

# MATCHDAY

EDITION 16

SAT 19TH JAN VS EAST KILBRIDE



## ONE HUNDRED CLUB

BRAD MCKAY ON HIS MILESTONE APPEARANCE

PLUS AYR UTD REPORT, SCOTT KELLACHER  
& REMEMBERING DAWN SINCLAIR

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ICT has lost a great friend and supporter with the sad passing of Dawn Sinclair, who would have celebrated her 16th birthday today (Saturday 19 January) with a party at the stadium following today's Scottish Cup tie.

**A period of applause in the 16th minute will be a fitting tribute** to the teenager, who was a familiar face at games and at events run by Supporters, the most recent being a night out at Rollerbowl.

She loved wearing her ICT strip and her proudest moment was being at Hampden in May 2015 to see the club lift the Scottish Cup.

Many of those who attended the celebration of her life on Tuesday 8 January – ICT fans and supporters of other clubs - wore ICT colours in recognition of Dawn's love for ICT.

Her hero was club goalkeeping coach Ryan Esson, whom she sponsored, and Ryan was amongst those who attended the service.

At her funeral, tributes to Dawn's life were paid by her sister Joanne and also nurses Pam Murray and Laura Steven, the Children's Ward at Raigmore, where Dawn received care over her lifetime. Dawn also attended Drummond School, Inverness and many of the school's staff and friends attended the service.

Dawn of Holm Park, Inverness, was the daughter of Mrs Doreen Sinclair and the late John Sinclair, sister to Elizabeth and Joanne, auntie to Abigail and Callum and sister in law to Brian Simpson. She passed away on Boxing Day.

Many members of her family will be present at today's game.





# SCOTT KELLACHER

## ASSISTANT MANAGER PREVIEW

The Cup is always a good thing to take you away from the league action. We got a result last week and want to keep the momentum going. I think the result against Ayr had been coming, we had deserved it for the way we had been playing.

It's been good, it was positive and the fans were fantastic last week as they got right behind us and it was a good, positive display of football. We're looking forward to the Scottish Cup as it's a tournament we've always enjoyed playing in and we've always gone reasonably well in too.

Obviously, we've won it so we'll be looking to do as best we can this year. It's never an easy game playing against opposition you don't know much about, we've had East Kilbride watched twice so we're taking them as seriously as we take any opposition.

We're not sure what we're going to get but we'll treat this match like we treat every other game, it's been a while since we had back-to-back wins. We're expecting a hard match like we expected against Edinburgh City, they are honest semi-professional footballers who will give everything they have got.

**Scott Kellacher**

# CAPTAIN CARL

## TREMARCO'S MATCH PREVIEW

Welcome to this afternoon's William Hill Scottish Cup tie against East Kilbride, I hope you are all well.

There's been some good memories for us in the Scottish Cup, to create those memories we need to stay professional and that's certainly something we have been drilling into the lads this week.

We need to be mentally ready to today's game as East Kilbride will come here with nothing to lose, they aren't going to roll over for us, that's a fact. We need to stay professional, do it right and be switched on from the first minute.

I thought against Ayr we got the result that the performance deserved for once, in the last few weeks we've played really well but haven't got the results that we deserve. Hopefully that's something to build on, hopefully we can put East Kilbride away with the right mindset and then kick on against Falkirk but we can't look past today's match.

Enjoy the game,

***Carl Tremarco***



# FROM THE CHAIRMAN

We extend a warm welcome to the representatives of East Kilbride FC for today's Scottish Cup encounter. We look forward to great football and a competitive match, fairly played and with no injuries.

Charlie Bannerman had a very interesting article in the press recently, and I wanted to share an important milestone in the history of ICT. Last Saturday - 12 January 2019 – was a landmark date for Highland football clubs. Twenty five years ago on 12 January 1994, a great sporting wrong was righted by the Scottish Football League when teams from Inverness and Ross County took both places in the SFL's first intake in twenty years. At this stage, the name of the new Inverness club was still being discussed with Caledonian Thistle rumoured to be likely. Inverness topped the poll with 68 votes and Ross County got 57. Well adrift in the race for entry were Gala Fairydean with 35, Elgin City with 10 and Gretna with 2 votes and what a journey we have had - this is a great football club with a short but noteworthy heritage. Everyone at ICT is excited as we prepare for our 25th anniversary celebrations taking place throughout 2019.

As always, if you have any feedback on how we are doing or suggestions on how we can improve, please send them to me at [graham.rae@ictfc.co.uk](mailto:graham.rae@ictfc.co.uk) - I'd be pleased to hear from you.

Please join me in wishing our team the very best for today's match. Warm regards and thank you for your loyal support – it really does matter to everyone at the Club.

