

MATCHDAY

ISSUE 1

20TH JULY VS RAITH ROVERS



NIKOLAY TODOROV

MATCH PREVIEW WITH JOHN ROBERTSON

REPORT FROM PETERHEAD

SUMMARY OF OUR PRE-SEASON RESULTS

OUR PLEDGE TO 'PROUD NESS'



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MANAGER PREVIEW

WITH JOHN ROBERSTON

Good afternoon and welcome back to the Caledonian Stadium for our first competitive home game of the 2019-20 season.

I would like to warmly welcome the Raith Rovers management team of John McGlynn and Paul Smith along with their players, directors and, of course, the fans of the Rovers who have travelled north to support their side today.

We played out a very tight but entertaining match at this stage last season that saw young Daniel Mackay snatch a late winner. I'm sure it will be just as tight tonight given the quality John has at his disposal.

Both teams got off to disappointing starts, with Raith losing 3-0 to Dundee on the opening day of the season and we followed that with a below par performance in the match at Peterhead. This is very much a must win game for both teams this afternoon.

We have recruited well and whilst it may take time for the likes of James Keatings to get up to full match sharpness following his injury problems, we have been delighted with his fitness shown in pre-season. We feel with more games he will get sharper and sharper and be a massive player for us this season.

It's great to bring back James Vincent who, along with his technical ability, will bring experience in to the middle of the park. We also have David Carson, who has shown already in pre-season, he has all the tools to become a fans favorite with his energy and ability.

Up top we have added Nikolay Todorov, who as we have seen is a very versatile player but we are keen to play him as a forward as he has all the attributes to be a real handful to opposing defences with his robust style and he has a finish in him to boot. Alongside him, we have added Mitch Curry who can play anywhere across the front line. He has shown his pace and his eye for a goal already this season and will be a real addition to the squad.

Tuesday was not the level of intensity that we have been playing to in pre-season and we must up the speed of our passing and sharpness in the final third as we want to be contesting at the top end of the League Cup section to, ultimately, attempt to qualify from it. As we pointed out when the draw was made, it is a tough group with Dundee alongside, title winners Cove Rangers, Peterhead and League 1 runners up Rovers. It is certainly turning out as we expected.

The real bonus point has also been the quality of the play from our younger players and, whilst we were desperately disappointed in the Highland League's decision not to invite us in as a colt's team which has hindered their season, they have not let it detract from their pre-season efforts.

Harry Nicolson Ryan Fyffe, Jack Brown, Kieran Chalmers, Matheus Machado, Roddy MacGregor, Lewis Hyde and Cameron Harper all featured prominently in the matches with Aberdeen, Hearts and St Johnstone. They can all be delighted with their contribution and we have stated that there are places in the squad up for grabs every week.

But today it is all about Raith Rovers and the necessity to win the match to start moving upwards in the group ahead of the visit of Cove on Tuesday. We must do everything we can to ensure we take all 3 points.

Enjoy the match

Robbo



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FRIDAY 8TH NOVEMBER 2019



MOONLIGHT BALL

AT THE KINGSMILLS HOTEL

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FROM THE CHAIRMAN

Let me begin by thanking our fantastic supporters, shareholders, sponsors, patrons, service providers, employees and volunteers for everything they do for Inverness Caledonian Thistle FC (ICT). The first team finished the 2018-19 season strongly and narrowly missed out on getting into the final promotion playoff. A highlight for everyone was playing Hearts at Hampden in the semi-final of the Scottish Cup. We are most grateful for your steadfast support and good cheer, and together, we will do our best to make the Club stronger, play great football and continue to compete for honours.

During the summer break, the folks at ICT have been busy. The board has appointed a new Chief Executive and we are delighted to welcome Scot Gardiner to ICT. There have been some key changes in a number of support staff and several players have left the Club while others joined the team. We thank all those who have served the Club so well, and welcome others into the ICT family.

Additionally, I would like to welcome the Directors, Management and Players of Raith Rovers Football Club to Inverness – it's our pleasure to host their trip to the Highlands. Here's to a competitive game of football, consistent refereeing and no injuries.

As in life, it is vital that we keep trying to adapt and advance and never give up. What's important is that as ICT supporters, we all get behind the Club, the manager and the team and show them our loyalty and encouragement. Please join me in wishing our team the very best for today's match and the season ahead.

