

THE TEAM APPROACH



Left to Right:

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Here are some of the important benefits you can only find at Reproductive Specialists of New York:

- Our offices are fully staffed by physicians and open for compassionate and expert care seven days a week to provide the help you need, when you need it.
- We provide early appointments and cutting-edge infertility treatments.
- We are the largest and most-experienced fertility center on Long Island.
- Our board-certified reproductive endocrinologists are nationally-recognized experts in many aspects of reproductive challenges and treatments.
- Many of our nurses have decades of experience and are known for their care and compassion for our patients.
- We work closely with experts in other specialties including counseling, urology, and reproductive genetics, who can help uncover all potential obstacles to conceiving.
- We are affiliated with many academic university hospitals and continue to perform research in areas that improve the pregnancy rates and quality of care.



**Call our office today for a consultation.
Spanish-speaking doctors and staff available
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MINEOLA OFFICE

200 Old Country Rd. Suite 350, Mineola, NY
Phone: 516.739.2100 | Fax: 516.873.8068

STONY BROOK OFFICE

2500 Nesconset Hwy. Building 23, Stonybrook, NY
Phone: 631.246.9100 | Fax: 631.246.9156

WEST ISLIP OFFICE

1111 Montauk Hwy. Suite 204, West Islip, NY
Phone: 631.482.9020 | Fax: 631.482.9027

BROOKLYN OFFICE

16 Court Street 27th Floor, Brooklyn, NY
Phone: 718.935.9766 | Fax: 718.935.9765

We also participate with the following programs:

- Compassionate Care
- First Steps

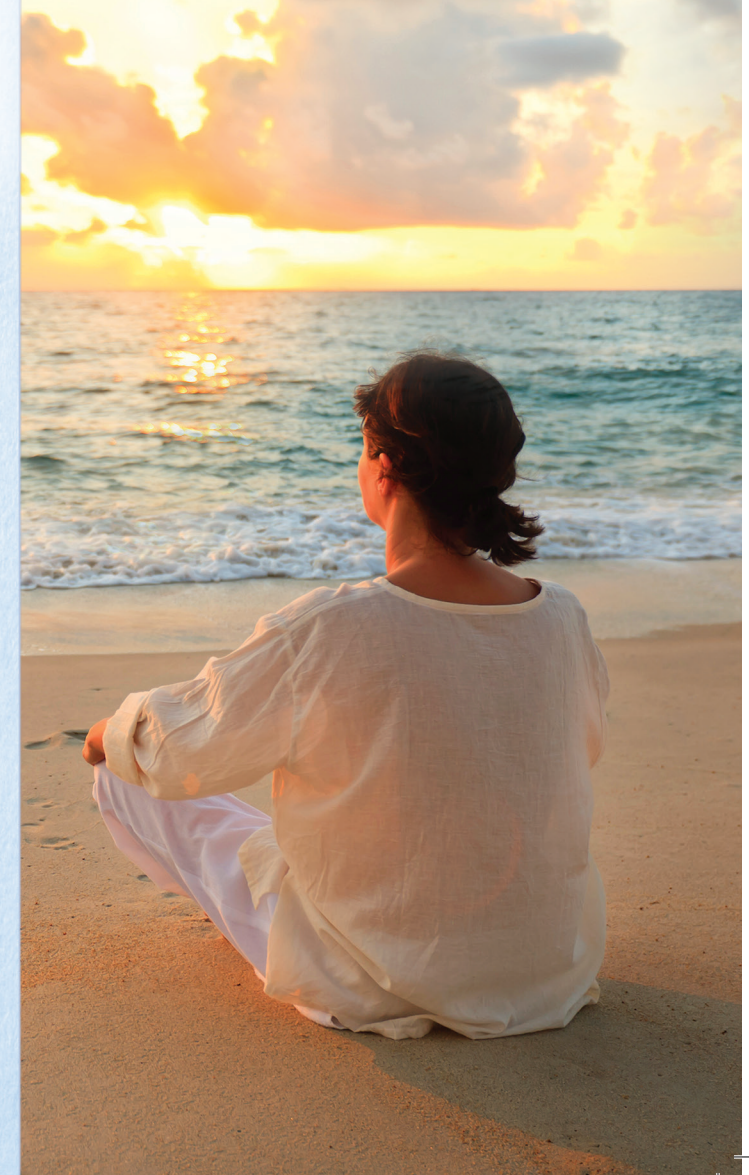
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YOUR BIOLOGICAL CLOCK

