

The state of New Jersey is rife with substance and drug abuse involving illegal drugs, prescription medication, and alcohol. Based on modern studies, alcohol and opioid addiction continue to pose a larger risk in this area compared to the rest of America. More than 14,000 deaths were reported from the overdose of drugs since the year 2004.

More Info: [best detox centers in NJ](#)

These facts and figures are scary, but the state of New Jersey fortunately has numerous drug treatment and management programs to help residents effectively. More than 70,000 have been admitted to drug management facilities around the state in 2015 and this number has been increased to 76,000 in 2015. Even though this shows that many are reaching out for help, it also signals that there is a boost in drug abuse in New Jersey.

One of the biggest steps a person has to take involves admitting there's a problem because this is a launching pad for initial treatment plans. With more than 1,000 treatment and rehabilitation centers located in the state of New Jersey, addicts have numerous options available to them. From completely or semi-funded private treatment centers to fully state-funded facilities, there are options that are available for meeting the requirements of every single individual who might have a substance abuse problem that they are struggling with.

The most common reason (following denial) that addicts don't seek treatment is the expense of rehabilitation. This often has to do with the cost of these treatment programs, which can be covered by medical insurance policies with specific designated treatment centers. Also, clinics might offer payment plans or other forms of financing to help out those unable to just pay for the involved expenses.

Another option would be to look for assistance from non-profits since they can sometimes offer treatment for little or no cost. Another good option is state funded facilities that can offer rehabilitation for free although their treatment plans have long waiting lists and there are restrictions on the length of stay. Government grants are another way to finance your recovery program at a treatment facility in NJ.

For those ready to take the next step, it's important to find the best drug rehab facility in the heart of New Jersey. Various facilities, clinics, and centers each offer distinct treatment programs. It is essential to research the various kinds of treatment programs in order to determine which one is best suited for your specific needs.

One of the factors would be the time spent in a treatment facility. There are varying options available to people with some stating there's a "28 day" recovery schedule while others go with a more customized setup based on the patient's needs. Another good idea is to learn more about what additional care is provided and what activities and amenities are available. Be sure the facility staff at any place is part of the research process, looking into things like the ratio of staff to patients, their expertise, and their credentials.

Each center is going to have a different approach to its care options and those have to be kept in mind. On the other hand, the center should assist the patient to re-integrate into society after the treatment. This will help provide a lesser chance of relapse.

There are so many resources that you could use to find out about the best rehabilitation center for you. Some of them include Narcotics Anonymous, Alcoholics Anonymous, Rehab Hotline, NJ Connect, and many more.