed, this is the force behind creation itself.

There have been many references to “consciousness” as if it means an awareness of specific elitist or criminal activity. This may be part of the meaning, yet it does not encapsulate the true definition.

Consciousness has implications for each action, word and thought. It is not so much a looking at where it originated, but *where it is heading*. It is clarity of intent. It implies a decision has been made regarding the life you are engaged in, and the decision has been explored fully.

We are born with full access to an internal truth. Who you are is not meant to be hidden, mysterious or irrelevant. We are here to investigate and further explore creation. If there is mistrust around an idea that just feels “right”, that may be programming.

As you push through these messages of doubt, you'll realize the depth and breadth of your authentic self. This demands intent and awareness of the road ahead.

Every sovereign being is a pioneer. This implies both departure and unknown destinations. Consciousness is not only awareness; it is a constant force guiding our movements. Consciousness carries with it responsibility, as sovereignty does not recognize blame.

A sovereign being is nobody's fault. A sovereign being is. To move out of the slavery mindset is to leave behind any dependence on blame, to accept that every moment is self-generated and to celebrate the freedom in that, fearlessly. Our value cannot be monetized. We are the ones we've been waiting for.

How Not to be a slave

It is widely accepted that life is hard. My sister was not the only one whose favorite saying was “Life sucks and then you die.” The whole notion of a joyful existence comes off as a frivolous idea – cool if you are lucky enough to be born with a silver spoon in your mouth or if you are one of those perpetually optimistic people; but not realistic.

To write here that joy is or ought to be your focus sounds nice but a bit naive. Rather, it would seem more efficient and helpful to focus on abundance, health or even free energy. Joy may result if those things are in place, but it is not the priority.

You cannot isolate emotion from action. How you approach what it is you are doing will affect the outcome for you. You desire sustainable happiness. How does that occur? Why is it, that once children reach puberty, they begin to “get serious” about life and lose the “innocent” enthusiasm that comes at birth? What can we do to get that back?

The “harsh reality” of life does not have to be taught – it is something that was given to us here, to hold us back, restrict our movements, limit our expansion and minimize our power. The “work ethic” was invented by the beings who started the experiment here. Once it was bred into you that you were only as valuable as the work you produced, their goal was easily achieved.

We've spoken of this before, and yet the culture of slavery runs so deeply into our society, it sits there as a constant source of angst. To do, every day, for most of your life, something for just one purpose – to “earn a living” (*as if that was even possible*), is an idea that dulls the senses and inhibits the imagination. It is not truth. All beings everywhere do not live like this. Humans do.

To change an idea which is a basic tenet of society, is a challenge that cannot be accomplished with conversation. It must be felt as a result of systemic change.

In other words, to remove the “work ethic” we must first remove the necessity for money. This elephant story is a good illustration:

Before leaving each evening, the trainer tethers the elephant with a chain. One day the trainer forgets and upon returning the next morning, discovers the elephant has wrapped the chain around her own leg!

She does this (the elephant) because this is the only way she knows how to live without the trainer. Show her what can happen when she is on her own, without the chain; then remove it, and watch what happens.

What can we do to alter our dependence on money? Our life is structured in a way that allows freedom in increments as a direct relation to how much cash you have. The cash in hand came from

the labor of someone. This world is set up in such a way that freedom for one demands freedom for all. We are ONE. If just a part of the population is enslaved, the slavery exists.

So, what is necessary for life? Sustenance, a home, clothing, transportation, wellness; these things are part of physical existence. They cost money right now. If you were given the choice between freedom and the possibility of unlimited wealth – which would you choose?

There is an idea amongst us that says we can't have both; that freedom necessitates uniformity – there is only so much “stuff” and if we disable the current system, we all would get the same allotment of clothing, living quarters and food. That mass production will be necessary and we'll be free, but without much individual difference in our lives, in fact, without much “stuff” in our lives.

Even that idea has its origin in slavery and a desire to keep slavery going. The carrot at the end of the stick is always held there – just beyond reach. It is what pushes you to work harder, *the possibility of MORE.*

If we decide that it is not *more* that we want, but *enough*, without toil; along with the opportunity for creative expression and unlimited expansion, we may turn the “work ethic” around into something else - something equally sustainable; that includes the

probability for joy. We are brilliantly, magically, powerfully human; here to create a new way to be. Nothing is beyond us.

It will be necessary to look at and alter the mechanics of society to do this. Nicola Tesla was stopped because free energy would have halted the experiment in its tracks. Ideas abound in our ranks – it is the dependence on “government” that must be changed and to do that we’ll have to listen to, trust and support *each other*. *It is the shift from dependence on an outside, more powerful body of people to **dependence on us and on each other** – that is the shift mankind must make.* *We are the one’s we’ve been waiting for.*

The Truth of Magic

In order for the system to change without the display of power and weaponry typically used, a complete alteration of power is necessary. Today the majority understands power as force, as might, as guns and the ability to use them. What is on our “side”, the “side” of peaceful revolution, is that *what is also held deeply as a universal principle is **magic**.*

Magic is merely the manipulation of matter in atypical ways. This can be accomplished with a being who understands the art of the dream. It is intention and expectation. It demands clarity and purity – the very things that have attempted to be muddled with this experiment. Foods, media, religions and education have taken hold and forced it out of you – instilling instead ideas around power that include superiority, competition and brute force.