Graham Rae
Chairman

MATCH REPORT

PETERHEAD 0
INVERNESS CT 0

PETERHEAD WIN 11-10 ON PENS



16.07.19 | BALMOOR STADIUM, PETERHEAD
BETFRED CUP GROUP STAGE

Caley Thistle drew 0-0 with Peterhead at Balmoor Stadium in their first match of the 2019/20 season. Peterhead won a dramatic penalty shootout 11-10 to secure the bonus point.

The first real chance of the game fell to James Keatings after six minutes. Coll Donaldson's ball was held up by Jordan White who played it back to Keatings and his effort was deflected into the gloves of Fleming.

White and Keatings linked up well again after 17 minutes and this time Keatings played in White and the striker saw his effort pushed wide of the post.

Caley Thistle were close to having the lead after 54 minutes. Second-half sub James Vincent hit the post from close range with a header after meeting a great ball from Tom Walsh.

Just after the hour-mark, Ridgers was forced into a superb save as Smith cut inside and unleashed an effort from inside the box.

Just four minutes later Ridgers was called into action again as he produced a brilliant one handed stop to deny Brown.

At the other end, Fleming produced a fine bit of goalkeeping to keep out Jordan White. The Caley Thistle number 9 met a fantastic cross from Walsh in the middle of the box but his header was somehow kept out by the Peterhead keeper.

The game finished 0-0 and since it resulted in a draw it went to a penalty shootout for the bonus point.

All ten outfield players scored for each side meaning it came down to the goalkeepers. Mark Ridgers stepped up first and his effort went wide. Greg Fleming then stepped up for Peterhead and slotted his penalty home to win the shootout and the bonus point.



**JORDAN WHITE TUSSLING TO
MAINTAIN POSSESSION**



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COMMUNITY NEWS

Fit Fans in Training

Our FFIT (Fit Fans in Training) Participants have only 2 weeks left to go. The effort from the girls has been terrific in and out of the classes. Over the weeks they have learned about different topics which have included: healthy foods, what to eat and what not to eat, alcohol, takeaways. Also alongside this they have been put through their paces with our varied fitness classes to show different exercises which can improve your healthy lifestyle. The next class we will run will be in January 2020 and will be open to men and women looking to learn about having a healthy lifestyle.

Summer Walking Football

Next week will be the first summer walking football we will be running alongside our hotshots programme at Millburn Academy. Walking football is everything you love about football, with the only difference it is a foul to run! It is designed to give you the chance to play the beautiful game you love but reduces the chance of injury. Its adapted format of the game provides light physical activity, providing a great way to keep fit, learn new skills and socialise at the same time! It will be at the normal time next Thursday (25th July) from 1pm - 2.30pm at a cost of £4 and will be outside instead of our normal indoor sessions. Strips and water will be available and we hope to see many new and regular faces along.

Nairn Summer Hotshots

Week 1 of hotshots is finished! In Nairn we put the kids through their paces and worked on their passing, dribbling and shooting. We were lucky enough as well to have a few of our first team players to come down and let the kids show them how to play football!





**NIKOLAY
TODOROV**



Nikolay Todorov is one of five summer signings for the Caley Jags, and he's looking to make an early impact in the Betfred Cup. The striker is proven to be versatile in pre-season, playing predominantly as a centre-forward but he has also filled in at centre-back when required.

Nikolay is looking forward to this afternoon's match, but he's expecting a tough challenge from Raith Rovers.

He said: "It's going to be a similar game to what we faced on Tuesday night, we are going to give our all. We have prepared well for the game so we will give our best shot at it. Hopefully we come out with all three points."

"We are working hard, we've had a meeting about Tuesday's game and we're going to take the positives, we're going to focus on the Raith game and take it step-by-step."

Nikolay made his Caley Thistle competitive debut on Tuesday in the draw with Peterhead. The striker is keen to get more minutes in the future and to keep working hard.

Todorov said: "I was happy to make my competitive debut for the club, I'm really happy to be apart of a team like this. Obviously, I'm a bit disappointed that I couldn't play for a bit longer and when I came on I couldn't help the team get three points. But, I was happy to make my debut and I'm going to take all the positives from the game. I'm going to try and improve and kick on, going into the today's game."

Todorov is fitting into his team with ease and he's paid tribute to the Caley Thistle dressing room for its welcoming atmosphere.

