

Treatment of common hemorrhoids

piles cure

Hemorrhoids is a common anorectal disease, the treatment is very complex. Because of its pathological characteristics, it leads to repeated attacks, which is difficult to cure without surgery. Hemorrhoids (commonly known as hemorrhoids) are common diseases in the anus, can occur at any age, but with the increase of age, the incidence rate is increasing.

There are two main theories about the etiology of hemorrhoids. Firstly, according to the varicose vein theory, hemorrhoids are considered to be the venous mass formed by congestion, expansion and bending of the submucosal venous plexus of the lower rectum and anal canal. However, at present, the widely accepted theory is that experts move the anal pad downward and believe that hemorrhoids are the normal anatomical structure of the anal canal, that is, the vascular pad, which is a circular spongy tissue band 1.5cm above the dentate line. Only when the anal pad tissue is abnormal and there are symptoms, it is called hemorrhoids and needs treatment. The purpose of treatment is to eliminate symptoms, not hemorrhoids. There are many predisposing factors for hemorrhoids, among which constipation, long-term drinking, intake of a large amount of stimulating food and sedentary are the main predisposing factors.

Because hemorrhoids are located in the invisible anorectal area, many patients do not mind hemorrhoids and believe that treatment will not affect their health.

This "laissez faire" mood has repeatedly tortured hemorrhoids for many years. Results hemorrhoids did not improve, but mild hemorrhoids were seriously prolonged. People who know a little about hemorrhoids know that hemorrhoids can be divided into stages. The most serious stage will lead to incarceration, necrosis and even infection of hemorrhoids.

As we all know, the hemoglobin of normal human body needs to be maintained at a balanced value, and excessive blood loss will lead to anemia. It is common for hemorrhoids patients to have blood in their stool. The longer the patient, the more blood. Long term bloody stool will cause the body to lose a lot of iron, and iron deficiency anemia will occur, resulting in pale complexion, burnout, loss of appetite, palpitation, shock and other related symptoms.

In addition, long-term prolapse of hemorrhoids will lead to relaxation of rectal mucosa and affect the normal defecation function of patients. At present, the probability of intestinal malignant transformation is increasing. According to the data survey, about 60% of patients with "hemorrhoids" coexist with intestinal malignant transformation, or their condition lags behind because hemorrhoids cover up intestinal malignant transformation.

The complications of hemorrhoids are still a disaster that has dragged on for a long time.

If the human body function is normal, there will be defecation behavior during eating, and the symptoms related to hemorrhoids will become obvious during defecation. Clinically, many hemorrhoids patients complain that they did not find the disease in the early stage and delayed treatment, but this is not the case. After defecation, hematochezia, prolapse, pain and other related symptoms often appear. However, because you don't know the harm of hemorrhoids, you will feel very easy to get angry, or even if you know hemorrhoids, you can't accept it. The longer the hemorrhoids, the heavier.

As we all know, anal fissure, intestinal polyp, anal chapped, anal papilloma and other complications caused by hemorrhoids are more common in patients. The malignant rate of some complications is high. It is difficult for patients to distinguish the types of diseases, and they are often noticed when the condition worsens. It can be seen that hemorrhoids is not a serious disease that threatens the lives of patients, but if it is delayed for a long time, it will still lead to great disaster. Therefore, early treatment, examination and monitoring of disease

development are more important.

What is the common hemorrhoid treatment?

1. Drug treatment of hemorrhoids: all hemorrhoids are difficult to cure, but they only play the role of anti-inflammatory, analgesic and hemostatic when hemorrhoids occur, which does not guarantee that they will not recur in the future. Therefore, this method can only alleviate symptoms, but it can not be used as a method to cure hemorrhoids.

2. Surgical treatment of hemorrhoids: surgical treatment of hemorrhoids is the best way to treat hemorrhoids at present. The reason is that hemorrhoids are organic diseases. Whether internal hemorrhoids, external hemorrhoids or mixed hemorrhoids, they are substantive and practical "things" and cannot disappear by themselves. Conservative treatment is to alleviate symptoms and avoid surgical injury to a certain extent. If hemorrhoids develop to a certain extent, surgery is necessary and the best treatment.

3. Sino forest