Nothing could be further from the truth. Think Gandalf. There are legends in our culture that continue because within them is held the seed of truth – a mystical, internal force overpowers brute force every time. That internal force is one you hold.

To answer the question (How do we accomplish the shift without violent revolution?) will sound circular. Yet it is known to you because it also holds truth. Maintain an internal focus. Let

everything you do allow the further development of clarity. The food you eat and practices you engage in either support or suppress internal strength. Choose consciously.

The movement from guns will happen when fear abates. In order to stop the fear, we'll have to replace it with a sense of power – IM-powerment.

There is no mystery that cannot be solved within the language and legends of our culture. Look carefully at what has been more typically laughed at or judged irrelevant for clues. There we will discover treasure and useful information.

Again, it is collaboration and unity that will render any show of military force null. If everyone is on board, the takeover will be ONE seamless, choreographed movement.

We are the ONE we are waiting for.

How to build a slave

You are convinced that the severity of your actions is an indication of how barbaric or civilized you are. What is civilization really? Is it the degree of conveniences available to the common man? Is it, or rather, isn't it instead supposed to be, the hallmark of advancement? We label superiority of civilization very specifically. It has to do with how much is physically available to plug in or turn on.

Civilized “superiority” in its true sense, is a much different attribute. There are small groups of “uncivilized” humans in isolated pockets who are made up of enlightened people. We may not understand their individual practices or way of living, yet it springs essentially from respect and honor for life – all life.

They do not subscribe to waste; all parts of the vegetation, animal and human are sacred and equally utilized. If there are no libraries filled with literature that just means the art of verbal communication is utilized instead.

The notion that whole groups of humans must be aware of the actions of every other group of humans stems from ego. It is born out of self-importance. What someone has to say about nuclear physics has no effect on the talent of the master fisherman. Each adds value to life as a whole. The relative

intelligence of one does not depend on its awareness or knowledge about the mechanics of both.

Apprenticeships, journeymen, internships; these are fertile grounds for excellence and unique development. This “know everything” model of man came about for purposes of conformity, superiority, competition and a dulling of the senses. The impact of a constant stream of novel and unrelated information on the brain disables the ability to focus and concentrate. How can you invent free energy alternatives when you are required to spit out parts of speech in multiple languages along with lists of wars and dead dictators?

Knowledge is not a bad thing. The requirement placed on young children for memorization and uniform ability however, is criminal. At a time when the brain is most malleable and open to rapid development; it is held tightly in a box of facts that hold little if any interest. This is mutilation every bit as destructive as the physical mutilation done to young girls as they reach sexual maturity in some cultures. Its purpose is to inhibit pleasure and halt any possibility of free and unique expression – to define the purpose and output of the human; to create slaves.

This program of enslavement touches every aspect of culture, regardless of its level of “civilized” advancement. It is a misunderstanding to label any part of man “superior” to any other part. The implications of that label reinforce separatism, elitism and polarity.

Man as a whole has been manipulated and the expression of that is diverse. Freedom is evident in self-confidence without comparison – in acceptance of individual brilliance that reaches the heights of possibility, unencumbered by rules, expectations, or what has been done before. Freedom is self-defined.

You are the one you've been waiting for.

Running out of “time”

The background of each of us is irrelevant. It is the foreground that matters to the rest of us. Who is it you are today? How do you spend your moments while we are sharing them?

It doesn't matter what took place before now. Not that these things don't have value, they do. When we were involved in them, they mattered very much. Now that they are a thing of the “past”, they do not.

Time is an aspect of the day to day that can serve or inhibit us. It is held in our mind and its relative effect takes place there as well. It doesn't really exist – there is no such thing as “time”. A “time-piece” has been invented, that moves brilliantly and we've all agreed that the rotations signify a specific measurement. That is all it is.

Why bring up “time” or the “past”? It is these ideas that define our days and shape the view we hold about the possibilities for our lives. What you feel capable of is in part defined by how many “years” you've been here, by how those “years” have been spent and with whom. There are walls on our dreams of the “future” and chains holding us to our “past”. These things are not truth. They are fabrications held in the mind; they are thoughts.

There is a story of a man who was locked in the freezer car of a train in one of the Scandinavian countries. He died. When his body was found, it showed all of the clinical effects of having been frozen, yet the freezer was never turned on. His mind killed him.

Our minds are doing the same. Any limiting or inhibiting “fact” held there can be reversed. All thoughts are malleable and can change. Often it is those that fly in the face of “reality” that project us the fastest and furthest into our dreams. *A life spent re-defining yourself to others around you seems unproductive unless you are interested in staying there.*

We are not meant to stagnate but to grow. All possibilities exist – it is our choice whether or not to embrace them that determine the kind of life lived.

The pull of this “dream” is powerful. The direction has been fueled by some potent creators. These beings and the systems they’ve put in place are meant to convince you to abide by their rules in order to “succeed”.

Their agenda, however, is not and could never be yours. Each life is self-determined. It is up to you to define your own direction and proceed accordingly. It is one thing to respect the definitions forefront in your life and another to adopt them without question.

