

City of Asheville
BOARDS & COMMISSIONS
Application Form

Applicants are strongly urged to attend several meetings of a board prior to applying

Name of board or commission: Community Action Opportunity

Your name: Laura Martin Home Phone #: 828 242 3251

Street address: 221 Westover Dr City: Asheville Zip Code: 28801

Mailing address (if different): _____

Employer: Verner Center for Early Learning

Your position: Behavior Specialist Office Phone #: 8282980808

Resident of City yes County _____ Race white * Male Female* Age 40 *

Residence location (check one): Central North South East West

Are you aware of any potential conflicts of interest that may arise during your service on this board (i.e., property interest, business interest, etc.)? If so, please explain: No

_____. Potential conflicts of interest do not preclude appointments.

Please indicate the area(s) of expertise that you can bring to the above board(s), and then in detail list education, experience, reasons for your interest, and other factors that support your interest in serving **Applicants are encouraged to provide a cover letter and/or a brief resume. Please use additional sheets if necessary.**

I am interested in serving on this board because I am passionate about ensuring high quality early childhood education to the very young children in our community. I have been working for Early Head Start for the past ten years and believe I have a solid understanding of the federal mandates and best practices in regards to Head Start.

*Please see attached for additional information

Return to:

Maggie Burleson, City Clerk
Post Office Box 7148
Asheville, N.C. 28802-7148

E-Mail: mburleson@ashevillenc.gov
Telephone: 259-5601
Fax #: 259-5499

Signature: Laura Martin

Date: 1.7.15

E-Mail: lmartin@verneremail.org

Fax #: 828 298 0808

* This information is requested for the sole purpose of assuring that a cross section of the community is appointed.

Laura Martin, ITFS

221 Westover Dr. Asheville, NC 28801

828-242-3251

lmartin@verneremail.org

I am an early childhood and preschool mental health and disabilities specialist, dedicated to serving infants, toddlers and preschoolers and their families to improve social and emotional health outcomes in the earliest years. I assist parents and teachers in creating healthy social and emotional environments. My work consists of supporting families and teachers who have children with developmental delays, challenging behaviors, attachment issues, a history of traumatic stress and a variety of other special needs. It is my intention to help children and caregivers have healthy and satisfying relationships. With a foundation in early childhood intervention, Early Head Start and preschool behavior, I utilize a multidisciplinary team approach to support inclusive practices in the classroom. I am committed to training early educators about the importance of good mental health and how it impacts the children, families and their coworkers. I am also committed to advocating for increased funding and training standards for professionals in this field.

Professional Experience

- | | |
|---|--------------|
| Verner center for Early Learning, Asheville, NC | 2005-present |
| <i>Mental Health and Disabilities Specialist</i> | |
| <ul style="list-style-type: none">• Oversees the developmental screening process for all children.• Coordinates and monitors referrals and initiation of services for children with suspected or diagnosed disabilities.• Provides consultation to teachers, directors and families in positive behavior supports and overall best practices in area of specialization. | |
| Early Learning Partners, Asheville, NC | 2006-2010 |
| F.I.R.S.T., Asheville, NC | 2010-present |
| <i>Early Childhood Intervention Specialist</i> | |
| <ul style="list-style-type: none">• Community-Based Rehabilitative Services provider educating families and childcare providers using a multidisciplinary approach for birth to three-year-old children in their natural environments. Specialization in social and emotional needs. | |
| New Vistas Behavioral Health, Asheville, NC | 2004-2005 |
| <i>Early Childhood Mental Health Specialist and Early Childhood Interventionist</i> | |
| <ul style="list-style-type: none">• Provided comprehensive early intervention services and counseling to assist families with the emotional and behavioral health of preschoolers.• Consulted, modeled, and conducted training and interventions customized for specific behavioral concerns to preschool classroom staff and paraprofessional staff. | |
| Mountain Laurel Community Services, Hendersonville, NC | 2003-2004 |
| <i>Early Childhood Mental Health Specialist and Early Childhood Interventionist</i> | |
| <ul style="list-style-type: none">• Provided comprehensive early intervention services and counseling to assist families with the emotional and behavioral health of preschoolers.• Consulted, modeled, and conducted training and interventions customized for specific behavioral concerns to preschool classroom staff and paraprofessional staff. | |

- Turning Point Services, Asheville, NC 1998-2003
Qualified Developmental Disabilities and Mental Health Professional(QDDP/QMHP)
- Responsible for the hiring and firing of direct care staff.
 - Supervised twenty direct care staff, ensuring that clients needs were met and treatment plans were implemented.
 - Assisted in the development of treatment plans.
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Education

- University of North Carolina at Asheville, NC 1998
- Bachelors of Arts in Psychology(BA)

Certifications

- Infant Toddler Family Specialist Certification 2003-current

Committee Involvement

- Early Head Start Health Advisory Committee
- Local Interagency Coordinating Council

Trainings Provided

- He's Moody. She's Blue. What can we do? Understanding Early child Hood Mental Health, NAEYC, Dallas, Tx 2014
- "What Do I Do When I am feeling Blue?" Supporting Teachers' Mental Health, 27th Annual Bank Street College Infancy Institute, NY, NY, Presenter 2014
- "What Do I Do When I am feeling Blue?" Supporting Teachers' Mental Health, North Carolina Head Start Association, Raleigh, NC, Presenter 2014
- "How Do I Say This? Talking to Parents about Difficult Topics," Free Webinar, Presenter
2014
- "How Do I Say This? Talking to Parents about Difficult Topics" Week of the Young Child Conference, Hendersonville, NC, Presenter 2013
- "He's Moody. She's Blue. What Can We Do?" Mental Health in The Young Child: Madison County Smart Start and Cooperative Extension, Marshall, NC, Presenter 2013
- "What Do I Do When I am feeling Blue?" Supporting Teachers' Mental Health, NAEYC, Washington, DC, Presenter 2013

