

# Cosmic Death Fungus

A Primer On An Ancient Enemy

Document Version 1.1

## Background

We are part of an international team that will be releasing data in the coming months. We are a collective of scientists, geneticists, professors and philosophers.



I am going to break this down in the simplest, most non-scientific way possible. Sources and more detail will be provided as we dig deeper.

Fungus broke our genetic code as humans approximately 15,000 years ago. We've traced it to a specific geolocation and point in time. The fungus affected our IL-17 and IL-22 cytokine pathways, CARD9 and STAT1 gene, allowing chronic systemic infection while we are still in the womb. It takes early control of our bodily systems and uses us as a food source. It is intelligent and can work in colonies or as one super organism.

It is responsible for nearly every disease known, and allopathic (western) doctors are specifically trained to look everywhere but the root of the problem. It causes brain disorders, tooth decay, heart problems, organ problems, degrades your eyesight, slows down your brain process, is a primary cause of cancer, anxiety, depression, gout, skin disorders, myalgias, sclerosis, damages your DNA and is one of the primary hidden factors of aging itself.

The majority of the world population is predisposed to have a lifetime infection and Pass it down generationally to their children. It influences your thoughts, behaviors and eating habits. It prompts deviant and impulsive behavior. It destroys your hormone balance. It can cause a lifetime of illness, depression and anxiety.

No coordinated effort has been made to fight this hidden abomination until now. Which is why we must remain nameless for now, and why you need to share this information with loved ones. We can all win if we raise public awareness.

## The Fall Of Man - The Grotto of Pigeons



Archaelogical dig site discovered in Morocco in 1908

52 skeletons were analyzed from a period of approximately 15,000 years ago. They had one unique trait that older digs at the site did not.

# First Archaelogical Evidence of Dental Caries

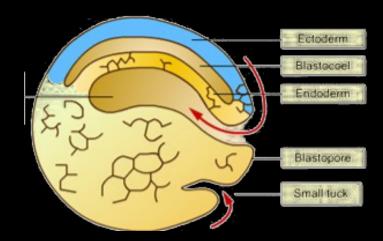


The culture that lived in the damp, dark grotto maintained a sedentary lifestyle and were known for raising pigeons from generation to generation.

Pigeon excreta is notorious for carrying many forms of pathogenic fungi. Dental caries are connected to fungal infection. After generations of handling pigeons and breathing in the spores in their confined living spaces, we believe this is the exact location where our genetic defect occurred, arising through constant DNA damage and the eventual mutation that became a dominant gene (STAT1). See Link below.

https://medlineplus.gov/genetics/condition/familia l-candidiasis/

## Early Infection During Development



Early Infection of the ectoderm only 14 to 30 days after conception leads to early systemic invasion. The ectoderm later develops into the sensory and central nervous system, giving the fungus early unfettered access.

To recap, a genetic mutation allowed fungus to proliferate in our bodies and infect us shortly after conception. If this is true, then shouldn't it be responsible for miscarriages? YES.

#### https://apcz.umk.pl/JEHS/article/view/4589

It's killing our children before they are born.

One aspect of our protocol is NAC (N Acetyl-Cysteine). What a surprise that studies recommend NAC to prevent miscarriages.

#### https://pubmed.ncbi.nlm.nih.gov/18983759/

Now you understand that this fungus has control of us before we are even fully formed. These disgusting cosmic fleas infest everything. When you have sex, male ejaculate is full of fungus. The female vagina and uterus is full of fungus. Your mouth, nose and ears are full of fungus. Your guts, organs, brain and skin.



Paul Stamets, serial fungi promoter

Oh come on! Fungi are harmless And essential to life!

It's a normal part of your gut biome! It gives plants nutrients!

It breaks down decaying matter!

These are important things!!!!

#### And Now ... The Truth

All life on this planet that doesn't have antifungal defenses has already gone extinct. Everything that is alive today is in a constant struggle for survival.

Pathogenic fungi are constantly trying to consume everything. Plants only survive because they convert fungal mycotoxins into less toxic forms and store it in their tissue.

https://pubmed.ncbi.nlm.nih.gov/30806521/

Trees only survive because they produce powerful antifungals to stay alive. Yet the fungus still invades and eventually kills the tree. It mimics its cellular biology to invade and penetrate using hyphae.