Nikolay said: "I know a few of the lads, I really like their stuff and they are helpful. It's like a little family as everyone is really close. To have the opportunity to work with a team like this, I'm really happy."

Todorov found Tuesday's game with Peterhead frustrating as they Caley Jags drew the game but lost the bonus point in the penalty shootout.

Todorov said: "We are quite disappointed because we were on a good run from the three hard fixtures we had in pre-season. We're a bit disappointed but we face a different opposition that were really closed off and they sat in. Obviously, it was frustrating but we need to see the positives and kick on from there."

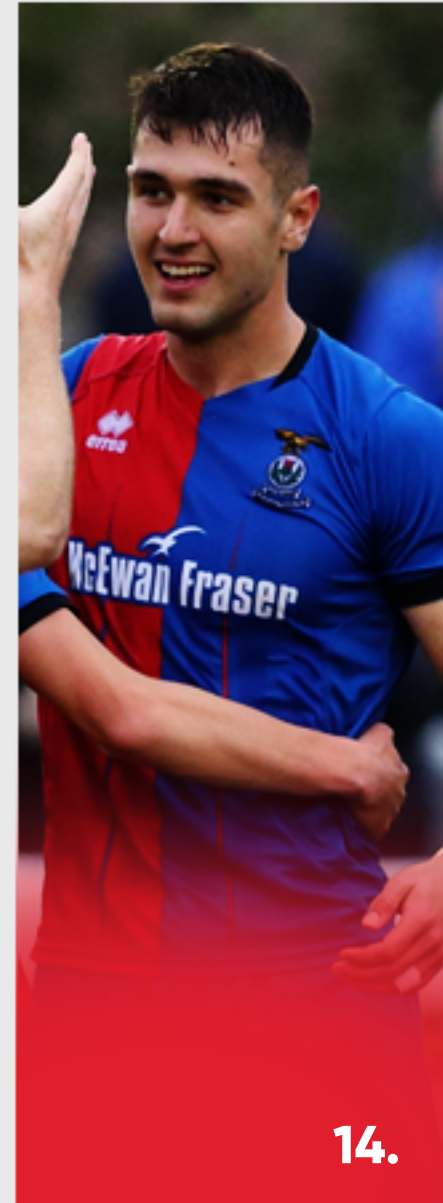
"Nothing is lost, even though we didn't produce the best performance we still kept a clean sheet. That's one positive, there's a few things that were really positive and we are going to try and keep them going forward. You can always improve and that's the way we are going to go."

Looking at the season more generally, Nikolay thinks you need to believe before you can achieve something and he thinks the Caley Jags can achieve a lot this season.

He said: "You need to believe in something before you can achieve something. We all really believe that we can achieve really good stuff this season, we're going to take it step-by-step, game-by-game and we'll see what happens."

"Everyone is really working hard and it is a good bunch of lads here so we need to believe before we can achieve something."

THANK YOU TO OUR KIT SPONSORS



FACTFILE

MANAGER
JOHN MCGLYNN

LEAGUE ONE

STADIUM
STARK'S PARK

PAST RESULTS

W 2-1
HOME, 24.07.18
LEAGUE CUP

W 1-0
AWAY, 10.03.15
SCOTTISH CUP

W 4-3
AWAY, 03.04.10
FIRST DIVISION



THE OPPOSITION

RAITH ROVERS

Rovers started their Betfred Cup Campaign in disappointing fashion last week as they were beaten 3-0 at Stark's Park by Championship side Dundee as Andrew Nelson scored a double and Craig Curran also found the scoresheet.

Rovers went close to promotion back to the Championship last term as they were beaten finalists in the Championship play-off final against Queen of the South.

Rovers' squad has undergone a overhaul in the summer under John McGlynn with ten new faces coming into the club and 12 players leaving the club. The last meeting between the sides came almost exactly a year ago, when Daniel Mackay scored a late winner for ICTFC in a 2-1 win.

Rovers' new signings include, Lewis Allan (Striker, Hibs), Ross Munro (Goalkeeper, Ross Coutny (loan)), Micheal Miller (Brechin), Fernady Mendy (RC La Fleche, Centre-Back), Regahn Hendry (Celtic).

Rovers Team News: Lewis Vaughn, Tony Dingwall and Robbie Thomson are all out with long term injuries

Head-to-head: ICTFC wins: 16, Draws: 3, Rovers Wins: 6

The club is delighted to be supporting Proud Ness.