- “I See Red. I Feel Blue What Can We Do? Helping Toddlers Manage Their BIG Emotions,” 26th Annual Bank Street College Infancy Institute, NY, NY, 2013
- “He’s Moody She’s Blue What Can We Do?” Mental Health in The Young Child, Turning Point Services, Morganton, NC, Presenter 2012
- “Zero to Three NTI Conference Review” panel presentation review of sessions: The ACE study, Depression in early Childhood, SMART trauma treatment for young children, Addressing sleep issues using the Millette Method, Mountain Area Child and Family Center, Asheville, NC, Co-presenter 2012
- “I See Red. I Feel Blue What Can We Do? Helping Toddlers Manage Their BIG Emotions.” SCAEYC, Columbia, SC, Presenter 2012
- “Children with Challenging Behaviors,” NC Western Regional Child Care Conference, Asheville, NC, Co-presenter 2006
- “What Do I do when I am Feeling Blue? Supporting Teachers’ Mental Health, NAEYC, Atlanta, GA 2006

Trainings Received

- Darkness to Light’s Stewards of Children, Child Sexual Abuse Prevention 2014
 Gender Identity in a Changing World, Bank Street College Infancy Institute
 Understanding and Supporting Dual Language Development in Infants and Toddlers, Bank Street College Infancy Institute 2013
- Relationships and Brain Development: What neuroscience and a therapeutic preschool teach us about social-emotional growth, NAEYC, Washington, DC
 How do you intervene in conflict situations with young children? The amazing Japanese Mimamoru approach, NAEYC, Washington, DC
 Using video and online technology to provide coaching and mentoring leadership for early intervention and childcare providers, NAEYC, Washington, DC 2012
- Infant Mental Health as an Interdisciplinary Practice: An Introduction to the Neurorelational Framework, MAHEC 2011
- Zero to Three 26th Annual National Training Institute, Washington, DC 2010
- Zero to Three 25th Annual National Training Institute, Phoenix AZ 2009
- Zero to Three 24th Annual National Training Institute, Dallas, TX
 5th Annual Infant Mental Health Conference: Promoting Healthy Development 2008
- Working with Children who use Challenging Behaviors (video series) 2007
- 9th Annual Parent Professional Conference, Child Mental Health

Promoting the Social Emotional Confidence of Young Children

2006

Child Sexual Abuse and Sexualized Children
Caring for Children with Challenging Behaviors
Fetal Alcohol Spectrum Disorders
2nd Annual IMH Conference; Understanding Disruptions to Social/Emotional Development
Best Practices in Child Mental Health
Introduction to Infant Massage with Families
Supporting a Woman in Labor Doula Training

2005

7th Annual Parent Professional Conference: The World of Autism
Parents as Teachers Program Prenatal to 3 years

2004

Assessment, Evaluation and Planning for Early Intervention Services, Natural Environments
Working with Substance Using Pregnant Women and Mothers
Transdisciplinary Play-Based Assessment, overview
IFSP Development, ITP Service Coordination

1998, 1999, 2000

Western Regional Child Care Conference

To: Linda Brown

City of Asheville
BOARDS AND COMMISSIONS
Application Form

IF PORTIONS OF THIS APPLICATION ARE LEFT BLANK -- IT WILL NOT BE CONSIDERED

Name of board or commission(s): OPPORTUNITY CORPORATION OF MADISON AND BUNCOMBE

Your name: LINDA STEVENSON BROWN (828) 298-5331 OR OFFICE (home phone number) 232-2605

Street address: 27 PERSIMMON LANE, AVL, N.C. 28805 (zip code)

Mailing address: 27 PERSIMMON LANE, AVL, N.C. 28805 (if different than above)

Employer: CLERK OF COURT

Your position: ASST. CLERK OF COURT (828) 232-2605 (office phone)

Resident of City YES County YES Race WHITE Sex FEMALE

Are you a United States Citizen? Yes or No (circle one)

Residence location: Central _____ North _____ South _____ East XX West _____ (check one)

Please list education, experience and activities which relate to your interest in serving on the above board. State briefly why you are interested in serving on this board (use additional sheets if necessary).

HIGH SCHOOL AND TEC SCHOOL

I WANT TO MAKE A DIFFERENCE. I WANT TO HELP THE DISADVANTAGED CITIZENS IN ANY WAY I CAN. I HAVE NEVER SERVED ON A BOARD OF THIS NATURE SO IT WOULD BE A LEARNING EXPERIENCE TO BEGIN WITH.

I HAVE WORKED WITH SEVERAL LOCAL CHARITIES TO HELP THOSE WHO ARE LESS FORTUNATE AND IN NEED.

THANK YOU FOR YOUR TIME AND CONSIDERATION.

Return to:

Office of the City Clerk
Post Office Box 7148
Asheville, N.C. 28802-7148

E-Mail: MaggieB@mail.ci.asheville.nc.us
Telephone: 259-5601
Fax #: 259-5499

Signature: Linda Stevenson Brown

Date: APRIL 1, 2003

E-Mail: N/A

Fax #: 251-6257