

RAISE YOUR BAR

Monday August 5th, 2019

raise-the-bar. Verb.
(idiomatic)
To **raise** standards or
expectations,
especially by
creating something
to **a** higher standard.

What is your bar and how do you raise it?

Your bar is:

- Your before
- Your during
- Your after

Your before + during + after = your production

- Your before is what you do before the day starts
- Your during is what you do during the day
- Your after is what you do after hours

Before

- How do you wake up?
- How do you raise that bar?
 - You get up with intention to rise and grind
 - Get up early
 - Win the first hour of the day and win the day

During

- Green Time
 - How do you spend it
 - 3 hours per day makes a million a year
 - How
 - Block out distractions
 - Manage your client's debts, do not be afraid to make the ask, 4 times per year
 - Develop a fortitude to push thru
 - Pursue your clients like you're in love with them

After

- What do you do after hours
 - Entertainment vs social media
 - TV vs study
 - Clean your emails end of day
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“Nothing
will work
unless you
do”

- Maya
Angelou

- ❖ Raise the bar in how you prepare for tomorrow
 - ❖ Leave every day at door
 - ❖ Next up
 - ❖ Just Do It
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