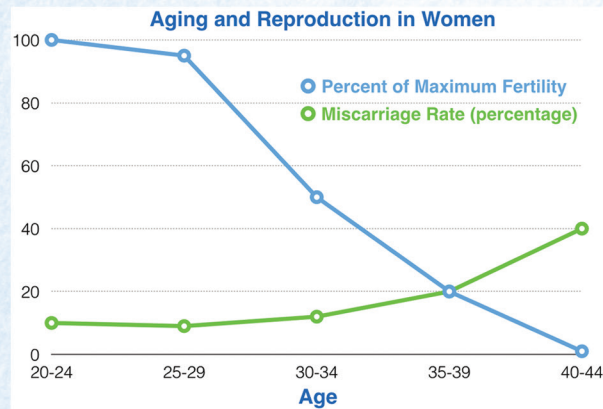
WILL YOUR EGGS AGE AS GRACEFULLY AS YOU DO?



YOUR TICKING BIOLOGICAL CLOCK... WILL YOUR EGGS AGE AS GRACEFULLY AS YOU DO?

Very few people think about their fertility until it becomes a problem because scientific discoveries in the past few decades have revolutionized healthcare. Modern medicine can now diagnose disorders that had mystified healthcare providers for centuries.

It is no wonder that so many young people believe they have plenty of time to enjoy life before they have to think about their fertility. It would stand to reason that, if so many advances have been made in treatments of other disorders, infertility must also be a curable, treatable disorder.



Unfortunately, this is not entirely true. Although the fields of reproductive endocrinology and clinical embryology have made countless advances in recent decades, a viable treatment for age-related infertility continues to elude researchers. Even today, as we begin to construct artificial organs to treat other disorders, we cannot turn back the hands of time to heal aging reproductive organs. As women approach the age of 35, reproductive capacity begins a sharp decline until the ovaries cease to function altogether. For most men, this process is staved off for another decade or so but, eventually, they will also begin the descent to age-related infertility.



YOU'VE PLANNED EVERYTHING ELSE, WHY NOT PLAN THIS, AS WELL?

With very thoughtful planning, women can achieve all the milestones they set their minds to accomplishing. However, the biological clock keeps ticking. Wouldn't it be nice if we could freeze time?

Actually . . . we can.

Today's women of healthy reproductive age (under 35 years old) have the option of freezing their eggs and keeping them in storage until they are ready to start a family. For nearly a decade, Reproductive Specialists of New York has been providing egg freezing (vitrification) for patients with a medical diagnosis that may render them infertile. We now also offer this service to healthy women who choose to preserve their fertility options for the future.

Egg vitrification has been proven safe and effective. Genetic studies have shown there is no increase in chromosomal abnormalities. In fact, healthy babies conceived via frozen eggs are now being born all the time. The key to successful treatment is to begin the process early.

DO YOU KNOW YOUR EGG AGE?

Unfortunately, there is no known outward measure for assessing the reproductive capacity of a woman's eggs. Women can feel and appear healthy and young, but our eggs still age despite our youthful appearance. Commonly, women strive to achieve success in our careers, education, and relationships and often put off our fertility/reproductive attempts until we are in our 30's. As in all things in life, if women are informed and educated about our fertility options, we can plan ahead. While technology has not yet given us a way to fix these "aging" eggs, there is a way to preserve eggs before the damaging effects of aging take place. For most women, this means thinking about our fertility in our 20's, well before the age-related issues set in.

Consultation with a reproductive endocrinologist to evaluate whether you are a candidate for fertility preservation is best begun during your most fertile years (between the ages of 24 and 27), although many women in their 30's and 40's perform the Egg Check Test. Simple blood test as AMH (anti-Mullerian hormone) and sonograms can be done by your OB/GYN doctor/provider. These tests will reveal where, in the aging process, your eggs are. This information can serve as a guide toward whether you would be a good candidate to freeze your eggs now or whether you have time to wait.

It's true that families are built in several different ways. However, many people prefer to have a child who shares their family's rich genetic history--one that might share your eyes, your smile, your father's sense of humor, or your mother's laugh.

We at Reproductive Specialists of New York are committed to helping you achieve your goals of building your family either now or in the future.