

On a recent cold Saturday morning, members of the consultant team working with the Massachusetts Department of Public Works on the North Area/Central Artery project, gathered in City Square to mark out what the new City Square will look like after the \$150 million highway-tunnel project is completed in 1991.



Consultants from CBT/ Childs Bertman Tseckares & Casendino Inc., landscape architects and community participation liaison for the North Area project, met at 7:30 a.m. in City Square, armed with bright orange cones and lime. Dodging cars, trucks, and buses, the group set down cones and made lines with the lime on the pavement marking the outline of the new City Square. Peter Smith, project manager from CBT, said that the point of the site visit was to get a "feel for the what the new space would be like" by actually marking the new space on the existing Square.

LOST Stud earring with white stone, on Main St., Sat., Dec. 28. 242-7183 Reward

Proposed New City Square Outlined By Consultants

NORTH AREA PROJECT WILL CHANGE STREETS, CITY SQUARE

will be created by 1991. One

of the new parcels will be a

new, larger City Square,

Nick Reed and Rebecca

Krinke, landscape architects

working on the project, said

that studying a given space

on paper is just one dimen-

sion of analysis. In order to

really understand how a

space will be used, Nick

Reed said. "There is no

substitute for standing in the

space itself. It is definitely

the most succinct way to

visualize the magnitude of

the new City Square relative

called Parcel 5.

The North Area/Central Artery project will involve removing the overhead highway ramps in City Square and replacing them in tunnels underneath. A series of new loop ramps west of Rutherford Avenue will also help improve safety and traf-

fic flow on the bridge and ease congestion on the roadway. As a result of the highway improvements, six new parcels of developable land

Chain Forge Building Proposals To Be Presented At Preservation Society Meeting

The Chain Force Building in the Navy Yard (Building 105), with its historical significance, is about to be released for development. The building houses equipment which was used to manufacture all the chain for the U.S. Navy. It had the capability of forging the largest chain in the world.

Due to its significance, the Request for Proposal on Building 105 requires historic preservation of this process and equipment. Potential developers for this site will have to include a preservation plan within their proposal. The five interested developers have been invited to the Charlestown Preservation Society's January meeting to make presentations of their proposals. They are: Congress/Immobiliare; Cushman/Wakefield; Fort Point Artists Cooperative: Housing Associates; Myerson/ Allen.

Each will give a ten minute presentation, after which the meeting will be open for questions and comments.

The meeting will be held on Sunday, January 5, 1986 at 7:30 p.m. at the First Baptist Church Hall, 5 Monument Square. The public is welcome to attend.

Selling Your Home? LOWER INTEREST RATES

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If you are planning to sell, ask Gibson for an estimate

to the existing City Square." Although it was clear that the highway project would greatly enlarge the space called City Square, the presence of the highway ramps and current street layout make visualizing the new area difficult. Anne McKinnon and Greg Shaw from CBT stood in the middle of the streets and marked with lime the edges of the new space according to the plans from the engineers. As drivers in trucks and cars looked on, the outline of the parcel was marked with cones in the corners and lime on the existing city streets.

Avoiding construction workers, power lines, and falling sparks, the consultants climbed to the roof of Roughan Hall, which is being renoved for commercial use. From the roof, the outline of the parcel was visible and the magnitude of the space became clear.

BIGGER CITY SQUARE

In order to better understand the size of the new, larger space, the area demarcated by the consultants includes part of the YMCA building that will be demolished in 1986. The Charlestown Bridge will be moved to a position west of its current alignment, and Rutherford Avenue will be widened to eight lanes. As a result of these changes, the size of

(continued on page 10)



Santa Visits Elderly At Gala Christmas Party



THE WELCOMING COMMITTEE at the Christmas Party for Charlestown Senior Citizens included (l. to r.) Karen Weafer, Santa Claus (Joe Travis), Tish MacInnes and Noreen O'Halloran (photo by John Dillon)



ON HAND for the Senior Citizen Christmas Party, sponsored by Charlestown Community Schools, was (l. to r.) Anne Kelly, Santa Claus (Joe Travis), Laura Kelly, Boston City Councillor Robert Travaglini, and Beverly Gibbons. (photo by John Dillon)

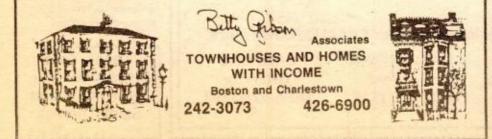


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The Charlestown PATRIOT© and Somerville Chronicle

AN INDEPENDENT WEEKLY

One Thompson Square Charlestown, MA 02129

241-9511 Gloria J. Conway, Publisher & Managing Editor

This weekly newspaper assumes no financial responsibility for typographical errors in advertisements, but will reprint the part of an advertisement in which the typographical error appears. Advertisers will please notify the management of any error which may occur.

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Local news and photos are always welcome. This newpaper is not responsible for the return of photos sent for publication. Copy is not signed will not be published. Deadline for advertising and copy is Monday at 5:00 p.m.

Kennedy Center Board To Meet

usaCinemas

OPERATING SACK THEATRES

BARGAIN MATINEE FIRST SHOW ONLY

PG-13

THE WEEK OF JANUARY 3 TO 9

DISNEP'S

CLASSIC [

G

There will be a meeting of the Kennedy Center Board of Directors on Monday evening, January 6, 1986 at 7:00 p.m. at the Mary Colbert

SOMERVILLE

CHORUS

LI⊓€

12:30-3:00-5:30-7:50-10:15

Late Show Fri & Sat 12:20 am

DOLBY NO PASSES

SYLVESTER STALLONE in

1:00-3:15-5:30-7:45-10:00 Late Show Fri & Sat 12 MID

NO PASSES

STEVEN SPIELBERG'S

YOUNG

SHERLOCK

HOLMES

1:00-3:20-5:35-7:55-10:10 Late Show Fri & Sat 12:15 am

DOLBY

12:30 - 2:45 - 5:10

NO PASSES

Michael Louglas

Kathleen Turner

TaGlaus

PG-13

PG

Apartments, 20 Devens Street.

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Late Show Fri & Sat 11:15 pm

ANN MARGARET

12:45-3:00-5:15-7:30-9:45

Late Show Fri & Sat 12 Mid

DENNIS QUAID

ENEMY

MINE

1:30-3:45-5:50-8:00-10:10 Late Show Fri & Sat 12:15 am

NO PASSES

WILLIAM FRIEDKIN'S

LIVE DIE

Mon-Thur: 1:00-3:15-5:30-7:50 R

& 10:00

Fri, Sat, Sun: 7:50-10:00 Late Show Fri & Sat 12:15 am

IT'S NOT JUST

vice

DALMATIANS

The public is welcome to attend.

Charlestown Community Calendar

This Week At A Glance

Thursday, January 2

Line Dancing for Senior Citizens - 2:00 p.m. - Kent Community School, 50 Bunker Hill Street

Book Discussion Group featuring October Light by John Gardner - 6:30 p.m. -Charlestown Branch Library, 179 Main Street

Nomination of Officers for Explorer Post 1212-15 - 7:00 p.m. - 55 Bunker Hill Street

Representative Richard A. Voke Office Hours - 7:00 to 8:00 p.m. - American Legion Hall, 27 Chestnut Street Sunday, January 5

Charlestown Preservation Society Meeting - 7:30 p.m. - First Baptist Church Hall, 5 Monument Square Monday, January 6

Kennedy Center Board of Directors Meeting - 7:00 p.m. - Mary Colbert Apartments, 20 Devens Street Ballots (raffle tickets)

available for "Mayor of Charlestown" Contest - 7:30 p.m. - Mary Colbert Apartments, 20 Devens Street

Tuesday, January 7

Children's Films - 10:30 a.m. and 3:30 p.m. - Charlestown Branch Library, 179 Main Street

Samuel Eliot Morison Lecture with Philip Smith -5:45 to 7:15 p.m. - USS Constitution Museum, Charlestown Navy Yard

Dance Lessons - 8:00 p.m. K. of C. Hall, 75 West School Street

Wednesday, January 8

C.Y.H.A. Finance Committee Meeting at 6:30 p.m. and General Meeting at 7:30 p.m. - Mary Colbert Apartments, 20 Devens Street Bunker Hill Irish Heritage Society Meeting - 7:30 p.m. - American Legion Hall, 27 Chestnut Street

Senior Citizen Lunch

The Kit Clark Senior House provides lunches for Senior Citizens, Monday through Friday, under the Title III Senior Nutrition Program at the Rutherford Avenue Senior Center,

potato, peas, fresh fruit, pumpernickle roll with oleo.

