

# WELCOME

YOU ARE TAKING PART IN A YOUTH EXCHANGE  
ORGANISED BY ASSOCIATIONS INTERAKTION AND RE-ACT

MAY 25 - JUNE 3 2018, IN TROFAIACH, AUSTRIA



## WHAT IS INTERAKTION?

InterAktion is an Austrian youth organisation mostly active in the field of human rights, youth policies, integration of the young people from migrant families and refugees, aiming to encourage intercultural dialogues between people from different backgrounds and cultures through non-formal educational methods.

## WHAT IS RE-ACT?

Re-Act is a youth organisation in Bulgaria, which was founded to help the socially disadvantaged youth to receive better living conditions, professional realization and social integration. The main goal is to qualitatively change the living conditions and the opportunities for professional realization and personal development of young people.



# YOUTH EXCHANGE ART IN ACTION

Based on the methodology "Action Research Cycle" youth leaders and a team of facilitators will encourage participants to use their own abilities and skills when planning creative and artistic interventions within a community. The ARC methodology can be applied to different areas, however, we decided to focus on arts as art in its various forms can be used by everybody, no matter the age, sex, nationality or language skills. Art is creating a dialog among the people using its different forms (body language, musical instruments, visual art etc) as a channel for intercultural communication. Art is bringing people closer and is opening doors for communication, helping everyone involved to open to the world and it encourages self-discovery.



# DURING THE YOUTH EXCHANGE ...

Several interactive, creative and participatory **WORKSHOPS** are organised by using the following non-formal education methods:

- group work
- brainstorming
- role play/simulation game
- discussion
- reflection.

Throughout these workshops you will be asked to:

- be on time;
- bare in mind that everyone's input is equally valued and that no idea is bad;
- respect differences;
- be a team player;
- be actively involved with sharing viewpoints and ideas and

**HAVE FUN!**





## GETTING TO KNOW EACH OTHER

The evening programme is mainly reserved for getting to know each other and each others cultures. You will meet young people from Austria, Macedonia, Poland, Spain and even Afghanistan and Syria. Would you like to share your favourite song, dance or a story from your country with the rest of participants? How would you present your country to them? What do you love the most about your home? Please bring a pack of your favourite sweets to share it during coffee breaks!



## GETTING TO KNOW THE SURROUNDINGS

- TROFAIACH - a city with 11.000 inhabitants, idyllically situated in the middle of the country at the southern end of the Eisenerzer Alps, offers an excellent, high level infrastructure with a rich range of sport, culture and tourism.
- LEOBEN  
With a population of about 25,000 it is a local industrial center and hosts the Montanuniversität Leoben, which specialises in mining. You can reach Leoben by bus, the ride from Trofaiach takes about 20 minutes.

# TROFAIACH

It is hard to get lost in Trofaiach, so instead of a city map here are opening times of some of the shops:

Hofer Monday – Friday till 20:00, Saturday till 18:00

Lidl Monday – Friday till 20:00, Saturday till 18:00

Merkur Monday – Friday till 20:00, Saturday till 18:00

DM Monday – Friday till 18:30, Saturday till 17:00

Pharmacy Monday – Thursday till 19:00, Friday till 18:00, Saturday till 12:00

The rest you will have to explore on your own!





# THE ACCOMMODATION

**FIVE STAR TENTS FOR 2-3 PEOPLE. SLEEPING BAGS + MATS PROVIDED.**

**(PLEASE BRING ENOUGH SOCKS ... AND OTHER CLOTHES + SHOES. AND A SOAP. AND DON ´ T FORGET ABOUT THE SOCKS. TOOTBRUSH IS QUITE USEFUL TOO. AND SUNSCREEN.)**

# RECOMMENDATIONS FOR YOUR STAY IN TROFAIACH

01

The temperatures in May can go low, so please do take warm clothing with you, just in case...

02

A coffee in Austria is quite expensive and even in a small town like Trofaiach you will pay EUR 2.90 for *caffè latte* for example. Breakfast, lunch, dinner and coffee breaks at the venue are provided by InterAktion, however, bear in mind that prices for drinks are higher than in your home country.

03

We advise you to be in possession of a European Health Insurance Card or travel insurance if your country is not member of the EU.

04

Bring your personal medicine, painkillers etc.

05

Bring your own towels!!

Inter  
Aktion



A person wearing a white shirt is writing in a notebook with a blue pen. The notebook has some handwritten text in cursive. The background is a dark teal color.

# SURVIVAL GERMAN

Guten Morgen!  
Good Morning!

Hilfe!  
Help!

Guten Tag!  
Good day!

Wo ist das Krankenhaus?  
Where is the hospital?

Guten Abend!  
Good Evening!

Ich verstehe nicht.  
I don't understand.

Danke!  
Thank you!

Bitte!  
Please / You're welcome!

Sprechen Sie Englisch?  
Do you speak English?

Guten Appetit!  
Enjoy your meal!

Wohin fährt dieser Bus/Zug?  
To where does this bus/train go?

Darf ich bitte einen Stadtplan haben?  
May I have a city map please?



**WE ARE LOOKING FORWARD  
TO MEET YOU!**