

Posters - „How to learn effectively during the corona crisis“

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CLEAR YOUR
MIND ON
FRESH AIR



ORGANIZE
YOUR
RESPONSIBILITIES



SET YOUR
DAILY
GOALS



MAKE SOME
ANTI-STRESS
SNACKS

TIPS HOW TO SURVIVE ONLINE CLASSES

IF IT'S IMPORTANT
TO YOU, YOU'LL
FIND A WAY. IF
NOT, YOU'LL FIND
AN EXCUSE.

How to learn



effectively during

the corona crisis



motivation is important:



take breaks between learning

reward yourself for completing the homework



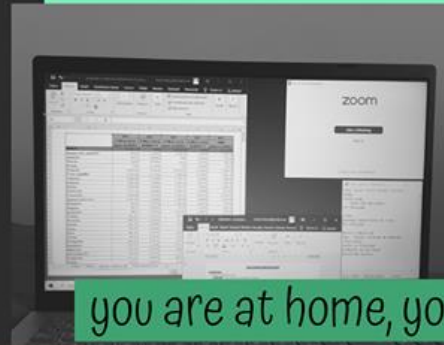
don't forget to prepare:

create a to-do list



write down homeworks, tests and online lessons

it will be easier for you



you are at home, you have internet ... use it!

if you don't understand something, find it on the net,
write to a friend

you have many options



HOW TO LEARN EFFECTIVELY DURING THE CORONA CRISIS



CREATE A DAILY TO DO LIST

ORGANIZING THE DAY WILL GIVE YOU A BETTER OVERVIEW



HELP EACH OTHER WITH CLASSMATES

MUTUAL ENCOURAGEMENT IN LEARNING



DO YOUR HOMEWORK IN THE MORNING

TO HAVE THE REST OF THE DAY FREE



GET SOME ENERGY

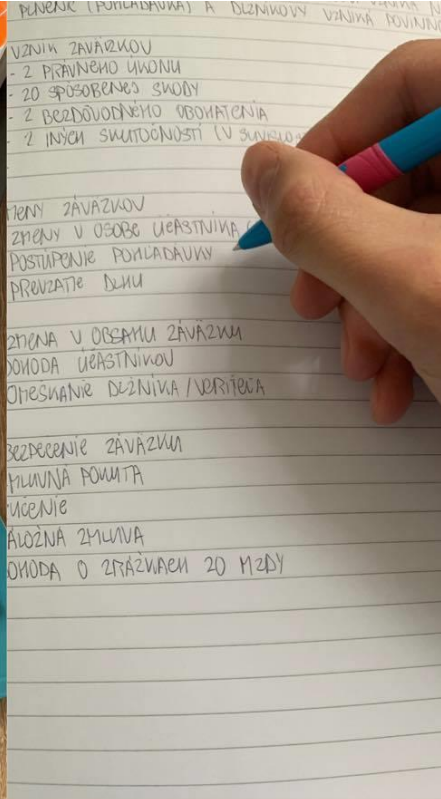
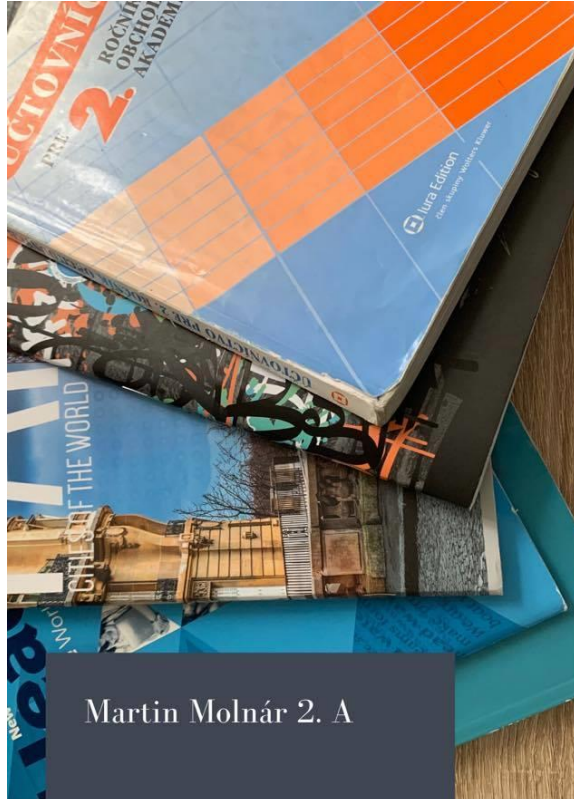
GET YOURSELF COMFORTABLE AND ENJOY THE SCHOOL IN POSITIVE WAY



How to learn effectively during the corona crisis



- Listen to your teachers when you have online lesson
- Listen to music when doing your homework
- Try to meet deadlines
- Do the hardest takes first



