

New Jersey is a breeding ground for substance and drug abuse including illegal drugs, prescription medication, and alcohol. Alcohol abuse and opioid addiction are major concerns with statistics for heroin overdose alone being 3 times higher than what the national average is. Since 2004, there have been more than 14,000 deaths caused by drug overdoses.

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These facts and figures are scary, but the state of New Jersey fortunately has numerous drug treatment and management programs to help residents effectively. Roughly 70,000 patients saw admittance to various drug treatment centers in the year 2015, with more than 76,000 helped the year after. These statistics do show a significant number of individuals looking for help with their addiction, but it also demonstrates substance abuse is increasing in New Jersey.

One of the biggest steps a person has to take involves admitting there's a problem because this is a launching pad for initial treatment plans. With more than 1,000 treatment and rehabilitation centers located in the state of New Jersey, addicts have numerous options available to them. These treatment centers are an assortment of facilities including state-funding locations, semi-funded and private establishments. Each one presents a different option for individuals seeking appropriate assistance for their substance abuse issues.

The cost involved with rehabilitation is one of the most common reasons for an addict to not seek treatment. Many insurance carriers will pay for a short stay and/or treatment at one of the covered facilities. Please note, it is also possible to take the initiative and seek out financing plans with one of these leading treatment centers instead of making an initial lump sum payment.

Going to a non-profit organization that offers treatment at no or little cost is the other option that is available. Another good option that is available to individuals would be state funded treatment centers as they can help with the costs and provide effective treatment plans over a shorter period. Government grants are another way to finance your recovery program at a treatment facility in NJ.

There are numerous other factors that need to be considered when selecting a New Jersey drug rehab facility. There are different rehabilitation centers and clinics that provide different treatment plans. The best thing a person can do is take the time to look into each facility and see what their treatment programs are all about.

The length of stay is another important factor. Many places use the 28-day recovery principle, but others are willing to see people long term. Always ask about the amenities and the activities that are offered to residents. Check the credentials of the staff at the facility as well as the staff to patient ratio.

The center should offer care and support after the treatment. It's important for the center to help with re-integration as that is half the battle.

There are numerous resources that are available to learn more about drug treatment and addiction in New Jersey like NJ Connect, Rehab Hotline, Narcotics Anonymous, Alcoholics Anonymous, and many more.