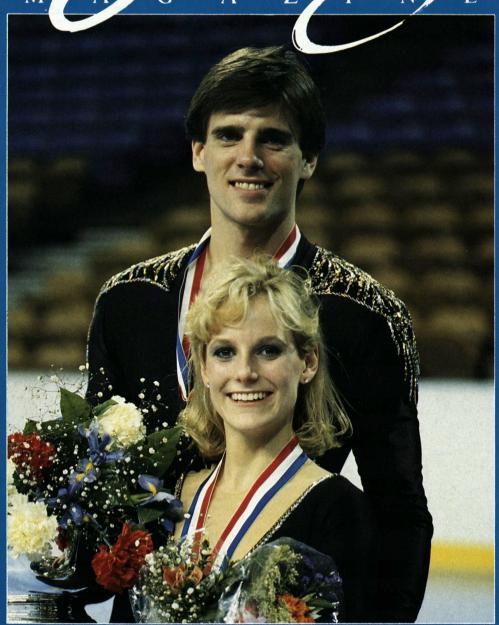
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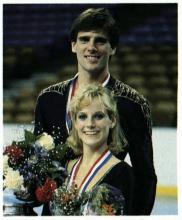


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COVER: Jill Watson and Peter Oppegard, the 1985 Senior Pairs' Champions are featured on this month's cover. For a complete report of the National Championships, turn to page 22.

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Feature Articles

22 1985 UNITED STATES FIGURE SKATING CHAMPIONSHIPS Staff Report



Results

18 1985 WORLD CHAMPIONSHIPS





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OFFICIAL /

JUDGES' APPOINTMENTS . . .

LOW FIGURE TEST
Barbara Price, Jamestown SC
Janice Thielman, South Bay FSC
Sue McLauthlin, Colorado SC
Douglas Stoner, Galleria ISC
Karen Tobin, Denver FSC
Connie Guerriero, SC of Vail
Hallie Wilson, Midland FSC
Henry Son, Commonwealth FSC
Joseph Williams, South Bay FSC
Sharon Carz, Denver FSC

INTERMEDIATE FIGURE TEST Michael Sullivan, Pueblo FSC Michael Stroud, Dallas FSC Wendy Boylan, Kansas City FSC Frederick Hagedorn, SC of Boston Hollie List, Braemar-City of Lakes FSC Nancy Lilla, Skokie Valley FSC

HIGH FIGURE TEST David Kaumeyer, Plymouth FSC Robert Wylie, Colorado SC Joanne Schillinger, Marquette FSC

NOVICE FIGURE COMPETITION Frederick Hagedorn, SC of Boston Elizabeth Stark, SC of Sunrise June Klindworth, Braemar-City of Lakes FSC

Robert Boroughs, Wichita FSC

BRONZE DANCE TEST Janice Thielman, South Bay FSC

SILVER DANCE TEST Patricia Creed Smith, Detroit SC

NOVICE DANCE COMPETITION Karen Ferrell, Los Angeles FSC Anthony Bardin, Los Angeles FSC Susan Adamson, Ann Arbor FSC

JUNIOR DANCE COMPETITION Judith Newton, Ann Arbor FSC Dorothy Eschman, Ann Arbor FSC



Nutritional Guide for the Skater.

FAT AND CHOLESTEROL: A FACT SHEET FOR SKATERS

by
Arnold E. Denton, Ph.D.,
Member USFSA
Sports Medicine Committee
Senior Vice President
Campbell Soup Company
and
Chor-San Khoo, Ph.D.,
Director — Nutrition Science
Campbell Soup Company

Lately, many people seem confused about the nutrients we call fat and cholesterol. They question whether they are good for you or not. The truth is, we receive many benefits through the proper consumption of these essential nutrients—benefits that every skater should know about.

Fats are part of a chemical family called lipids. Within this family are the polyunsaturated fats, (such as corn oil, sunflower seed oil, safflower oil, soybean oil, etc.), the saturated fats (such as meat fat, lard, margarine, and butter), and the mono-saturated fats (such as coconut oil, palm oil, and olive oil). Within the lipid family are substances called sterols, such as cholesterol, which is found only in animal products.

Instead of just classifying all fats and cholesterol as "dangerous" or "bad," let's take a look at their functions in the body.

One of the most important functions of fat is to provide the body a means of storing energy. When your body takes in more calories than it needs, it stores the extra in adispose tissue. Fat tissue provides insulation and protects against mechanical damage. Imagine a fall on the ice without it!

At a microscopic level, lipid is a vital part of cell membranes which control the flow of nutrients and fluids into cells and between cells. Polyunsaturated fats are also sources of Vitamin E.

Cholesterol also has very important functions in the body. Cholesterol is important in proper nerve and brain functions, as well as cell membrane functions. The body, however, regulates cholesterol levels very carefully. If you increase your cholesterol intake through what you eat, your body will attempt to reduce its cholesterol production. If you take in too little, your body will try to make more to compensate. In general, Americans are known to be consuming two to three times the amount of cholesterol they need. That is considerably more than the body can regulate.

Once again, the secret of success in your consumption of any nutrient is watching what you eat. About thirty to thirty-five percent of all your calories should be from fats—with ten percent of the calories from poly-unsaturated, ten percent from saturated, and ten percent from mono-saturated. If you are seeking to reduce fat and cholesterol, here are some suggestions:

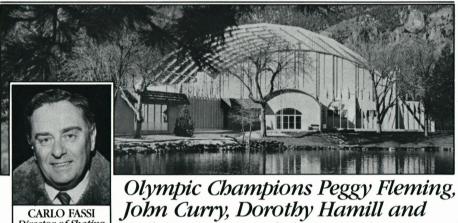
- 1. Trim fats from meats.
- 2. When eating chicken, remove chicken skin.
- 3. Roast, bake, or broil meat instead of frying.
- Watch your consumption of cheese, potato chips, french fries, or fried products (they all have high fat contents).
- 5. Reduce organ meat and egg intake.

Remember: you don't want to eliminate fat from your diet, you only want to eat fat in moderation. In addition, most of us need about 300-350 mg. of cholesterol a day. Sources of cholesterol are egg yolk, shell fish, organ meats (liver, brains), whole milk, cheeses, red meats.

There has been much recent concern about eating too much food high in fat and

Continued on page 15

from the



Director of Skating Robin Cousins did. These skating greats, and many others, benefited from the

finest training available. Now *you're* ready for the finest. And you'll find it, too at the Broadmoor World Arena.

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THE BROADMOOR

WORLD ARENA

CARLO FASSI

It's memory time again. Oh, come on, you can stand it. I'll keep it short.

I had a pair partner—auburned-haired Donna Atwood. I also had a dance partner, a curvaceous blonde named Elizabeth Kennedy; and if there had been a third event I would probably have opted for some beautiful brunette, but you can't have everything.

Anyway, at the time we got together Donna had competed very little. A former roller skater, she made the transition to ice skating easily, mostly by watching and imitating since lessons were as scarce as simplified income tax forms. But as I've mentioned before, there was plenty to see and imitate in Hollywood's Polar Palace. It was a case of osmosis, the absorbing of talent through the pores of the skin. And Miss Atwood picked things up as easily as you drink water. One particular series of scenes stands out vividly: Mid-ice in the old Polar are Donna and Bert Clark. Bert, Polar's manager, is, at five feet, a bit shorter than Donna, but he holds her firmly in dance position, and with a pleased smile on his face moves her through every Mohawk, three turn, Choctaw, bracket in existence, never speaking, ad-libbing every motion. She has no idea what's coming next: you'd never know it watching. Uh-huh, true ballroom dancing!

So here's Donna, who has done one National Novice event, then enters Juniors the same year we skate the pair—the 1941 Nationals is in Boston at the famous private Boston Skating Club—but we first do a Pacific Coast in Colorado Springs (where an event of great significance takes place, the performing of a forward counter and a back rocker on the same figure without the judges spotting it until it was completed. Who was the skater? I'm not telling.)

The Junior class of 1941 was class! Abundant talent, great depth, etc., etc. Donna didn't seem to have a prayer. Look at the odds. First the figures: In those days, figures counted for sixty percent (versus thirty per-



cent today), freestyle forty percent. Also, the Juniors drew five figures, and skated them on both feet (the Seniors had six). In a large class of skaters this meant you began the event about Christmas and finished the figures part around Valentine's Day. It meant, anyhow, a dinner break. Mealtime over, everyone trekked back to the rink-everyone. that is, except Donna and two other Juniors who had elected to dine together. They returned late, were hustled into the rink and onto the ice, still giggling and hardly nervous, one to perform the next figure with no warmup, the others to follow with some. Not to alarm you that this is the way to compete. but the three did place one, two, three on that figure, plus high in the standings.

Donna was second at the end of figures or was she third, I can't remember—then she takes the ice with a self-made routine and floats past the leader/leaders into first place without seeming to breathe heavily. For years after, she created serious doubts about training, instruction, patches ("When did she have patches? Patches?") and "it takes years to become a champion."

By the way, a marvelous partner!



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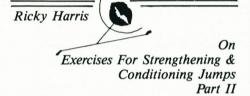
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Strengthening exercises for the gluteals are knee bends, running stairs, climbing, and hopping on one foot. One very important thing to remember when doing knee bends is to make sure that your knee is over your toes. This is also applies to the bend of the knee when hopping on one foot. There are some skaters whose knees bend towards the inside of the foot when landing a jump. This may result in an inside edge landing. It could also result in falling and should be corrected as quickly as possible. Constant landing in this manner can also develop tendonitis in the tendon of the peroneus longus muscle in the lower leg as well as great knee stresses.

Standing in front of a mirror on one foot and slowly bending the knee, making sure it moves directly over the line of the toes, then straightening it, is a simple corrective exercise for this problem. It should be done daily—at least twenty-five times on each foot.

Stretching exercises are necessary to achieve the beautiful line of the legs and body in the air. Stretching should never be done until the body is warmed up or it may cause injury.

A basic stretching exercise is to place one foot on a table, barre, back of a chair, or any other suitable height, with your body facing the leg. One word of caution. Only use a height that will allow your hips to be square to the leg, otherwise you will not be stretching the right muscles. As you continue these stretches, you will be able to increase the height. Make sure that your leg is turned out from the hip, heel facing up. Keeping both knees straight, slowly bend over as far as you

Continued on page 15

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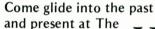
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Address _____

City____

State _____ Zip _____ Phone (____)

Age _____ Student ____ Coach ____



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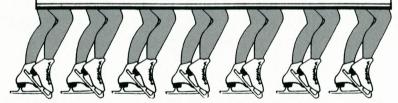
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The USFSA Hall of Fame and Museum features the finest collection of Skating Art in the world. Also on display are Costumes of the Champions, past and present, antique skates and pins and medals from around the world. A comprehensive library collection of skating books, films and videotapes is also available for research and relaxation.

Sundae's Review

by T. Sundae Bafo



TEAM COSTUMES - PART II

Once the costumes have been completed the team should have an opportunity to skate in their outfits before the actual competition. Often snags and tears show up at this time and they can be taken care of immediately. Waiting until competition day to skate in a new costume could be disastrous.

If a team is unable to find already-made body suits or dresses, or is unable to afford custom-made outfits by a professional dressmaker, then the responsibility of making the costumes will rest with the mothers of the skaters. The particular pattern and material to be used must be purchased early in the year. Material with complete and specific instructions must be sent home with the team members. Each skater is responsible for having their body suits finished on a given date. Again skirts should be pinned on the skaters by the costume chairman. The mothers are responsible for sewing them on. Trim, if necessary, should be pinned on by the costume chairman and assistants on a specific day. This will ensure the trim all looking unified. A date should be assigned for total costume completion.

Leg appearance plays an important role in the total costume picture. Tights should be the same color, texture, and tone value to enhance the leg line. Deviation detracts from the uniform look of the team. The coach and costume chairman decide on the specific color tight and make to be worn. Skaters should be required to purchase three or four pairs in case of emergency. Skates must be cleaned as well as laces. Team members must always have two pairs of laces at a competition or exhibitions.

Skaters should be warned of the drooping underwear syndrome, there is nothing more unattractive than a hint of underwear peeking out from underneath a costume.

Some teams are fortunate enough to have the funds to purchase new costumes each year. If this is possible it has advantages. A team always feels a little more enthusiastic when they're in new outfits. The coach is not limited in music selection from year to year trying to coordinate the costume with the music.

Skaters grow from year to year and there is generally a twenty-five to forty percent turnover of team members. Costumes, if used a second year, will constantly be altered. This sometimes becomes quite an ordeal if the majority of sizes differ drastically.

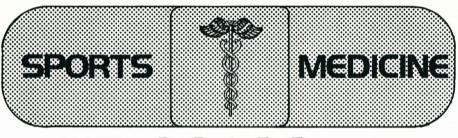
If a team wishes to wear a costume a second year, the advantage is obvious—financial. Teams may wish to use their money on an additional out-of-town competition the second year or team warm-up suits.

When costume regulations are stated, it must be clearly understood. NO JEWELRY! Rings, bracelets, necklaces, and watches snag, tear, and catch on the costumes and in hair. No earrings.

Hair should be neat and kept close to the head. Long hair should be french braided or put in a bun. If a skater needs to put hair up or braid, bobbie pins must be securely fastened. The team should look as one.

Some teams have "Team Sweaters" to wear during official warm-ups. Ingas and similar sweaters are popular while others have stock yolk sweaters. Some teams have custom-knit sweaters. When dealing with stock sweaters

Continued on page 44



BRIEF

These monthly columns will be written by members of the USFSA Sports Medicine Committee, and will include a variety of topics we hope are of interest and help to you. Included will be columns on the practical treatment of common medical ailments of international travel; the skater's foot; the role of the parent in the child's development as a competitor and human being; what to do if you are the first to respond to a sudden skating injury where no physician is present; and so on. While we cannot answer specific ques-

tions or give direct personal advice, we do encourage you to write in your comments and suggestions (both on improvements we might make and medical issues you would like to see discussed).