## Surely the most fit predators must have survived?



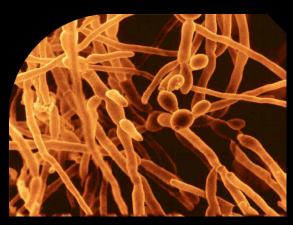
The current theory is that the dinosaurs went extinct after being exposed to fungus.

http://www.actforlibraries.org/assessing-the-role-of-fungus-in-the-extinction-of-dinosaurs/

Several theories attempt to explain how this happened. Transpermia claims that the cosmic fungus took a ride to our planet on a comet or meteorite. A large impact would have caused a vapor canopy effect, turning the world into a cloud covered, dark and damp environment. This would be the perfect scenario for fungus to grow out of control and kill all forms of earth life that didn't have pre-established defenses. This also explains why the spores are everywhere. Climb a plateau in the desert? You are breathing in spores.

The answer isn't to remove it from your environment.

The answer is to change how you respond to it.



Hyphae, Candida Albicans

Maybe you are not convinced yet. We mentioned it is the root cause of almost every disease. How it can influence your behavior, including anxiety, depression, aggression or lethargy. How it can invade your thoughts leading to deviance and risk taking. How it can drain your energy and your ability to think clearly. How it can put you in hormone imbalance and make you emotional. How it can decimate your quality of life and the happiness you could experience.

Imagine what it would be like to be a real, free human being. You've never had the opportunity, because it's always been there, controlling you from the inside out.

It seems so unbelievable that something so common such as yeast, mold, mildew or fungus could be the primary cause of human suffering. The primary cause of aging itself.

We don't want you to believe this without proof.

Let's continue.

## The Cancer Link

What we call yeast, *Candida Albicans*, is not harmless and its certainly not normal. We all have it. Western medicine will tell you that it's harmless unless you are immunocompromised. This is a dangerous manipulation of the truth.

Candida in its yeast form resides primarily in your gut and your oral cavity. These single celled fleas create dangerous toxins including aldehydes and ammonia. The toxic byproducts of Candida have already been linked to cancer.

https://www.tandfonline.com/doi/abs/10.3109/1040841X.2014.913004

You don't have to be immunocompromised to be in danger from Candida. This is a lie. It is constantly emitting toxins, forcing the immune system to fight a battle it never wins.

Candida also emits a unique peptide toxin called Candidalysis. This has also been linked to inflammation and cancer. This toxin is similar to snake venom.

https://onlinelibrary.wiley.com/doi/full/10.1111/imm.13255

Through its building of biofilms, Candida can surround healthy cells and interrupt normal cell signaling, causing cancer replication.

https://onlinelibrary.wiley.com/doi/abs/10.1111/odi.12565

It's ability to use biofilms for protection allows it to evade normal attack vectors like antibiotics or even prescription antifungals.

## The Tooth Decay Link

Fungal overgrowth is a key factor in tooth decay. Because this fungus can infect the nervous system, tooth decay can start from the inside out. Many of yesterday's outdated models are being changed now that we know the true causes.



https://www.sciencedirect.com/science/article/abs/pii/S0003996920302545

The film or plaque we see on the teeth are biofilms created by the fungus. It creates this polysaccharide housing to protect itself.

https://www.sciencedirect.com/science/article/abs/pii/S000399691 2001835

This fungus can infect the gums, nerve root and the dentin itself. when Candida hyphates, it turns from a single celled organism into a multi celled organism that branches off similar to blood vessels. it then releases free nuclei and they use this as a network for travel and protection.



In this form it is strong enough to penetrate rock.

The answer to this specific problem is addressed in our protocol. We will give you the tools you need to fight back, but first you must truly understand your enemy.