Monday, January 6 - Meatball Stroganoff, salad, whipped potato, tapioca pudding, pumpernickle bread with oleo.

beans, fresh fruit, twist dinner roll with oleo

botato, carrots, cranberry sauce, chilled fruit, white bread with oleo

spinach, orange Bavarian, wheat bread with oleo.

Las Vegas Night

Friday, January 3rd

Somerville Holiday Inn 20 Washington Street Somerville

7:30 p.m. to midnight

Donation \$1.00 Sorry, no poker Sponsored by Boston Fair Share

Upcoming Events

Thursday, January 9 Line Dancing for Senior

Charlestown Community School Council Elections -3:00 to 7:00 p.m. - Kent Community School, 50

Representative Richard A.

and Pre-School Story Hour -10:00 a.m. - Charlestown Branch Library, 179 Main Street

Children's Films - 10:30

Interagency and Community

Workshop - call Elaine Mc-

Carthy, NATF, at 242-3618

Dance featuring Noel

Henry - 8:00 p.m. to 1:00

a.m. - K. of C. Hall, 75

"Teddy Bear Picnic In

January" - 11:00 a.m. to

noon - Charlestown Branch

Retirement Party in honor

of Reverend Isaiah Sears -

6:30 p.m. - K. of C. Hall, 75

Memorial Mass for Dr.

Daniel D. Sokol - 11:30

a.m. - St. Mary's Church,

Samuel Eliot Morison

Lecture with John Wilmer-

ding - 5:45 to 7:15 p.m. -

USS Constitution Museum,

North Area/Central Artery

Community Meeting - 7:00

Charlestown Navy Yard

West School Street

Warren Street

Sunday, January 19

Tuesday, January 21

Library, 179 Main Street

Friday, January 17

West School Street

Saturday, January 18

for details

West School Street

a.m. and 3:30 p.m. -

Charlestown Branch Libra-

Samuel Eliot Morison

Lecture with Sinclair Hit-

chings - 5:45 to 7:15 p.m. -

USS Constitution Museum,

Dance Lessons - 8:00 p.m.

- K. of C. Hall, 75 West

Police Community Rela-

tions Meeting - 7:00 p.m. -

Kent Community School, 50

Wednesday, January 15

Borden-Fields Post 544

V.F.W. Meeting - 7:30 p.m.

- American Legion Hall, 27

Meeting - 8:00 p.m. - Mem-

orial Hall, 14 Green Street

Charlestown Little League

Charlestown Navy Yard

School Street

Bunker Hill Street

Chestnut Street

ry, 179 Main Street

Pop Warner Football League Banquet - K. of C. Hall, 75 West School Street

Tuesday, January 28 Samuel Eliot Morison

Lecture with Carol Olson -5:45 to 7:15 p.m. - USS Constitution Museum, Charlestown Navy Yard

Friday, January 31

C.Y.H.A. Fundraiser Dance with "The Marcels" - details to follow

Thursday, February 20

New England Patriots to play basketball game to benefit Life Focus Center -8:00 p.m. - location to be announced

Friday, February 21

Dance featuring the Irish Revolution - 9:00 p.m. to 1:00 a.m. - K. of C. Hall, 75 West School Street

Friday, March 21

Election Night for "Mayor of Charlestown" - 7:30 p.m. - K. of C. Hall, 75 West School Street

Registration For Evening High School

Registration for the Boston Central Adult Evening High School will be held on January 7, 9, 14 and 16 from 7:00 to 9:00 p.m.

Classes will begin on January 30, 1986 and are held every Tuesday and Thursday from 7:00 to 10:00 p.m.

The Registration Fee is \$1.00 for residents of

The Boston Central Adult High School, conveniently located in the English High School Building, 77 Avenue Louis Pasteur, Boston, offers adult students an opportunity to earn a high school diploma comparable to that

offered by accredited day high schools. High School graduates who need special courses to enter college or institutions of higher learning may also enroll. For those students who are interested in improving or learning new skills, Typing, Shorthand, Bookkeeping, Office Practice, etc. are offered.

114 Rutherford Avenue. MENU

Friday, January 3 - Baked fish, lemon butter, Chantilly

Tuesday, January 7 - Navy bean soup with crackers, knockwurst, boiled cabbage, or meatloaf with gravy, baked

Wednesday, January 8 - Baked chicken with gravy, parsley

Thursday, January 9 - Apple juice, seafood casserole,

Program

Thursday, January 16 North Area/Central Artery

Citizens - 2:00 p.m. - Kent Community School, 50 Bunker Hill Street

Bunker Hill Street

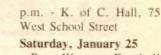
Voke Office Hours - 7:00 to 8:00 p.m. - American Legion Hall, 27 Chestnut Street

Friday, January 10

Parents Discussion Group

Tuesday, January 14

Plan Ahead





1:30-3:30-5:30-7:30-9:45

Late Show Fri & Sat 11:45 pm

2:00-4-6-8-10:10 Late Show Fri & Sat 12:10 am PG PG 1:15-3:30-5:40-8:00-10:15 Late Show Fri & Sat 12:15 am NO PASSES

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Also, instruction in Basic English and Citizenship for all persons who have little or no command of the English Language and/or need instruction to receive their zitizenship is offered.

Thank You, Blessed Mother, Poor Souls and Saint Theresa E.S

Fourth Annual "Mayor of Charlestown" Contest will begin on Monday, January

PLANTS FOR THE HOLIDAYS



Colorful flowering plants add a festive touch in the home during holidays and make a welcome gift. Occasionally these plants will come equipped with "care cards" providing adequate instructions. More often than not people don't know what to do with the gift plant and expect it to naturally finish its slow demise along with the balding Christmas Tree.

Discarding holiday plants annually is an unfortunate tradition. With the proper care and growing conditions, most plants will respond and give an even better performance next year. In the hopes of breaking this tradition, try following the instructions for your particular plant:

Poinsettia (Euphorbia Pulcherrima) - This popular holiday plant enjoys full sunlight as much as it dislikes drafts and extreme changes in temperature. Let it dry between thorough waterings and don't fertilize. Temperatures between 65-70 degrees are preferred.

When the colorful, red leaves, known as flower bracts, start to fade, there is no reason to toss the plant. Poinsettias may also occasionally drop a few lower leaves as a natural part of the plant's cycle. Keep the plant barely moist in a lighted spot indoors. In the spring when danger of frost is past, sink the pot into the ground outdoors in full sunlight and prune the top of the plant to promote branching. In order for the plant to flower again, bring the Poinsettia back in the house starting mid-September. From this point to the end of October, the plant must have at least twelve hours of darkness (14 to 15 to be safe) allowing only 9 to 10 hours a day of bright to sunny window light. If the darkness span is interrupted by light, buds will not form. Make it a habit to cover or tuck the plants away in a closet when the sun goes down, and uncover upon arising in the morning. By November, buds should form and you can put them on display again with no special treatment.

Azalea (Indica) - Azaleas will resume their normal spring blossoming schedule if given the proper care during their resting time. Give your Azalea cool temperatures (50 degrees at night, not more than 68 degrees during the day), a bright window (east) and plenty of water. After the flowers fade, trim seed pods and dead blossoms and prune back any unruly branches. Re-pot into a pot one size larger using Sphagnum Peat Moss. Water and fertilize with an Azalea fertilizer. Feed only three times a year - when you re-pot, two months later, and mid-summer.

Kalanchoe (Blossfeldiana) - Again, a bright cool spot (55-60 degrees) is needed. Water only when the soil is bone dry, and feed regularly. To induce flowering, begin keeping the plant in total darkness for 12 hours each night for three weeks or until buds appear.

Christmas Cactus (Schlumbergera Bridgesii) - Put your flowering cactus in bright, indirect light keeping it constantly moist, and feeding it every other week. You can set the plant outside in a shady spot for the summer, continuing the same care until its rest period in September. During this time, buds will form if the night temperatures are fifty degrees to fifty-five degrees. If not, give the Christmas Cactus at least thirteen hours of darkness (much like the Poinsettia), cut back water and stop feeding. When buds appear, put back on display, begin watering and fertilizing every other week.