The Sports Medicine Committee emphasizes strongly the need to consult your personal physician or medical professional for advice about any specific problems you may be experiencing.

—Howard M. Silby, M.D.
Chairman
Sports Medicine Committee

THE DANGER OF ATHLETIC BURNOUT

by Bruce C. Ogilvie, Ph.D.

When working with national team members one of the most difficult discriminations the sports psychologist has to make is the point at which emotional and physical factors interact to produce a decrement in performance. The primary role of the psychologist is that of enhancing the mind-body connection so there will be the most harmonious blending of these two forces. The best term for this ideal blending would be labeled as a "flow state;" by which is meant the complimentary positive interaction of mind and body. We know that when the skater has mastered this flow state that they have given their bodies permission to express peak performances.

It is extremely difficult to separate the physical components from the emotional when we observe a skater manifesting a serious decline in performance. When we examine to identify the conscious and subconscious feeling of athletes whom we suspect as being physically burned out it is often difficult to determine whether negative emotions produced the fatigue or fatigue produced the emotional state. It would be wonderful if we could get a blood chemistry

analysis that would state the level of accumulation of lactate acid in the muscle fibres and receive a reliable statement as to the level of staleness or fatigue. Services of this nature are rarely available so we are left to make inferences as to this state based upon an examination of the athlete's feelings.

Most recent experiences at Lake Placid. Sarajevo, and the Los Angeles Olympics presented evidence that we must greatly improve our techniques of identifying burnout. We must develop ways of discriminating as to which, the physical or the emotional factors, are most responsible for the altered state. This was never more apparent than with some of the athletes I sought to serve at the Olympic Center in Los Angeles. These were athletes that had been subjected to extensive psychological study months earlier while going through the process of qualifying for the Olympic team. Based upon findings from the personality inventories and their stated needs. individual mental training programs and preevent arousal control drills had been provided. Therefore, it had not been my intention to be present at the Games during actual competition. Unexpectantly, the team coach phoned to ask if I could be present as some of the athletes wanted to spend some time with me. When I arrived at the training center I was struck immediately by the changed physical appearance of these elite performers whom I had not seen in four months.

My first impression was that some of them had peaked too soon and now that they were in the finals going for the Gold they had started to move down off their competitive emotional edge. As the hours in their physical presence increased, I became increasingly more sensitive to their negative body language. During individual sessions I sought to explore what appeared to be the first signs of a disruption of the harmonious mindbody flow. As had been true at Lake Placid and Sarajevo, one of the most frequently verbalized signs of burnout were complaints with respect to sleep and rest. This was followed by increased sensitivity in relation to fellow team members and their coach. A variety of statements suggested that their stress tolerance levels were significantly lower. The symptom that seemed to puzzle them most was their reduction in emotional control.

It is important to note that these were the best athletes that the U.S. has ever produced and were veterans of competition both nationally and internationally. Based upon my studies of elite performers, they would be rated among the top twenty percent in terms of emotional integration. The nagging question then became, was I observing athletes who were overtrained, or were there stresses of an unexpected nature that were now intruding upon their fine mind-body connection.

One of the advantages of having only intermittent contact during the year is the opportunity to become more sensitive to external changes on the part of the competitors. The teacher or coach is somewhat at a disadvantage because their attention may be so focused upon the enhancing of motor skills that are essential for the forthcoming event that they become less sensitive to emotional or body signs of stress. The behavioral signs that telegraph the breeching of an individual's stress tolerance capacity vary greatly. Some of the more common are facial ticks, specific forms of body tension, such as neck, shoulders, or lower back, clenching of jaw or fists, or even excessive frowning. Though these may only be passing forms of tension release they can have a much deeper meaning, so their causes should be explored.

It is equally important to examine any alteration in the athlete's ability to communicate effectively. A slight modification in speech patterns, inability to sustain thought, interference in concentration, easy distractibility, and extremely negative forms of self talk are often the early signs of emotional or physical overload and usually foretell the occurrence of some form of decompensation.

Even when we recognize that some or all of these signs are present the challenging interpretation still exists, which came first, the negative feelings and thoughts which then influence the body? Or, has it been the physical fatigue which has induced the emotional tone.

Though it is most unlikely that the 30,000 young people in our national figure skating program will ever be able to avail themselves of a blood chemistry analysis, we could at least provide some insight by examining their feelings. Eliciting signs that our skater may be peaking too soon, too late, or is bordering on burnout at least two or three weeks before important competition would allow time for some form of remediation. Mental management drills or appropriate arousal control strategies can rarely extinguish the negative influences of physical burnout.

As a first step in aiding in the identification of the early feelings that accompany or precede burnout this sample inventory is presented. This inventory of feelings contains too few statements to permit one to make a diagnostic opinion about a given competitor. The sample inventory represents twenty-five statements taken from sixty statements with respect to the burnout phenomenon. Should you choose to take the inventory and compile your score think of the results as suggesting only a trend.

A score that suggests that your world of skating is no longer contributing to good feelings about yourself and those with whom you train should cause you to stop and explore why this emotional shift has occured. From this evidence all we can be sure of is that the experience of skating which brought you joy and a sense of fulfillment now leaves you with mixed negative feelings.

This should be a time when you listen more closely to your body, examine your sleep

BURNOUT INVENTORY

	BURNOUT INVENTORY		
	Under each statement circle the number that best represe	nts your feelings	now.
1.	The extent to which I feel negative or cynical about those	e with whom I tra	ain.
	1 2 3	4	5
	rarely sometimes	a	lways
2.	The extent to which I look forward to practice.		
	1 2 3	4	5
3.	The extent to which I can invest myself in training.		_
	1 2 3	4	5
4.	During rehearsals my body feels alive and vibrant.		_
	1 2 3	4	5
_	always sometimes		never
5.	It is difficult for me not to feel irritated towards those w	ith whom I train.	_
	1 2 3	4	, 5
	rarely sometimes	a	lways
6.	I find myself wanting to avoid others at the rink.	4	5
-	I Z 3	4	3
7.	I feel rebellious when someone asks me to change.	4	5
0	No are some to see that things are tough for me naw	4	3
8.	No one seems to care that things are tough for me now.	4	5
	1 2 somewhat true	4	ry true
0	not true somewhat true		ry true
9.	The extent to which I feel the support of those around n	1 c.	5
	very much somewhat	4	y little
10		VCI	y little
10.	I keep dropping to low moods I can't control.	4	5
	rarely sometimes	7	often
11	I seem to be suffering from too many physical complaint		
11.	1 2 2 2	A	5
12	I seem to have lost interest in dating, going out, and soc	ializino	
12.	1 2 3	4	5
	not true somewhat	ve	ry true
13	If others would get off my case everything would be OK		.,
13.	1 2 3	4	5
14	I seem to feel guilty for not practicing hard enough.		
14.	1 2 3	4	5
15.	I frequently find myself wishing to get out of skating.		
10.	1 2 3	4	5
16.	Increasingly I find myself more used up and tired.		
	1 2 3	4	5
17.	Sometimes I am so distracted that I can't attend to what	others are doing	
	1 2 3	4	5
	never sometimes		often
18.	It is becoming increasingly more difficult for me to get t	o sleep.	
	1 2 3	4	5
19.	Sometimes I feel like crying for no apparent reason.		
	1 2 3	4	5
20.	I seem to feel that nothing I can do will change things.		
	1 2 3	4	5
21.	I never seem to wake up feeling rested and refreshed.		
	1 2 3	4	5
	not true somewhat true		ry true
22.	I am constantly afraid that someone will make new dem	ands of me.	
	1 2 3	4	5
23.	More and more I feel the need to avoid being with other	·s.	
•	2 3	4	5
24.	Sometimes I wish I could just run away and never meet	anyone's demand	s again.
2.5	I Z 3	4 to life that the	3
25.	I constantly find myself thinking that there must be more	e to life that this	-
	1 2 3	4	5

patterns and critically review your nutritional needs. Those who enjoy the services of a team physician might seek his/her counsel and determine whether a medical evaluation is indicated. If in doubt, see your family physician. If you do nothing else, talk your score over with someone you trust and see if your score is reliable.

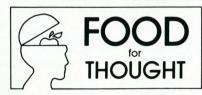
Whether the burnout is physically induced or emotional the solution will be the same. Improved diet, appropriate rest, and a significant change in training routine. The best medicine for some will be a vacation from skating and an active diversion of the physical energy into activities of a recreational nature. If competitive figure skating is really for you, it won't be long before the positive energy begins to flow and you will find your body joining you in the pursuit of your old dreams.

SCORING INTERPRETATIONS

- 25 45 Spontaneous, alert, positively involved, high energy commitment to skating, Strong ego commitment.
- 46 66 Lively commitment, strong motivation still present, activity still valued. Above average ego commitment.

- 67 87 Commitment still positive, activity emotionally rewarding.
 Sufficient emotional and physical energy.
- 88 100 You are experiencing an emotional depletion. May be finding it difficult to sustain interest and energy. You should begin an exploration of the factors which seem to be intruding upon your motivation.
- 101 125 Classic picture of emotional burnout. Would advise you to seek counsel with someone who is trained to identify and understand the underlying cause for this reaction.

Dr. Bruce C. Ogilvie is Professor Emeritus of the Department of Psychology at San Jose University. A fellow of the American College of Sports Medicine, Dr. Ogilvie is known as the "father" of sports psychology. Not only has he counseled and investigated thousands of amateur and professional athletes during the span of his thirty-year career, he has spent the last five years working intensively with skating athletes at both the elite and non-elite levels.



Continued from page 5

cholesterol (that may lead to high blood lipids and cholesterol levels) because of the risk factors for cardiovascular problems. To insure that you do not over consume on these foods, try to make sure you eat a balanced diet. An example is a meal beginning with a bowl of hot soup followed by broiled fish or chicken, baked potatoes, whole wheat bread, salad with a little dressing, skim or low fat milk, and fresh fruit for dessert.

It may take extra time to create a balanced meal, but it's worth it!

Ricky Harris

Continued from page 9

can, maintaining this position, then rise. Repeat several times.

Next, turn to an open position, keeping the employed hip pressed down, leg turned out and extended to the side of your hip. Repeat the body bends directly to the side over your raised leg.

Finally, turns so that your leg is extended directly back of you. Keeping your knees straight, pull your torso up as straight as you can. Now, bend the knee of the supporting leg as low as you can over your toes and then up. Repeat several times.

Next month I will discuss check-out positions and the development of the quadriceps, which are part of the jumping apparatus in the body.





GOTHENBURG EUROPEANS

by Howard Bass

There were no suprise victors in any of the 77th European Championships, held at the Scandinavium Arena in Gothenburg, Sweden, on February 4-9, 1985. Two of the four titles were successfully defended and the two vacancies were filled by firm favorites. Nineteen nations were represented by ninety-five skaters.

First held in 1891 (no championships were held during the World Wars), these championships were hosted by Sweden for the fourth time. The first was in 1968 in Vasteras and the other two in Gothenburg in 1972 and 1980.

The two singles winners in the end had narrow escapes, in each case halting Soviet runners-up and, by so doing, preventing a Russian clean sweep of the titles.

Katarina Witt, the World and Olympic champion, set a hot pace in the Ladies' figures. Top scorer in each, the East German title defender gave no early chance to the twenty-five challengers seeking to prevent her third straight win.

In the short free, she failed to attempt a triple toe loop in her jump combination and was penalized heavily for the omission. Taking off perilously close to the barrier, she appeared to change to a double at the last moment to avoid a crash.

This costly misjudgement enabled Kira Ivanova to overhaul the champion and gain a sporting chance to become the first Soviet winner.

The jump combination, which every year thwarts so many top performers, once more took its toll like the most hazardous obstacle in a steeplechase. The other Russian, Anna Kondrasheva, and the Swiss, Sandra Cariboni, were among those to fall from a triple.

Katarina proved her true qualities by overcoming the setback, atoning in the long free with three triples after touching down from a triple toe loop in a nervous start.

Kira over-rotated a triple loop and never matched the champion's skills. But there was little in it at the end, both obviously suffering from the pressure. Claudia Leistner, who missed Ottawa because of injury, came in third for the Federal Republic of Germany and Simone Koch fourth for the German Democratic Republic.

Elena Valova and Oleg Vasiliev, the Olympic Gold medalists, retained the Pairs' title with a comfortable victory over Larisa Selezneva and Oleg Makarov. The two Leningrad couples were followed by Moscow's Veronica Pershina and Marat Akbarov to complete a Soviet grand slam.

The winners reached their peak in overhead lifts, triple throws, and superblymatched solo spins, earning 5.9 for presentation from five of the nine judges.

Even so, the general standard of this event had much deteriorated. The great Irina Rodnina, a record eleven-time winner, and two special guests, Oleg and Ludmila Protopopov, who defected after their classical reign in the sixties, were present as a reminder.

Commenting on the low entry of only eight pairs, Tamara Moskvina, who trains the winners, believed more countries ought to have participated. "If they stay away, they lose that much experience and their progress is slowed down," she said. Britain was notably among the nations opting not to send anyone.

The Men's championship began without the Soviet holder, Alexander Fadeev, who sprained a tendon during training the previous month, but expected to be fit to contest the World title in Tokyo. His absence presented a great opportunity for Josef Sabovcik. The versatile Czechoslovak, who knows how to control a naturally venturesome spirit more suited to free skating, remained commendably cool throughout the tracings, emerging second behind the Frenchman, Fernand Fedronic, with the gangling giant West German, Heiko Fischer, in third spot.

All three overhauled the Soviet skater, Vladimir Kotin, who had led in the first two figures before lapsing expensively in the third.

Sabovcik was in top form in the short, combining a triple Lutz with a double toe loop and gaining unusual height in his double Axel. Kotin, next best, also opted for the triple Lutz.

