## MATCHDAY



## **CARL TREMARCO**

**JOHN ROBERTSON'S MATCH PREVIEW** THE LATEST COMMUNITY NEWS **CLYDE REPORT ICTREES!** 









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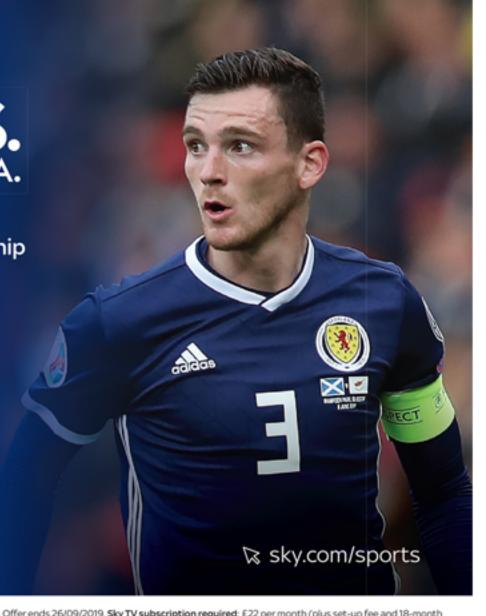


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## **MANAGER PREVIEW**

#### WITH JOHN ROBERSTON

Good afternoon and welcome to today's Ladbrokes Championship clash against Dundee here at the Caledonian Stadium.

In particular, I warmly welcome James McPake, Jimmy Nicholl, Dave Mackay and their players, directors and, of course, the fans of the Dee who have travelled North today to support their side.

We have had two very competitive tight matches against the Dee this season and have yet to win one so this afternoon would be the ideal time to start that trend. It will be tough as they have picked up form recently before losing the derby match to Utd.

Illness has raged through the club and has affected many of the players and of course the staff in the last few weeks. We had to shut down the football department early in the week to try and get the players away from each other to stop the virus spreading. We are hopeful that this will have worked as it has been rife throughout the city and can have a bearing on performance levels in training and in matches.

It has been well documented that both Scott and myself had to miss 7-10 days of training and the game against Clyde last week as we were both simply to unwell to take the sessions or the match. We were delighted that Charlie Christie was able to step in and assist Ryan and Barry against Clyde in the cup game and we thank him for that.

It was a hard earned semi final slot but we are now at the business end of the tournament that we have done well in over the years and we can now park this till February, where we will host the very impressive Rangers Colts side that have done very well to reach the last 4 for the first time ever.

There are a few lads still feeling the effects of the illness but we hope we are passed the worst of it and can start to get these players back on the pitch.

Last week saw a lot of good sharp incisive play and lots of good sharp football in the first half in particular and all that was missing was that killer touch in front of goal with Miles, Jordan Aaron and Mitch all coming close.

It has been the frustrating part of our play recently that we missed good opportunities in the last three matches in particular when on top and this is something we are all working to rectify as we know we need to put a good run of wins together to start pushing up the table where we want to be.

Today we face a side with threats all over the park and have added the mercurial talents of Graham Dorrans to their ranks. They have plenty of fire power to threaten any team in this division and it will take a very good performance to ensure we leave with all 3 points today

Once more we thank you for your continued support,

Enjoy the match,

Robbo





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## CAPTAIN CARL TREMARCO'S PREVIEW

Good afternoon and welcome to today's Ladbrokes Championship match against Dundee.

We enjoy big games especially at home. We know that if we beat Dundee today then we go above them so that's the incentive straight away.

At the minute, we have quite a few big games coming up. We're not really firing on all cylinders so every match we play at the minute we have to rediscover what we're good at.

Today is not different, we know the threat Dundee will bring but we need to find a way to get back to the way we were playing at the start of the season.