Cyclamen (Cyclamen Persicum) - Keep Cyclamens as cool as 40 degrees if possible and not exceed 65 degrees. They don't like sun, so keep in bright indirect light, and make sure soil is evenly moist. Reduce watering gradually in March when the leaves begin to yellow and the plant stops flowering. The bulb-like stem, called a corm, should be exposed to sun from June to July and water withheld. When young leaves appear, re-pot leaving about half the corm exposed. Begin watering the end of July. The most important step in preserving your holiday plant is often out of your control; bringing the plant home without chilling it. A rapid fluctuation in temperature (more than 15 degrees up or down) can do serious damage. You can protect plants when moving them on cold days by wrapping them in several paper bags or layers of newspaper. Keep the journey as brief as possible. Then, upon arrival, leave the plant wrapped for half an hour to allow the air temperature around the plant to rise slowly. ****

"Mayor Of Charlestown" Contest To Begin On Monday

the same as in the past, the

candidate who sells the most

raffle tickets wins the elec-

tion and becomes the "May-

or of Charlestown". The

price of the raffle tickets is

one dollar each and the prize

for the lucky raffle winner is

a tour of Ireland. The contest

has been such a success in

the past three years, that the

Committee has been able to

6, 1986. This annual election/raffle is sponsored by the Committee to raise funds and defray the cost of the Charlestown Rose Contest and sending the winner and her escort to Charlestown, County Mayo, Ireland to participate in the International Western Rose Festival.

The rules of the contest are

Completes Basic Training

Private Timothy A. O'Neil, son of Roberta A. O'Neil of 10 Tufts Street, Charlestown, has completed basic training at Fort Jackson, South Carolina.

During the training, students received instruction in drill and ceremonies, weapons, map reading, tactics. military courtesy, military justice, first aid, and Army history and traditions.

He is a 1983 graduate of Weymouth South High School, South Weymouth.

Children's Films

The Film Program for Children will be shown at the Charlestown Branch Library, 179 Main Street on Tuesday, January 7, 1986 at 10:30 a.m. and 3:30 p.m.

The features will be "The Hat", in which a poor man is able to help other people in trouble with the help of a special hat: children on their way to the playground show some safety rules in "Safety As We Play"; and a boy and his dog spend all day trying to catch a frog in "A Boy, A Dog. And A Frog".

Suggested reading in conjunction with this program includes: The Day The Wind Blew by Pat Hutchins, Magic Monsters Learn About Safety by Sylvia Root Tester, and A Boy, A Dog, And A Frog by Mercer Mayer.

In addition to the above films, "Best Horse" will be shown at 4:00 p.m. In this story, Wendy tries to convince her mother to let her enter her horse in a local rodeo. This tilm is based on a story by Elizabeth Van Steenwyk.

The suggested reading in conjunction with this film is Nicki And Wynne by Barbara Morgenroth.



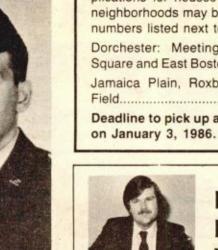
award the winning candidate a tour of Ireland and last year we were able to award prizes to the first and second runners-up.

Ballots (raffle tickets) will be available to candidates on Monday evening, January 6th at 7:30 p.m. in the Meeting Room of the Mary Colbert Apartments, 20 Devens Street.

The election will close on Friday evening, March 21, 1986 and election night festivities will be held at the Knights of Columbus Hall, 75 West School Street.

The Abandoned Housing Program/Public Facilities Department Housing Division is currently offering 13 houses and 6 condominiums, ranging in price from \$33,000 to \$92,500. Applications for houses located in the following neighborhoods may be obtained by calling the numbers listed next to those neighborhoods: Dorchester: Meeting House Hill, Codman Square and East Boston...... 825-0346 Jamaica Plain, Roxbury, Mattapan, Franklin Deadline to pick up applications is 4:00 p.m.

January 2, 1986, The Charlestown Patriot, page 3





By Joseph P. Gannon III Century 21 Silva Realty Associates

THE "FOR SALE SIGN"

When our agents meet with clients to discuss marketing their homes, some clients resist the idea of having a "For Sale" sign placed on the front of the house. They don't want the neighbors to know they're moving, or they may be concerned that complete strangers will knock on the door to ask about the house. For the most part, however, the advantages of a sign far outweigh the possible disadvantages.

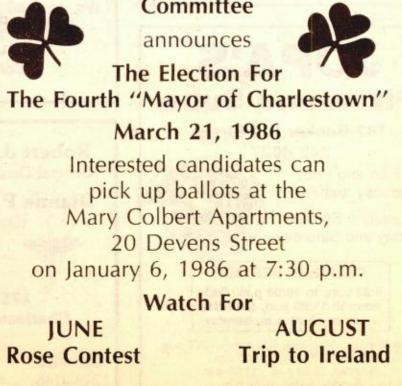
First, that sign will make our phones ring. Many of our customers come from sign calls. We've also found that neighbors often sell a house for us, recommending their area to friends or colleagues who may be house hunting. If you want to sell quickly, letting the neighbors know is a good idea! Finally, almost all buyers will contact the realtor directly to make an appointment to see a house that interests them.

Having a "For Sale" sign in front of your house is not an absolute necessity, and most agents will not insist that you have one, but it will increase the property's exposure and make it sell more quickly.

For solid advice on marketing your home, come to Century 21, Silva Realty Associates at 142 Main Street, Charlestown or call and speak with one of our professionals at 242-7470.

Each office is independently Century 21 owned and operated. SILVA REALTY ASSOCIATES, INC.

The Charlestown - To - Charlestown Committee



under the direction of Principal John M. Twombly, Jr., announces that the following students from Charlestown have earned honors recognition for the first- marking period: Class of 1986 - Honors: Sharon Beasley; Class of 1988 - Second Honors: Michael Howell; Class of 1989 - Honors: Amy Char-

davoyne, Sean Dever, Alicia

Donnaruma, Karen Ezekiel

CHARLESTOWN

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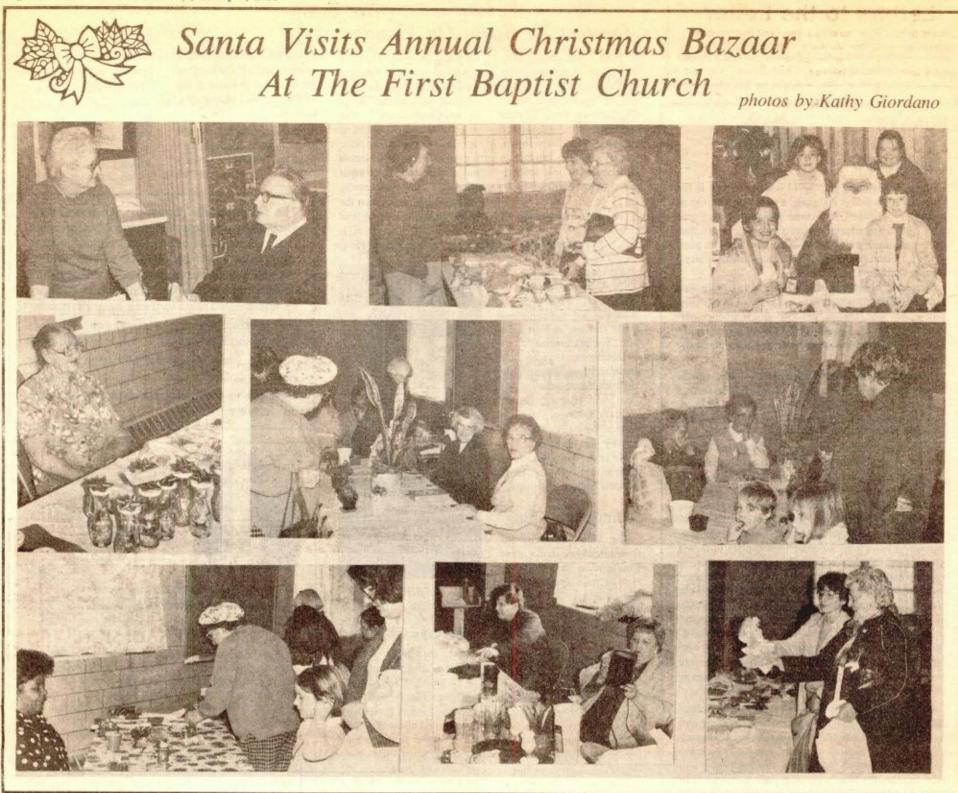
and Marie Marcella.



The Urban Horticulture Program of the Suffolk County Cooperative Extension Service provides free horticultural information and soil testing to the residents of Suffolk County. A Horticulturist is available to answer questions Monday through Friday from 9:00 a.m. to 5:00 p.m. Call 727-4107.