Fischer dropped from third to fifth and the Pole, Grzegorz Filipovski, the only skater to land a triple flip in his combination, overtook Fischer to get seriously in medal contention. Sabovcik took the lead for the first time, Kotin also passing Fedronic, who slipped to third.

Sabovcik became the new champion, narrowly defeating Kotin, with Filipovski and Fischer third and fourth in the most controversial result of the meeting.

Though Kotin was top scorer in the long free, Sabovcik stayed ahead because of his earlier points advantage—and because Filipovski did not get the marks he appeared to merit.

Sabovcik touched down on the triple Axel, but included four other triples. That he dared to attempt a triple Axel when in front was typical of his courage. Kotin also landed four triples and received 5.9 for presentation from six judges.

Filipovski was the best performer. The only skater to land the triple Axel and the only one to land five different triples, a rare distinction, he rotated faster in his jumps than any of his rivals.

The Ice Dance title vacated by Torvill and Dean was comfortably recaptured by Natalia Bestemianova and Andrei Bukin, runners-up the previous season and winners the year before during the enforced absence of Jayne Torvill with an injured shoulder.

The winners skillfully interpreted music from Bizet's "Carmen," to gain seven sixes for presentation and another for technical merit

One can assume from this that the once cherished maximum mark has been devalued and no longer implies perfection, because Bukin and his partner were certainly not as talented as Torvill and Dean.

Another Soviet couple, Marina Klimova and Sergei Ponomarenko put together a lively Latin American rendition, less original, but perhaps more stylish than their main rivals and well worth the Silver.

Karen Barber and Nicky Slater were pipped for third at the last gasp by Petra Born and Rainer Schoenborn, splitting the judges 5-4 in the West Germans' favor. The British couple were the most innovative with an Oriental "Dragon" dance and hurried away to add a greater degree of technical difficulty before Tokyo.

All the top couples abused the rules intended to curb moves more suited to pair skating and each should have been penalized accordingly, but there was also a heartening return to more traditional, authentic styles than in previous seasons.

Although countless enthusiasts in North America as well as throughout Europe were glued during the week to their home screens, the 12,500-seat Scandinavium, ironically always was less than half full, presumably because of the sub-zero temperatures outside during Gothenburg's coldest spell in forty years.

1985 WORLD CHAMPIONSHIPS

TOKYO, JAPAN MARCH 3-10, 1985

MEN

JUDGES: 1-Mr. Alexandr Vedenin, USSR; 2-Ms. Britta Lindgren, Sweden; 3-Ms. Monique Georgelin, France; 4-Mr. Tsukasa Kimura, Japan; 5-Ms. Maja Reinhart, Switzerland; 6-Mr. Norris Bowden, Canada; 7-Dr. Franklin S. Nelson, USA; 8-Ms. Leena Vainio, Finland; 9-Ms. Dagmar Rehakova, Czechoslovakia. SUBSTITUTE: Ms. Daniela Cavelli, Italy. REFEREE: Mr. Benjamin T. Wright. ISU. ASSISTANT REFEREE: Mr. Jurg Wilhelm. ISU.

	CF	SP	FS		PLACES
1.	1	1	1	Alexandr Fadeev, USSR	2.0
2.	4	2	2	Brian Orser, Canada	5.2
3.	5	4	3	Brian Boitano, USA	7.6
4.	2	3	6	Jozef Sabovcik, Czechoslovakia	8.4
5.	6	5	4	Vladimir Kotin, USSR	9.6
6.	8	8	5	Heiko Fischer, Federal Republic of Germany	13.0
7.	7	6	7	Grzegorz Filipowski, Poland	13.6
8.	16	7	8	Mark Cockerell, USA	20.4
9.	12	13	9	Viktor Petrenko, USSR	21.4
10.	15	12	11	Neil Paterson, Canada	24.8
11.	11	11	14	Richard Zander, Federal Republic of Germany	25.0
12.	19	10	10	Falko Kirsten, German Democratic Republic	25.4
13.	18	9	12	Petr Barna, Czechoslovakia	26.4
14.	14	14	13	Masaru Ogawa, Japan	27.0
15.	3	18	18	Fernand Fedronic, France	27.0
16.	9	15	17	Lars Aakesson, Sweden	28.4
17.	13	16	16	Gordon Forbes, Canada	30.2
18.	17	17	15	Cameron Medhurst, Australia	32.0
19.	10	22	19	Oliver Hoener, Switzerland	33.8
20.	20	21	20	Alessandro Riccitelli, Italy	40.4
21.				Stephen Pickavance, Great Britain	
22.				Oula Jaaskelainen, Finland	
23.				Zhaoxiao Xu, China	
24.				Lars Dresler, Denmark	
25.				Jae-Hyung Cho, Korea	
26.				Fernando Soria, Spain	
27.				Cheukfai Lai, Hong Kong	

LADIES

JUDGES: 1-Mr. Toshio Suzuki, Japan; 2-Ms. Julianna Beke, Hungary; 3-Mr. Donald McKnight, Australia; 4-Mr. Reinhard Mirmseker, German Democratic Republic; 5-Mr. Sergei Kononykhin, USSR; 6-Dr. Eva Von Gamm, Federal Republic of Germany; 7-Ms. Jean Mathews, Canada; 8-Ms. Ramona A. McIntyre, USA; 9-Ms. Hely Abbondati, Finland. SUB-STITUTE: Mr. Jurg Badraun, Switzerland. REFEREE: Ms. Sonia Bianchetti, ISU. ASSIST-ANT REFEREE: Ms. Kinuko Ueno, ISU.

	CF	SP	FS		PLACES
1.	3	1	1	Katarina Witt, German Democratic Republic	3.2
2.	1	3	2	Kira Ivanova, USSR	3.8
3.	2	2	3	Tiffany Chin, USA	5.0
4.	4	4	5	Anna Kondrashova, USSR	9.0
5.	7	5	4	Debi Thomas, USA	10.2
6.	5	11	6	Claudia Leistner, Federal Republic of Germany	13.4
7.	8	7	8	Natalia Lebedeva, USSR	15.6
8.	9	13	10	Agnes Gosselin, France	20.6
9.	10	10	12	Elizabeth Manley, Canada	22.0
10.	18	8	9	Cynthia Coull, Canada	23.0
11.	21	9	7	Constanze Gensel, German Democratic Republic	23.2
12.	11	17	11	Patricia Neske, Federal Republic of Germany	24.4
13.	14	12	13	Susan Jackson, Great Britain	26.2
14.	17	6	15	Simone Koch, German Democratic Republic	27.6
15.	13	18	16	Elise Ahonen, Finland	31.0
16.	12	15	18	Claudia Villiger, Switzerland	31.2
17.	6	19	20	Sandra Cariboni, Switzerland	31.2
18.	14	14	19	Masako Kato, Japan	33.0

19.	19	22	14	Lotta Falkenbaeck, Sweden	34.2
20.	16	20	17	Tamara Teglassy, Hungary	34.6
21.				Hae-Kyung Lim, Korea	
22.				Amanda James, Australia	
23.				Yibing Jiang, China	
24.				Petja Gavazova, Bulgaria	
25.				Marta Olozagarre, Spain	
26.				Shukching Ngai, Hong Kong	
Katri	en Pa	uwels	, Bel	gium, withdrew	
Mido	ri Ito,	Japar	n, wit	hdrew	

PAIRS

JUDGES: 1-Mr. Eugen Romminger, Federal Republic of Germany; 2-Ms. Ingrid Linke, German Democratic Republic; 3-Mr. Sergei Kononykhin, USSR; 4-Ms. Frances Dafoe, Canada; 5-Ms. Dagmar Rehakova, Czechoslovakia; 6-Ms. Shirley Taylor, Australia; 7-Dr. Hugh C. Graham, Jr., USA; 8-Ms. Klara Kozari, Hungary; 9-Mr. Jurg Badraun, Switzerland. SUB-STITUTE: Ms. Therese Maisel, France. REFEREE: Dr. Elemer Tertak, ISU. ASSISTANT REFEREE: Mr. Donald H. Gilchrist. ISU.

	SP	FS		PLACES
1.	2	1	Elena Valova & Oleg Vasiliev, USSR	1.8
2.	1	2	Larisa Selezneva & Oleg Makarov, USSR	2.4
3.	3	3	Katherina Matousek & Lloyd Eisler, Canada	4.2
4.	6	4	Jill Watson & Peter Oppegard, USA	6.4
5.	7	5	Melinda Kunhegyi & Lyndon Johnston, Canada	7.8
6.	5	6	Veronika Pershina & Marat Akbarov, USSR	8.0
7.	4	7	Cynthia Coull & Mark Rowsom, Canada	8.6
8.	8	8	Manuela Landgraf & Ingo Steuer, German Democratic Republic	11.2
9.	9	9	Natalie Seybold & Wayne Seybold, USA	12.6
10.	10	10	Claudia Massari & Daniele Caprano, Federal Republic of Germany	14.0
11.	12	11	Danielle Carr & Stephen Carr, Australia	15.8
12.	11	12	Jun Fan & Jihong Sun, China	16.4
13.	13	13	Shukling Ngai & Kwokyung Mak, Hong Kong	18.2

DANCE

JUDGES: 1-Mr. Dennis McFarlane, Canada; 2-Mr. Koichi Sakai, Japan; 3-Ms. Brenda Long-Simpson, Great Britain; 4-Ms. Heide Maritczak, Austria; 5-Mr. Daniel De Paix, France; 6-Mr. Heinz Mullenbach, Federal Republic of Germany; 7-Ms. Olga Gilardini, Italy; 8-Irina Absaliamova, USSR; **9-Ms. Nancy Meiss, USA.** SUBSTITUTE: Ms. Judith Furst, Hungary, REFEREE: Mr. Lawrence Demmy, ISU. ASSISTANT REFEREE: Mr. Hans Kutschera, ISU.

	CD	OSP	FD		PLACES
1.	1	1	1	Natalia Bestemianova & Andrei Bukin, USSR	2.0
2.	2	2	2	Marina Klimova & Sergei Ponomarenko, USSR	4.0
3.	3	3	3	Judy Blumberg & Michael Seibert, USA	6.0
4.	4	4	4	Tracy Wilson & Rob McCall, Canada	8.0
5.	5	5	5	Petra Born & Rainer Schonborn, Federal Republic of Germany	10.0
6.	6	6	6	Karen Barber & Nicky Slater, Great Britain	12.0
7.	7	7	7	Natalia Annenko & Genrikh Sretenski, USSR	14.0
8.	8	9	8	Isabella Micheli & Roberto Pelizzola, Italy	16.4
9.	9	8	9	Kathrin Beck & Christoff Beck, Austria	17.6
10.	10	10	10	Karyn Garossino & Rod Garossino, Canada	20.0
11.	11	11	11	Renee Roca & Donald Adair, USA	22.0
12.	12	12	12	Suzanne Semanick & Scott Gregory, USA	24.0
13.	13	13	13	Noriko Sato & Tadayuki Takahashi	26.0
14.	14	14	14	Klara Engi & Attila Toth, Hungary	28.0
15.	16	16	15	Sharon Jones & Paul Askham, Great Britain	31.0
16.	15	15	16	Antonia Becherer & Ferdinand Becherer, Federal Republic of Germany	31.0
17.	17	17	17	Martine Olivier & Philippe Boissier, France	34.0
18.	19	19	18	Xiaolei Zhao & Luyang Liu, China	37.0
19.	18	18	19	Liane Telling & Michael Fisher, Australia	37.0



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- APRIL
 11-13

 Annual Heart of America Competition, sponsored by the Kansas City FSC at the Foxhill Arena, 4401 W. 107th St., Overland Park, KS 66211. Figures, freestyle, compulsories, solo and pair dance, and pair events, National and Gold-level Judges. For information call: Mrs. Carolyn Beauchamp, 913-341-5419.

 12-14

 "A" and "B" Figure and Precision Indees' School sponsored by the
- 12-14 "A" and "B" Figure and Precision
 Judges' School, sponsored by the
 Broadmoor SC, at the Broadmoor
 World Arena, Colorado Springs, CO
 80901. Prospective through National
 Judges and Professionals. For information contact: Fred Amery, 303-542-6963
 or Rita Cerny, 529 Potter Circle, Colorado Springs, CO 80909, 303-596-9147.