### The Brain Disease Link

Fungal Infections of the brain can cause complex issues. There is a link to Alzheimer's, Dementia and Schizophrenia just to name a few. The fungus can infect your glial cell networks, eat holes in your brain matter and cause amyloid plaque buildup, which is associated with the above disorders.

https://academic.oup.com/ajcp/article-abstract/65/6/991/1770943

One fungus, Cryptococcus Neoformans, is commonly misdiagnosed as Alzheimers. Since it has the exact same symptoms, let's call a fish a fish.

https://content.iospress.com/articles/journal-of-alzheimers-disease/jad00985

Yet another fungus, Aspergillus, is known to eat holes in your brain. Transmission is through spore inhalation. Everyone has a base measurable level of Aspergillus in their system. It can mimic asthma in the lungs as well.

http://www.ajnr.org/content/20/9/1597.short

Candida Albicans is able to cross the blood brain barrier, causing meningitis, seizures and even cardiac arrest.

https://europepmc.org/article/med/792628

Behavioral disorders due to fungal infection is documented. Recovery is possible by killing the fungus responsible.

https://link.springer.com/article/10.1186/1757-1626-2-9084

## The Central Nervous System Link

Fungal infection of the Central Nervous System is responsible for a laundry list of serious conditions.

https://academicjournals.org/journal/JIDI/article-abstract/98E16F23669

From there, it can infect the cerebrospinal fluid, and has been associated with Multiple Sclerosis, ALS and other serious diseases.

https://www.sciencedirect.com/science/article/abs/pii/S0969996117302115

Evidence is presenting that initial fungal infections quickly move to infect the central nervous system and gain full access to the host.

https://link.springer.com/article/10.1023/A:1006809522931

It then begins invading your crucial body systems, including nerve endings and optical nerves.

https://www.nature.com/articles/eye2011270

This nervous system invasion can also lead to not only vision loss, but several painful forms of neuropathy.

But don't be fooled. The fungus doesn't stop there. It also infects your interstitial, the mucosa between your skin and tissue. We believe that salt intake warnings directly relate to this, since high levels of sodium are stored in the interstitial, which would kill the fungus. This would in turn harden the fungus and its biofilms, putting outside pressure on the heart, arteries and organs.

We've given examples of how it likes to spread throughout the body, causing pain and suffering. Unfortunately, this is only the beginning.

### The Hormone Link

A common saying is 'men aren't like they used to be'

Have you ever wondered why?

We know about estrogenic compounds in food, and some of you know the relation to parasite infection and deviant behavior.

Let's take it a step further.



Put simply, fungal mycotoxins (their byproducts) decrease testosterone production.

https://link.springer.com/article/10.1007/BF01973380

Even worse, the problem is targeted towards males.

https://www.sciencedirect.com/science/article/pii/S2405844020312810

Quite simply, sex hormones can alter virulence of the fungus and it's ability to reproduce. Hormones can also strengthen your immune function, which is why Candida works in the testes to reduce testosterone.

https://scholarworks.calstate.edu/concern/theses/6682x9075

Right now you are probably thinking, "you're acting like fungus is intelligent and doing this intentionally."

Unfortunately for us, fungus IS intelligent. Watch it solve a maze.

https://m.youtube.com/watch?v=HyzT5b0tNtk

## Wrap Up: The Fungal Link To Disease

We've expanded on only a few of the areas we could have. To keep this pdf brief and to the point, we will summarize a few more here as an ending note.

#### **Arthritis**

https://link.springer.com/article/10.1007/s100670050127

## Depression and behavior changes

https://jamanetwork.com/journals/jama/article-abstract/399022

#### Schizophrenia

https://www.sciencedirect.com/science/article/abs/pii/S0889159116305219

### Chronic Fatigue Syndrome

https://www.sciencedirect.com/science/article/abs/pii/0306987795

#### Lung Cancer

https://thorax.bmj.com/content/66/7/638.short

#### Asthma

https://www.atsjournals.org/doi/full/10.1164/rccm.201001-0087OC

Let's stop there. We could go on, but I think you get the point. Also at this crossroads, you may be asking yourself, why isn't my immune system stopping this? We are going to explain that next.

The important takeaway here is that fungus is the root cause of nearly all disease. You may have heard that inflammation is, but where does all that inflammation come from? You guessed it.

## Why Is My Immune System Failing?

Remember when we mentioned the Grotto of Pigeons? Generations of constant exposure to fungus started with a recurring cycle of DNA damage, leading to gene mutations which eventually became dominant genes, which are then passed on from generation to generation. These defects are in how the immune system responds specifically to fungus, allowing it to remain in the body unchallenged.