Martin Molnár 2. A

HOW TO LEARN EFFECTIVELY DURING THE CORONA CRISSIS

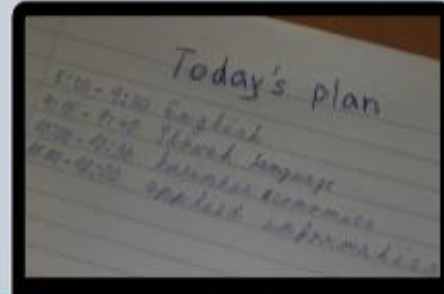
TRY YOUR BEST AT HOME DURING THESE TIMES

It is very important to stay focused and motivated. One of the most important rules is to have a plan for each day, it will help you with your concentration on things such as homeworks, presentations and more.

HOW TO LEARN EFFECTIVELY DURING THE CORONA CRISIS

CREATE YOUR PLAN FOR NEXT DAY

WRITE A FEW SHORT SENTENCES ABOUT WHEN AND WHAT YOU WILL DO



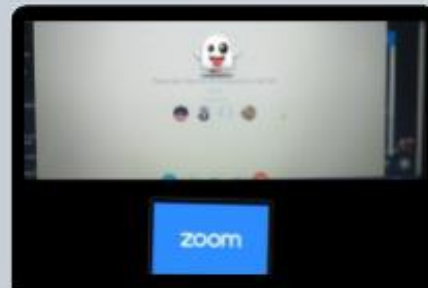
DO THE HARDEST TASK FIRST

PEOPLE ARE MOST EFFECTIVE FROM 8:00 TO 10:00, SO THERE'S A GOOD CHANCE YOU'LL DO IT RIGHT



GROUP WORK ONLINE

IF IT'S NOT FORBIDDEN, CALL YOUR FRIENDS AND TRY TO DO IT TOGETHER





Write a To-Do List

Thanks to this, you will be able to allocate your time and catch everything on time. It's best to plan the hardest thing first. Don't forget to plan your day so that you follow your routine similar to the one you had during school.

Switch off your phones

The mobile phone usually only distracts us. Try turning it off for 25 minutes and devoting yourself fully to learning. As an aid, you can use a timer or various applications that will appreciate you for your efforts.



HOW TO LEARN EFFECTIVELY DURING CORONA CRISIS?

Have place for your work

You should have your place reserved only for doing your homework. From time to time, however, you can try to exchange it for learning in the fresh air - in the garden or on the balcony



Online lessons will help you understand the curriculum better, but they will also help you socialize. However, you can also call a classmate with whom you will take over the curriculum and thus motivate yourself.

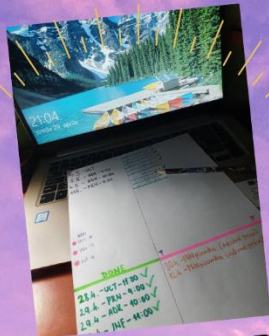
Take online classes

HOW TO LEARN EFFECTIVELY DURING THE CORONA CRISIS



- 1. LISTEN TO YOUR TEACHERS WHEN HAVING AN ONLINE LESSON**
- 2. DO THE HARDEST TASKS FIRST**
- 3. DON'T LET EVERYTHING FOR LAST MINUTE**
- 4. LISTEN TO MUSIC WHILE DOING YOUR HOMEWORK**

HOW TO LEARN EFFECTIVELY DURING CORONA CRISIS



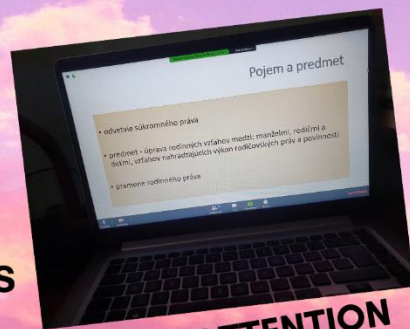
ORGANIZE YOUR TIME



BE POSITIVE



MAKE SOME SNACKS



TRY TO PAY ATTENTION



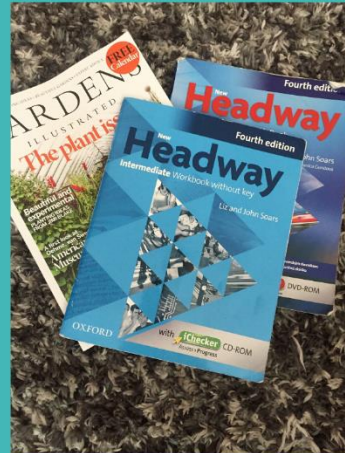
STAY IN GOOD MOOD



How to learn effectively during the corona crisis

In this difficult time, it is really hard to think positively and it also has an impact on our education.

Here are a few points How to learn more effective .