 Club Singles and Pairs Competition.
- 12-14 Club Singles and Pairs Competition, sponsored by the All Year FSC, at the Culver Ice Arena, 4545 Sepulveda Blvd., Culver City, CA 90230. For information contact: Adrienne Wagner, Chairman, 1328 Beverly Grove Place, Beverly Hills, CA 90210, 213-271-1250.
- 12-14 Dancin on Top of the World, Dance Clinic with Glenn Patterson, sponsored by the Fairbanks FSC, at the Big Dipper Ice Arena, Fairbanks, AK. For information contact: Randi Wagner, 391 Rambling Rd., Fairbanks, AK 99701, 907-457-3717, evenings.
- 12-14 Seventh Annual Cherry Blossom Invitational Competition, sponsored by the Capital Regional Council FSC's, at the Mount Vernon Ice Sports Complex, Alexandria, VA. Intermediate thru Senior Singles, Pairs, Dance, and Precision Teams. Figures, Short Program, Freestyle. For information contact: Dorothy Dodson, 4150 Lawrence, Seminary P.O., Alexandria, VA 22304, 703-370-5959 or Valerie Tinley, 511 Moorefield Rd., Vienna, VA 22180, 703-281-1734.
- 12-14 **Ice Spectacular 1985**, sponsored by the North Sore SC, at the Town Line Twin

- Rinks, Rte. 114, Danvers, MA 01923. Featuring the Flashing Blades Precision Team. For information contact: Dave Wallis, 28 Hull St., Beverly, MA 01915 or the "Iceline" 617-922-2067.
- New York State Invitational Competition, sponsored by the Salt City Figure Skaters, and the Syracuse Parks and Recreation Dept., at the Syracuse War Memorial, Syracuse, NY. Precision Team, Individual Freestyle, Interpretive, Dance, Similar Pairs, and Adult Dance. For information contact: Judy Fiorini, 144 Stafford Ave., Syracuse, NY 13206, 315-437-2285.
- Spring Festival, sponsored by the Portland ISC, at the Clackamas Town Center, Portland, OR. Freestyle, Interpretive, and Drill Team events. For information contact: Sandy Hemmingsen, Competition Chairman, 18032 Markham Ct., Oregon City, OR 97045, 503-657-7201.
- 12-14 1985 Tri-State Freestyle Competition, sponsored by the St. Clair Shores FSC, at the St. Clair Shores Civic Arena, 20000 Stephens Dr., St. Clair Shores, MI 48080. Michigan, Ohio, Indiana, Kentucky, and West Ontario Section. For information contact: Lydia Wolanchuk, 313-779-4300 or 313-771-3511.
 - Fantasy On Ice, ice show sponsored by the Fort Wayne ISC, at the Memorial Coliseum, 4000 Parnell Ave., Fort Wayne, IN. For information contact: Anne Humcke, 2531 Ethel Ave., Fort Wayne, IN 46808, 219-483-7564 or 219-461-4170.
 - Tarsh Trophy, competition sponsored by the Los Angeles FSC, at the Pickwick Ice Arena, 1001 Riverside Dr., Burbank, CA 91506. Ladies Solo, American Waltz, and International Dance. For information contact: Helena Schlup, 12913 Strathern St., North Hollywood, CA 91605, 818-983-0151.

- 18-21 Darien Open Competition, sponsored by the White Plains FSC, at the Darien Ice Rink, Old Kings Highway No., Darien, CT 06820. Figures, freestyle, pairs, and dance. For information contact: Ms. Ellie F. Kimelman, 31 Bronxville Glen Dr., Bronxville, NY 10708, 914-237-3962.
- 19-21 Tenth Annual Ladybug Invitational Competition, sponsored by the Glenwood FSC, at the Homewood-Flossmoor Ice Arena, 187th & Kedzie Ave., Homewood, IL 60430. For information contact: Thelma Fisher, President, 3043 Hickory Rd., Homewood, IL 60430, days, 312-957-0100; or evenings, 312-798-6886.
- 20 Mt. Lebanon Invitational, freestyle and dance competition sponsored by the Ice & Blades Club of Washington, PA, at the Mr. Lebanon Recreation Center, Mt. Lebanon, PA 15228. For information contact: Mrs. Betty Galligan, 221 Davidson Dr., Charleroi, PA 15022, 412-483-5320.
- 20-21 Adult Dance Weekend, sponsored by the Hickory Hills FSC, at the Harvey School Rink, Route 22, Katonah, NY 10536. For information contact: Wendy, 914-764-4703 or Maureen, 914-232-4313.
- 20-21 Fiftieth Anniversary Ice Carnival, sponsored by the Hershey FSC, at the Hershey Park Arena, Hershey, PA. For information contact: Mrs. Vivian M. Memmi, 204 Java Ave., Hershey, PA 17033, 717-533-7258.
- 25-28 Phoenix Fiesta Skate '85, non-qualifying open competition sponsored by the SC of Phoenix, at the Ice Palace-Tower Plaza, Phoenix, AZ. For information contact: Allen Buntin, Chairman, 5014 W. Orchid Lane, Glendale, AZ 85302, 602-934-2715.
- 25-28 Show of Shows, annual spring ice show-case sponsored by the FSC of Minneapolis, at the Breck Ice Center, 5800 Wayzata Blvd., Golden Valley, MN. For information contact: Jan Kadiesky, Show Chairperson, 612-545-5513 or 612-927-5757.
- 25-28 Skate Dallas 1985, sponsored by the Dallas FSC, at the Prestonwood Ice Capades Chalet, 5301 Belt Line Rd., Dallas, TX 75240. Non-qualifying competition featuring figure, freestyle, pair, dance, compulsory moves, interpretive, and precision events. For information contact: Carolyn Haman, 3808 Cabeza De Vaca Cr., Irving, TX 75062, 214-255-4464 or Rose Bahret, 7017 Lat-

timore Dr., Dallas, TX 75252, 214-380-1577.

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- The Westchester Figure Skating Competition, sponsored by the SC of Westchester, at the Low-Tor Ice Rink, Garnerville, NY. Freestyle, Interpretive, Pairs, Dance, and Precision Team events. For information contact: The SC of Westchester, Box 593, Centuck Sta., Yonkers, NY 10710, 914-963-2375 or 914-963-8248.
- Ice Patterns, sponsored by the University of Delaware Associate Club, at the University of Delaware. For information contact: Elaine Ahern, 302-451-2868.
- 26-27 Ice Horizons, ice show sponsored by the Bowling Green SC, at the Bowling State University Ice Arena, Bowling Green, OH 43403. Darlene Householder, 16620 Mitchell Rd., Bowling Green, OH 43402, 419-352-7295.
 - Ice Chips of 1985, sponsored by the SC of Boston, at the Walter Brown Arena, Boston University, Babcock St., Boston, MA 02215. For information contact: The SC of Boston, 1240 Soldiers Field Rd., Boston, MA 02215, 617-782-5900. Ice-O-Rama '85, sponsored by the Essex SC, at the South Mountain Arena, 560 Northfield Ave., West Orange, NJ 07052. For information contact: Phyllis Farbstein, Publicity Chairman, 52 Normandy Dr., Westfield, NJ 07090, 201-
 - 232-7834.

 Ann Arbor Springtime Invitational Competition, sponsored by the Ann Arbor FSC, at the Veteran's Ice Arena, 2150 Jackson Rd., Ann Arbor, MI 48103. Lower level invitational competition featuring Freestyle and Pre-Preliminary Compulsory events. For information contact: Dave Lamberson, 313-662-8110 or Marcia Schlee, 313-426-2902.
- 27 **1985 Spring Review,** sponsored by the Los Angeles FSC, at the Pickwick Ice Arena, 1001 Riverside Dr., Burbank, CA 91506. For information contact: Kristy Schoeman, 1815 Fairview St., Burbank, CA 91505, 818-843-4353.
 - Sourdough Skating Competition, sponsored by the Fairbanks FSC, at the Big Dipper Ice Arena, Fairbanks, AK. Open competition featuring freestyle, compulsory figures, interpretive, solo dance, similar pairs, and pairs events. For information contact: Bobbi Truax, Competitions Chairman, 1320 Prospect Dr., Fairbanks, AK 99701, 907-479-5581.
 - Skating Down Memory Lane, carnival

Continued on page 41

1985 United States Figure Skating Championships: A Bright Beginning in Kansas City

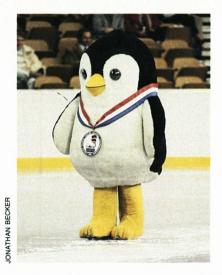


Staff Report

It never was expected to be such a community effort. No one foresaw the enthusiasm that the 1985 United States Figure Skating Championships would generate in Kansas City.

The city and its inhabitants literally adopted the Nationals with a fervor quite unexpected. Creating an almost carnival atmosphere, the city offered entertainment and warmth to officials and skaters.





Hundreds of volunteers added to the efficiency of the competition. More than a hundred skaters from the Greater Kansas City metropolitan area representing the four figure skating clubs hosting the Championships along with the Crittenton Center, members of the Carriage FSC, Kansas City FSC, Silver Blades FSC of Greater Kansas City, and the St. Joseph FSC, all pitched in to fill important functions.

On January 30, 105 of these skaters, aged 7 to 20, skated a spectacularly-choreographed number to open the Championships. Two days earlier, Christmas had returned briefly to Kansas City for one night when the Country Club Plaza (a very chic renovated shopping area) turned on the more than 152,000 Christmas lights that still adorned the buildings. Witnessed by officials and guests at the neighboring Plaza Hotel, this blaze of lights was unprecedented, never before in their history had they ever been on after New Year's Day.

"The Plaza lights shine as a symbol of the dedication and intensity, the drive (the athletes) bring to their performance;" Ellyn Bold, executive vice president of the Plaza Merchants' Association, said in a press release.

And Kansans turned out in record number to see what all this fuss about figure skating was. The more than 70,000 spectators were not disappointed. The depth of skating talent was excellent.

THE CHAMPIONSHIP EVENTS

The 1985 Nationals attracted the largest field in the history of the event to Kansas City, even besting last year's record breaker in Salt Lake City.

This year, in each event, the top four in the Sectional events qualified to skate at Nationals. Coupled with byes, this swollen contingent broke all previous records, fielding, in Seniors, 16 ladies, 15 men, 14 pairs, and 14 dance couples, a total of 87 competitors.

Of concern to the Senior competitors were the limited spots available on the 1985 World Team, with only two available in Ladies, Men, and Pairs. Only Ice Dancing still had three spots available.

Men

Foxhill Ice Arena, a short bus ride south of Kansas City, was the site for all the compulsory figures. Brian Boitano, from the Peninsula FSC in California, was hard pressed by fellow Californian Mark Cockerell, from the Los Angeles FSC, who tied with Boitano by two judges on the second figure, the paragraph bracket, and secured a tie from one judge on figure three, the paragraph loop. A third Californian, Scott Williams, from the All Year FSC, was impressive, showing a marked improvement in his figures from a year ago in Salt Lake City where he placed seventh in figures, challenging Cockerell and winning second on the paragraph bracket, and finishing third overall.

Boitano's four firsts and four second places on figure one, the counter, held Cockerell, who placed second overall, at bay.

Interestingly, three judges tied Boitano and Williams on the second figure. Boitano secured seven firsts overall.

In the Thursday evening short program, Brian Boitano, once again, won seven of the nine judges to keep him in first place. This year, several changes are noticeable in Boitano. He exudes a new inner strength and a confidence in himself that translates into commendable skating. Gone is the jerky, almost mechanical style, replaced with a smooth, well-choreographed perfectionist.

Skating to music from the James Bond movies, he completed all elements without a hitch, linking a difficult triple Lutz with a double toe loop in combination, securing 5.7's and 5.8's for his efforts.

Mark Cockerell had skated before Boitano. Cockerell is another story in himself. He just seems to improve every year, if that's possible. He is a fighter who obviously relishes a challenge. As is Boitano, he is in great shape, with an inexhaustible supply of stamina.

Wanting "to stay close," Cockerell skated a faultless short to the "Lone Ranger" theme, he also linked the triple Lutz, his strongest jump, with a double toe in combination. His spins were excellent. Seven judges awarded him seconds, while two gave him their first-place approval. He was awarded 5.6's and 5.7's. As one sports writer commented . . . "James Bond (Boitano) defeated the Lone Ranger (Cockerell) barely but predictably."

Scott Williams, in strong contention with his third place in compulsories just had a "bad day" in the short. Scott fell on his triple Lutz, which cost him dearly, moving him down to ninth in the short. However, thanks to the strong compulsories, he was fifth overall, offering still an excellent shot at a medal.

Of note in the short was the performance of Christopher Bowman, another Californian, from the Los Angeles FSC. Bowman had been an impressive Junior skater, a former World Junior Champion, and this was his second year as a Senior. Bowman soon endeared himself to the audience. His short was error free, a poised and confident performance in which he landed a triple toe-double toe loop combination. His dismal tenth place in the compulsory figures, however, was detrimental to his third place in the short, frustrating a medal attempt.

Yet another Californian, Bobby Beauchamp, from the Pilgrim SC, much improved his 1984 Nationals showing by placing fifth in the compulsory figures and fourth in the short.

Boitano later commented that one of his goals was to do the best short program he'd ever done at Nationals. "The difference is to do it when you're leading. That's a totally different kind of pressure," he added.

Cockerell disclosed his strategy too. "I just wanted to come here and stay close to Brian all the time. Then who knows what might happen?"

"The place was buzzing" Friday night as the Senior Men took to the ice for the free. The two spots for the World Team loomed larger and larger.

Brian Boitano proved himself a worthy challenger, by skating a well-balanced program, marred only by a double-footed triple loop.

"It's my most solid move in practice," he said wryly, "and it's my only mistake."

Almost missed by many in the capacity crowd—or is it that remarkably today it is just another expected jump?—was a faultless triple Axel, that produced a satisfied smile of joy on Brian as he completed the jump. His program was a well-organized mix, including excellent spins and sequence, and seven triple jumps including three in two combinations, a triple toe Walley-double toe, and a double toe-triple toe-triple toe loop.

Mark Cockerell didn't disappoint either. Apparently, spurred by the crowd's vocal participation as his program unfolded, he completed his triple Lutz and a strong triple toe loop combination, faulting only on a triple loop, as had Boitano.

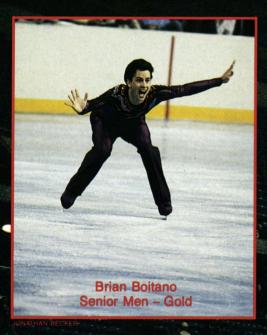
Christopher Bowman continued to delight the audience with his skating, creating the same impression with the judges who awarded him 5.7's and 5.8's, excellent, well-deserved marks. He completed six triples, including an impressive triple Lutz and a triple toe-double toe loop combination. His program earned him third in the short, fifth overall. It must have been exasperating for him to see his compulsories holding him out of medal contention.

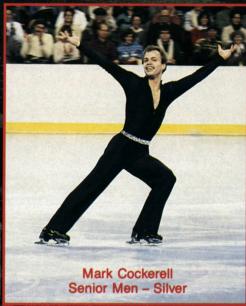
Scott Williams made up for his poor showing in the short by taking fourth in the free to squeeze him into the Bronze medal spot. His only obvious error in his seven-triple program was a double-footed triple loop, the third competitor to experience trouble with this jump, but his excellent spins and two combinations—triple Salchow-double toe, and triple toe-double toe were winners.