**Graham Rae**  
**Chairman**

# COMMUNITY NEWS



CODE	DAY	DATES	VENUE	COURSE NAME	TIME	AGE	PRICE
HSS1	Mon	14th Jan-1st April	Hilton Primary (Hall)	S. School	4-4.45pm	5-6	38.50
HSS2	Mon	14th Jan-1st April	Hilton Primary (Hall)	S. School	4.50-5.35pm	7-8	38.50
HSS3	Mon	14th Jan-1st April	Hilton Primary (Hall)	S. School	5.40-6.25pm	9-14	38.50
ML1	Tues	15th Jan-2nd April	MOL (Hall)	Nessie	4.30-5.15pm	3-4	38.50
ML2	Tues	15th Jan-2nd April	MOL (Hall)	4v4 Centre	5.20-6.05pm	5-7	38.50
ML3	Tues	15th Jan-2nd April	MOL (Hall)	4v4 Centre	6.10-6.55pm	8-14	38.50
SP1	Wed	16th Jan-3rd April	Smithton Primary (Hall)	S. School	4-4.45pm	5-8	38.50
SP2	Wed	16th Jan-3rd April	Smithton Primary (Hall)	S. School	4.50-5.35pm	9-14	38.50
HN3	Thurs	17th Jan-4th April	Hilton Primary (Hall)	Nessie	4-4.45pm	3-4	42.00
HN5	Thurs	17th Jan-4th April	Hilton Primary (Hall)	S. School	4.50-5.35pm	5-6	42.00
HSS4	Thurs	17th Jan-4th April	Hilton Primary (Hall)	Girls ONLY	5.40-6.25pm	5-12	42.00
GK1	Fri	18th Jan-5th April	MOL School (Astro)	Safe Hands	4-4.45pm	6-10	42.00
GK2	Fri	18th Jan-5th April	MOL School (Astro)	Safe Hands	4.50-5.35pm	11-16	42.00

\* Excluding Monday 17th Feb

\*\* Excluding Tuesday 18th Feb

\*\*\* Excluding Wednesday 19th Feb

Feb-01	Mon-Wed	17th,18th,19th Feb	MOL (Astro)	Hotshots	10-11.30pm	5-8Yrs	15.00
Feb-02	Mon-Wed	17th,18th,19th Feb	MOL (Astro)	Hotshots	12.30-2.00pm	9-14Yrs	15.00
Feb-03	Mon-Wed	17th,18th,19th Feb	MOL (Astro)	Hotshots	10am-2pm	5-14Yrs	30.00
Feb-04	Mon-Wed	17th,18th,19th Feb	MOL (Astro)	Invite Only	10am-2pm	7-10Yrs	30.00



# COMMUNITY NEWS

## **Weekly Courses**

We are back in the community department and ready to start with our next block of classes. Our Weekly Courses are designed for young footballers of all abilities between the ages of 3 and 14. We aim to provide quality football coaching with an emphasis on safety and fun. ICTFC have a variety of types of weekly courses taking place at various venues within the Inverness area. These include ICTFC Soccer Schools (These sessions provide the young players with an opportunity to learn from the club's coaches on a weekly basis), Nessie's Soccer Stars (An introduction for 3-5 year olds into football), ICTFC 4v4 Centre (Is our after school programme. This has a primary focus on developing young players through the use of small sided games and Safe Hands for Goalkeepers. Sign up while there are still spaces available.

## **Fridays at Farr**

This week the community department will be travelling to Farr to take some football sessions with Farr Primary School. There is a variety of ages ranging from 5 years old to 9 years old who will be taking part. We will be there to work on their passing dribbling, shooting and even work on positional play so they have a better understanding of the game. This is part of a four week trial every Friday from 1pm-2pm that we hope will turn into more weeks, so we can potentially see some future ICT FC players.

## **CHAS Insomnia Tournament**

This weekend is the Indoor Football Festival in support of CHAS – Children's Hospices Across Scotland at Inverness Leisure Centre. If you are aged between 7-10 year old then come along this Saturday from 5pm-8pm. You don't need to be part of a team to join in. For more info then visit [facebook.com/sneckieinsomniasoccer](https://facebook.com/sneckieinsomniasoccer)



# BRAD MCKAY

TALKS HITTING 100 FOR THE CALEY JAGS



If Brad McKay makes an appearance this afternoon it'll be his 100th in a Caley Thistle jersey. McKay joined in 2016 and has become a mainstay in the side since John Robertson became the Manager, with Brad making over 70 of his appearances under Robbo.

It's a record that McKay is proud of as he said: "100 appearances I think is a great achievement for me. When I was at St Johnstone and getting shipped out on loan and I never thought there would be a time where I'd make 100 appearances for a club. I'm pretty proud of it actually, I'll probably look back at my time here as the best I had playing and getting exactly what I need out of football which is games. I cannot thank the club enough for taking me at a time when I needed them desperately and here's to more."

McKay also highlighted the Caley Thistle dressing room and has said that he has made friends for life from the club like, former Caley Jag and Scottish Cup winner, Josh Meekings as McKay said: "A lot of boys have come and gone, I've made a lot of lifelong friends, Josh Meekings being one, there's people I still keep in touch with. On the pitch there's been a few highlights, I think the run we went on at the end of last season was a great highlight for me which showed what we are capable of and if we can hit those heights again then that can take us to where we want to be. I think we were a point off the play-offs last season and the run we went on was just incredible."

"I think the dressing rooms in most teams is good whether you are playing well or not, that's the good part of football, you usually get a good dressing room and meet new friends. It's more on the park, developing as a player and getting game time is what you need, and the boys have been great."