Enjoy the game,

**Carl Tremarco** 

Read more from Carl in his full interview on page 15





### MATCH REPORT

INVERNESS CT CLYDE 0



#### 16.10.19 | CALEDONIAN STADIUM TUNNOCKS CARAMEL WAFER CUP

Inverness Caledonian Thistle progressed to the Semi-Finals of the Tunnock's Caramel Wafer Cup as they beat Clyde 4-2 on penalty kicks, after the match finished 0-0 in normal time.

Mark Ridgers was the shootout hero as he saved spot kicks from Tony Wallace and Chris McStay, while Caley Thistle dispatched four perfect penalties from Nikolay Todorov, Coll Donaldson, Carl Tremarco and James Keatings.

With John Robertson and Scott Kellacher missing due to illness, Barry Wilson, Ryan Esson and, ICTFC Academy Director, Charlie Christie were in the dugout for the Caley Jags.

Jordan White came closest for the Caley Jags after 18 minutes as he met Miles Storey's cross in the middle but his diving header was inches wide.

Clyde had a chance of their own after 34 minutes, Lyon played in Smith but his effort was saved by Ridgers.

Just before the break, Aaron Doran forced a save from Mitchell at his near post.

In the second-half, Charlie Trafford went close after the break but his flicked effort was over.

Wallace went close for Clyde after 61 minutes but his effort at the back-post was wide after he met Grant's long throw.

James Keatings couldn't fully connect with Miles Storey's cross in the middle of the box as Mitchell gathered the ball.

Mark Ridgers then produced a fine save to deny Chris McStay from around 25 yards

There was chances in stoppage time, Miles Storey saw his effort saved by the legs of Mitchell after he was played in by James Keatings.

Nikolay Todorov then saw a header held by Mitchell in the final minute of the match.

The match then went to a penalty shootout and Todorov, Tremarco, Donaldson and Keatings converted for the Caley Jags. Grant and McMullin scored for Clyde but Ridgers saved efforts from Wallace and McStay.

The Caley Jags will now face Rangers Colts in the Semi-Final and the match will take place on Sunday 16th February at 4.10pm at the Caledonian Stadium. Ticket info TBC.





VINCENT HAS A CRACK AT OPENING THE SCORING & RIDGERS MAKES A HEROIC SAVE IN THE SHOOTOUT



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#### **Thursdays Stadium Tours**

Last Thursday we sadly couldn't get into the hall at Hilton for our weekly class but instead we hosted our Thursday class at the stadium for tours. We had our classes combined over two tours to show them around some of the boxes, the boardroom, the changing rooms and the smelliest room in the stadium the boot room! We were very lucky to have such well behaved groups and look forward to get back to football this week, even with the in-service days. If you would like to book on there are still spaces available. For more info and for booking go to <a href="https://www.ictfc.com/weeklycourses">www.ictfc.com/weeklycourses</a>

#### **4-4-2 Project Visits**

This week we visit Crown Primary School to promote our 4-4-2 reading project. We have a whole morning of sessions planned to show how reading can improve lives. Reading and writing are the most important factors in reducing the attainment gap, improve mental health issues such as anxiety, depression and dementia, and influence people's work, relationships and the economy. The ICT Community Development Trust is working in partnership with 14 SPFL clubs and local libraries, to deliver the 4-4-2 Reading Challenge which aims to inspire children aged 5-12 to read four books in exchange for match tickets. The initiative centres on a reading "challenge card" which participating clubs and libraries will issue. For every book read, children will receive a stamp on their card. When they have read four books, participants will receive a FREE match ticket for a home league match at the Caledonian Stadium, while an accompanying adult will be able to purchase a discounted ticket. This will be running through till the end of the season and kids can do this as many times as they want. So get down to the library to get started!

13.



#### **ICT in the Community Boot Drive**

For this Christmas the ICT Community trust are starting a boot drive to help recycle boots. We are committed to working towards UNICEF's sustainable development goals of which two are related to responsible consumption and climate action. With the aim of achieving these goals we are looking for any football boots that are no longer required to be donated to the trust.