Ladies

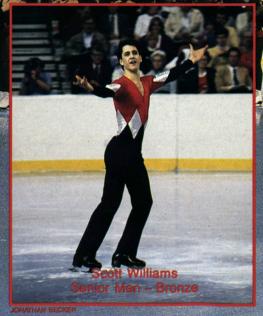
The ladies. Ah, the ladies! Speculation was rampant on the outcome. The outcome caused no surprises, yet in some sense was full of surprises. Confusing? So was the ladies.

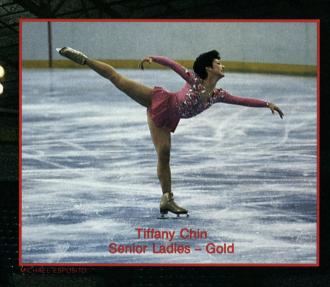
The ladies took to the ice for their figures at Foxhill at noon on Thursday, a time departure from the norm. In this day and age compulsory figures are much maligned, but the

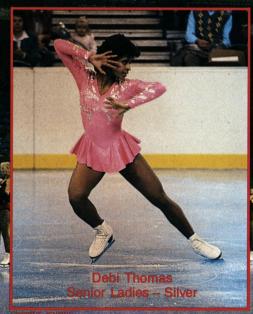


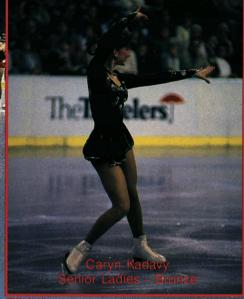




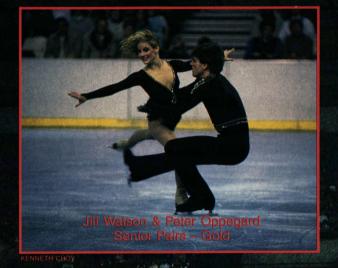




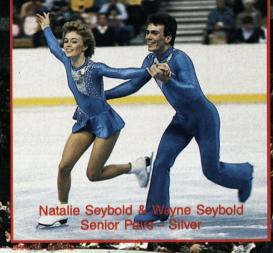




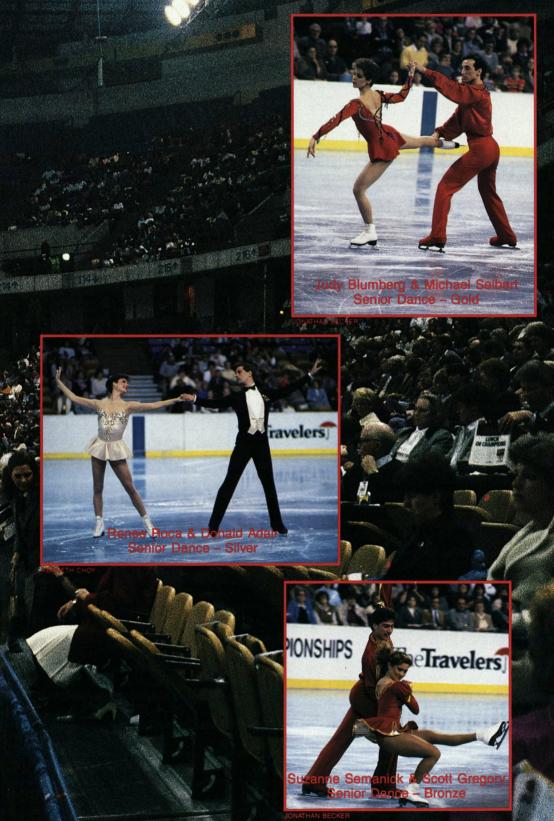
TROY CHINN







GRETCHEN BRAINERD



discipline required has had more bearing on final results than they get credit for. Remember, only *two* spots available on the World Team

Tiffany Chin from the San Diego FSC in California led all the way in all three figures—rocker, paragraph bracket, and paragraph loop. She won all firsts in the three figures, except on the rocker one judge marked her sixth, and on the paragraph loop a second.

Chin, who received mostly 4.0's to 4.3's in each figure, was happy with what she accomplished. "I try not to aim too high," she said, "so it won't be a big disappointment if I fell short. But today I was hoping to win the figures, because I've spent more time concentrating on them this year."

The real contest was for second and third place.

Caryn Kadavy, from the Broadmoor SC, competing in her first Nationals convincingly placed second in the first figure. Debi Thomas, from the Los Angeles FSC, had a terrible start placing ninth in the first figure. In the second figure, Thomas leapfrogged Kadavy into second, and in the third secured second again while Kadavy had a horrendous problem and placed fourteenth. Debi was second and Caryn fifth going into the short.

Jill Frost, from the SC of Boston, took fifth, fifth, and third to slide into third place overall.

Each of the top three leaders had annoying problems with the short, two with their combinations.

Tiffany Chin seemed hesitant, unsure of herself, touching down on the triple toe in her triple toe-double toe loop combination. She completed the required double Axel confidently, but lacked luster in her spins, almost falling off balance in her change sit spin. The judges were unsure too, with only five judges agreeing on first, three placing her second, and one third. It was enough, however, to win the short—but barely.

Debi Thomas has gained a great deal of maturity and experience in past months, winning two international titles in 1984 (Grand Prix and Nebelhorn) and a Silver at the NHK Trophy. Debi, plainly thrilled by the reaction of the capacity crowd to her successful double toe-triple toe loop, lost total concentra-

tion on a double Axel and fell, a costly mistake that would haunt her later.

Jill Frost, third in figures, successfully completed the triple in her triple toe-double toe loop combination, but faulted on the latter, which also marked her down. Fighting the flu and nursing a back injury, Jill gamely finished the short completing all other elements.

Jana Sjodin, from the St. Paul FSC, fourth in figures, skated a complete program, but it lacked content, and she placed a disastrous twelfth in the short, dropping her out of medal contention.

Continuing to be a pleasant surprise was Caryn Kadavy. Reminiscent to many of the Peggy Fleming, Janet Lynn style, Kadavy had only a minor problem in her triple Salchowdouble toe loop combination. She wooed the crowd—and the judges, who awarded her three second, two third, three fourth, and one first place. She ended up third overall going into the long.

Kathryn Adams, from the St. Moritz ISC, a former (1983) Junior Ladies' National Champion, parlayed her seventh place in figures to fourth in the short, with a strong, error-free program. She completed all required elements, including a triple toe-double toe loop combination.

Pressure on the ladies in the final free skating on Saturday afternoon was magnified by knowing they would be live on ABC's Wide World of Sports.

Tiffany Chin, skating off the cobwebs that had plagued her judgement in the short, and certainly aware of how close the challengers were, made no mistake in the free, much to the delight of the expectant crowd. She did, however, eschew her triple flip (doing a double instead), attempting and completing two triples—Salchow and a triple toe in combination with a double toe loop. Her program was planned well, and the judges liked what they saw, sprinkling her marks for composition and style with 5.9's.

"Either I had to land five triples or forget it;" said Debi Thomas of her free program. She didn't quite manage the five triples, but she didn't have to forget it either! She had mixed results from her program—sometimes strong, sometimes a little off. She had no problem with a tricky double Axel-triple toe

loop combination, a triple toe loop, and a double Lutz. However, a shaky triple Salchow and a fall on a triple loop placed her third in the free, but second place overall, and a coveted place on the World Team.

"I tried my most difficult program," Debi said, but it's hard to do that especially when you see 5.9's (Chin's) on the board."

Caryn Kadavy, ecstatic with her position (third) going into the free, showed no first-time Nationals jitters, and impressed all with her expressive and graceful style. She completed two triples without effort—loop and triple toe loop, and filled her program with fine step sequences and spins. Six judges gave her second place, two third, and one a 5.8 and first place. Her selection of music from the Verdi ballets suited her to a tee.

"It's a wonderful feeling," said a tearful Kadavy, wearing her Bronze medal on the podium. "I just never expected this. I thought I would be lower and have to work my way up. I couldn't possibly have asked for more than this."

Kathryn Adams continued her strong (fourth) showing in the short, starting with an impressive triple toe-double toe loop combination. A fall on a double loop was the only mar on an otherwise faultless program. She finished fourth overall.

Jill Frost had an up-and-down performance, falling on a triple flip and a triple toe loop. Her sixth-place free moved her down to fifth overall.

Pairs

Very little separated the top three pairs following the short. With few errors, and in most instances conservative execution, the subsequent free skating event would prove to be a close call for the top three. Again, only two teams would go to Worlds.

Jill Watson and Peter Oppegard, so new together that many were surprised to see them, seem excellently matched. Both Jill and Peter, both from the Los Angeles FSC, have placed in the top three at previous Nationals although with other partners. Much improved since Pacific Coast, they showed very little inconsistency in their first Nationals together.

The brother-and-sister pair of Natalie and Wayne Seybold have emerged into an impressive team. Natalie, from the SC of Wil-

mington, and Wayne, from the Fort Wayne ISC, fifth in the 1984 Nationals, have matured noticeably. They skated a strong short, with excellent lifts and spins. Natalie bobbled slightly on landing her double Lutz, but it didn't mean too much to their overall performance.

The judges were hard pressed determining placements, as the skating was so close. The Seybolds received good marks, very close to Watson and Oppegard. The free was proving to be interesting.

Gillian Wachsman and Todd Waggoner, both from the SC of Wilmington, are also a relatively newly-formed pair team, also skating a first Nationals together. They, too, seemed a little intimidated by the whole affair. They put more pressure on the judges, skating well also, completing all elements. Gillian also was a little shaky on the double Lutz. Not usually worth mentioning, but in such a closely-contested event, it could mean a placement. They were well rewarded for their efforts, emerging fourth in the short.

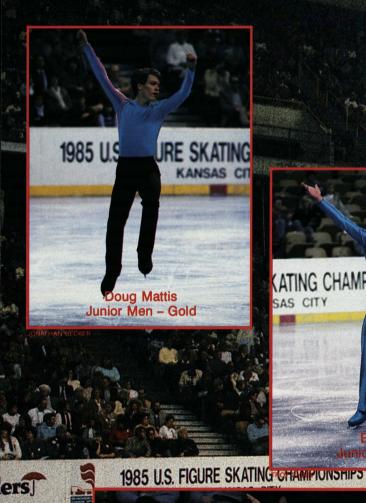
Katy Keeley and Joseph Mero, from the San Diego FSC, were yet another twosome skating at Nationals together for the first time. They took no chances, skating a cautious and deliberate short. They made few errors, parlaying their performance into a third place in the short.

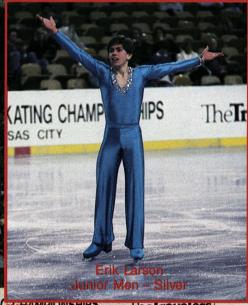
It didn't take an expert to see that the medal spots were up for grabs. Very little separated the top four. Strong, impressive programs were necessary to take a medal. The audience knew it too, as it was apparent that any error would be devastating.

Watson and Oppegard held onto their slim lead with a safe program, not even attempting an impressive triple-double combination prevalent in their practice sessions.

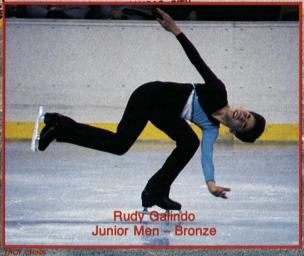
Skating effortlessly to classical strains from the "Marinarella Overture," Jill and Peter completed a picture-perfect program, marred only by Jill, momentarily losing her concentration, double footing a throw Salchow. Jill is fearless, exuding absolute confidence in her partner, who held her in overhead lifts embellished by contortion moves from Jill.

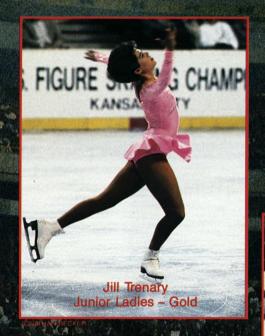
Natalie and Wayne Seybold held nothing back. They went for it. They began strong, executing a triple Lutz twist lift, then double Salchows and a throw Axel. By now fully at ease and enjoying their performance,

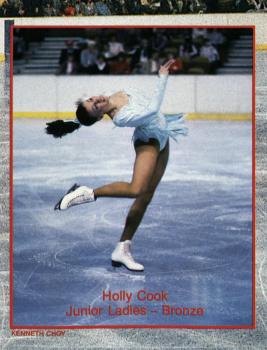




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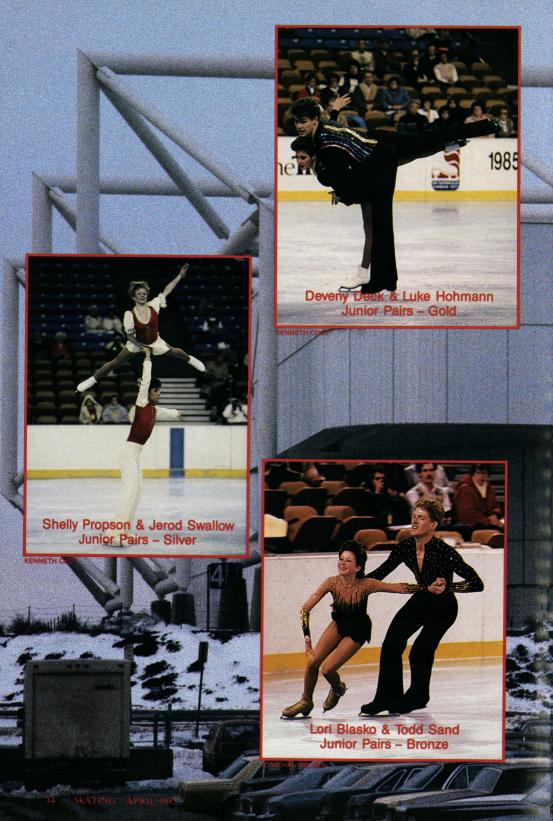