Commercial and Home Heat We service and install oil burners of all kinds 24 HOUR BURNER SERVICE Lic. No. 23177 We now accept **Fuel Assistance** C.O.D. \$1.02⁹ per gal. 241-7751 ubject to change

Collier & Cahill HOT & COLD BUFFET SPECIALISTS 242-9503 284-2645



Knights of Columbus Dance featuring Noel Henry Irish Celtic Band Friday, January 17th K. of C. Hall **75 West School Street** Buffet 8 p.m. to 9 p.m. Dancing 9:00 p.m. to 1:00 a.m. Admission \$9.00 For tickets, call: Bud Whelan at 242-4217

or the Council at 242-0062

OF . MOVING . . We are moving to larger quarters in order to better serve you at 714 Broadway

in

Ball Square, Somerville Due to the move, we will be closed January 2nd through January 6th. We will reopen in our new store January 7th. SEE YOU THEN ...

We wish all of you a Happy, Safe and Prosperous New Year.

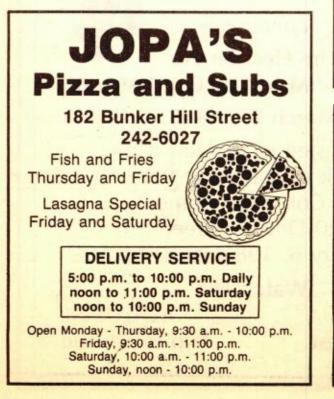
Commissioned Second Lieutenant

John P. Leone Jr., son of John P. and Florence R. Leone of Malden, has been commissioned a second lieutenant in the U.S. Air Force upon graduation from Officer Training School at Lackland Air Force Base, Texas.

The 12-week course trained selected college graduates to apply communicative skills, professional knowledge, leadership and management in positions of responsibility.

Leone will now be assigned at Columbus Air Force Base, Mississippi





714 Broadway Somerville, MA. 666-3411

Robert J. Esdale, D.D.S. (General Dentistry and Orthodontics)

Dianne P. Tanner, R.D.H.



242-2146

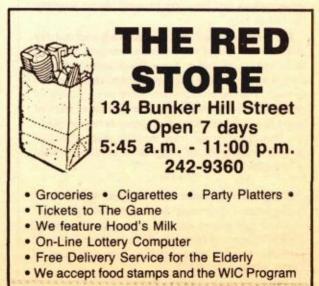
(Dental Hygiene) Preventive **Dental Care**

7:30 - 5:30

175 Main Street Charlestown Professional Building 242-4425 Office Hours

His wife, Patricia, is the daughter of John J. and Rita Dunbar of 73 School Street, Charlestown.

SECOND LIEUTENANT JOHN. P. LEONE, JR. He is a 1985 graduate of Southern Illinois University.



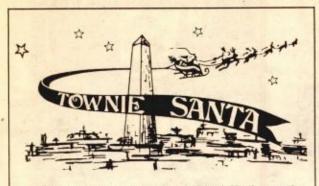
Letters to the Editor

Letters to the Editor must be signed and include name, address and telephone number for verification. The name will be withheld if the writer so requests. Anonymous letters will NOT be published.

Thank You

To the Editor,

We would like to thank the maintenance crew of the Charlestown Navy Yard for taking care of our Chihauhau. The Mason Family



"Townie Santa" visited over 150 of Charlestown's elderly shut-ins on Sunday morning, December 22nd to deliver a Christmas Basket and a hot turkey dinner. 'Santa'' was anyone of several dozen neighbors who

devoted this morning to sharing the spirit of Christmas with those who are unable to be up and about.

Details and photographs of the "Townie Santa" delivery will be featured in next week's edition of the Patriot.

DONATIONS

Donations to the "Townie Santa" Program will continue to be publicly acknowledged.

Donations have been received from: Mystic Masonry Kane Electric Towne Lyne Cafe The Coffee Shop Charlestown Merchants Association T. B. Donnelly & Co. P.C. Employees of T. B. Donnelly & Co. McCarthy Brothers Inc. In Memory of James Collins American Paper Box Co. Joseph T. Kowalik Jaguar Television Productions Inc. Teresa M. Clair John Griffin Carol Bratley William P. Lamb, Architect Sue Halloran In Memory of Andrew & Agnes Griffin David Paisner Wendy R. Withington Eleanor Soherr Jaffe Jack Whelan Evans Alternative, Inc. The Boston Globe

YEAR END CLEARANCE 30% off selected merchandise

January 2 through January 11, 1986

BUNKER HILL FLORIST

Dear Gloria,

May I, through the Charlestown Patriot, convey my sincere thanks to the many people who were responsible for putting on the Christmas Party at the Knights of Columbus, for the elderly.

Thanks

Dear Editor.

This is an open thanks to the true "Townie" who jumped out of his car to help us on Bunker Hill Street on Christmas Eve. (I had locked myself out of our car.)

Just like Saint Nick, he was gone in a flash before we got his name - I'll bet he has the Christmas spirit all year round! Sincerely,

Ruth Duffy Mulcahy

Cappucci Announces Candidacy For Eighth Congressional District Seat

Robert Meaney Cappucci of East Boston, a two-time Democratic candidate for Congress against Thomas P. O'Neill, Jr. in the Eighth Congressional District, announced he will be a candidate for this Congressional seat which will be vacant when O'Neill retires next year.

ROBERT MEANEY

CAPPUCCI

developer, Navy veteran and

lifelong resident of East

Boston, speaking at a press

conference at the Ramada

Inn in East Boston, reminded the 100 supporters present

that he was the first Demo-

crat to challenge O'Neill in

1982 and that he defeated

A graduate of Christopher

Columbus High School in

the North End, he attended the University of Massachu-

setts in Boston and served in

the Navy's submarine ser-

WANTED

Building lot in

Charlestown. Call

242-1111

Cappucci is the son of

vice.

O'Neill in East Boston.

Cappucci, 40, a real estate

Enrico Cappucci, who was a state legislator from 1936 and 1948.

the Eighth District is composed of Arlington, Belmont, Cambridge, Somerville, Waltham, Watertown and the additional Boston districts including Brighton-Allston, Back Bay, Beacon Hill, the Fenway, South End and Charlestown.

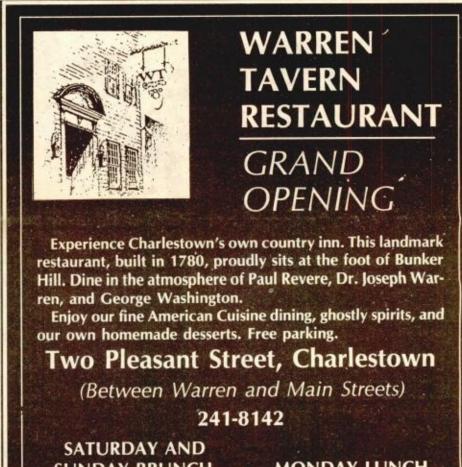
(political announcement)

In addition to East Boston,

In an effort to reach out to Massachusetts' growing senior citizen population, the New England Aquarium will offer free admission to all senior citizens on Monday mornings from 9:00 to 11:00 a.m. The Senior Citizen's Program begins January 6th and will continue through May 15, 1986.

ideal time to visit the Aquarium, since school groups are not scheduled on that day, and the exhibits are more accessible. This offer is specifically designed for individuals, rather than senior citizens' groups, to provide additional activities for those elders, who are on their own. For more information, call 973-5223.

Monday mornings are an



MONDAY LUNCH SUNDAY BRUNCH 11 a.m. - 3 p.m. 11 a.m. - 3 p.m. TUESDAY THROUGH SATURDAY Dinner 5 p.m.-10 p.m. Lunch 11:30 a.m.-3 p.m.

My Thanks

Since retiring over two years ago, I haven't had the opportunity to join in the elder affairs. But when Beverly Gibbons offered me a ticket, I accepted.

From the minute the 'Van' picked me up until I was delivered back home, it was pure enjoyment. The young men who drove the vans were patient and kind about helping me, as I'm clumsy with my handicap.

The food was delicious and bountiful, and the volunteers deserve credit for the way they ran about taking care of our needs.