MENTAL HEALTH IS JUST AS IMPORTANT AS PHYSICAL HEALTH

- **Start in the morning, train your muscles in the morning and drink a lot of water, this will make your body work better and you will not be tired and bored.**

- **Plan what you want to do that day.**

Turn off your phone

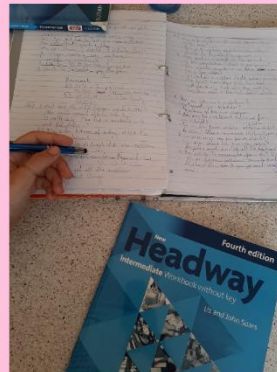
- **and take ten minute breaks while learning ... It's more effective than learning for three hours without a break.**

HOW TO LEARN EFFECTIVELY DURING THE corona crisis

1. Monday
2. Tuesday
3. Wednesday
4. Thursday
5. Friday

First you should make a weekly plan. You should still wake up earlier for school.

Try to listen what your teacher's saying on online school. For better concentration turn off notifications.



Ty to do it yourself

Don't forget to call your friends. They will help you if you need it.



Do your school every day for the **same** time.

Don't forget to have a break.

How to learn effectively during the corona crisis

7 STEPS

01 PLAN YOUR DAY

It's important to plan exactly when and what you want to study.

02 MANAGE YOUR TIME

It will be easier to plan all your activities in advance.

03 MAKE YOUR OWN AREA TO STUDY

Make an area in your room where you'll learn and you'll have all the necessary books and stuff.

04 PREPARE SYSTEMATICALLY

If you don't do things systematically, they will gather and then you will have a lot of work to do

05 KEEP YOUR THINGS TIDY

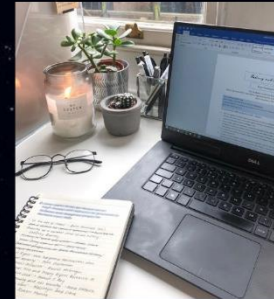
When all things have their own place, your preparation will be much more easier.

06 COMMUNICATE WITH YOUR PROFESORS AND CLASSMATES

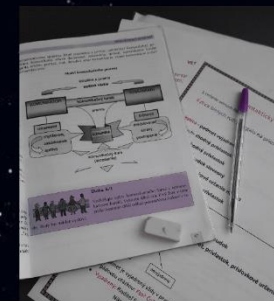
Communication is the key. If you don't understand something, just ask.

07 SET YOUR GOALS

Set your goals to be achievable. Don't make them unrealistic. Just determine everything you want to achieve.



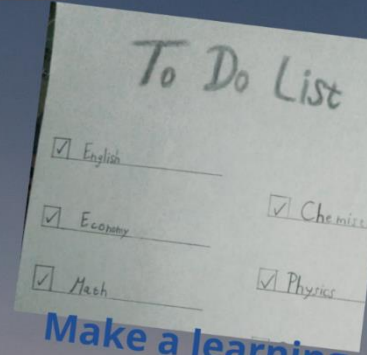
A	B	C	D	E
1	501	Spotreba materiálu	65 000,00 €	
2	512	Cestovné	800,00 €	
3	518	Náklady na reprezentáciu	2 500,00 €	
4	518	Ostatné služby	14 000,00 €	
5	521	Mzdové náklady	72 000,00 €	
6	524	Základné sociálne poistenie	25 544,00 €	
7	527	Základné sociálne náklady	720,00 €	
8	531	Daň z motorových vozidiel	5 300,00 €	
9	551	Daň DM	3 180,00 €	
10	562	Úroky	1 960,00 €	
11	568	Ostatné finančné náklady	108,00 €	



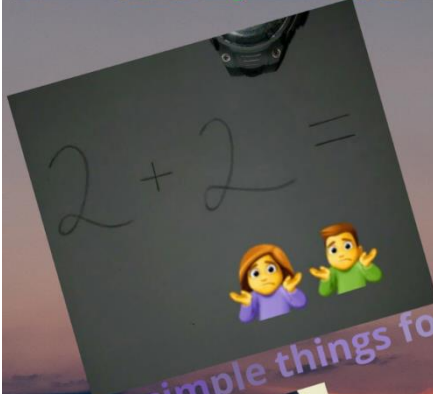
How to learn effectively during the corona crisis



Find some motivation for yourself



Make a learning plan



Keep simple things for later



Turn off your phone



Sometimes take a short break



Learn regularly



HOW TO LEARN EFFECTIVELY DURING THE CORONA CRISIS

FIRST STEP

you have to know how to organize your time .



SECOND STEP

when you have a clean workspace around you, you can learn easier .



THIRD STEP

You need to know when it's time to rest .



HOW TO LEARN
EFFECTIVELY
ENGLISH DURING
THE CORONA
CRISIS



Speak a little English
every day.



Listen to English on
the radio or tv.



Read and write
in English.



Don't be afraid to
make mistakes.