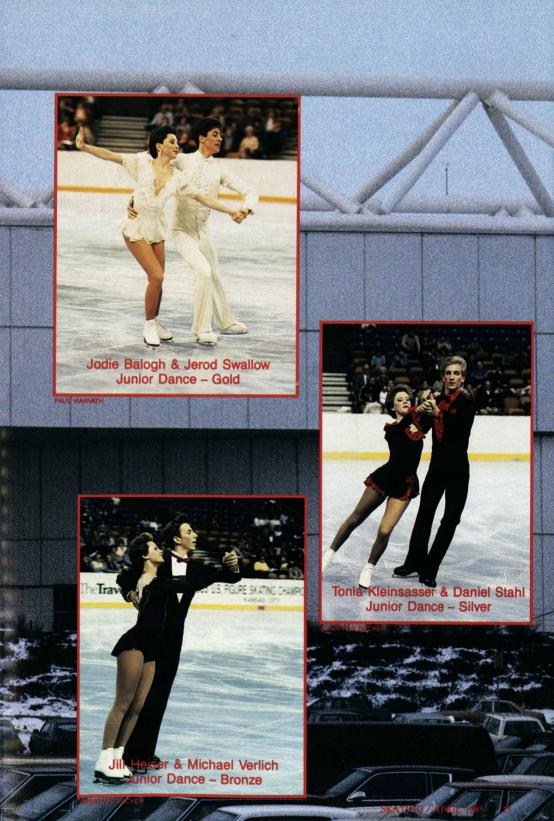


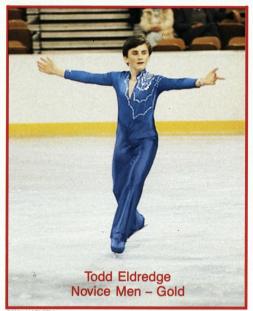




CHRISTIE JENKINS







PAUL HARVATH

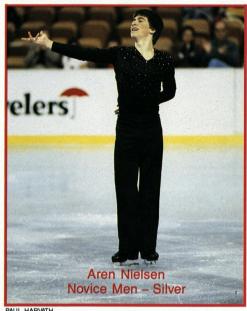
they completed a throw triple Salchow when the referee's whistle suddenly called them to a halt. A strap had worked loose on Wayne's boot. This type of delay, which can cause devastating problems to skaters in timing and concentration, phased the Seybolds not at all. Much to the delight of the crowd, after

several attempts to find the correct spot on the tape from which to continue. Natalie and Wayne completed their program without a hitch, another testimony to their continuing maturity. The innovative program garnered them a tie in the free with Watson and Oppegard, but final computations placed them second overall, and a place on the World Team, their first.

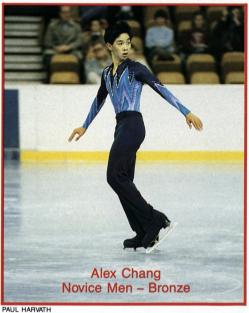
Wachsman and Waggoner, yet another recent twosome skating their first Nationals together, put on a marvelous performance. It really shows when careful consideration has been give to selection of music and presentation of the program. He showed little effort in his one-arm overhead lifts and in a throw triple loop and a throw double Axel, both of which Gillian landed without faulter. Incredibly, toward the end of their program Todd fell on a routine double loop. the only flaw in their program. However, their marks held up and they won the Bronze.

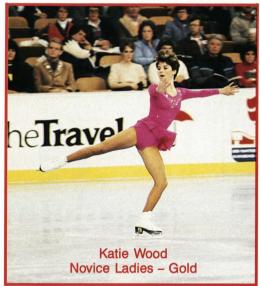
Keeley and Mero skated a disastrous free. she falling on a double Axel and a throw Salchow, moving them out of medal contention.

Another brother-and-sister pair, however, had reverse fortunes. Susan and Jason Dungjen, from the Detroit SC, had not fared well in the short, but in the free they redeemed themselves admirably. Another well-balanced



PAUL HARVATH





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program, their spins and sequences, and throw double Axel and triple Salchow secured them fourth in the free, fourth overall

THE JUNIOR AND NOVICE EVENTS

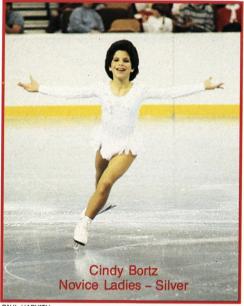
The Junior and Novice events were by far the best seen for some time. "Proves we have depth" was heard constantly around the rink. Many of these young skaters, if the current level of competence is maintained, would be strong contenders in 1992. They were a large contingent too. All told, eighty-two Juniors and twenty-four Novice competitors were in attendance.

Junior Men

In the Junior Men's division, four names dominated the results sheets-Mattis, Larson, Galindo, and Kurttila. All strong free skaters, they were first, fifth, third, and second, respectively, following the figures. The ensuing free skating short and long provided one of the closest competitions in the Nationals events.

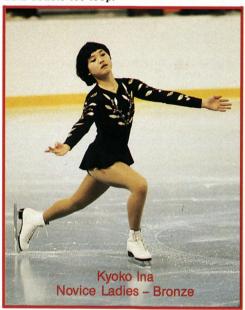
All four skated well in the short, all completing the required elements with confidence.

Scott Kurttila from the Seattle SC edged the other three with a very close margin.

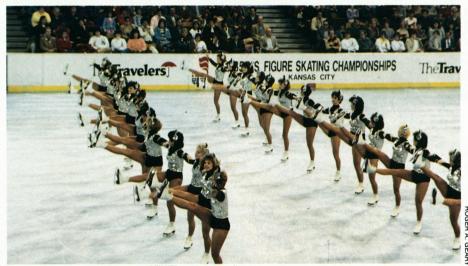


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Kurttila, Doug Mattis, Philadelphia SC & HS. and Rudy Galindo, St. Moritz SC, all linked their required double toe loop in combination with a triple toe loop, while Erik Larson, San Diego FSC, opted for a triple Lutz-double toe loop.



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The Fraserettes precision team from the Fraser FSC were invited to skate two exhibitions at Nationals.

In the long, both Kurttila and Mattis had some problems. Mattis touched down on a triple loop and then fell on another attempted later. He completed the rest of his program without mishap, but his errors locked him in third in the long; his excellent showing in the figures (first) and short (second), however, held him in good stead, and he emerged first overall. Mattis had placed third in Junior Men the year before in Salt Lake City.

Kurttila had similar problems with his long program. He touched on a triple toe loop, but more serious was his falls on two triple loops. He finished strong, however, completing seven, including a triple Axel. He finished fourth overall, another significant improvement over his previous year's seventh place.

Erik Larson also had trouble with the loop, falling on one of his two triple loops. However, his strong performance was enough to earn him six firsts in the long to place him second overall. Another vast improvement over his previous eighth place in Salt Lake City. Larson is the current World Junior Men's Champion.

Rudy Galindo seemed to skate a relatively clean program. He was the only one not to fall in the top four, yet surprisingly the judges saw fit to place him second in the long, which gave him third overall. His program was energetic and well-balanced, and drew good crowd participation. He completed four triples, two in combination—triple toe with

double toe-double toe, and triple Salchow with double toe.

The Junior Men's competition was close, and has promise for developing some excellent skaters.

Junior Ladies

Jill Trenary fought off a strong challenge from her friendly rival Tracey Damigella to capture the Gold medal.

Trenary and Damigella train together at the Broadmoor World Arena in Colorado Springs, and both attend the same high school together.

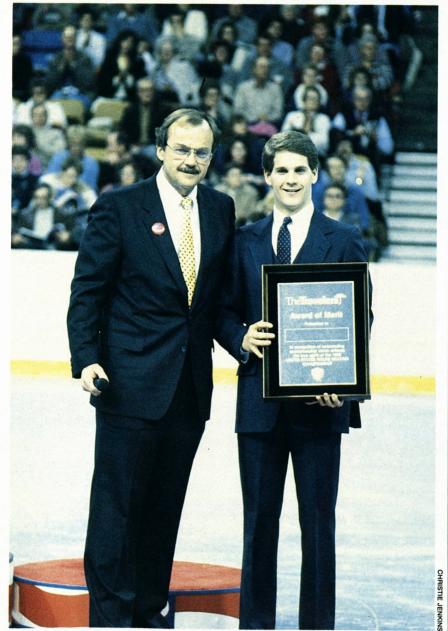
In figures, Trenary had placed fifth and Damigella sixth, so their strong free skating is what made the difference.

Trenary, who had placed first in the long at the 1984 Salt Lake City Nationals, skated a virtually error-free long. She completed three triples, one, a triple Salchow in combination with a one-foot Axel. Coupled with excellent spins and choreography, she was judged first in the long.

Tracey Damigella took second in the long, second overall, with another excellent program. She executed her well-planned program flawlessly, completing three triples—two Salchows and a triple toe in combination with a double.

However, there had been some anxious moments for both in the short, incredibly the two friends faulty on the same move. Both

The Travelers Award of Merit



Art Modschiedler, manager of The Travelers Insurance office in Kansas City, presented the Award of Merit to Todd Waggoner, who was chosen by his fellow competitors as representing sportsmanship, commitment to quality, and the true spirit of the National Championships.

fell on a triple Salchow that was to be linked with a double toe in combination, costly errors. They ended fifth and sixth respectively in the short.

Holly Cook from the Utah FSC made a strong run at the title, pulling up from sixth in figures to third overall. She skated well in the short and in the free, but just couldn't make up enough to overtake the top two.

Junior Pairs

In both the short and long, the top four positions remained unchanged. The Pairs' competition was excellent.

Deveny Deck, Detroit SC, and Luke Hohmann, Buffalo SC, skating together for the first time at a Nationals, edged two very strong pair teams in Shelly Propson and Jerod Swallow, Detroit SC, and Lori Blasko, Conejo Valley FSC, and Todd Sand, Los Angeles FSC. For Lori and Todd this was also their first Nationals.

In the short, Deck and Hohmann captured seven firsts and two seconds. The required double loops were beautifully timed as were their solo spins. They finished strong with a smooth death spiral to earn 4.9's and 5.0's.

Propson and Swallow opened their short with a death spiral, and completed all elements well. They completed the double loops, and were only slightly off on the solo spin. They also earned well-deserved good marks.

Blasko and Sand continued the excellent skating by also completing a virtually errorfree short. Perfectly sized, they skated at a brisk pace, completing all elements. Their double loops and death spiral and solo spin met all requirements.

In the long, Deck and Hohmann continued where they left in the short. Apart from a little wobble from Sand in their double toe loops, their program was executed well, with a well-balanced mix of lifts and throws. They had no trouble with a throw Axel and throw triple loop, and their excellent spins and varied lifts won them first in the long.

Propson and Swallow skated a carefully controlled, precise program, marred only by Swallow singling a double Lutz. The rest of the program was smooth, they also executed a throw Axel and throw double loop.

Blasko and Sand threw everything they had into their program, realizing how close the

top three were. There was an agonizing, truly scary moment in their program when Blasko fell head first from a very complicated overhead lift sequence. Fortunately, she was not hurt, and they continued to finish the program with a double Axel-double toe loop combination.

The Junior Pairs' skating was also excellent, with all fourteen teams really skating well

Junior Dance

Jodie Balogh, Academy FSC, and Jerod Swallow, Detroit SC, were really impressive in Junior Dance, winning the title comfortably. In all three categories, they skated extremely well, with an innovative free dance that was both fast and intricate. The judges gave them firsts in all three categories, except for some disagreement in the compulsory dances, where three judges gave them seconds, and two thirds. Balogh and Swallow had placed fourth at the 1985 World Juniors in Colorado Springs in December.

Tonia Kleinsasser and Daniel Stahl from the Broadmoor SC pulled up from a fifth place in compulsories to second overall with an excellent Quickstep in the OSP, and a wellbalanced free dance. This was their first Nationals.

Jill Heiser, San Diego FSC, and Michael Verlich, Arctic Blades FSC, were consistently in third place throughout the competition. Their skating was well interpreted, and they showed good unison in all categories. They had placed fourth in all categories at the Salt Lake City Nationals.

Novice Men

Strong compulsory figures played a big role in Todd Eldridge's win in Novice Men. Todd, from the Philadelphia SC & HS, won all seven firsts in the compulsories. In the free skating, Eldridge, skating to "Ghostbusters;" completed two triples, a triple toe loop in combination with a double, and a triple Salchow. However, his program was not strong enough to best his two strongest competitors, Aren Nielsen, Silver Blades FSC of Kansas City, and Alex Chang, Arctic Blades FSC, who placed first and second, respectively, in the free.

Nielsen, delighting his hometown supporters, skated a smooth, strong program,

supported by five triples and competent spins. He completed two triple flips, one in combination, two triple Axels, one in combination, and a triple Salchow and loop, a very accomplished performance.

Chang seemed nervous and hesitant at first, but soon gained his composure, and skated a good program, completing four combinations, one with a triple toe loop.

The final outcome was Eldridge, Nielsen, and Chang.

Novice Ladies

The absence of a short program in the Novice division was never more apparent than in the Ladies. The eventual winner Katie Wood, Skokie Valley SC, parlayed a strong showing in compulsories and a fifth place in the free to win.

Wood was obviously nervous in the free, but she completed her program well, landing

all her jumps, only singling a planned double Salchow.

Cindy Bortz, Los Angeles FSC, used her strong fee skating to pull up from a ninth-place deficit in the compulsories to win the free and place second overall. Bortz, striking in her all-white outfit, completed two triples, a triple toe loop in combination with a double, and a triple Salchow. Bortz presented a well-balanced, confident program.

