



Be Stable & Prevent Falls

User Guide and Video also available online



We strive to achieve your highest satisfaction!

If you have any questions please contact us.

- **L** 1-844-691 STEP (7837) option 2
- Monday Friday 9am 4pm EST
- service@stabilizedsteps.com

WARRANTY REGISTRATION

Our Stabilized Steps® products are guaranteed for life against manufacturer defects for the duration of use by the original purchaser. To ensure your warranty, please register your product at

/www.stabilizedsteps.com/stabilized-step



The Stabilizer (Rubber Pads)

Product Description SKU# SW1002

The Stabilizer is the best tool for stability and fall prevention. It gives you greater stability when changing positions or performing activities that could lead to a fall. It also helps you get up from the ground after minor falls.

What's Included?

Product comes fully assembled. No tools are required.

Overall Dimensions: 16.75" (l) x 25"(w) x 32"(h)

18"
20.75"
32" - 39"
8.4 lbs

Walker weight capacity: 350 lbs.

About the attatched walker

- Deluxe soft ribbed contoured hand grip for added comfort.
- Sturdy 1" diameter anodized, extruded aluminum construction ensures maximum strength while remaining lightweight.
- Trigger release feature allows the user to close the walker without removing their hands from the handle and is ideal for individuals with limited finger dexterity.

Folding instuctions

Easy "pull up" trigger release for opening and closing







Custom walker adjustments or adjusting height instructions

With your arm extended down, handle should be at wrist height. With your hand placed on the hand-grip, your elbow should be flexed about 15 degrees. To adjust the height, depress the height adjustment button to the desired height until the height adjustment button pops out of the appropriate hole. Repeat for other three legs. Before proceeding, ensure all lets are adjusted to the same heigh.

Safety Instructions

Make sure that before each use:

- Walker is adjusted to correct height and it sits level.

 Always contact your physician or therapist when using a walker to determine proper walker height.
- Spring buttons are locked in place.
- Replace rubber pads when worn or missing.
- Do not exceed the weight capacity of the walker

REPLACING THE BOTTOM PADS

(Replacement pads need to be purchased separately)

It is important to note that the bottom pads will not wear out evenly; thus, not all pads need to be replaced at the same time.

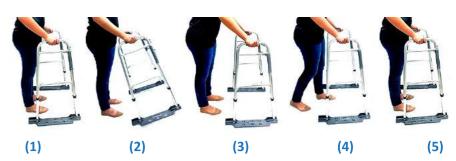
- Use a Phillips screwdriver to remove the screw in the center of the pad to remove the old pad and replace with new.
- Insert flat washer, followed by the lock washer, then the screw.
- Do not overtighten the screw.



- Wipe Stabilizer weekly with a damp cloth.
- After using the Stabilizer outdoors, shake off any sand or small rocks that could have gotten stuck at the bottom or around the extension legs. If necessary, give them a quick wash with water to make sure all the particles are removed.
- The Stabilizer may, be cleaned with mild soap or detergent. DO NOT use organic solvents, such as acetone, which could damage the grip. Never use abrasive cleansers or scouring pads on any part of the Stabilizers or the bottom pads.
- Check all hardware weekly to ensure that it is securely attached.
- Replace bottom rubber pads when worn.

Recommended Use

- Use the Stabilizer following a regular standard walker's 3 point gait:
- (1) Align the middle of your foot with the back legs of the walker(2) & (3) Lift the walker and place it in front of you with all four legs on the floor(4) & (5) then carefully step forward, one foot at a time



- Use caution when gliding indoors after outdoor use to prevent damaging sensitive indoor flooring material.
- The elongated design of the Stabilizers makes the walker more stable when transferring to and from a chair or bed. Make sure to press down firmly on the handles of the walker and carefully sit down or stand up from the chair or bed.
- Please note that the product does not glide on any surfaces due to the rubber pads on the bottom.
- Refer to our website for other recommended uses. www.StabilizedSteps.com

Disclaimer: In no event shall Stabilized Steps be liable for any direct, indirect, punitive, incidental, special consequential damages, to property or life, whatsoever arising out of or connected with the use or misuse of our products.

We reserve the right to correct any errors that may occur within this manual.

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