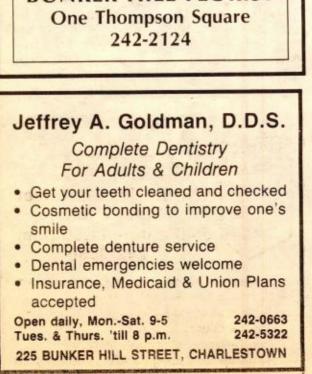
Seeing and being with old and new friends, sharing conversation, I now feel like one of the 'crowd'

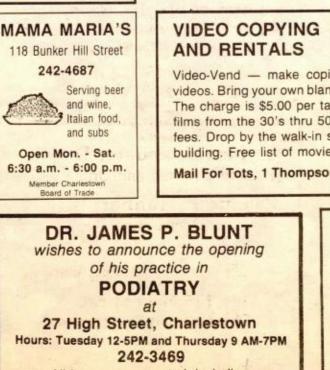
The sing-a-long, the gifts and prizes, the presentations, the short speeches and the line dancing were just wonderful; but I think the little ones from Head Start, stole the show.

Many thanks to all of you - whoever you are; and to coin a much used phrase, "I needed that."

Sincerely, Velma E. Glynn

New England Aquarium Offers Free Admissions To Senior Citizens





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Jage 6, The Charlestown Patriot, January 2, 1986



Charlestown Commu Christmas Party F



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Townie Sports Line

Matt's Old Boys...

Can Still Play Hockey ... !!

The memory and tradition of Matt O'Neil, Sr. still lingers on at the Charlestown M.D.C. Rink, named in his honor in November, 1983...!

Matt's Senior (no check) Division was formed this week under the directorship of Bernie Kelly and Eddie Johnson (Mr. C.Y.O.), who will direct league play and sponsorship. Assisting also will be hustling veteran player/manager. Richie

Charlestown Youth Hockey News

The January monthly meeting of the Charlestown Youth Hockey Association will be held on Wednesday, January 8, 1986. The Finance Committee will meet at 6:30 p.m. and general meeting will be held at 7:30 p.m. Both will be held at the Mary Colbert Apartments, 20 Devens Street.

The Youth Hockey Association will be selling chances during the month of January. These chances will be clearly identified as Charlestown Youth Hockey Association.

There will be a Dance/Fundraiser on Friday, January 31st featuring "The Marsels" look for more details in upcoming issues of The Patriot.

**** UPCOMING SCHEDULE

Mite A - Saturday, January 4th at 6:50 p.m. at St. Sebastian, vs. South Boston.

Mite B - Saturday, January 4th at 3:50 p.m. at Lynn, vs. Lynnfield.

Squirt A - Saturday, January 4th at 7:00 a.m. at B.U., vs. Parkway.

Squirt B - Saturday, January 4th at 9:50 a.m. at Neponset, vs. Brookline.

PeeWee A - Saturday, January 4th at 3:45 p.m. at B.U., vs. Brookline.

PeeWee A - Sunday, January 5th at 8:15 p.m. at N.U., vs. Medfield.

PeeWee B - Sunday, January 5th at 10:30 a.m. at Quincy, vs. Needham.

Bantams - Sunday, January 5th at 11:30 a.m. at N.U., vs. Hyde Park.

C.Y.H.A. Board

Charlestown Boys and Girls Club



Try it for a change!

Every Wednesday Evening Knights of Columbus Hall

- 75 West School Street
- Early Bird at 7:00 p.m. DOORS OPEN AT 5:30 P.M.
- First of TWO "Winner Takes All" Series at 7:00 p.m. 'Exciting Format and Top Money Games' \$2,500 - \$3,500 in Weekly Prizes
- 50^c Winner-Take-All-Series
- · Four \$100 Smiley Games
- Middle Strip Series Four \$50 Games Seventeen regular and special \$50 Games
- \$1.00 Winner-Take-All Series
- FREE REFRESHMENTS
- AMPLE PARKING ★ Game is out by 10:30 p.m. ★

"Please come and help us to help our youth"

Hart whose hockey expertise will assist in team selection and balance for the January 4th opening games. Incidently, all game violations will be served in the penalty box by order of the Head Referee, namely, Eddie (the enforcer) Lynch ... !

Director, Eddie Johnson, reminds all former players of Matt O'Neil's C.Y.O. programs and any others who are out of high school or college, and who would still like to play in this (no check) program, to contact the directors immediately. The age limit is 18 years and up. The ice fees are \$25.00 per player, which will cover the season's ice costs from January 4, 1986 through March 15, 1986. All games will be played on Saturday from noon till 1:30 p.m...!

Interested players may contact Eddie Johnson at 241-9891 or Bernie Kelly at 242-1983.

SENIOR LEAGUE SCHEDULE

Saturday, January 4, 1986 at 12:00 noon Eagles vs. Crusaders

Captain Jackie Sullivan - Captain Eddie Kelly

also

Saturday, January 4, 1986 at 1:00 p.m. Huskies vs. Terriers

Captain Richie Hart - Captain Paul Wilkins NOTE: Other schedules will follow each week ... !

MATT O'NEIL CLUB TEAM ROSTERS

EAGLES Captain Jackie Sullivan Warren Fitzpatrick Paul Kelly Bob Fitzpatrick Joe Sullivan Mike Doherty Billy Sullivan Chris Thornton Daryl Locke Phil Smith Goalie: Mike Giordano

HUSKIES

Captain Richie Hart Jim Green Artie Pelton D.J. Harrington Kevin Millerick Billy McDonald Richie Doherty Brian Smith James O'Brien Tony DiRusso Goalie: John Gray

Captain Eddie Kelly Jerry Byrnes Mike Anthony Ken Guittarr Paul Wrenn Scott Gezzil Dan Aubrey Joe Fleming Pertti Hasanen Bob Chisolm Goalie: Chuck Smith

CRUSADERS

TERRIERS

Captain Paul Wilkins Brian Kelleher Joe Wilkins John Dowd David Downey Bernie O'Donnell Joe Doherty Tom Mahoney Joe Donovan

Goalie: Tom Bryson

Pop Warner Corner

On Saturday night, January 25th, the Charlestown Pop Warner Football League will hold its annual banquet at the Knights of Columbus upper hall. The time will run from 7:00 p.m. to midnight. Trophies will be given to the players and cheerleaders who stayed with us for the whole year.

Tickets will cost \$5.00 and will be mailed to the parents

which we hope they will purchase. Anyone else wishing tickets can call Matt at 241-7771

It is important that all parents of cheerleaders also call me so that I can get some information before mailing the tickets.

Hope to see you at the banquet and Happy Holidays!

Matt Stillman

Little League News

A Little League meeting will be held on Wednesday, January 15th at 8:00 p.m. at Memorial Hall, 14 Green Street.

All managers, coaches, officers and umpires must attend. We have to set dates for registration, tryouts and draft.

Managers: Get your uniforms back and check all equipment. Let me know what you need, so, I will be able to order it early

If you have any questions before the meeting, call me after 6:00 p.m.

Lets get rolling - the season will be here before we know it. Thank you. John Curtin

Notes from the Athletic Director's Desk

Columbus' Winter Sports "Explosion"

by Bob DeCristoforo, Athletic Director

Dedication and determination have long been keystones of the Christopher Columbus High School Athletic Program. The Winter of 85/86 gives proof positive of these keystones.

Through the efforts of a very determined and very dedicated athletic staff, well over one hundred and twenty-five young men and women are now participating in eight Interscholastic Winter teams. The Friars now have competitive teams in Varsity, Junior Varsity and Freshmen Basketball; Varsity and Junior Varsity Women's Basketball; and Varsity, Junior Varsity and Freshmen Hockey. These, plus a Weight Lifting Program, a Cheerleading Squad and an Intramural program, have produced the largest number of active participants in sports at Columbus in recent years.

A very strong foundation is now being established for future Columbus sports and just about everyone who wants to play now has the opportunity to do so.

MEN'S BASKETBALL

Archbishop Williams knocked the Basketball Friars from the undefeated ranks in the Championship Game of the Astro Christmas Classic at Derry, New Hampshire. In the Semifinals, Columbus stunned host, Pickertin Academy, 69-66. The Friars entered the Tournament with wins over Fenwick, Austin Prep. and Cardinal Spellmen.

Steve Siciliano and John Settipani were named to the All Tourhament Team.

Former Columbus Principal, Father Gilbert Silverio Ofm. and former Columbus Athletic Director, Father Bonaventure Ofm, attended the opening Tournment game. Both priests are now assigned to St. Thomas Aquinas Church in Derry. The Columbus team visited the church before their first game.

Co-Captains of the Team are John Settipani of Charlestown and John McDonough of South Boston.

On Friday, the team travels to St. Mary of Lynn for a 7:30 p.m. game, and on Tuesday, January 7, the Friars host Cathedral at the Columbus Gym.