Kyoko Ina, SC of New York, returning for her second Nationals in Novice Ladies, also displayed her free skating strength to again pull up from a relatively low seventh place in figures to second in the free, third overall. She completed three triples, two triple toe loops, one in combination with a double, and a triple Salchow. Coupled with a beautiful layback and good spin, Ina was certainly improved over her seventh-place showing in Salt Lake City.

Calendar of Events

Continued from page 21

sponsored by the Babson SC, at the Babson Skating Center. For information contact: Joan Allen, 150 Great Plain Ave., Wellesley, MA 02181, 617-431-7820.

MAY 3-4

3-5

Bowling Green Precision Team Competition, sponsored by the Bowling Green State University Ice Arena. For information contact: Barbara Handschin, 419-874-3015.

3-5 Fantasy On Ice, annual ice show sponsored by the Columbia FSC, at the Columbia Arena, 7011 University Ave. N.E., Fridley, MN 55432. For information contact: Gwen Morgan, 612-786-7279.
3-5 Ice Chips, sponsored by the SC of Boston, at the SC of Boston, 1240 Soldiers Field Rd., Boston, MA 02135.

Guest skaters: Kitty and Peter Carruthers, Brian Boitano, Renee Roca and Donald Adair, Jill Frost, Ginger and Archie Tse. For information call: 617-782-5900.

5

Sangamon Valley Invitational Competition, sponsored by the Sangamon Valley FSC, at the Ice Chateau, Springfield, IL. Free Skating, Figures, Compulsories, and Interpretive events. For information contact: Marianne Lawrence, Chairman, Sangamon Valley FSC, 2700 W. Lawrence, Springfield, IL 62704.

4-5 "From the Heart" Ice Show, sponsored by the Shelby Valley FSC, at the USA Arena, 45300 Mound Rd., Utica, MI 48087. For information contact: S.C. Baffo, 42938 Driftwood Dr., Sterling Heights, MI 48078 or Betty Paisley, 29330 Eiffel, Warren, MI 48093.

4-5

Holidays on Ice, ice show sponsored by the FSC of Bloomington, at the Bloomington Ice Garden, 3600 West 98th St., Bloomington, MN 55437. For information contact: Arlene Sjostrand, 612-831-7544.

4-5 Fourth Annual Ice Dance Weekend, sponsored by the La Jolla FSC, at the Mira Mesa House of Ice and Ice Capades Chalet at University Towne Centre. For information contact: Myron J. Mandell, 4635 Waverly Rd., Oceanside, CA 92056, 619-453-0060, work.

4-5 1985 Ice Parade, ice show sponsored by the ISC of Fresno, at Icelandia, 2455 N. Marks, Fresno, CA. For information contact: Merry Worrel, Chairperson, 209-431-8477.

Show of Shows, annual spring ice showcase sponsored by the FSC of Minneapolis, at the Brooklyn Park Recreation Center, 85th and Zane Ave. North, Brooklyn Park, MN. For information contact: Jan Kadiesky, Show Chairperson, 612-545-5513 or 612-927-5757.

Spring Fling, recital sponsored by the Mesa Verde FSC, at the Ice Capades Chalet, 2701 Harbor Blvd., Costa Mesa, CA 92626. For information contact: Mrs. Barbara Hoyt. Sec., or Mrs. Jan. Roberts, Chairman, 714-894-6795.

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10-12 Circus on Ice, annual club show sponsored by the Atlanta FSC, at the Parkaire Olympic Ice Skating Rink. Marietta, GA. For information contact: Carl Moseley, 404-971-2436.

17-18 East Coast Figure Skating Competition. sponsored by the Metropolitan FSC, at the Nassau High School Hockey League Rink, Nassau Community College, Garden City, NY, Freestyle, Pairs, and Precision Team events. For information contact: Vincent Gumbs, 2172 Merokee Dr., Merrick, NY 11566, 516-546-6260.

17-18 Spring Competition, sponsored by the Southtowns YMCA FSC, at the Ice Forum, S-3636 Eggert Rd., Orchard Park, NY 14127. For information contact: Mrs. Sue Cimasi, 33 Oakland Place, Hamburg, NY 14075, 716-649-4228.

17-19 Icetime 1985, sponsored by the Hayden Recreation Centre FSC, at the Hayden Recreation Centre, 24 Lincoln St., Lexington, MA 02173. For information contact: Albert J. Moll, Jr., Director, c/o Hayden Recreation Centre, 24 Lincoln St., Lexington, MA 02173, 617-862-5575.

17-19 Second Annual Lakewood Winter Club Open Championships, sponsored by the Lakewood WC, at the Sprinker Recreation Center, 14824 South C St., Tacoma, WA 98444. Free Skating, Figures, Solo Dance, and Dance events. For information contact: Mrs. Janeen McLaughlin, 2309 - 187th Ave. N.E., Redmond, WA 98052, 206-747-6849 or Mrs. Blanche Brawley, 1520 MacArthur, Tacoma, WA, 206-564-2560.

Los Angeles FSC Championships, spon-17-19 sored by the Los Angeles FSC, at the Pickwick Ice Arena, 1001 Riverside Dr., Burbank, CA 91506. For information contact: Bob & Pauline Hewes, 13613 Vose St., Van Nuvs, CA 91405, 818-997-1981.

17-19 Mary Poppins on Ice, spring ice show sponsored by the Rockford Park District in cooperation with the FSC of Rockford. Four performances, tickets \$3.50. For information contact: Riverview Ice House, 324 N. Madison St., Rockford, IL 61107, 815-963-7408.

17-19 World Cruise on Ice, ice show sponsored by the Greenbrier FSC, at the Greenbrier FSC, 6200 Pearl Rd., Parma Heights, OH 44130. For information contact: Carla Martin, 2558 Coventry

Dr., Parma, OH 44134, 216-842-8391. "A" and "B" Dance Judges' School. sponsored by the Broadmoor SC, at the Broadmoor World Arena, Colorado Springs, CO 80901. For information contact: Fred Amery, 303-542-6963 or Rita Cerny, 529 Potter Circle, Colorado Springs, CO 80909, 303-596-9147.

Bronze through Pre-Gold Dance Judges' School, sponsored by the Greater Milwaukee FSC, at the Wilson Park Ice Arena, 4001 South 20th St., Milwaukee, WI 53221. For information contact: Joyce Komperda, 11910 West Mill Rd., Milwaukee, WI 53225, 414-353-6348.

23-25 Hats, Hats, Hats, annual club show, starring Brian Boitano, sponsored by the Utah FSC, at the Bountiful Recreation Center, Bountiful, UT. For information contact: Doree Ann Tateoka, Show Director, 9860 S. 2700 W., Riverton, UT 84065, 801-254-4465,

JUNE "A" and "B" Figure Judges' School. sponsored by the Stone Mountain FSC. at the Ice Chalet, Stone Mountain Memorial Park, Stone Mountain, GA. A Figure Judges' School for Prospective, Intermediate, and High Judges will include figures, free skating, and some pairs. Charles W. Dillie, Jr. will be the Judge-In-Charge, For information contact: Shirley Malone, 235 Sassafras Rd., Roswell, GA 30076, 404-998-1175 or David Thompson, 1670 Executive Park Ln., Atlanta, GA 30329, 404-329-0014. Judges' School, sponsored by the Wyandotte SC and the Academy SC, at the Ice Box Arena, 21902 Telegraph Rd., Trenton, MI 48183, Low and High Figures and Freestyle for Judges and Pros. For information contact: Diane Ulanski, 313-676-8361.

Prospective Judges' School, sponsored by the Rim of the World FSC, at the Blue Jay Ice Castle, 27307 Hwy, 189 -P.O. Box 2109, Blue Jay, CA 92317, 714-33-SKATE. For information contact: Mrs. E. Schultz, 818-846-7910.

> Tenth Annual Southern California Open Adult Dance Competition, sponsored by the Arctic Blades FSC, at the Iceland, Paramount, CA. Preliminary through Gold events, OSP, Variation Dance. For information contact: Janet Becht, 2013 N. Rose St., Burbank, CA 91505, 818-842-3987.

Sixth Annual Summer Figure Skating 10-8/3 School, sponsored by the Rockford Park District in cooperation with the FSC of Rockford. Complete ice packages include patch, freestyle, dance, power clinic, spin clinic, videotaping, exhibitions. Chaperoned dormitory with private rooms. For further information contact: Julie Elliott, Riverview Ice House, 324 N. Madison St., Rockford, IL 61107, 815-963-7408.

12-13

12-14

19-21

19-21

20-21

24-28

128/23 Eighteenth Annual Troy School of
Figure Skating, sponsored by the Troy
SC, at the Hobart Arena, Troy, OH.
Ten-week summer session. Figure, Freestyle, Dance, Preliminary through Gold
Test level. Guest pros invited. For information contact: Mrs. Doris South, 1420
W. Eldean Rd., Troy, OH 45373, 5131335-7245.

17 14th Annual Summer Skating School,
 sponsored by the Hiawatha SC, at the Norris Ice Arena, Lake Superior State College, Sault Ste. Marie, MI 49783. For information contact: Jan Piirainen, 906-635-1163, or Marcia White, 906-635-5993.

21-23 Gala Dance Weekend, sponsored by the SC of Boston, at the SC of Boston, 1240 Soldiers Field Rd., Boston, MA 02135. For information call: 617-782-5900.

21-23 Texas Summer Figure Skating Competition, sponsored by the Tri-Cities FSC, at the Ice Capades Chalet, Plaza of the Americas, Dallas, TX. Non-qualifying competition for Beginner through Novice levels featuring figure, free skating, compulsory, and interpretive events. For information contact: Gay Cannon, 1908 Winewood, Arlington, TX 76013, 817-265-7038.

22-23 "A" and "B" Dance Judges' School, sponsored by the Detroit SC, at the Detroit SC, 888 Denison Ct., Bloomfield Hills, MI 48013. Margaret Faulkner will be Judge-In-Charge. For information contact, Donna Krause, Chairman, 1405 Mayfield Dr., Royal Oak, MI 48067, 313-544-3330.

22-23 Central California Interclub Association Annual Competition, sponsored by the ISC of Fresno, at Icelandia, 2455 N. Marks, Fresno, CA. Second Test through Seniors including figures, freestyle, pairs, dance, and precision skating. For information contact: Donna Rosenstein, Chairperson, 209-431-0200.

JULY
4 Special Skating Exhibition, sponsored
by the Rockford Park District in cooperation with the FSC of Rockford, featuring students from the Sixth Annual

Summer Skating School. No charge for admission. For information contact: Julie Elliott, Riverview Ice House, 324 N. Madison St., Rockford, IL 61107, 815-963-7408

Copper Cup Competition, sponsored by the Utah FSC, at the Bountiful Recreation Center, 150 West 600 North, Bountiful, UT 84010. Freestyle, Figures, Pairs, Precision, Dance (solo and pair), and Interpretive events. For information contact: Nita Sniteman, 946 Lands End, Farmington, UT 84025, 801-451-2827. 1985 Troy Summer Skating Competition, sponsored by the Troy SC, at the Hobart Arena, Troy, OH. Figures, Freestyle, Compulsory, Dance, and Pairs. For information contact: Mrs. Elsie Zinimer, Chairman, 3116 Nashville Rd., Troy, OH 45373, 513-335-4498.

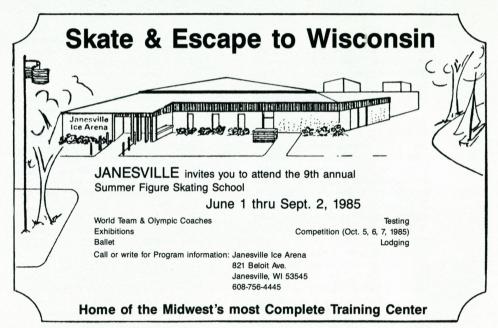
Showcase for Skaters, sponsored by the Los Angeles FSC, at the Pickwick Ice Arena, 1001 Riverside Dr., Burbank, CA 91506. Theatrical skating competition. For information contact: Jack & Eleanor Curtis, 12764 Meadowlark, Granada Hills, CA 91344, 818-360-6915. St. Paul Invitational Competition, sponsored by the St. Paul FSC, at the Augsburg Ice Arena, Minneapolis, MN. Freestyle, Compulsory, Figures, and Precision events. For information contact: Tim or Jan McQuillan, 3026 Lincoln St. N.E., Minneapolis, MN 55418, 612-789-5644.

19-21 1985 Vail Invitational Figure Skating Championships, sponsored by the Mile High FSA, at the Dobson Arena, Vail, CO. Final round freestyle competition, dance, pairs, precision teams. For information contact: Mrs. Alan C. Miller, 4300 South Alton Place, Englewood, CO 80111, 303-770-8193.

Eleventh Annual Chabot Skate, sponsored by the Palomares FSC, at the Ice Capades Chalet, Fashion Island Mall, San Mateo, CA. USFSA freestyle only competition. For information contact: Jean Gerards, 33157 Palmetto Dr., Union City, CA 94587, 415-471-0317 or 415-534-9716.

1985 Rim of the World Open Championships, sponsored by the Rim of the World FSC, at Blue Jay Ice Castle, Blue Jay, CA. Compulsory Moves, Figures, Freestyle, Dance, Pairs, Interpretive, and Precision Skating events. For information and entries, please contact: Bev Davis, Co-Chairman, P.O. Box 618, Rim Forest, CA 92378 or Helen Seale, Co-

Continued on page 58



Sundae's Review

Continued from page 11

dye lots vary. It is important that all sweaters are purchased from the same company at the same time. Under the arena lights the slightest difference in dye lots is evident. Sweaters should fit neatly, not baggy and sloppy. Buttoned and zippered sweaters would be better than pullovers.