The LGBT+ Festival, which is to take place in Bught Park tomorrow, will see a Caley Jags Stand in the Proud Ness Clan Village with many other exhibitors, Lionel Nessie and Manager John Robertson plus other club staff in attendance and the launch of our first ever Official LGBT+ fans group.

CEO Scot Gardiner said "As we all know, football can be a very powerful tool to help fight all forms of discrimination."

"It is a global, universal language so no matter what your, sexuality, religion, race, background or gender is, kicking a ball about in the park or watching your team play in person helps put everyone on a level playing field."

"Now that we are going to have a presence, it makes perfect sense to take the opportunity to launch our Official Inverness Caley Thistle FC LGBT + Supporters Group and we are looking forward to an amazing day and the support we intend to give in the following months."

Proud Ness Chair Jess Taylor said "We are absolutely delighted to sign Inverness Caledonian Thistle Football Club up as our first official LGBT+ Community Ally! It shows a commitment from the club that they will not accept any form of discrimination. Flying the pride flag during Proud Ness weekend really cements the club's support, particularly as it falls over a match day with thousands of attendees. It's also a fantastic offer that any supporters attending Proud Ness can sign up to the new Caley Jags LGBT+ Supporters Club and receive a free pair of tickets for the first league match this season!"



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PRE-SEASON ROUNDUP



Caley Thistle's pre-season started on June 29th, as the squad was split for games against Clach and Strathspey Thistle. At Grant Street, a good crowd watched the action as Caley Thistle enjoyed a relatively comfortable 2-0 win thanks to goals from, the two new forwards, James Keatings and Nikolay Todorov. In the other game that day, Caley Thistle came from two down to win 6-3 against Strathspey as Jordan White (2), Charlie Trafford, Roddy MacGregor, Millar Gamble and Mitch Curry.

The hugely successful Under 18s squad from last season were given their opportunity to impress in the pre-season squads as they didn't disappoint as the following Tuesday the squads were split again as ICTFC traveled to Forres and Rothes. It was 6-1 at Forres as a largely youthful ICTFC took the home side apart. Goals came through James Keatings (2), Nikolay Todorov (2), Tom Walsh and, youngster, Shane Harkness. In Rothes, there were goals from Mitch Curry (2), Aaron Doran (2), Shaun Rooney, Jordan White and Roddy MacGregor.

The Caley Jags then moved on from the Highland League sides to three tough Premiership tests. First up was Aberdeen at Borough Briggs, where Curtis Main gave the Dons the lead from the spot but Brad McKay levelled things up to earn a draw for the Caley Jags.



ACTION FROM GAMES WITH ABERDEEN & STRATHSPEY THISTLE

There wasn't to be much of a break for the Caley Jags as they travel to face Hearts in an emotional night for Angus Beith's Benefit Match. It was another draw against Premiership opposition, former-Caley Thistle loanee Anthony McDonald gave Hearts the lead but in the second half, Mitch Curry levelled the game with a close range finish.

Pre-season finished at Grant Street for the Caley Jags as they faced St Johnstone. It was a winning end too as James Keatings put us ahead and, in the second-half, Scott Tanser equalised from the spot for Saints. Nikolay Todorov restored our lead as he headed home a corner from Tom Walsh and the game was topped off with a goal for Matheus Machado, after some great play from Roddy MacGregor to set the Brazilian up.





HOSTING ST. JOHNSTONE & ANGUS BEITH BENEFIT MATCH AT TYNECASTLE

ICTFC CODE OF CONDUCT

Inverness Caledonian Thistle FC will not tolerate unacceptable conduct at the Caledonian Stadium or any away football stadia.

Unacceptable conduct is conduct which is deemed violent or disorderly.

Violent conduct is any actual, attempted or threatened physical violence against any person, or intentional damage to property.

Disorderly conduct includes:

Conduct which stirs up or sustains or is likely to or is designed to stir up or sustain hatred or ill will towards people or groups of people based on their membership of the following categories:

- **Gender, Race, Nationality (including citizenship) or ethnic or national origin.**
- **Membership or presumed membership of a religious group or a social or cultural group with perceived religious affiliation.**
- **Sexual orientation**
- **Transgender Identity**
- **Disability**
- **Or against an individual who is perceived to be a part of such group**
- **Using threatening, abusive or insulting words or conduct**
- **Displaying or writing anything which is abusive or insulting**
- **Using words or conduct or displaying any writing or other thing which indicated the support or affiliation to, or the celebrating of, or opposition to an organisation or group proscribed in the terms of the terrorism act of 2000**

All persons entering the Tulloch Caledonian Stadium on a matchday are subject to these rules, including employees and volunteers of ICTFC whilst discharging their duties.