Question everything. The only restrictions on where you can go and how many places that can be are self-imposed. You exist everywhere and you only need to daydream to remind yourself that you can be in two places at once.

There is no advantage to following the “party line” so rigidly that no bump in the road occurs. Bumps are a great place from which to jump off of! Life was meant to be an adventure to explore.

The push to test limits has to come from you. A sovereign being understands and accepts the responsibility for every direction – “past, present, and future”. Each is defined only once – now. You are a sovereign being.

You are the One you’ve been waiting for.

Will you judge?

This journey we are on, called life, is one of the most spectacular trips available. The experience of physical existence has within it every possibility. This planet is filled with over 7 billion humans – there are many who choose to visit here.

To be clear, all facets of this life are known as possibilities before birth. There are no tricks played or secrets kept. In full awareness we incarnate, happy for the chance to live again.

This talk of an “experiment” may have led you to think otherwise – to think that you’d been duped and your plan to be here at all was made under false pretenses. This is not how it works. Before being human, the “you” that is, knows every aspect it has ever been, as well as the aspects of others. It is not possible to “hide” the truth of you. Knowledge of each other comes with contact.

This inability to deceive creates every possibility for clear choices and transparent decisions. This kind of clarity goes away from the human as we dive more deeply into this “reality”. All of this is part of our plan.

The thing that humanity offers us by way of experience is emotion/passion. This is not to say that other beings are void of emotion, because they are not. Humanity holds within its makeup

a deep well of passion and belief in the sanctity of life. The way in which mankind expresses love and beauty and hope and hate is unique; beneath it lays an unwavering faith and trust that it's meant to be fair. Despots and dictators arise because they know that belief exists and there exists a chance at manipulation and perceived “power” because of it. They are here to “play” with that.

Potentials for all possible ends of the spectrum of control are exciting. When not human, there are limits as to how much emotion/feeling will be a part of creation. There is desire and personality always. Yet the extremes of passion are possible only in a life while human. This is the source of unparalleled heights and depths of feeling; a wealth of addictions.

We have labeled these “addictions” as negative and “work” to overcome them. This is interesting because they are the whole reason we are here. It may be more prudent to celebrate them! They make up the most exciting parts of you!

When addictions are referred to here, it is not in the sense of chemical addictions only – the kinds that are ingested. It is behaviors; those that stimulate the process to create the chemical for you. These behaviors become habitual because they afford a sensation you crave. That is addiction.

It could be any behavior at all, yet it will lead always to a familiar sensation. The thrill of that sensation excites you and inspires a desire for more, as if it were a drug. In fact it is, but not a drug we are taking, one we are making. You will search for opportunities in your days to do it again and again.

Consciousness implies an awareness of these physical tendencies, acceptance for them as facets of the personality and an understanding that they are not “faults” but very human traits – one of the reasons for being human at all. They are not “bad”; they are part of the program. It becomes a challenge to remove “you” out of the equation; everything here is taken personally.

The ability to love and live without judgment is the goal here. In order to embody unconditional love, you must understand every condition that is its opposite. The exquisite feelings of love, the thrill of victory, the agony of defeat – each of these are addictions. You will repeat them until every nuance is understood. This has been the plan.

Today it is widely understood that many of the reasons for the most violent extremes of these emotions – the hardships and challenges of human slavery – have been fabricated. There are beings who possess intimate knowledge of the human psyche and have used it to manipulate man for their own addictions of power and worship. You are at a point now, the ultimate point in the plan, where you have a choice.

What will you do? How will you judge? *Will you judge?* What is unacceptable to you? What does freedom mean? Is such a thing as punishment necessary or is Karma enough? Will you seek revenge?

This is the choice of mankind and what is done here will reverberate to every other life in all of creation.

If Oneness motivates the decision, there exists a possibility for compassion that until this moment did not exist. The force and effect of cruelty and pain is felt in each heart. It is there now that the possibility for unsurpassed acceptance rests – agape. Now that you know the truth, the power to change all of creation rests in your hands.

The slave has come full circle. Ownership is not possible; a sovereign being realizes its possibilities for expression – all of them. Knowing what you are capable of and what has been done before – what will you choose now? The results are in. This was an experiment to reach for the light. It is within your grasp. What you do now changes everything.

You are the Ones we've been waiting for.

The Big Picture

Try to imagine what it would be like without rain; without snow; without thunderstorms, hurricanes and the like. The force of nature and the balance of “good” and “bad” are integral parts of this planet – part of what makes up the whole.

We expect “weather” to follow a pattern according to the seasons and places where we live. Each of these, weather and water, are unique to earth life in that they occur on a daily basis without any control from the beings living here; seemingly in random fashion.

Why is it that there are entire careers and lifetimes spent studying and predicting “weather”? To some of us, perhaps to many of us, this would be a boring thing to focus a lifetime on. There are overall patterns and processes that when looked at as a whole, craft a picture. It is as if there was a plan.

There is, but not one that can be discovered in a lifetime; one that began with the formation of the planet and is being carried out daily. Weather creates the circumstances for very specific life – everything in order.

We’d have to step back far enough to see this plan and have access to a record of the planet from the beginning. What is

currently available, the archeological records, will serve to tell the story. Only we must understand the language.