Going into this week's game the JV Friars are 2-1. The team is led by Sophomore Dennis Bird. The Freshmen Friars host Don Bosco on Friday afternoon. Players to watch here are Mike Whalen, Mike Connolly and Mike Rakes.

COLLEGE "FRIARS"

Checking into the box scores, we note many Christopher Columbus grads doing "their thing" at many local colleges and prep schools. Some of them are Jim Vesey at Merrimack, Bill Nolan at Old Avon Farms. Mike Fowkes and Sean McGonagle at North Adams State, Brian Ward at Salem State and Chris Page at Fitchburg State.

WOMEN'S BASKETBALL

Wednesday, December 17, 1985 was a very historic day for Christopher Columbus High School. Our Women's Basketball Teams traveled to St. Patrick's of Watertown for their first-ever games.

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Knights of Columbus

Every Sunday Early Bird 7:15 p.m. Doors Open 5:30 p.m. Large Prizes-Door Prizes Free Refreshments **Parking Available** West School Street and Rutherford Ave **JENNY'S PIZZA** 231 Main Street



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Connolly Urges Citizens' Cooperation With Local Census

Secretary of State Michael J. Connolly called on all Massachusetts citizens to cooperate with local officials by responding fully to the local census now underway.

'Prompt and complete response to this census is important to protect your right to vote, since registered vo-

Skating Family Trio



SKATING FAMILY TRIO: Max Bastos age 7, sister Eleanor 10, and Mom, Ana Bastos, enjoy lessons at the Cleveland Circle MDC Rink. Group lessons for children and adults meet Tuesdays at 5 or 5:50 p.m. For registration information for Mid-January new series, call the Bay State Skating School at 527-1936.

FOR SALE

1981 AMC Eagle Station Wagon. Good condition. Call after 6 p.m. 242-1332

URGENT!

Homes that need windows. Leading distributor of insulated vinyl replacement windows needs homes to train installers. MUCH BELOW RETAIL. BAY STATE **ANYTIME 821-2340**

ST. JUDE'S NOVENA

May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world now and forever. Sacred Heart of Jesus, pray for us. St. Jude, Worker of Miracles, pray for us. Say this prayer 9 times a day. By the eighth day, your prayer will be

ters who do not respond may be dropped from the voting rolls," said Connolly, the state's chief election officer. Connolly also noted that this annual local census, or "street listing" also provides important demographic information for local planning purposes.

In addition to basic information requested every year (name, address, date of birth, occupation, nationali-

ty), a new state law passed just last year requires questions to be asked about each resident's race and language this year only

"This additional information will assist the state Legislature in protecting the rights of minority citizens when state legislative districts are redrawn at the end of this year," Connolly said. "I strongly urge citizens to cooperate in answering these

tinued, "so that equal representation will be attained for all minority groups in the state. This year the state's 40

important legally required

questions," Connolly con-

Senate and 160 House districts will be redrawn by a special legislative committee according to population shifts. Representative James Brett (D-Boston), Chairman of the Committee on Redistricting says the job is likely to change the number of legislators sent to the State House, particularly in the House, from southeastern Massachusetts, Cape Cod and Boston.

The new legislative district boundaries will be in place for the 1988 elections.

State law requires local registrars of voters to conduct the local census, or street listing, every year in January and February. Some cities and towns conduct the census primarily by mail, while others visit each building in person, leaving a card to be returned if no one is home.

FACTS ABOUT DRUGS - FAD

A vast majority of men would rather admit to having trouble handling alcohol than to sexually abusing their daughters or sons. Sometimes they are supported by friends in the community. To say that all abuse in a family is the result of the disease of alcoholism is dangerous. Schizophrenics can become alcoholic, depressives can become alcoholic and child abusers can become alco-

Many people think that alcoholics who are drinking are not in control of their behavior. This is not true! Many alcoholics who are violent, and in recovery, admit to making decisions about where and when and how to hit.

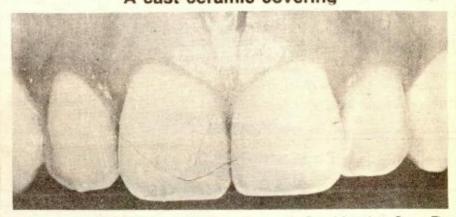
"Alcoholics cannot remember what they do when they are drunk." This may be true or may not be true. When abuse continues for a period of months or years, it is unlikely that the abuser does not remember. Shame about abuse can make a person deny to himself or others that the event took place.

Treating alcoholism does not necessarily cure family violence, though it is extremely important for a violent person to stay away from alcohol and other drugs that might not stop violent or incestuous behavior.

"We must learn to forgive and forget." This indeed is important in family healing. But it is important that the abusers take full responsibility for their actions. Children and wives must realize that they are not to blame for violence. Alcohol is not to be used as a blanket excuse. The rush to forgive may overlook the need of the victim of abuse to hear repeated apologies.

Any questions, call Mimi White, Charlestown Clubhouse, 242-1775.

WHICH IS THE DACROWN (day-crown)? A cast ceramic covering



You cannot tell because the new crown is Dacrown, short for Dental Associates Crown. The difference is that the ceramic material is cast and there is no metal under the restoration. ADVANTAGES:

- Stronger than other porcelain crowns.
- Coloring and form closest to natural teeth.
- Fits better.
- No metal at edges
- Less sensitivity to hot and cold.
- **DISADVANTAGES: NONE**
- The process requires special laboratory procedures.
- The crown is made in our own laboratory
- Prosthodontists (specialists in restorative dentistry) prepare, fit and color these crowns at Dental Associates



Members of these teams are Mary Ellen Evers, Tracy

membership in the Catholic League in 86/87. On Friday, December 20, 1985, all the young ladies were honored at a full school assembly for their achievement.

Cataldo, Jackie Murray, Lynn Longo, Cathy Mahoney, Chris Mahoney, Kim Davis, Patty Ann Stillman, Juliann Ryan, Sharon Fidler, Francine O'Neil, Strefani Shamshak, Chris Luisi, Ranae Bavaro, Michelle Amoroso, Theresa White, Lymae Bergstrom, Kim Upton, Carla Trangese, Paula Micaloomis, Kathie Graham, Arlene Francis, and Elizabeth Casey

Columbus' Winter Sports "Explosion"

(continued from page 8)

Through the tremendous efforts of Coach Tina Cotoia, the

Women's Basketball program has graduated from a Club team

in 84/85 to a full Varsity and Junior Varsity Team with a 12

Game Independent Schedule in 85/86. The next step is full

On Tuesday, the Lady Friars will host Sacred Heart of Weymouth in a 3:30 p.m. game.

HOCKEY FRIARS

What has long been the "Flagship of Columbus Sports" is well into the season action. The Hockey Friars go into this writing at 2-1-1. Wins over Bishop Fenwick, Pope John and a tie with Acton-Boxboro have accounted for the five tournament points. The Friars lost to Weymouth North 3-1 in the opening game of the "County Cup Christmas Classic" at Hingham's Pilgrim Rink.

The Varsity Team Captains for 85/86 are Jim Hingston of Charlestown and Martin Mullen of South Boston.

The Varsity Team has a good Freshmen contingent in Tom Carroll, Dan Sullivan and Jim Cotter.

Scoring leaders to date are Mike Colman, Steve Chiappa, and Tom Connolly.

The JV Team picked up their first win of the year in a 2-1 victory over a team from Cape Cod, and the Freshmen Team hopes to do the same this afternoon when they travel to Archbishop Williams.

A special thank you to Carman Frongello for his Boston Herald article on Columbus Co-Captain Marty Mullen and his brother Matthew Mullen, Captain of the Don Bosco Hockey "Bears'

On Saturday evening, January 4th, the Varsity Friars will be hosting Dom Savio in an 8:00 p.m. game at Boston University. We hope to see many on hand for THE RIVALRY!

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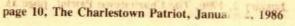
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Some of the repairs we do include: Repair broken sash cords; repair or replace broken locks; hang window shades; replace missing or broken mouldings; stop a dripping faucet; repair a stuck garbage disposal; replace broken windows; etc.

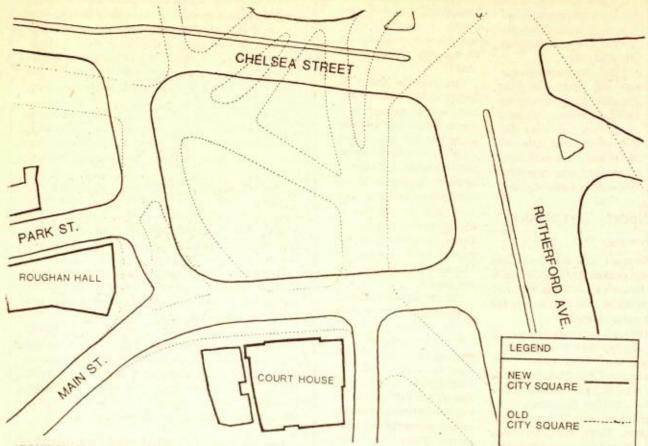
We are also available on a contractual basis for the absentee landlord or condo owner. We will provide 24 hour emergency maintenance service to your property and full caretaker service.