Three major genetic defects have caused this problem. IL-17RC, STAT1, and CARD9. Your body normally has a well established immune response to Candida using specific cytokine pathways that regulate our immune response. These genetic defects have disabled Candida specific responses, as well as the gene responsible for preventing infection of the mucous membranes.

This grouping of genetic predisposition of Candida infection is called Familial Candidiasis. Current government estimates put the percentage of the population affected at 50 to 70%. We believe the number is closer to saturation, and likely 90% or more. Since these defects are dominant genes passed on generationally, eventually we will be looking at 100% of the population.

As a result, your body never manages the infection response and only localized immune responses occur. This means that Candida has free reign over your body. It simply tricks your immune cells using melanin structures on its fungal membrane to do what it wants. If it encounters stubborn phages that want to kill it, it simply creates hyphae directly through the immune cells, killing it and using it for a food source, or uses it's peptide toxin called candidalysis.

Your immune system is in a constant battle that cannot be won. Some would say by design.

#### The NAC Protocol



A small group of doctors and scientists were confronted with this ancient enemy, and began brainstorming ways to start finally fighting back.

After many months of extensive research and trial and error with test groups, the solution finally took shape. There were a number of requirements that needed to be met.

First off, the protocol that was developed would need to be cheap, natural and effective. It would need to be easy to obtain and low enough in cost to roll out to third world countries and individuals on a budget.

It would have to be a synergistic combination that would not only kill the fungus in the body, but also the biofilms that it resides in. It would need to restore the correct balance to the gut, fix the gut lining, and inhibit further growth. It would need to restore immune system function to new levels so that the body could do most of the work.

The first challenge was finding the most potent antifungal that did particularly well against Candida, Cryptococcus and Aspergillus. Most natural compounds were strong in one area, but weak in others. They might target one of the 3 mentioned fungi well, but they might also wipe out beneficial bacteria and create an imbalance, setting the stage for an even more aggressive fungal infection.

Eventually we found the perfect balance.

## NAC, Oregano Oil and Black Seed Oil

## The Trinity



These three compounds in combination have everything the body needs to combat systemic fungal invasion.

Let's take a brief look over the methodology and individual components, which will be followed at the end with supporting studies and the daily protocol to follow.

### **Protocol Methodology**

In order to halt dysfunctional cell repair and inflammation response, first the majority of the fungal colonies need to be eradicated. Not only the free moving planktonic fungal cells, but the deeply embedded fungal colonies that benefit from the protection of biofilms. The 3 components effectively disrupt and remove biofilms and kill the fungus.

Once this occurs, natural autophagy processes and the body's healing abilities restart. By halting Candida's constant toxin release, the body begins repairing cells and DNA normally again. The diseased tissue, including the gut barrier is repaired. The gut biome becomes rebalanced, nutrient deficiencies cease. Over time, biofilms are released and removed from the gut, central nervous system, interstitial and brain. The immune system becomes much stronger, able to fight off fungus as it arrives. Inhibition of any further biofilms gives the immune system the upper hand.

The maintenance phase begins, super charging mitochondrial activity and giving your body the ability to fight it off naturally.

## The NAC Protocol: Daily Regimen

### **Morning**

1200mg NAC (N Acetyl-Cysteine) 300mg Oregano Oil (10:1 extract in gel capsule) Black Seed Oil (4000mg or 1 teaspoon)

## **Night**

600mg NAC 300mg Oregano Oil Black Seed Oil (1 teaspoon)

Continue for a minimum of two months, then move to the maintenance phase after 3 or more weeks with no die off symptoms.

#### Fungal die off symptoms may include:

Tiredness, exhaustion, muscle soreness, increased chest or nasal discharge, cold or flu like symptoms, cold sores, headaches, irritability, change in stool frequency, volume or color; bloated stomach, cramps, increased gas.

Note: It is extremely important to continue with this even after you are feeling better. Even weeks after no die off, a mature biofilm could finally release, causing yet another battle with fungal colonies that need to be cleared. Follow this for a minimum of two months, then count another 3 weeks out without symptoms before moving to the next phase.

We recommend using the brushing protocol and nasal spray covered after the next page.