Life is a system created with purpose and fed by many parts. The human that you are plays a vital part in all of life. Thus far you have done so without being aware of your role.

The net effect of slavery has been a numbing; a cutting off of awareness of who we are. Unaware, we've blundered through life and in some respects wreaked havoc on others, & had little effect when effect was needed at the time we were present.

Being awake without being aware of the process is useless. We must access and utilize consciousness to participate in any potentially helpful way. We must know the plan.

This planet was and is a playground for diversity, evolution and adaptation. Today we are changing rapidly and irreversibly. Our very DNA is mutating. What this means for the human is important and what it means for the planet is significant as well.

As we morph into a new human, the surrounding planet does too. We affect the weather, the interior of the earth, the sky, the vegetation. There is nothing happening in isolation. As these changes are unprecedented, we have no way of "knowing" for certain their effect on the big picture, on all of existence.

What you can do is look at the effect on your individual life and environment and predict. If once you were unaware and now you walk consciously – will not your footsteps serve your intentions? What new intentions have come about as a result of the changes physically and chemically that have already taken place?

Our very desires alter the world around us. With awareness of an internal god force, we direct rather than react to – life. There is understanding of the weather and its seasons, for patterns and for the necessary climate required.

There is a force of life – that once understood will direct your every movement and moment. This force is unable to control or manipulate, to serve or protect, to inhibit or promote. It is merely and magnificently creation itself. Like an artist with the final work clear in her mind, life itself moves forward every “slowly” towards its own end. It perpetuates its own plan without sanction, permission or approval.

The actions of this tiny portion of existence we are calling the “cabal” have not taken place outside of that plan. However, the part of this show has arrived that see’s their act over. Destruction for the sake of gluttony does not benefit enough life to enable it to continue. Therefore, it must be stopped. This is as much a part of the natural order of things as it is a willful act by a specific group or groups. It is and always has been inevitable.

Awareness of their effect on the quality and quantity of life for the rest of the population only accelerates their removal. This speeds up changes on every level and ultimately defines planetary movements.

The vision it takes to see this global and galaxy wide movement is one we can approximate with instruments but not attain without enlightenment. Enlightenment is where we are headed. It gives us perspective, awareness and conscious choice. Like that of a child, you are not today aware of the ultimate effect of every food eaten or “toy” played with. Yet you are becoming so, and with knowledge and understanding come compassion and clear intention.

As your world view grows you will understand that truly there can never be control – for control would inhibit life itself and life is creation and the whole point. You cannot stop it.

While manipulation is possible, corrections on a grander scale make adjustments that guarantee continuation. We are part of a very large-scale process – the whole is so much greater than the sum of its parts.

There will always be a “bigger picture” to comprehend than the one currently held. This never-ending possibility of a broader

perspective is the ultimate purpose of life. *There is always more to know.*

Your freedom and sovereignty were expected, planned and part of the purpose. The goal however is not to serve any one “god” but rather the perpetuation of life itself – all of life – as ONE.

The focus and direction of your actions will tell you just what you came to experience. We are not all here with the same purpose, and for that reason will appear to have conflicting goals.

When you step back far enough you can see that there is no conflict – balance rules all of life. You who are reading (or listening) this far are here to strike balance in what appears to be the self-destructive path of humanity. It is not and you are guaranteeing that; despite every attempt at control placed on you. You woke up early and are now waking up everyone else.

You are the Ones you’ve been waiting for.

The Bully

There is little need for a judge and jury in a place of equality and sovereignty. In fact, these terms would be obsolete; reminders perhaps of such notions from a time long ago.

The whole concept of one sovereign being standing in authority over another sovereign being is very much like the bully in the playground. Cartoon depictions of this child show him to be typically male and larger than average with less intelligence. This image defines the justice system as it currently stands.

For what is the definition of justice? Fairness and tacit compliance with the law of the land. And what is the law of the land? Responsibility for self, love your neighbor and equality seem to have nothing to do with it. The law currently followed assumes division, ownership and punishment as inherent components. It calls up images of protection from harm, locks and keys, fear and potential damage. Each of these applies when you are dealing with a playground bully and not another sovereign being.

It is true that there are disputes among equals that could and do benefit from expert arbitration, as such guided by someone not personally involved. It is not true that a firm hand is necessary to settle situations. What is required is time, patience and indifference. The playground bully has a definite agenda, as does the justice system.

When judges are elected or appointed and paid, there is present a debt to those doing the electing or appointing. This fact colors each “decision” made by the judge. The fact that you would stand in a room and submit to such a system of judgment and then abide by any decisions that result indicates the level of fear that is present.

For it is fear that is running the show, the same gut level emotion utilized by the playground bully. Make no mistake, if you are ever in a place that requires you to abide by its demands and obey its rules – you are being manipulated. Manipulation is not the same as justice.

When harmful intent is assumed, a chain reaction of false ideas begins. It is necessary to believe the “other” has an agenda that is potentially damaging. For justice to be necessary, the playground bully must exist as a constant threat. That bully is seen as potential in each situation. Someone else is out there always, wanting to harm you or to take your stuff.

Ideas around the need to stop the bully are begun from thoughts of separation, “value” and “more”. There is a pre-supposed condition present from the start. That thought includes an idea that separates you from each other. Words like more and less, good and bad, need and lack, strong and weak all stem from a system of slavery.