If funds provide, some teams have warmup suits. They are very stunning when the skaters enter the arena. They should be primarily warm. The design should be simple vet striking. Generally, the team warmup suits are worn throughout the entire competition weekend. Some teams wear their warm-up suits during the official warm-up, rather than the sweaters. If this is what a team wishes to wear, then the suits must be very easy to remove. There may be only a matter of seconds for a team to line up in their starting positions. Always check pants hems as their length must be uniform proportionately. Warm-up suits continue the image of uniformity on and off the ice.

Costumes, team sweaters, and warm-up suits become quite costly. This is why fund raising is essential. In the next issue, we'll take a look at various fund-raising methods.

As coaches and costume chairmen think about team outfits, be creative. Originality is always effective. There are so many colors and designs available, it isn't necessary for one team to duplicate another.

If a team wears an outfit your team finds attractive, it would be advisable not to follow the same design and color scheme, even if your team plans to wear it the following year. The other team may be wearing the outfit for a second year. Let's not all be carbon copies of one another.

If your club has more than one team and some skaters double skating, it would help financially to have the same outfits for both teams. If there is a mishap with a skater's costume, another team member may quickly allow her outfit to be borrowed. With this in mind, choose a design and color flattering the various ages and sizes of your teams.

If your teams have enough financial backing for different costumes, then using the same colors, but in different designs might be beneficial. This way all dresses would blend with the team sweaters or warm-up suits.

Whatever you choose to do, be imaginative and your team will feel and look "special" on the ice.

T. Sundae Bafo is the coach of the Buffalo Skating Club's precision skating team, Hot Fudge Sundaes, and a member of the USFSA Board of Directors.



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ADDITIONAL PROS NEEDED, Experienced with figures and freestyle. Season is from Nov .-March, approximately 8-10 hours a week. Salary plus mileage. Apply to: Pat Barrington, 332 13th St. S.W., Owatonna, MN 55060, (507) 451-0466.

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GOLD FIGURES

Elizabeth Johnson, Cleveland SC; Leslie Zimmer, Troy SC; Muffy Roe, Cleveland SC; Nicole Montigney, Kent SC: Suzy Sanitate. Detroit SC.

GOLD FREE

Allison Grant, Smithfield FSC; Christine Nielsen, Skokie Valley SC; Jennifer Krueger, Los Angeles FSC; Kelly Milligan, Rocky Mountain FSC; Marissa Levine, Stoneham FSC; Suzy Sanitate, Detroit SC.

GOLD DANCE

Charlie Galligan IV, Ice & Blades Club of Washington.

ACADEMY FSC: 2-Kristin Buckler. JF-Kristin Buckler. NF-Megan Carpenter.

ACHILLES FSC: PRE-Alison Rosa, Deborah Haitko, Richard Fuerst, Sabrina Solomon. 1-Teresa Wagner. 4-Steven Corino. PF-Amy Smith, Erin Buhrmaster, Natalie Yamrom, Sarah Canfield, Tamar Canfield. JF-Louise Leone, Penny Beth Solomon. P DT-Nicole Fernandez, Teresa Wagner.

SC OF THE ADIRONDACKS: PRE-Kelly McNeil, Liza Gonzales. 1-Lara Froehlich. 3-Paul Auger. 6-Teresa

Landry. PF-Emily Santora. P DT-Emily Santora. BR DT-Kelly McNeil, Shari Lynn Floyd.

ALL YEAR FSC: PS DT-Natalie Berg.

SC OF AMHERST: PRE-Kimberly Billings. 5-Mary Ruth Warner.

AMHERST SC: PS DT-Janet Czikk.

ANN ARBOR FSC: PRE-Andre Haskett, Courtney Comstock, Heidi Haite. 1-Shelly Stetler. 2-Jayna Wallace. PF-Andre Haskett, Courtney Comstock, Heidi Haite, Jennifer Sexsmith, Lauren Wagner, Leslie Lamberson, Mandy McDonald. JF-Krista Farber. IF-Linnea Nooden. BR DT-Allison Greiner, Barbara Loos.

ASPEN SC: PF-Carole Somers, Mary Linehan, Pamela Kavanagh, Sharon Genua, Tim Davenport.

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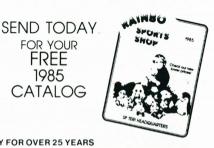
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CAPE COD SC: PRE-Meghan Collins.

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DUPAGE FSC: PRE-Ann Marie Matecki. 1-Teresa Oeffinger. 4-Gina Maloney. PF-Cindy Ira Caraos. IF-Mary-Lynch Condry.

EAGLE RIVER FSC: PS DT-Michelle Renberg.

ENCHANTED MOUNTAIN FSC: PRE-Lisa Vossler, Susan Budzinski. PF-Lisa Vossler.

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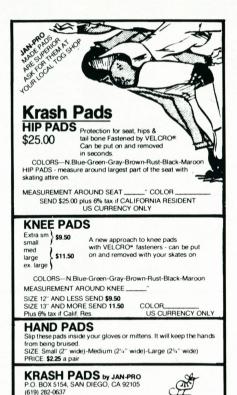
2-Michelle Cordova. PF-Sara Paige Taverna. JF-Michelle Cordova. NF-Kimberly Wassenberg. **SALT CITY FIGURE SKATERS:** PF-Gerin Gagliardi. S DT-Christine Laylon. SFD-Sian Matthews. **SAN DIEGO FSC:** 2-Melanie Wrench. JF-Melanie Wrench.

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SILVER BLADES FSC OF KC: 4-Patricia Behm.

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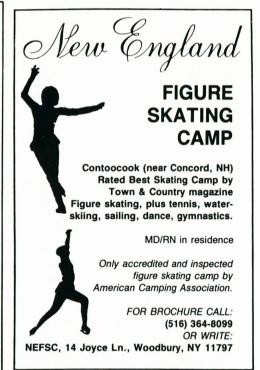
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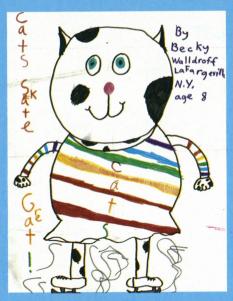
Dear Kid Talk

Hi!! My name is Nicole Poveromo. I'm II years old. I have been skating for almost 2 years. I skate in Hicksville, Long I sland. I belong to the Cartiague F.S.C. My pro's name is Tracy Doyle Sowno. She's really nice and she makes me work hard. I'm working on my Flying sitspin, axel, double salcow, camel layback, t Flying camel. I skate five days a week, Before school and after school Tuesdays through Fridays, t in the afternoon on saturdays. Every summer I go to a three week skating camp in CapeCod. My favorite skater is Rosalynn Sumners. She's great! I love skating + I'm going turn prosone day. Well, BNE!

LOVE IS A RAINBOW OF BEAUTIFUL FEELINGS.

Yours truly,

Nicole Poveromo age 11 Commack, NY



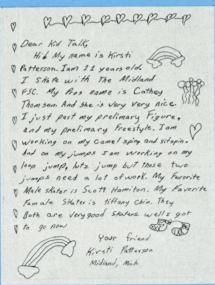
Becky Walldroff age 8 LaFargeville, NY

Dear Kid Talk of Dear Kid Talk of D My name is Anna Yuricich and I relly love your magazine. I am 12 years old. And I love to skate. The increase I go to is the increase I go to is the Falmouth Ice Areana. My friend Mindy loves to skate also. But the best skater is Annmarie. Well keep up the good work. And so will I. Ice skating that is

Anna L



Anna Yuricich age 12 Teaticket, MA



Kiristi Patterson age 11 Midland, MI

Dear Kid Talk My name is Suzanne Jin. I am eight years old. I skale at the Tulsa figure skating club. My coach's name is Lisa Marshall. She is a great coach. I started skoting when I was four I have been skating for four years. I love skating because I learn alot of jumps and spins It is very fun. I go to skate on Monday, Wednesday and Friday. I have alot of friends at the ice rink. My favorite skater is Tiffany Chin. I want to be like her when I grow up- I am a Korean girl, born in the United States. I love reading you'r magazine Bije, Bije age a 8 Tulsa OK, Suzanne Jin

Suzanne Jin age 8 Tulsa, OK

Kill Dear Kid Talk, Hi my name is Galit Chait. I am 10 years old. I skate in Sport-o-Rama. BarBara Delany and Mr. Peter Burrows are my two coaches. I've Been skating for almost 21/2 yrs. I am working on my attest, HI axle, double sow, and double tae, I skate 2 hours Before school, and 2 hours after school in the winter. In the summer I skate 6 hours aday. 4 hours OF patch and Freestyle, I hour dance, and I hour of Jump magazine!!! your Favorite

> Galit Chait age 10 Elizabeth, NJ

Dear Kid Talk,

I do not skate
but, my future career is to
le a skater. When I saw
Leccapades I decided to be
a skater. I always watch
the Championships and the
Winter Olympics with my
mother. One day I hope to
be in the Olympics. My
Larouter are. The Babilonia &
Randy Hardner, Peter & Lity
Carrethers Judy Blumberg &
micheal Delert, Scott Hamilton, Tiffany Chim & Rosalym
Sunners. I will always love
skating and Skating Magazine!
One day, pretty soon, my
mom said she would take
me skating I hope tomorrow!
my name is Jarsh Brown,
age 10, and I we in west Des
Maines, Ja.
Lincerely,

Sincerely Grown

Sarah Brown age 10 West Des Moines, IA

Calendar of Events

Continued from page 43

Chairman, 14075 Hopi Rd., Apple Valley, CA 92307.

- 26-28 Skate Detroit '85, sponsored by the Detroit SC, at the Detroit SC, 888 Denison Ct., Bloomfield Hills, MI 48013. Figures, Freestyle, Compulsories, Pairs, and Dance events, all levels. For information contact: Dorothy Koslen, Detroit SC, 888 Denison Ct., Bloomfield Hills, MI 48013, or Theresa Sienkiewicz, Manager, 313-332-7133.
- 26-28 Skate Wilmington '85, sponsored by the SC of Wilmington, at the SC of Wilmington, Weldin Rd., Wilmington, DE. Freestyle and Figure events. For information contact: D.J. Tindall, SC of Wilmington, 302-656-5005 or 5007; home. 215-358-3566.

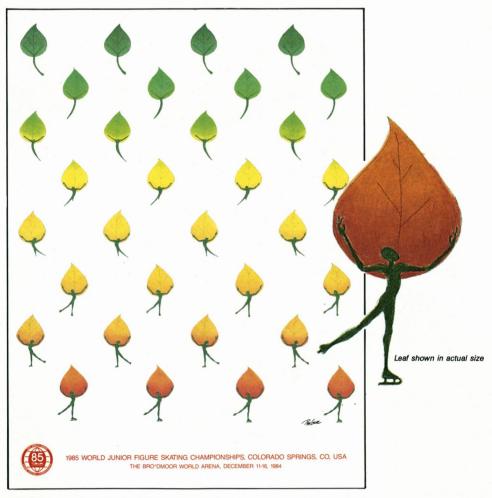
AUGUST

- 1-4 Nineteenth Annual Skating Competition, sponsored by the Puget Sound Inter-Club Association. Freestyle events: Pre-Preliminary through Seniors. Figures: Intermediate through Seniors. Short Program: Juniors and Seniors. Dance Events: Preliminary through Seniors. Dance Pairs: Veterans through Seniors. For information contact: Linda Stacy, 32711 193 Ave. S.E., Kent, WA 98042 or call 206-631-5073.
- 3-4 Twelfth Annual Long Island FSC Competition, sponsored by the Long Island FSC, at Nassau High School Hockey Rink, Nassau Community College, Garden City, Long Island, NY. Figure Competition (Juvenile through Senior) and Free Skating Competition (No-Test through Senior, Adult Free Skating, Junior and Senior Short Program). For information contact: Mrs. E. Yap, 1117 Cedar Drive West, New Hyde Park, NY 11040, 516-747-0107.
- 8-11 The Atlanta Open Competition, sponsored by the Atlanta FSC, at the Parkaire Olympic Ice Rink in Marietta, GA. Figures, Freestyle, Dance, Pairs, and Precision Teams, all events beginners through adults. For information contact: Eileen Roskos, P.O. Box 70126, Marietta, GA 30007, 404-977-7086.
- 16-17 Rockland Skate, sponsored by the SC of Rockland, to be held at Sport-O-Rama, 18 College Rd., Monsey, NY 10952. Figure, Short Program, Freestyle, Pairs, and Dance events. For information contact: Mrs. Helene Kelly, 7 Marjorie Dr., Suffern, NY 10901.



В
The Broadmoor World Arena
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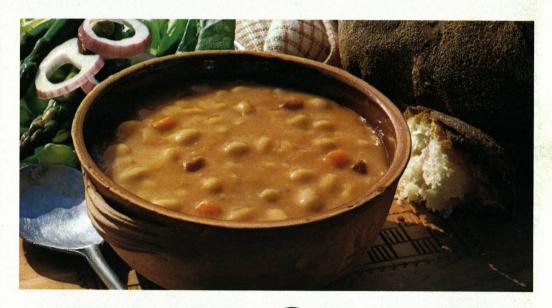
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If you're like most people who eat right, you probably give high fiber high priority.

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In fact, Campbell's has four soups that are high in fiber.

And you can see from the chart that follows exactly how each one measures up to bran cereals.

So now when you think of fiber, you don't have to think about

FIBER IN A SU	STED SERV	ING		
CAMPBELL'S SOUP		BRAN CEREALS		
Bean with Bacon	9g	100% Brans	11g	
Split Pea with Ham	6g	40% Brans	6g	
Green Pea	5g	Raisin Brans	5g	
Low Sodium Green Pea	7g	Others	5-10g	

This comparison includes soluble and insoluble fiber

having it just at breakfast.

Instead, you can do your body good any time during the day. With a hot, hearty bowl of one of these Campbell's Soups.

You just might feel better for it—right to the very fiber of your being.

CAMPBELL'S SOUP IS GOOD FOOD



Campbell's has a full line of low sodium soups for those people who are on a salt-restricted diet or have a concern about sodium.