These boots will then be available for a small donation and will be on display at select community and club events in the lead up to Christmas. All donations generated from this will be going to the ICT Community Development Trust (SC036102)

If you have any boots then please bring them ASAP to your next community class or down to the stadium. If you have any queries then please contact the Trust on 07754 609425 or <a href="mailto:scott.ross@icttrust.org.uk">scott.ross@icttrust.org.uk</a>









### Carl Tremarco wants Caley Thistle to get back on track this afternoon against Dundee as the club look to return to winning ways in the league.

Dundee and Caley Thistle have faced off twice this campaign already with both matches being very tight but Dundee travel North for the first time this season and Tremarco hopes home advantage can play its part.

The Caley Thistle Captain said: "We started off really well at home, we started making it a horrible place for visiting teams to come."

"Every team will have a blip, hopefully ours is over and we don't have any more because we can't have much more if we have ambitions of getting out of the league. Everything is focused on today's game to get three points and get the ball rolling."

"We've played them twice but both were away, maybe they'll approach the game differently coming up here, I'm not too sure."

He added: "I know the way we approached the two away games will be no different to the way we treat this one. We look to try and win every game, other teams may have a different approach.

I've said numerous times if we play to the way we can, which we haven't of late, we'll cause sides problems and we'll be really hard to beat."

Caley Thistle qualified for the Tunnock's Caramel Wafer Cup Semi-Final against Clyde last week, Tremarco thought the Caley Jags played well in the first-half but the game became scrappy in the second.

Tremarco said: "I thought the first-half against Clyde we were ok, I think we created a couple of half chances, we had a lot of the ball and should have really punished them."

"The second-half was a bit more scrappy, in the end it was relieving to get through, it is a cup competition and you like to get to the next round and we have a semi-final to look forward too."

"The semi-final is miles away, so we're just going to focus on the league."

Caley Thistle have failed to find the back of the net in their last three matches during the 90 minutes, Tremarco thinks building from the back will be the basis to get back on track

The Captain said: "It's unfortunate, but normal when that is the case then we usually keep the back door closed but we haven't at late."

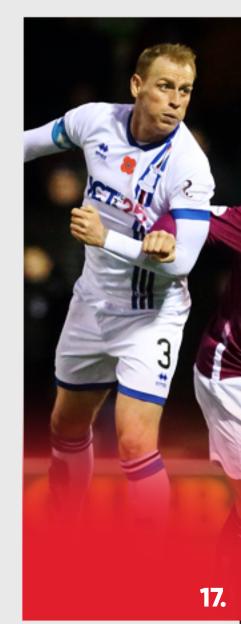
"We got a clean sheet against Clyde but, no disrespect to Clyde, we should be keeping clean sheets and probably scoring goals against them. The clean sheet is something to build on, the platform needs to be starting to tightening it up at the back and the chances will come."

#### THANK YOU TO OUR KIT SPONSORS









#### **Inverness Caledonian Thistle Supporters Trust**

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#### **FACTFILE**

MANAGER
JAMES MCPAKE

STADIUM DENS PARK

#### PAST RESULTS

D 0-0 AWAY, 24.08.19 CHAMPIONSHIP

L 1-0 AWAY, 28.07.19 LEAGUE CUP

L 1-0 HOME, 30.01.18 SCOTTISH CUP



Dundee travel to the Caledonian Stadium this afternoon sitting one point ahead of the Caley Jags in third place and looking to bounce back from defeat in the Dundee Derby.

It's been a frustrating wait since the Dee lost the Dundee Derby as they've haven't played since then due to Caley Thistle's Tunnock's Caramel Wafer Cup Quarter Final against Clyde last weekend.

Before the Derby, Dundee were on a run of three straight wins in the Championship with Manager James McPake being named Manager of the Month for October and winger Declan McDaid being named as Player of the Month.

The sides have met twice this season, Dundee narrowly won the first encounter in the Betfred Cup 1-0, thanks to a Danny Johnson strike while the second meeting at Dens in the league finished 0-0.