If instead of guilt, honor is assumed – the whole thing changes. The view on an equal playing field is very much different than a hierarchal one. A “justice system” was necessitated and begun by the thugs who initially decided they had something to protect that was more valuable than anything else – their power.

Misunderstanding of the source of that power begat fear and the playground bully. The bully needs someone to steal from or control with force, or he considers himself weak and without power. The same is true of today’s control/justice system. The game ends when you stop playing.

A court room where authority dispenses justice is merely a dressed-up playground. It is only necessary when there is an agenda of “power over” rather than a mutual recognition of “power within”. In fact, a courtroom only recognizes the power of one thing – “the law” and the person paid to dispense it, the judge/bully. Any system of power that is dependent on another to thrive is weak. The justice system currently in place serves the playground bully with subservience. It does not serve justice.

The whole notion of good/bad, gain/loss has no place from a sovereign state. Imagine a room of your peers and within it, a disagreement. Harmony will ask each of you to participate in a solution. The solution will serve the group, using discussion. If there is a law guiding the discussion, it is “love one another as you

do yourself.” Guilt and innocence don’t enter the picture because they are recognized as subjective opinions rather than statements of fact. For what is one guilty of other than life?

Relationships demand discussion. Guns and fear enter only when one party misunderstands the origin of power. It is within.

We are the ones we are waiting for.

The Rat

There are conditions of daily life that occur on a regular basis for the majority of humans. These include a lack of opportunity to experience self-determination, a pre-arranged location, and an income; without which you'd be unable to survive. These conditions, seen as normal and necessary, are actually preferred. When an adult has reached the age of eighteen years, most of their orientation is focused on creating them for themselves; this, in order to achieve “worldly success”.

In fact, under the current arrangement, you congratulate each other for having secured a “good” job. This “job” grants you “freedom”. “Freedom” in this case means moving out of the home of your parents. It means being on your own. It means having the chance now to stop living off the “job” your parents held, and starting your own. You are “free” now and willingly join the ranks of the others in volunteer slavery.

You see, freedom is an illusion in this scenario. It is dangled out there like the carrot on the string. This carrot is never to be eaten. It merely hangs there, inches away, just out of reach. It is the unattainable dream and it keeps humans eagerly moving out of situations they consider confining and constricting into brand new cages, created just for them. There is a reason it's referred to as the rat race.

The rat is free to move – yet just in a specific path and within a pre-defined area. It can only do so when the door is opened by someone else, someone who owns the box. The rat is fed according to how “well” it “performs” and thus kept alive – all by the owner.

The lack of ability to choose how you spend your days is a condition of slavery, not freedom. This is regardless of compensation. Reaching the age of maturity and choosing the same path chosen by the adults before you – is the single choice offered. It is inside of an enclosed system that depends on continued servitude. If choices are limited in scope and number, you are controlled.

In a system that included self-determination, things would look vastly different. There would still be adults providing for children and each other, yet they wouldn't necessarily start and end their “work” day at the same minute. Variation would rule the process and each day would differ rather than follow a specific and predictable pattern.

“Work days” would be replaced by days. In such a system the continuation of the race would be the driving force. The purpose of your chosen activity would be visible and understood by you, and it wouldn't necessarily be a paycheck.

This way of life is unimaginable not because it wouldn't work. It is a vision of life that exists elsewhere, just not on earth. On earth, self-determination of each sentient being has been replaced with servitude. The “many” work for the “few”, follow orders and obey. To join the ranks of “adulthood” means you willingly engage in this prescribed path. Chains are not necessary; the invisible tie that binds you is the necessity of money.

In a system that is not controlled by beings with an unspoken ownership agenda, life is very different. There are conditions in place that provide life sustaining necessities for every man, woman and child. The whole notion of debt is not present and its opposite holds no meaning. Freedom is a hollow notion without enslavement.

Control is another empty concept in a world of self-determined beings. Certainly, care for the young and their safety means providing safe places for them to thrive. Yet it does not mean a strict schedule of mandatory schooling and regular testing to ensure conformity. Unique abilities are sought and discovered in such a world.

The whole idea that an entire population could successfully run their own lives sounds ludicrous, not because it is, but because the generations of elders before you have paved the path so well you see no other possibilities. Ideas of right, wrong, good and bad surround and include adjectives like success, failure, respectable and disgrace. These ideas have been fed to humanity

as a steady stream so that policing them is no longer necessary, you police yourselves. You do so not with guns but with words. Congratulations are generously offered when a “job” is secured. These affirmations by your peers and society in general hold a great and invisible power over your actions. Going outside of the expected and accepted behavior of polite society is frowned upon and seen as selfish, perhaps childish; strong words for a people who value freedom as much as you do.

The effect of failure and disappointment is more than enough to hold the system of slavery in place. The reference here is to areas on the planet that have systems in place to provide these “opportunities” for paid servitude. There are countless areas of rampant starvation, illness and poverty that could only exist within a system of hierarchy.

You have not been told the truth about how it works and therefore move through the maze unaware of your effect on the whole. The restricting of each being to a daily struggle for survival creates conditions that seem beyond your scope and ability to change. This is by intent. Hopelessness is a false notion and one you had to be taught. Children have no such notions.

