Since it is a common knowledge that games, especially video games, have inspired the minds of every player, there have been claims concerning how they affect various facets of one's overall health. Playing these games is found to be a more enjoyable and easy way to enhance brain skills and other relevant skills that could improve your daily lives. Sometimes, these games could also help to ease what you feel and reduce your stress if you have fun while killing some time or taking a couple of minutes off your busy day. Here is a list of the most commonly played games that will boost various skills and take time to relax after spending a great deal of time with your daily lives.

1. □ Akinator

Akinator is a cartoon genie in the game produced by Elokence who will ask you a number of questions that will identify your potential character. It can be one good game to play if you get bored or lazy and you're seeking a challenge. As your trusted genie, it will tell you just what you're thinking and you could feel some goosebumps after a number of streaks of correct guesses. Realizing that there is somebody who can easily guess what's in your thoughts is quite amazing and it can be much fun as you keep on playing for more.

2.□BottleFlip 3D

You can join millions of people around the world and play the game of Bottle Flip 3D if you'd like some kind of real-life challenge. Bottle flipping is one of the favorite pastimes of many teenagers and young adults, making it a popular game. For a broader and better experience, it can already be played in various devices, which makes it much more popular. Because it is a game that isn't too complicated to play, it can help you kill a few momemts at any time of the day.

3. □Starcraft

If you are into some hardcore gaming and you want to improve your cognitive skills like memory and reasoning as you plan, strategize, and manage resources, you should play strategy-based games like Starcraft. It is a science fiction real-time strategy-based game that involves different alien species fighting for dominance and each species has different fighting units and tactics of winning. Players must be able to manage resources so as to build and sustain their units while they develop brain flexibility given different circumstances.

4. □ Overwatch

Multiplayer games, particularly first-person shooter games, can help to develop hand-eye coordination. Overwatch has the intense action where players should continuously assess, react, and decide in every moment depending on various factors, including map layout, positioning, characters, abilities, enemy position, and more. These factors are simultaneously considered in the head of a player and coordinated in his brain with the interpretation and reaction as exhibited by the movements of his hands and fingers.

5. □ Diablo Franchise

With this action role-playing game, players can select one of the many character classes, such as wizard, witch doctor, barbarian, or crusader, in order to defeat Diablo, the Lord of Terror. They must explore, acquire, and trade weapons, armor, and magic items while they battle hordes and demons to achieve this. It's important to act, think, and decide quickly while thinking of several factors. These games are usually played as they can help improve inductive reasoning skills while facing different situations.

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6. □SimCity

If you want a little less intense game, you may try SimCity where players develop a city and face the several challenges of urban planning. With this simulation game, the real world is being mimicked and it shows the players some real-world skills, such as managing finite resources and making decisions that could lead to complex consequences. It takes a good analysis of every action that you take so as to make better decisions that can also affect your next step.

7. 2048

This mobile puzzle game utilizes logic and mathematical skills so as to win where players swipe tiles with corresponding numbers across the board. Two tiles using the same numbers that are touching each other will combine into one tile with the sum of the two numbers. The aim of the game is to swipe number tiles around the board until the player can produce a single tile that has the number 2048 on it. Puzzle games like this enables the players to exercise their brains while they discover patterns, solve intricate problems under time pressure, or think logically. Normally, the rules of the game are very simple and it doesn't take most of your time and skills but you need a good thinking brain to solve each puzzle properly.

8. NBÆranchise

This year, the real-world league was postponed due to the pandemic but avid basketball fans can still enjoy their favorite game in a virtual setting. NBA2K20 is one of the sports games that enables the users to have a true-to-life league exposure to real-life graphics and ultra-realistic gameplay. They are just like the real action games, which are often fast-paced and need good hand-eye coordination so as to score and win. As they do not involve any type of violence but only the necessary skills, including quick thinking, fast analysis, and good decision-making, they are usually preferred over action games.

9. ☐ Minecraft

Minecraft has become one of the extremely popular games nowadays, especially among those who love to create and develop their very own world, and no person can ever deny this truth. The open-world sandbox game is set in a landscape where blocks are utilized to represent trees, grass, rocks, dirt, water, and so many other things that are randomly generated through the entire game. It's actually regarded as an action-adventure game because it requires quick reflexes and amazing problem-solving skills that involve thinking, both during violent and non-violent situations. Aside from this, it also includes experimentation, teamwork, as well as creativity to build a world and perform various activities.

10. □ AnimaJam

Animal Jam won't become an award-winning app for nothing if it's not helpful to its users. As your casual game, you will be brought to the world of Jamaa and become your favorite animal as you explore the wild and learn how to protect the nature. This game is just loved by kids where they have a safe playground to interact with other players from around the world.

11. □GachaLife

Get ready for a new adventure in another casual game and start dressing up your anime characters using various outfit, hairstyles, weapons, and more. Show how creative you are and learn how to communicate with other users or build a scene to tell your unique story. There are different areas to explore and you will find out about different people and places while you play the game.

12.□Forge f Empires

If you wish to experience various places in different times, including the ancient civilizations, medieval kingdom, and even the future, you can play the strategy game called Forge of Empires. Build your own city and rule your empire while you experience history. Have your army or troops ready to defend your territory from those that want to conquer it in order to keep it safe and peaceful.

13. Tekken Franchise

Last but not the least, Tekken should also be included in the list because it is a game that started all the video games that we get to enjoy nowadays. The arcade game, which was hosted by Mishima Zaibatsu, follows the events throughout the King of Iron Fist Tournament. There are numerous characters that players can choose to battle and win in the tournament in order to gain control of the company. To execute different attacks with varying impact on the opponent, several controls can be utilized. Every attack that ought to be done to reduce the enemy's stamina at a faster rate while you retain yours and turn victorious so it's crucial to think fast and move quickly.

Over the years, there have been several genres that were introduced and every one has a lot of games developed and released to satisfy the needs of every player. Regardless of the game they play, users have their own preferences and they learn various skills and enhance each of them to prepare for their next battle or adventure. This list could go on but these are some of the most popular games that you can play, specifically on a bigger screen if you wish to have a better gaming experience.

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