

The state of New Jersey is rife with substance and drug abuse involving illegal drugs, prescription medication, and alcohol. Based on modern studies, alcohol and opioid addiction continue to pose a larger risk in this area compared to the rest of America. The same research states there have been 14,000+ deaths due to overdose since 2004.

More Information: [best rehab centers in NJ](#)

New Jersey currently have a number of highly effective drug management programs in place. More than 70,000 have been admitted to drug management facilities around the state in 2015 and this number has been increased to 76,000 in 2015. Even though this shows that many are reaching out for help, it also signals that there is a boost in drug abuse in New Jersey.

One of the biggest steps a person has to take involves admitting there's a problem because this is a launching pad for initial treatment plans. In fact, there are more than 1,000 drug rehabilitation centers located in NJ alone. Hence, you have many options to choose from in order to get rid of your addiction. Anyone and everyone who is dealing with their substance abuse problem can find something that fits their needs across the spectrum of treatment centers, which runs the gamut from facilities fully funded by the state and local governments to centers that are entirely privately managed.

The most common reason (following denial) that addicts don't seek treatment is the expense of rehabilitation. This often has to do with the cost of these treatment programs, which can be covered by medical insurance policies with specific designated treatment centers. Please note, it is also possible to take the initiative and seek out financing plans with one of these leading treatment centers instead of making an initial lump sum payment.

An alternative option is going through nonprofit establishments that offer treatment at little or no cost. State funded facilities are a solid option since these services are usually covered, but there are restrictions on the length of stay. Also, the waiting lists are usually quite long. Other financial options include applying for grants from the government.

For those ready to take the next step, it's important to find the best drug rehab facility in the heart of New Jersey. Various facilities, clinics, and centers each offer distinct treatment programs. Doing ample research will help one determine which one will offer you the most help for your individual issues.

Another determining factor is length of stay. There are facilities that have a 28-day recovery plan while some other centers will offer treatment programs until the patient is completely recovered - no matter how long it takes. You should find out about the amenities, other activities, and additional care offered by the potential center before choosing the right one for you. The staff can also play a role in how well the treatment goes along with the specialists on board.

Another important factor is a center that provides support and care after treatment. The right treatment facility gives their patients assistance after their rehabilitation as they reintegrate into society, so they have a lower chance of suffering relapse.

There are many resources available for those who are battling drugs and/or alcohol. Alcoholics Anonymous and Narcotics Anonymous are some of the more popular, but there are several others that are available as well.