

FULL NAME		PHONE NUMBER	EMAIL ADDRESS
FIRST & LAST NAME		PHONE NUMBER	EMAIL ADDRESS
CHEST CIRCLE	1	Measure a full circle around the upper bust	
BUST SEPARATION	2	Measure nipple to nipple	
BUST	3	Measure a full circle around the bust	
UNDER BUST	4	Measure a full circle under the bust	
WAIST (NARROWEST PART)	5	Measure a full circle	
HIPS	6	Measure a full circle around the hips	
SHOULDERS	7	Distance from shoulder to shoulder	
BACK WIDTH	8	Measure the distance of the back	
FRONT & BACK LENGTH	9	Measure the front and back from shoulder to waist part (example 45 / 42)	
WAIST TO BOTTOM FULL LENGTH	10	Height from waist to bottom with heals	
ARM HOLE	11	Measure a circle on the part of arm hole	
BICEPS (WIDEST PART)	12	Measure a circle around the bicep	
ANKLE	13	Measure a circle around the ankle	
WRIST	14	Measure a circle around the wrist	
ARM LENGTH	15	Measure the lenth from shoulder to wrist	