



VI Peel Post Treatment Instructions

Four hours post treatment:

Cleanse the skin with VI Derm Cleanser (included in the take home kit). Rinse with cool or warm water and pat dry.

Apply the 1st towelette. The towelette is to be rubbed vigorously over the entire treated surface of the skin. Problem areas may be rubbed more vigorously for best results. The skin should not be cleansed after the towelette application.

IMPORTANT – Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant after the towelette has been fully absorbed.

Night 1 – One hour before bedtime:

Cleanse the skin with VI Derm Cleanser. Rinse with cool or warm water and pat dry. Apply the 2nd towelette provided in the post peel package.

*If the VI Peel application was applied later in the evening, the patient may use the 2nd towelette the following morning.

IMPORTANT – Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant after the towelette has been fully absorbed.

Day 2 – Morning:

Cleanse skin with VI Derm Cleanser. Rinse with cool or warm water and pat dry. Apply the VI Derm Post Peel Protectant, wait until it fully absorbs, then Apply VI Derm SPF 50+. Apply both 2–4 times throughout the day or as often as needed.

Night 2 – One hour before bedtime:

Cleanse skin with VI Derm Cleanser. Rinse with cool or warm water and pat dry. Apply the 3rd towelette.

IMPORTANT – Fitzpatrick Skin Types 4, 5 and 6 must apply the Post Peel Protectant after the towelette has been fully absorbed.

Day 3 – 7:

Morning and night cleanse skin with VI Derm Cleanser. During the day use the Post Peel Protectant and SPF 50+ as needed. At night use the Post Peel Protectant. Peeling usually begins by Day 3. Once the skin starts peeling instruct your patient not to peel or pick at their skin. This is very important because such actions may cause irritation, scarring or pigmentation. After your patient's skin is done peeling (Day 7), they can go back on your normal VI Derm skin care routine.