James McPake has said Dundee have a full squad this afternoon available, except Jack Hamilton who misses out due to illness.

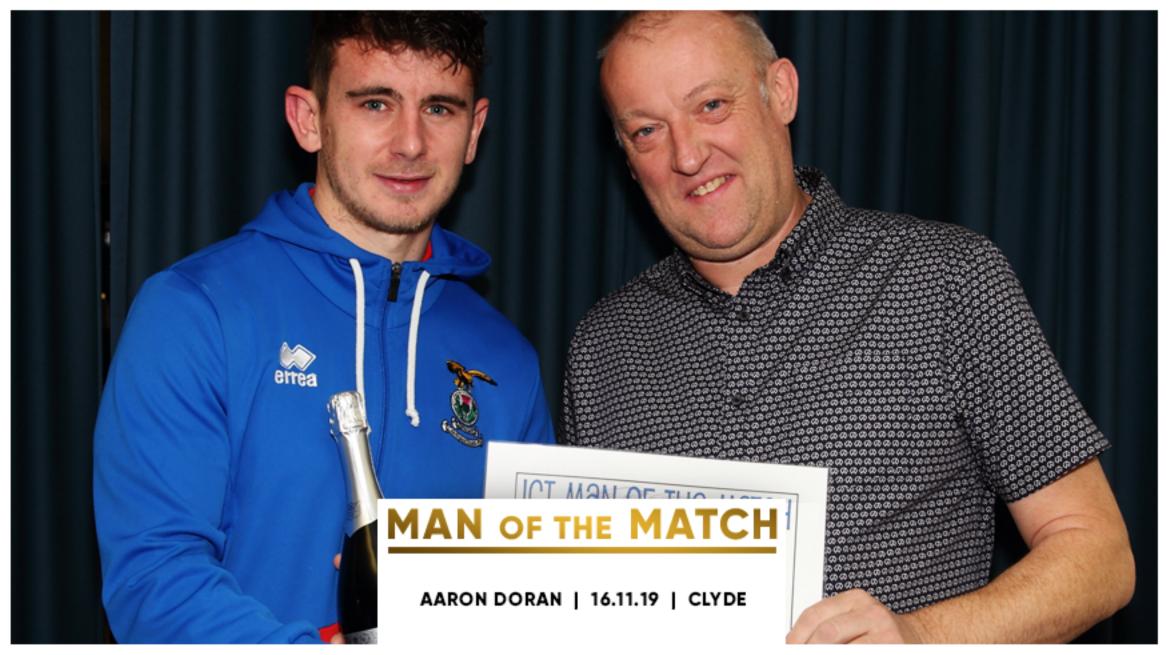
**Head-to-head:** ICTFC Wins: 11, Draws: 13, Dundee Wins: 7

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HOME	
AWAY TRAINING BOOTS GLOVES	Lady Kath Fraser Birkenshaw Distributers Colin Morrison Family of Dawn Sinclair
HOME AWAY TRAINING BOOTS GLOVES	Highlander Services Thain Electrical LTD Abbi McDonald - D. Hollinger, Painters & Decorators Jack Knowles Laura Grant
HOME AWAY TRAINING BOOTS	Independent Corrosion Services #CaleyJagsAway Arya, Owen & Paul Fearon Lady Kath Fraser
	TRAINING BOOTS GLOVES  HOME AWAY TRAINING BOOTS GLOVES  HOME AWAY TRAINING

3. CARL TREMARCO	HOME AWAY TRAINING BOOTS	Ross Morrison Calum, Jill, Abbie & Kyle Macrae ICTFC Supporters Travel Club John Steward
4. SEAN WELSH	HOME AWAY TRAINING BOOTS	Alex Morrison Bob Fraser Jodie, Addisyn & Kaiden -
5. COLL DONALDSON	HOME AWAY TRAINING BOOTS	Bob Morrison Aileen MacLeod Gavin Bruce & Marc Hurst Garry McDonald - D. Hollinger, Painters & Decorators
6. JAMIE MCCART	HOME AWAY TRAINING BOOTS	Richard Fraser - Skye Express Parcels Ltd James MacPherson - Ian, Jodie, Addisyn & Kaiden