You can change all of this with a systemic alteration of core beliefs. These would include a shift from “owe” to “**embrace**”, “learn” to “**become**”, “earn” to “**expand**”, “follow” to “**be**”, “debt” to “**give**” and “fear” to “**love**”. Sustainable freedom includes ideas that fly in the face of societal norms, conformity

and current standards of success. These will take time to understand and appreciate as valid options. Every step towards unbinding the ties of slavery moves in that direction. This cannot happen overnight.

Pay attention to the youngest among you. This does not mean handing them the reins yet it does mean considering their ideas for life as valid options. Their focus on community and play and a constant sharing of information is evidence for the truth of your connection.

You are One. The “success” or stagnation of just a single human affects the whole in ways that are felt rather than seen. When each component of life is provided for equally – the whole thrives.

Change is necessary. Maintaining a focus on self-determination and allowing alternative paths will provide fertile ground. Patience and acceptance are key. Let go of judgment, and understand that ideas around good and bad have been fed to you intentionally as a steady diet of manipulation.

Decide what freedom really means. It is never true if slavery exists for any one of us. Freedom cannot be granted; it is synonymous with life and can only be realized. It exists because you do.

Freedom has not been taken from you so much as hidden. It is visible beyond the maze.

We are the Ones we've been waiting for.

The Weather Vane

This time now brings with it direction. Like a weather vane, you've been turning with each shift of energy. These winds are slowing down now, and you find yourself focused or at the very least starting to focus on one place.

All of the preparations and “upgrades” if you will, have changed both you and your life. You are not the same you that you were prior to 12-21-12 and probably not thinking about the same things. This evolution, taking place for so many, has and is altering the course of the planet. You are One.

So where are you headed? As you participate in each day you will be shown your answer. Whatever it is you seek more of – focus there. You pretty much command the weather vane and always have. With consciousness now, your direction and arrival is not a surprise.

Creation is not magic; it is how life works. The timing and appearance of things depends on the clarity of your intent and that of the universe. It works every time. Consistency and perseverance speed up the process. Keeping your weather vane steady guarantees you'll arrive precisely where you intend.

The thing that slows down the process is doubt. Disbelief is something we are all familiar with. My son wrote a comic when he was 12 years old. It had 3 panels. In the first was a man jumping off a roof. In the second was the same man flying through the air with these words in a speech bubble “I’m flying! I can’t believe it!” In the third panel, he falls to the ground.

Faith may have gotten a bad rap. It’s been used to manipulate us and asked us to assign it to things we can’t see but were told were true. Having faith in a book or an invisible God is not the same. What is necessary now is faith in you, in the act of creation and the law of attraction. These ideas may have felt counter to “reality” when you believed all that you were told by your institutions and their mouthpiece – the media. You have other information now and can decide for yourself what is real. Believe in your dreams and watch them play out.

This is as much *doing* as it is self-talk. This physical plane requires action as well as faith. There’s a difference between doing something you’ve been told to do and doing something as a means to an end you’ve picked out yourself. Thoughts and to a greater extent, feelings determine the effect our actions have. It has to feel good in order for it to have the desired effect. This means you have to feel good. *Happiness is not frivolous, it is imperative.*

Ideas of a “work ethic” and “dedication” and “productivity” have been force fed to you for generations. These fictitious attitudes

are seen as necessary ingredients to “earn a living”. Each is presented as a “good” quality to have, inspiring trust and dependence. These are not “bad” qualities to possess, yet they are not able to be accurately determined by anyone else. That is, without using their own agenda as a marker. When judged from the outside, they are indications of reaching someone else’s goals, *not your own*. Thus, they stand as opinions, not truths.

It is not possible to earn what you have. This is difficult to wrap your head around; this lack of necessity to “earn”. Yet “earn a living” is an intentional idea placed in the populace to pave the way for servitude. If you “earn” something like a living, it means you are dependent on someone else to give it to you. It also means it can be taken away. *You are living. No earning necessary.*

Words have been played with and placed in our dialogue. This, so that we’d proceed, without hesitation, and follow the plan. You can’t help but be dedicated or productive; everything you do is a means to an end. Be clear on where your weather vane is pointed so that you get to the place you’ve consciously chosen.

This is not to say that you are somehow failing if you keep your job. It is asking you to re-think any judgments you hold about alternative options. All judgments are separators and this particular judgment only keeps the current system of slavery in place. Ultimately, we all thrive without any ideas of “earning a living”.

If you harbor beliefs around laziness, or a welfare state, understand that you've been fed them. Each of us is equally worthy of food, clothing and shelter regardless of circumstance.

A lust for "more" is prevalent in man today. It is seen not because of any inborn trait, but because he was created to serve and then surrounded in opulence he could never have. He was then told he could work for it - *if* he made himself favorable to the one in power. Having "more" became the carrot on the stick. A 14-carat carrot.

Man's true nature is found internally. Reaching deep within you'll find that freedom, comfort and health is in truth what you seek, as opposed to "more". Today on earth these things come with wealth. They don't have to.