Any person who engages in unacceptable conduct will be liable for sanctions imposed by the club, which may involve possible criminal proceedings, ejection from the stadium, withdrawal of a season ticket and/or exclusion from future matches at the club.

INVERNESS CALEDONIAN THISTLE FC
WOULD LIKE TO WELCOME ALL SUPPORTERS TO
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INVERNESS CALEDONIAN THISTLE, ALONG WITH OTHER CLUBS IN THE SPFL, ARE NO LONGER PREPARED TO ACCEPT THE BEHAVIOUR OF THESE INDIVIDUALS AND ARE TAKING STEPS TO STAMP IT OUT

WE CANNOT ACHIEVE THIS ALONE AND THEREFORE REQUEST THE HELP OF YOU, THE REAL SUPPORTERS, IN IDENTIFYING THOSE ENGAGED IN UNACCEPTABLE CONDUCT TO HELP FACILITATE THIS IN A SAFE MANNER WE HAVE INTRODUCED A CONFIDENTIAL HOTLINE FOR MATCH DAYS TO ALLOW FANS TO TEXT THE CLUB IMMEDIATELY THEY WITNESS ANY FORM OF UNACCEPTABLE BEHAVIOUR

REPORTS WILL BE ACTED ON QUICKLY AND YOU WILL NOT BE IDENTIFIED IN ANY ACTION TAKEN

IF YOU WITNESS ANY FORM OF UNACCEPTABLE CONDUCT CONTACT THE CLUB IMMEDIATELY AND IN CONFIDENCE ON

07858 929642

This number is only routinely monitored on match days from 1 hour before until 30 minutes after the match.

Any reports outwith this time may not be picked up until much later.

Any reports requiring a quick response outwith these times should be called directly to the club on 01463 222880

SQUADS

MATCH OFFICIALS

GAVIN ROSS, ANDY MILNE, IVAN STANKOVIC

ICTFC

JOHN ROBERTSON & SCOTT KELLACHER

- | | |
|--------------------------|----------------------------|
| 1 MARK RIDGERS | 19 NIKOLAY TODOROV |
| 2 SHAUN ROONEY | 20 MITCHELL CURRY |
| 3 CARL TREMARCO | 21 CAMERON MACKAY |
| 4 SEAN WELSH | 22 BRAD MCKAY |
| 5 COLL DONALDSON | 23 DANIEL MACKAY |
| 6 JAMIE MCCART | 24 CHARLIE TRAFFORD |
| 7 JAMES KEATINGS | 25 DANIEL HOBAN |
| 8 DAVID CARSON | 26 CAMERON HARPER |
| 9 JORDAN WHITE | 27 MATHEUS MACHADO |
| 10 AARON DORAN | 28 RODDY MACGREGOR |
| 11 TOM WALSH | 31 MARTIN MACKINNON |
| 12 KEVIN MCHATTIE | 32 HARRY NICOLSON |
| 14 JAMES VINCENT | 35 JACK BROWN |

RAITH ROVERS

JOHN MCGLYNN & PAUL SMITH

- | | |
|---------------------------|-------------------------|
| 1 ROBBIE THOMSON | 14 JOAO VICTORIA |
| 2 MICHAEL MILLER | 15 BRAD SPENCER |
| 3 KIERAN MACDONALD | 16 DAVID MCKAY |
| 4 IAIN DAVIDSON | 17 ROSS MUNRO |
| 5 FERNANDY MENDY | 18 JAMIE WATSON |
| 6 KYLE BENEDICTUS | 19 JACK SMITH |
| 7 TONY DINGWALL | 20 DAVID MCGURN |
| 8 REGAN HENDRY | 21 DYLAN TAIT |
| 9 LEWIS ALLAN | 22 KIERON BOWIE |
| 10 LEWIS VAUGHAN | |
| 11 GRANT ANDERSON | |
| 12 ROSS MATTHEWS | |