#### THANKING EVERYONE FOR CONTRIBUTING

7. JAMES KEATINGS	HOME AWAY TRAINING BOOTS	Hannah & Brian Duncan  - Willie Cumming	14. JAMES VINCENT	HOME AWAY TRAINING BOOTS	Stewart Murdoch Rhia & Susan Duncan Lynne & Jen Pam & Megan	
8. DAVID CARSON	HOME AWAY TRAINING BOOTS	Leslie Hairdressing & Peter Cameron Consultancy - ICT Social Club Crew Liz Sutherland	17. MILES STOREY	HOME AWAY TRAINING BOOTS	Pam & Megan Dana, Stuart, Teigan & Kloeigh - Caley Taxi Jack McDonald - D. Hollinger, Painter & Decorat Dan, Holly & Michael	
9. JORDAN WHITE	HOME AWAY TRAINING BOOTS	Evelyn Grant - Stella Morrison -	19. NIKOLAY TODOROV	HOME AWAY TRAINING BOOTS	Alex MacLeod Cafe V8 Brooke House College Football Academy Vasilev & Co. Consulting Ltd	
10. AARON DORAN	HOME AWAY TRAINING BOOTS	Scalloway Hotel Ashley Ann Allan Mackenzie Ross MacKay	20. MITCHELL CURRY	HOME AWAY TRAINING BOOTS	- Inverness Computer Centre -	
11. TOM WALSH	HOME AWAY TRAINING BOOTS	The Clachnaharry Inn Ashley Ann Lynne & Jen Frank Nicol Farm and Garden Machinery Ltd	21. CAMMY MACKAY	HOME AWAY TRAINING BOOTS GLOVES	JRM Scotland - Lady Kath Fraser - Steven Houston	
12. KEVIN MCHATTIE	HOME AWAY TRAINING BOOTS	Balfour Property Renovations Ltd Dana, Stuart, Teigan & Kloeigh - Caley Taxi - -	22. BRAD MCKAY	HOME AWAY TRAINING BOOTS	D&E Coaches - Louise Grant & Julie Wilson Michael & Gordon Lawtie	24

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#### ICTFC CODE OF CONDUCT

Inverness Caledonian Thistle FC will not tolerate unacceptable conduct at the Caledonian Stadium or any away football stadia.

Unacceptable conduct is conduct which is deemed violent or disorderly.

Violent conduct is any actual, attempted or threatened physical violence against any person, or intentional damage to property.

**Disorderly conduct includes:** 

Conduct which stirs up or sustains or is likely to or is designed to stir up or sustain hatred or ill will towards people or groups of people based on their membership of the following categories:

- Gender, Race, Nationality (including citizenship) or ethnic or national origin.
- Membership or presumed membership of a religious group or a social or cultural group with perceived religious affiliation.
- Sexual orientation
- Transgender Identity
- Disability
- Or against an individual who is perceived to be a part of such group
- Using threatening, abusive or insulting words or conduct
- Displaying or writing anything which is abusive or insulting
- Using words or conduct or displaying any writing or other thing which indicated the support or affiliation to, or the celebrating of, or opposition to an organisation or group proscribed in the terms of the terrorism act of 2000

All persons entering The Caledonian Stadium on a matchday are subject to these rules, including employees and volunteers of ICTFC whilst discharging their duties.

Any person who engages in unacceptable conduct will be liable for sanctions imposed by the club, which may involve possible criminal proceedings, ejection from the stadium, withdrawal of a season ticket and/or exclusion from future matches at the club.