So, choose, focus, and intend. Have faith in you. Trust the process. By these means you'll arrive wherever you have pointed that weather vane. Do so without opinion as to the directions of others, and the freedom to direct our own lives, unimpeded, will lead all of us to sovereignty.

We are the Ones we've been waiting for.

All you, all the time

Your understanding of a sovereign being is not complete. You do not embody sovereignty, but play at it with words. As long as there is fear present as a gut reaction to an illusory form of any kind – animate or inanimate – you are not sovereign. Sovereignty is not a condition only present when you have “won over” some deceptive or criminal act; it is present 24/7.

Mastery of the physical form will propel you to sovereignty. Sovereignty is not merely a declaration of independence. It is being true to only one form, the one that is embodied and focused on NOW. This truth can be understood many ways.

Full consciousness demands constant attention, tenacity and 100% of your ability. We humans have become lazy and, in a sense, demanding of our right to “take a break” from awareness and attention and focus – seeing these merely as “more work”.

This was intentional. The enslavement was primarily always interested in our minds rather than our bodies. If they (our minds) become exhausted or fruitless enterprises, we are easier to control.

Things like entertaining gadgets appeal to young ones especially; who are like sponges and then grow up addicted to everything a

machine is saying to and about them. This, RATHER THAN thinking, creating, or making a more productive, engaging and powerful existence. Awareness of this manipulation is necessary for a complete picture of this life.

In order to alter the physical, you must hold no remnant of an idea that this is something that is “hard”. Look at it as you would any skill you are attempting to Master. There is trial and error, and as you explore you get better at it while it gets easier to do.

Mastery of anything takes attention and practice. The steps utilized are:

Necessity

Focus

Exploration

Trial

Error

Practice

More Exploration

and mostly – Repetition

Unless you have control of all the facets of creation at your disposal, you will not recognize your own hand when things show up. What is meant by the term “control” is clarity and awareness.

The probability and possibility of manifestation exists at a much greater percentage than you give it credit for. This is so that you remain asleep and unaware of the power in words, in situations, in sound and even in the places you gather. All of these change the emotional level held and therefore what is created.

Consciousness is more than a full-time job; it is a state of being. Once you have gotten there, what happens is that your life can be more easily tracked and understood. Not with a sense of blame or fault but with awareness – so that choices made are either desired or changed if they are not (desired).

All this is to say not that your life is your fault; rather that your life is YOU. It is not partially you; it is a conglomeration of the result of your creative power. Power which is and always has been affected by all you take in – your surroundings, environment and community.

If you take just one aspect of your life, specifically one in which you've divorced responsibility from, and really look at it – it becomes obvious how it occurs. The thoughts you hold, beliefs you have, words you repeat silently or aloud, conversations you partake in, music and programs you listen to – all of these are creative. You are a sponge but more than that – not an inert absorber of information, but a sentient being. All that is taken in becomes then a part of what turns into your life.

Practice and repetition are necessary for Mastery of anything at all. Mastery is not something magically bestowed on a deserving few, but the end result of focus and determination and intent by a single sovereign being. This is you. This is me. This is us.

We are the Ones we've been waiting for.

Owning Freedom

We sense now a freedom because there is this energy of release that is blowing, a pre-cursor to this letting go of the iron grip held by the “controllers”.

Freedom is not a state we fully comprehend. It is an absence of debt in any sense – emotional, physical, mental, and spiritual.

The process of liberation is gradual and will be accomplished with persistence as well as tenacious, relentless focus. You cannot be partially free.

To act from a self-determined point of view means that each moment is approached and conducted by choice. We have been asleep for a lifetime. Things like paying taxes and fraudulent debt to corrupt systems are symptoms of slavery, not definitions of it.

Slavery is actually experienced internally and can be defined as a state of mind that imagines you are held back, limited or controlled by another being. This is present in society today as a matter of course.

Once the chains are lifted and those controlling you have been removed, what then? It will be upon us to determine what to do.

An absence of debt is something experienced primarily by the very young. It allows for movement in any direction. It does not guarantee prosperity or love or “justice”. What it does is unleash your individual capacity to decide for yourself – everything.

To act in full consciousness exudes power. To experience the day to day from a perspective of choice rather than fear is not something we are used to.

Many of our actions are taken to avoid pain – we obey rules and follow societal guidelines so we’ll fit in and be “allowed” to live comfortably. The hierarchy of economics alone has you in a pre-determined spot you are mostly helpless to get out of.

A world without any monetary system of exchange is most likely not in our immediate future. That may be where we are headed, but today it is light years beyond the general agreement of man. Humanity chose to do this itself – accomplish liberation and then, define and structure its own society.

What this means is that as a group we are ripe for control all over again, simply because we don’t know any other way. Ideas of acceptance, allowance and freedom will have to come from the heart of each of us. This means adopting a sense of duty when that feels appropriate.

No actions or attitudes will be undergone from a place of fear when we are actually free. Take each thought and action and reconsider its origin. We are masters at controlling each other. Emotional debt is something that can never be completely paid unless released by both parties.

What will it mean to live free? Certainly, there will be no financial manipulation, but perhaps not as certainly there will be things like freedom to decide necessary elements for happiness – to include education, housing, government, money, work, recreation, love and artistic expression. These are not all the facets of life but they are the ones now manipulated by those with an agenda.