For more information, call 242-5036 and we will talk.

"For the home repairs no one else will do"



Proposed New City Square Outlined By Consultants



ABOVE PLAN shows both the old and the new City Square. The dash lines indicate the existing street alignment and ramps, and the solid lines indicate the proposed alignment. The new

provements and after the

parcel is no longer publicly

owned and development oc-

curs. Some ideas for one-

acre site include a display of

local historical elements,

possibly the Great House

foundation: retail stores and

open space with artifacts

(continued from page one)

City Square will increase substantially. The current City Square is an area of about one third of an acre: the new City Square after reconstruction will total over one acre, about the same size as Copley Square.

CBT is currently doing analyses of City Square to come up with some ideas about what the Square could look like with landscape im-

FULL TIME BABYSITTER MONDAY - FRIDAY References required Call after 6 p.m. 242-0442

PART TIME POSITION

for typing, filing, etc. Approximately 15 hrs. per week. Call:

Jim Codero Mustone Lighting Charlestown for appointment at 242-3210 City Square will be two-thirds bigger than the existing area and will be comparable in size to Copley Square.

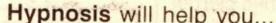
from the YMCA, the World War II veterans monument, and the Paul Revere plaque; an office building and plaza; or totally open space with no buildings.

Peter Smith said that the Charlestown community will be able to look at the plans and tell them what ideas they like at the next community meeting on January 21st. By then, he said, the model of the area with various designs will be complete and the community will be able to see very clearly the new space.



HIGHWAY CONES and white lime mark the outline of the proposed new City Square after the completion of the North Area/Central Artery project that will involve removing the

overhead ramps and construction of tunnels underneath City Square. Consultants marked outline to get an understanding of the size of the space,



Crime Victims Program Expanded By New Law

Victims of violent crimes and certain dependent relatives of deceased victims can apply for compensation for lost wages and support, as well as reimbursement for necessary medical services under a program administered by Attorney General Francis X. Bellotti's Civil Bureau.

The program, which awarded \$1 million to eligible crime victims and their dependants last year, was amended by legislation signed into law by the Governor on December 20, 1985. The amendment, which will take effect March 20, 1986, increases the maximum compensation for victims and their families from \$10,000 to \$25,000. It also eliminates for rape victims and elderly claimants the requirement that there be a minimum \$100 loss to be eligible for compensation, and removed a \$100 deductible from all awards.

In addition, the new statute, drafted with the aid of Bellotti's office, expands the definition of "dependant" eligible to apply for compensation to include siblings. The law eliminates the residency requirement for victims, while creating penalties for fraudulent claims. Hospitals and law enforcement agencies are required to provide information to victims about the compensation program under the amendment.

"The new law includes a provision that district court judges who make compensation awards may direct payment to third party service providers," Attorney General Bellotti said. "This will allow hospitals, counselors, and funeral homes to provide services on a prompt basis with assurance they will receive direct payment from the court award."

To apply for victim compensation, applicants must

Comet Halley Observing Session At Cambridge Observatory

The Harvard-Smithsonian Center for Astrophysics will sponsor a special public observing session for viewing Comet Halley on Sunday evening, January 5th. The session will be held from 5:30 p.m. to approximately 7:30 p.m., or until the comet sinks too low on the horifile a petition in district court within one year after the crime occurred. All applications are reviewed by Bellotti's office, and final determinations are made by district court judges.

Bellotti, chairman of the state Victim/Witness Assistance Board, is also instrumental in running another victim aid program. The Victim/Witness Assistance program provides money to the state's district attorneys to use to finance services for victims and witnesses of crimes (as opposed to direct compensation for victims). As board chairman, Bellotti last year distributed approximately \$2.1 million from the program's fund to district attorneys.

The Victim / Witness Assistance money is raised, not from taxpayers, but through assessments on criminals. A law which took effect March 20, 1984 requires courts to collect \$25 from each convicted felon and \$15 from those found guilty of misdemeanors, for the victim/witness assistance fund.

The program, headed by Executive Director Karen McLaughlin, has enabled each district attorney to hire victim / witness advocates who help victims and witnesses with such issues as court appearances, financial assistance, protection, social service referrals, and information about restitution and witness fees.

Citizens interested in either the Innocent Victims of Violent Crimes Compensation program or the Victim/Witness Assistance program may write to the Department of the Attorney General. 1 Ashburton Place, Boston, 02108. Citizens may also call the Victim/Witness program directly at 727-5200, or contact their local district attorneys.

day, January 7, at 5:30 p.m. The first two weeks in January are expected to be the best time to view Comet Halley from northern latitudes in 1986. In February, the comet's orbit passes behind the sun, and the comet will be hidden from view by the solar glare until the end of the month when it will reappear low in the southeastern sky just before dawn. Although the comet will be brighter than it is now, observers in the southern hemisphere will have the best view. In northern latitudes, the comet will appear so close to the horizon this spring that haze, trees, and buildings are likely to obscure the view. The Center for Astrophysics is located at 60 Garden Street in Cambridge, about one mile west of Harvard Square. It may be easily reached by public transportation. From the Harvard MBTA Station (Red Line) take any bus or trackless trolley going west on Concord Avenue and get off at "Observatory Hill."

Monday - Friday, 9:30 a.m. to 6:00 p.m. Excellent opportunity Apply in person: New England Caterers 30 Factory Street Everett

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zon to be seen as it sets in the west.

The public will be admitted to the observing session on a first-come, first-served basis with a limit of 350 persons. Admission is free and no reservations will be accepted. Those who attend will have the opportunity to view Comet Halley through a nine-inch Clark reflector or an eight-inch Meade Newtonian reflector.

If the weather is unfavorable, the observing session will be postponed until Tues-

FOR RENT Maplewood, Malden: 2 bedrm. mod. apt., off st. pkg., no pets. Avail. 2/1/86 - \$600. mo. no. utilities. 242-4142

Low temperatures, wind and snow - part of winter's reality. but this reality can be the cause of serious health problems, especially for older people, advises the Massachusetts Department of Public Health (DPH).

"Exposure to low temperatures can present a serious en-/ironmental health hazard," said Public Health Commissioner Dr. Bailus Walker Jr., a specialist in environmental medicine. 'In 1984 alone, 11 people in Massachusetts died as a direct result of the cold, and many others suffered illnesses and injuries related to the winter weather. While older people are at greatest risk, about half of those deaths involved individuals under the age of 50."

To prevent health problems and deaths this winter, DPH offers the following practical guidelines for coping with the hazards of winter weather:

 When temperatures are low, be sure to dress warmly both indoors and out. It is better to wear several layers of loose-fitting clothing than a single heavy layer, since it is the warm air that collects between the layers and keeps you warm. It is especially important to cover your hands and feet, because they tend to cool more rapidly than other parts of the body. It is also very important to cover your head, since more than a quarter of a person's body heat is lost through the head and back of the neck. Fasten garments securely so that body heat is not lost through open collars and sleeves, but not so tightly as to restrict movements or

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Winter's Health Hazards

blood circulation.

· In very cold temperatures and heavy winds, avoid going outside as much as possible. If you must go out, stay out of the wind if you can and go indoors frequently to warm up. It is especially important that people with circulatory problems stay inside as much as possible, since the cold will exacerbate the problem.

• Be sure to eat well. The body needs more food during the winter because the cold tends to increase the body's metabolism to generate more body heat.

· Get plenty of rest. Fatigue makes you more vulnerable to low temperatures.

· Drink warm fluids to help you cope with the cold, but avoid alcohol because, contrary to popular belief, alcohol actually speeds up body heat loss.

· Exercise frequently during the day, even if it is only walking slowly around a room. Exercise will make you feel warmer by increasing your blood circulation.

· When shoveling snow, take it easy. Take small shovelfuls of snow and rest frequently. If you become very tired or develop any pains, do not continue shoveling. If you are over age 60 and not accustomed to regular vigorous exercise, do not do any heavy snow shoveling.