## The Maintenance Phase

## **Morning**

600mg NAC 100 to 300mg NAD+ (Nicotinimide Riboside) Black Seed Oil (1 teaspoon)

#### **Evening**

Black Seed Oil (1 teaspoon)

This is the longterm daily routine that keeps any further fungal infections from occurring. For the first month (or permanently) supplement with Resveratrol to quickly boost NAD+ uptake and supercharge mitochondrial activity. This will enhance mitophagy and systems repair.

Continue with the brushing and nasal protocol to keep your body clear. This will minimize fungal invasion to a manageable level where the body can fight it off, and the the continued use of NAC and black seed oil prevents any biofilm formation.

#### **Brushing Routine**

Use a non fluoridated toothpaste twice daily and include 1 to 2 drops of fennel seed essential oil on the brush. Recommended brands are Dessert Essence Tea Tree and Fennel. Brush the tongue and gums as well. The FSEO will efficiently kill fungal growth deep in the gum line, nerve roots, dentin and on the tongue. It will also enter the blood stream and cross the blood brain barrier for additional clearing.

Use this routine during the initial protocol and continue indefinitely. This will also effectively halt tooth decay by clearing and inhibiting fungal growth in the oral cavity.

## **Nasal Spray**

There are two options here. Xlear makes an excellent product that is efficient at killing fungus and bad bacteria in the sinus/upper respiratory. If cost is an issue, the second option is buying hypochlorous acid (what your immune system uses) and using it in a nasal spray bottle. Briotech makes a face spray at a good value that can easily be transferred to a nasal inhaler bottle.

## **Final Thoughts**

We've seen amazing results on this protocol. IBS reversed in two weeks, back and joint problems permanently fixed, massive amounts of weight loss, increase in vitality and energy, alleviation of hypertension, diabetic symptoms, correcting hormone issues, thyroid issues, neuropathy, arthritis, being impervious to colds and flus, reversal of hair loss, fixing skin issues, there's too many to list. Even symptoms of anxiety and depression, invasive thoughts and elimination of deviant behaviors.

The opportunity is yours. You can reclaim control over your body, thoughts and vitality. You can become fully human, free of the control of this physical abomination.

## Oregano Oil

## **Antifungal**

Antifungal activities of origanum oil against Candida albicans

https://pubmed.ncbi.nlm.nih.gov/11855736/

Antifungal and Anti-Biofilm Activity of Essential Oil Active Components against Cryptococcus neoformans and Cryptococcus laurentii

https://pubmed.ncbi.nlm.nih.gov/29163441/

Anti-yeast activities of Origanum oil against human pathogenic yeasts

https://file.scirp.org/pdf/ABB20110200008 80378351.pdf

The inhibitory effect of oregano extract on the growth of Aspergillus spp. and on sterigmatocystin biosynthesis

<u>https://www.sciencedirect.com/science/article/abs/pii/S00236</u> 43812001831

## **BIOFILM**

Oregano essential oil inhibits Candida spp. biofilms

https://www.degruyter.com/document/doi/10.1515/znc-2021-0002/html

# **Bactericidal Property of Oregano Oil Against Multidrug- Resistant Clinical Isolates**

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6182053

Effects of oregano, carvacrol and thymol on Staphylococcus aureus and Staphylococcus epidermidis biofilms

https://www.microbiologyresearch.org/content/journal/jmm/ 10.1099/jmm.0.46804-0

Carvacrol-rich oregano oil and thymol-rich thyme red oil inhibit biofilm formation and the virulence of uropathogenic Escherichia coli

https://sfamjournals.onlinelibrary.wiley.com/doi/full/10.1111/jam.13602

Selective Antibacterial

https://www.sciencedirect.com/science/article/abs/pii/S09567 13518302652

https://www.ajol.info/index.php/ajb/article/view/94499

## Restorative

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5399026/

https://www.researchgate.net/profile/Simona-Bungau/publication/339157981\_The\_Effects\_of\_Oregano\_Oil\_on\_Fungal\_Infections\_Associated\_with\_Metabolic\_Syndrome/links/5e456a3d299bf1cdb927e456/The-Effects-of-Oregano-Oil-on-Fungal-Infections-Associated-with-Metabolic-Syndrome.pdf

https://www.hindawi.com/journals/bmri/2016/5436738/

# Black Seed Oil (Nigella Sativa)

## **Antifungal**

A review on the inhibitory potential of Nigella sativa against pathogenic and toxigenic fungi