Once man takes control of this world into his heart, it will operate as if each of us has equal relevance, importance and value. This is truth. The knowing and experiencing of this will demand an unobstructed view of all possibilities. Seen clearly, decisions can be made that incorporate human rights.

Much of our language today was constructed as a result of the inequality that exists; a by-product of the program of control. “Human Rights” are only an issue if there has been systemic abuse. Man’s desire for control is part of his brilliance, yet it is also what is responsible for the domination effort that has taken over here.

There is a deep knowing of Unity that must emerge along with the physical liberation we are undergoing. Only that truth, held and cherished within, will guard against further corruption. This “truth” is what has been kept out of our media and government systems to the extent that we have forgotten. We believe we are separate and there we justify the horrors of the modern world.

Ownership, worship, wealth and domination can exist only in a place that believes they are possible. Sovereign and equal beings live in concert with every life form. The nuances of control are easy to spot with eyes wide open. They do not exist outside of us.

Love and freedom are really the same thing. Both are by products of trust.

This shift will not be easy, yet it will be simply defined. With an open heart and a willingness to collaborate we can together become what alone was not possible. Change is the reason we are here. To experience this while physical is an extra-ordinary gift.

Generations of programming have not altered our course. We are waking up, as One, now catching glimpses of our multi-dimensional glory. We are magnificent. We are the Ones we’ve been waiting for.

Humanity, the Ultimate Addiction

You are human. Gloriously, exuberantly, perfectly human. **There is no better version of you.** Let go of your “higher” self. You are multi-faceted. You have lots of parts. There is one version of you, the one with an expanded view, who has decided to watch you now, joining this life you are living. Your life. The messy one. The one with you in it.

What is going to emerge at the other end of all of this is another version of us. Call it what you want, time is an illusion and Oneness is truth. This means that we didn’t “start” anywhere and there are no “higher” parts of ourselves holding wisdom we don’t yet have. It’s all you, all the time.

What we need are new words. Words to unleash the creativity of a world full of multi-billionaire light beings. What does a world with no restraints feel like? Can you imagine life without financial, spiritual, mental or physical limitation? Can you even visualize ten billion dollars? It is a one, followed by ten zeros. Those zeros, that seem to have all the power, are just a whole lotta nothing. It is the One in front of them that makes it all happen. That One would be you, the force of creation, here now to craft a world without limits.

The whole point seems to have been to drive ourselves to the edge of insanity, waiting, wondering and miserable; only to realize no one is coming. It is done.

There are no ascended masters, galactic saviors or “higher”

versions of ourselves on the way to save us. This is our planet and we love her. We are the Masters, the ones here to shift with her.

This was the trip you came for. You have everything you need. No extra attachments are required to utilize the power here. The power source is you – you’ve just forgotten how to turn yourself on. You’ve done this before. Today you are here to do it as a human. You chose and were chosen to do this. You are not alone.

We knew before we came that we’d have to get to this breaking point before we realized the truth:

The only answer is us.

The only place to be is here.

The only time is now.

The only ones to do it knew that they could, and that when the moment arrived, they would.

It is upon us now to find the new. We need words and tools that never were. That 90% of unused stuff in your brain is getting itchy. Your ability to create is legion. It’s why you were chosen. Take the crayons out of the box. Work some magic.

Start happening. Imagine eternal vitality, relentless abundance, pervasive peace and wild joy, right alongside no traffic, great parking spots, good hair days and free concerts. Hold

happy. Breathe music. Whisper trees. The vision you are holding is the life you are molding.

We are addicted to ourselves and there is not a 12-step program. We wouldn't join one if there were. Humanity is the hottest game in town. Everyone is watching and wants to join in. We are passionately unhappy, dramatically ecstatic and violently loving. We create things just to tear them down from boredom. We run too fast, hide in corners, sing off key and gossip. The human condition is us, and we love every inch and nuance. We excite ourselves.

There is no better version to become. We are here to harness our innate essence. While every single channel we listen to tells us how cool we are, we continue to believe we're supposed to be something else. These voices are reminders, nothing more or less, **and we put them there.** This entire life is our creation.

We were never supposed to change. The answer is not outside of ourselves. We planned to fall desperately in love – with us. We've hidden our magnificence in gold, in others and in promises of more. We've blamed our failure on lack, on others and on outside limitation.

There's no place else to go with this. We've reached part 2 – self-emergence. Your emotions are the trigger and the best part of you; they fuel the human experience and create worlds. Enjoy them and watch what happens.

You love to emote, to feel and to push beyond. The angst of your

heart is the subject of every song, each story and all of your favorite movies. To dream is your birthright. You've grown up inside institutions and ideas that said looking out the window was wrong, wasteful even. This attempt to systematically erase your core truth has failed. You are bigger than any method of thought.

Embrace your humanity. Your emotions are key to your power. You only need desire and it is done. Love who you are, see what you want and don't stop until amazing happens. Contrast fuels creation.

We do that for each other. We supply contrast. We give each other sparks. We are the Masters and the answer to every prayer. We know what to do. The reason we haven't seen it yet or heard it yet is because we haven't done it yet. We've been waiting.

We are the Ones we've been waiting for.

**The End
Or rather,
The Beginning...**