· Before exercising outdoors, do some warmup exercises inside. Warmup is always important to prevent joint and muscle problems, but especially in cold weather, because muscles warm up more slowly in the cold.

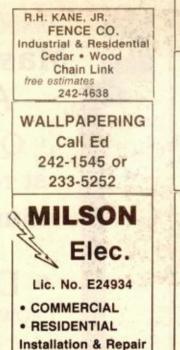
· Avoid getting wet when you go outside. If you do getwet, change your clothes as soon as possible.

· Check in on elderly or chronically ill neighbors to make sure that they are all right. Older people often have poor

Code Course To Be Offered

In preparation for the next electrical code examination to be given by the state board, the Coyne Electrical Department of Chamberlayne Junior College in Boston will conduct a Massachusetts Electrical Code Licensing Preparation Course starting January 28th, it has been announced by William Martin, department chairman.

Leo Martin will be the in-



structor of the course, which will be held two nights a week for ten weeks. It will consist of the study

and application of the national electrical code. The next state exam will

be given on April 5th. The deadline for applications is February 19th.



circulation and live in poorly heated housing. Even indoors, they must be careful to wear some extra clothing, move around and drink warm liquids. · Do not allow young children to remain outside at play

for long periods of time during cold weather. Children tend not to notice when they are becoming chilled.

One particularly dangerous cold weather problem is frostbite, which can affect the nose, cheeks, ears, finger tips and toes. It can be prevented by covering those areas sufficiently to keep them warm. Frostbite, a serious and potentially disfiguring condition, occurs when crystals form in the fluids and underlying soft tissues of the skin. One of the first symptoms of frostbite is pain and tingling in the affected area; later the pain will stop, and the frostbitten area will feel numb and turn white. Frostbite should be treated by a physician as quickly as possible. Treatment includes slow warming of the affected area.

Hypothermia is a much more serious condition characterized by an abnormally low body temperature - 95 degrees or less. It can be fatal. Hypothermia can occur in anyone who is exposed to severe cold without enough protection for a longenough period of time. In addition, older people can develop hypothermia even after exposure to relatively mild cold. Hypothermia can manifest itself in a number of ways: A change in appearance or behavior during cold weather; uncontrollable shivering, lack of shivering or stiff muscles; slow and sometimes irregular heartbeat; slurred speech; shallow, very slow breathing; weak pulse; low blood pressure; and confusion, disorientation or drowsiness. If you suspect that you or someone you know is experiencing signs and symptoms of hypothermia, consult a physician immediately. Treatment at a hospital is normally necessary for this condition.

"While the reality of winter may sometimes be harsh, taking the proper precautions can help prevent health problems." said Dr. Walker, "The illness, injuries and deaths attributed to winter weather can be avoided if appropriate care is taken."



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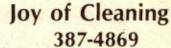
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Charlestown Police Line

From The Desk Of

Deputy Superintendent Ronald X. Conway Commanding Officer, Area A. Downtown, Charlestown, East Boston, Beacon Hill

On December 20, 1985 at 11:30 a.m., Officer Bollen assigned to the A406D car stopped a car on Rutherford Avenue. He cited the owner for driving an unregistered and uninsured vehicle and for having an expired inspection sticker. Complaints were sought in Charlestown Court.

On December 20, 1985 at 12:00 p.m., Officer Metaxes, assigned to the A302D car, received a call to St. Catherine's Parish School, 13 Tufts Street to take a breaking and entering report. Upon arrival, he spoke to Father Riely who stated that between 12:00 a.m. and 8:00 a.m. person(s) unknown broke into the school and removed ten bottles of whiskey and two cases of beer, valued at \$120.

On December 20, 1985 at 1:40 p.m., Officer O'Toole of the Boston School Police received information that a suspect was selling marijuana in Charlestown High School. Further investigation led to the seizure of a plastic bag containing what was believed to be marijuana, two rolled cigarettes, and a package of rolling papers. The suspect was placed under arrest and transported to Area A.

On December 21, 1985 at 7:20 p.m., Officer Kennedy of the Drug Control Unit acting on information received and observations made, arrested a suspect at 272 Main Street for possession with intent to distribute a Class "C" substance. Seized were 11 cigarettes, believed to be angel dust, and \$90 U.S. currency. The suspect was transported to Area A.

On December 22, 1985 at 6:00 p.m., a cab driver reported to Officer Buckley, assigned to the A401F car, that he had been robbed at gun point. The incident began in the Combat Zone when the cabbie picked up four white males who said they wanted to go to Everett. When approaching City Square, they pulled the gun and demanded money and drugs. The cabbie gave the suspects \$270 in U.S. currency. At this point, they ordered the cabbie out of the car and locked him in the trunk. This was at 2:30 a.m. The cab was located in the rear of McDonald's in East Boston at 6:00 p.m. A passerby heard the victim banging from inside the trunk. The incident is under investigation by Area A Detectives

On December 22, 1985 at 11:20 p.m., Officer Olsen, assigned to the A405F car, arrested a suspect at Austin Street and Rutherford Avenue for driving under the influence and leaving the scene of an accident. The suspect was placed under arrest and brought to the MDC Breathalyzer Unit where he had a reading of .22. Complaints were sought in Charlestown District Court.

On December 23, 1985 at 2:55 a.m., Officer Smith of the Housing Authority, observed a car speeding down Bunker Hill Street. He attempted to stop the car with the blue lights. The suspect jumped out of the car at 10 Walford Way. Officer Senentelli apprehended the suspect. The vehicle was reported stolen in Boston. The suspect was placed under arrest and transported to Area A.

On December 23, 1985 at 12:00 p.m., Officer Bollen assigned to the A406D car, stopped a car in Sullivan Square. He cited the suspect for having an expired inspection sticker and attached plates. The suspect was placed under arrest on an outstanding State Police Traffic Warrant.

On December 25, 1985 at 9:30 a.m., Officer Buckley, assigned to the A405 car, received a call to the corner of Lexington Street and Bunker Hill Street to check a motor vehicle. Upon arrival he found a 1985 Toyota with the ignition popped, front end damage, and a cracked windshield. The car was reported stolen in Somerville. The car was towed by John Paul Towing. The Somerville Police were notified.



The Police Community Relations meeting will be held on Tuesday, January 14th at the Kent Community School, 50 Bunker Hill Street at 7:00 p.m. sharp. All are welcome to attend.

Report Drug Activity

Charlestown residents are being asked to assist the Boston Police Drug Control Unit in cracking down on the sale and distribution of illegal drugs in this community. Information is needed as to the locations of drug activities, the names of persons involved with the distribution of drugs, along with any and all other information on drug trafficking in the community.

Persons with such information are asked to call the Drug Unit at 247-4697 between 8:00 a.m. and midnight, seven days a week.

All information will be held in strictest confidence. Callers may remain anonymous. If a caller wishes to leave his/her name, that person's identity will be protected.

The Police need the cooperation of the residents. Report any drug activity to **247-4697**.

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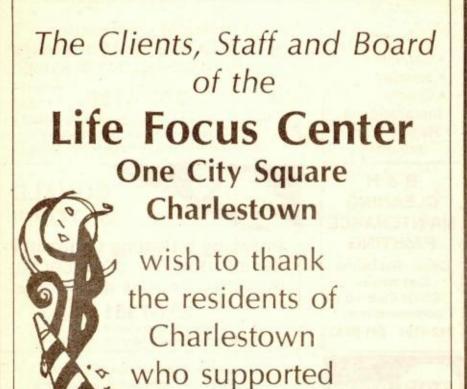
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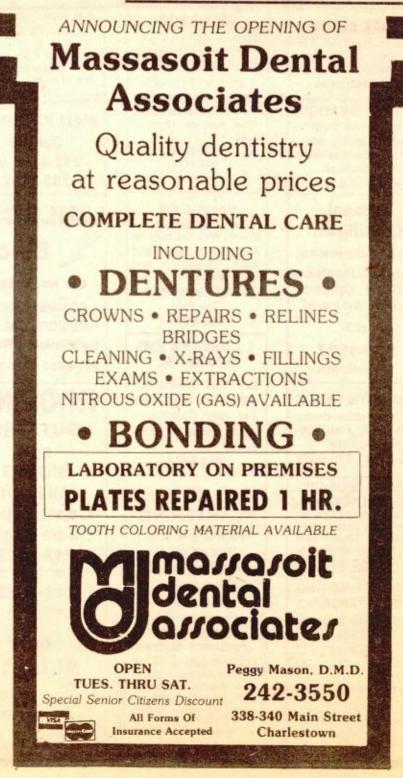
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