## INVERNESS CALEDONIAN THISTLE FC WOULD LIKE TO WELCOME ALL SUPPORTERS TO CALEDONIAN STADIUM

WE BELIEVE THAT ALL SUPPORTERS ARE ENTITLED TO ENJOY THE MATCH DAY EXPERIENCE IN A SAFE AND PLEASANT ENVIRONMENT WITHOUT HAVING TO TOLERATE OFFENSIVE OR
UNACCEPTABLE BEHAVIOUR FROM PEOPLE WHO FEEL THAT IT IS APPROPRIATE TO BEHAVE IN THIS MANNER

INVERNESS CALEDONIAN THISTLE, ALONG WITH OTHER CLUBS IN THE SPFL, ARE NO LONGER PREPARED TO ACCEPT THE BEHAVIOUR OF THESE INDIVIDUALS AND ARE TAKING STEPS TO STAMP

IT OUT

WE CANNOT ACHIEVE THIS ALONE AND THEREFORE REQUEST THE HELP OF YOU, THE REAL SUPPORTERS, IN IDENTIFYING THOSE ENGAGED IN UNACCEPTABLE CONDUCT

TO HELP FACILITATE THIS IN A SAFE MANNER WE HAVE INTRODUCED A CONFIDENTIAL HOTLINE FOR MATCH DAYS TO ALLOW FANS TO TEXT THE CLUB IMMEDIATELY THEY WITNESS ANY FORM OF UNACCEPTABLE BEHAVIOUR

REPORTS WILL BE ACTED ON QUICKLY AND YOU WILL NOT BE IDENTIFIED IN ANY ACTION TAKEN

### IF YOU WITNESS ANY FORM OF UNACCEPTABLE CONDUCT CONTACT THE CLUB IMMEDIATELY AND IN CONFIDENCE ON

07858 929642

This number is only routinely monitored on match days from 1 hour before until 30 minutes after the match.

Any reports outwith this time may not be picked up until much later.

Any reports requiring a quick response outwith these times should be called directly to the club on 01463 222880



#### MATCH OFFICIALS

DAVID MUNRO, JOSEPH LAWSON, GEORGE KING

#### **ICTFC**

#### JOHN ROBERTSON & SCOTT KELLACHER

- 1 MARK RIDGERS
- 2 SHAUN ROONEY
- 3 CARL TREMARCO
- 4 SEAN WELSH
- 5 COLL DONALDSON
- 6 JAMIE MCCART
- 7 JAMES KEATINGS
- 8 DAVID CARSON
- 9 JORDAN WHITE
- 10 AARON DORAN
- 11 TOM WALSH
- 12 KEVIN MCHATTIE

- 14 JAMES VINCENT
- 17 MILES STOREY
- 19 NIKOLAY TODOROV
- 20 MITCHELL CURRY
- 21 CAMERON MACKAY
- 22 BRAD MCKAY
- 24 CHARLIE TRAFFORD
- **26** CAMERON HARPER
- 27 MATHEUS MACHADO
- 28 RODDY MACGREGOR

#### **DUNDEE FC**

#### JAMES MCPAKE & JIMMY NICHOLL

- 1 JACK HAMILTON
- 2 CAMMY KERR
- 3 JORDAN MCGHEE
- 4 JAMIE NESS
- 5 JORDAN FORSTER
- 6 JOSH MEEKINGS
- 7 JOSH TODD
- 8 SHAUN BYRNE
- 9 ANDREW NELSON
- 10 PAUL MCGOWAN
- 11 DECLAN MCDAID
- 12 CALUM FERRIE
- 14 GRAHAM DORRANS

- 17 JOSH MCPAKE
- 18 DANNY JOHNSON
- 19 FINLAY ROBERTSON
- 20 TCONOR HAZARD
- 21 SEAN MACKIE
- 22 CALLUM MOORE
- 23 JORDAN MARSHALL
- 24 MAX ANDERSON
- 25 LYALL CAMERON
- 26 JOSH MULLIGAN
- 27 LUKE STRACHAN
- 28 KANE HEMMINGS