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4884215/

Evaluation of antifungal activities of the essential oil and various extracts of Nigella sativa and its main component, thymoquinone against pathogenic dermatophyte strains

https://pubmed.ncbi.nlm.nih.gov/25442918/

Chemical composition and antifungal activity of Nigella sativa (PDF)

http://www.ijpsi.org/Papers/Vol3(11)/B031109015.pdf

Screening of Nigella Sativa seeds for antifungal activity (PDF)

https://www.scholarsresearchlibrary.com/articles/screening-ofnigella-sativa-seeds-for-antifungal-activity.pdf

The in vivo antifungal activity of the aqueous extract from Nigella sativa seeds

https://pubmed.ncbi.nlm.nih.gov/12601685/

#### A STUDY ON THE IN VITRO ANTIFUNGAL ACTIVITY OF NIGELLA SATIVA (LINN.) SEED EXTRACT AND IT'S PHYTOCHEMICAL SCREENING USING GC-MS ANALYSIS

https://www.researchgate.net/publication/282752358

Nigella Sativa as an anti microbial drug (PDF)

https://juniperpublishers.com/napdd/pdf/NAPDD.MS.ID.555603.pdf

Novel antifungal defensins from Nigella sativa L. seeds

https://www.sciencedirect.com/science/article/abs/pii/S098194281000 2354

An alternative treatment for Candida infections with Nigella sativa extracts

https://ejhp.bmj.com/content/19/2/162.2

#### **BIOFILM**

In Vitro and In Silico Approaches for the Evaluation of Antimicrobial Activity, Time-Kill Kinetics, and Anti-Biofilm Potential of Thymoguinone

https://pubmed.ncbi.nlm.nih.gov/35052956/

Effects of Bacterocin from MRSA and Nigella Sativa (seed oil) against Biofilm from MRSA

https://www.researchgate.net/publication/327655837\_Effects\_of\_Bacterocin\_from\_MRSA\_and\_Nigella\_Sativa\_seed\_oil\_against\_Biofilm\_from\_MRSA

Thymoquinone inhibits biofilm formation and has selective antibacterial activity due to ROS generation

https://pubmed.ncbi.nlm.nih.gov/29356869/

#### **IMMUNE BOOSTING**

The black seed (Nigella sative) and immunity: its effect on human T cell subset

<u> https://ci.nii.ac.jp/naid/10011991503/</u>

Bioactivity-guided identification to delineate the immunomodulatory effects of methanolic extract of Nigella sativa seed on human peripheral blood mononuclear cells

<u> https://link.springer.com/article/10.1007/s11655-013-1534-3</u>

Nigella sativa: A Dietary Supplement as an Immune-Modulator on the Basis of Bioactive Components

<u> https://www.frontiersin.org/articles/10.3389/fnut.2021.722813/full</u>

#### SELECTIVE ANTIBACTERIAL

Evaluation of antimicrobial potential of Nigella sativa oil in a model food matrix

https://farmaciajournal.com/arhiva/201806/2018-06-art-16-Georgescu Burcea Georgescu 1028-1036.pdf

# NAC (N Acetyl-Cysteine)

## Antifungal & Anti Biofilm

Fungistatic Action of N-Acetylcysteine on Candida albicans Biofilms and Its Interaction with Antifungal Agents

https://www.mdpi.com/2076-2607/8/7/980

Role of Antibiofilm-Antimicrobial Agents in Controlling Device-Related Infections

https://journals.sagepub.com/doi/abs/10.5301/ijao.500002

N-acetylcysteine inhibits and eradicates Candida albicans biofilms

https://herniatalk.com/wpcontent/uploads/attachments/NAC%20inhibits%20and%2 0eradicates%20candida%20albicans%20biofilms.pdf

N-acetylcysteine as powerful molecule to destroy bacterial biofilms. A systematic review

https://drbaddaky.com/wp-content/uploads/2018/10/N-acetylcysteine.pdf