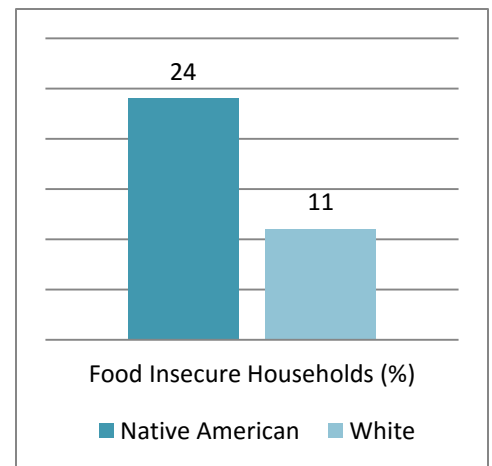


## Hunger is a Native American Issue

Today, there are 21 federally recognized tribes in Arizona. Our state's 300,000 Native Americans are *more than twice as likely to be food insecure as their White, non-Hispanic peers*. Apache County—home to parts of the Navajo Nation and Zuni and Fort Apache reservations—has the *highest rate of childhood food insecurity in the US* – 42 percent.

### The Facts About Native American Hunger

- In the US, **700,000** Native Americans live in poverty
- **1 in 4** Native Americans in the US face food insecurity
- Due in large part to lack of access to healthy foods, **16 percent** of Native Americans suffer from diabetes, compared to only 9% of the total US population
- On average, the income of Native American households is nearly **\$17,000 less** than the median income of other American households.



### Nutrition Assistance Programs Help Native Americans Fight Hunger



Nationwide, nearly **1 in 4** Native American Households participates in SNAP.

Nationwide, nearly **900,000** Native American Children receive free or reduced school

Nationwide, over **200,000** Native Americans participate in WIC, which provides food and formula to pregnant and post-partum women, infants, and children.

Sources: [National Relief Charities](#) | [US Department of Agriculture](#) | [USDA Food and Nutrition Service](#)