

<u>True Keto Boost</u> People that follow my stuff know I generally write about nutrition, supplements, training, and other topics that are more science based than subjective topics, such as what is covered in this article. I decided to shuck my science geek persona, and write on a topic I know will be helpful to thousands of would be and want to be fitness models.

As well a known "hard core" science based no BS writer, why I am writing what some will perceive as a "fluff" article? Over the years I have gotten hundreds, perhaps thousands, of gals that ask me via email, letters, or in person "how do I become a fitness model Will? You have been in the business a long time, surly you of all people should know." I get this from newbies and I get this from women that have been at it a while but have been unable to "break in" effectively.

The fact is, I have been in the fitness, health, and bodybuilding biz a long time, and though I am known as a science and nutrition based "guru" type, I have trained many a fitness athlete, and judged fitness and figure/bikini shows for the NPC, Fitness America, Fitness USA, and other federations as well as given marketing <u>*True Keto Boost*</u> and business advice to all sorts of athletes, including fitness models. So, it's not as far fetched as it might seem that I am going to use this space to cover a non scientific topic, which is, how one goes about being a fitness model.

This article will be useful to both experienced and novice types looking to "break in" to the biz. If you are already a professional and successful fitness model, I am sure you may still glean some useful information from this article.

First the bad news, there is no one way to become a successful fitness model. There is no single path or magic secret. There are <u>*True Keto Boost*</u> however some key things a person can do to greatly improve their chances of "making it" in the fitness biz as a model, and perhaps using that success as a launching pad to greater things, such as movies, TV, etc.

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