Today we're in Scottish Cup action and it's a competition that McKay wants to do well in as he hasn't gone too far in the competition in his career to date, as he said: "It's a competition that I've never actually been too far in, I've always been put out in the fairly early rounds. I've seen a few of the boys go on to win the Scottish Cup but I was too young at Hearts when they won it as I had just joined."

Mckay missed last week's win over Ayr United as he picked up a one match ban and he found it frustrating not playing as he said: "Not playing be it through injury or suspension you feel a bit helpless as you can't help the boys on a Saturday or have a say on the game. It was a great result for the boys, it could have been more, we had a lot of chances and full credit to the boys, they absolutely dominated the game and I don't think Ridgers had much to do."

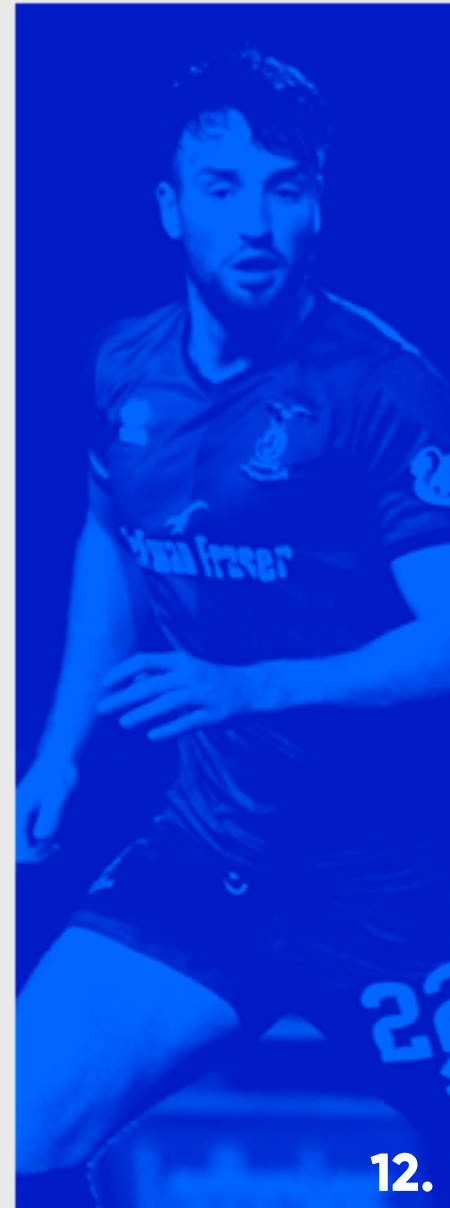
The Caley Thistle centre-back thinks now the competition in places is only a good thing for boss John Robertson as he said: "If everyone was fit then the Manager would of had a real headache to who was going to play against East Kilbride, that's the headaches that the manager wants and needs, not the other way round where we are struggling for bodies. Kevin McHattie has come in and done really well, Jamie McCart has played across the back four, Tremarco has played across the back four too so it is competition for places at the back now so if we get a couple of bodies in then we'll have a right chance."

Brad has known, new ICTFC signing, Kevin McHattie for a long time, dating back to their time at Hearts. Both players were mainstays in the Hearts side that won the Championship.

Mckay said: "I think Kevin is a great signing for us, I spoke to the manager about him and his availability coming from Derry City. He actually came up earlier than when he signed, he came up for a week to train and the manager said a couple of things to him, telling him it wasn't like a trial but he just wanted to see him moving alright, basically checking he wasn't injured and was ready to go."

"The rules about when you can sign free agents have been changed as you can't sign them outside the window now, so the Manager asked him to come back when he could sign and after he had taken some time off because he didn't get a lot of time off after the way it worked out with Derry."

He continued: "He's a good lad, a real good friend of mine and what a left foot the boy has on him, I've not seen many players hit a ball like he can. He's a real good player, a real good guy and that's what the manager seems to be bringing in here, good players and good people so it'll be good for the dressing room and competition."



MANAGER  
**STUART  
MALCOM**

**PAST RESULTS**  
NONE

**LEAGUE**  
LOWLAND LEAGUE,  
1ST

**STADIUM**  
K-PARK,  
EAST KILBRIDE

**CAPTAIN**  
CRAIG MALCOM,  
FORWARD

# EAST KILBRIDE

## THE OPPONENT



East Kilbride find themselves in the Fourth Round of this season's William Hill Scottish Cup after wins over Spartans and Gala Fairydean Rovers in the last two rounds.

They come into today's game top of the Lowland League, six points clear with a game in hand, and on a run of 10 wins on the bounce in all competitions. East Kilbride narrowly missed out on the Lowland League title last season as Spartans won the league by two points.

In 2016, East Kilbride defeated BSC Glasgow for a record 27th win in a row, surpassing Ajax's record of 26 wins in a row and in 2017, they narrowly missed out on promotion to the SPFL as they were beaten by Cowdenbeath on penalties.

This campaign they hope to be challenging for promotion to the SPFL again by sealing the Lowland League title then they would be in the play-offs for promotion to the SPFL by playing the winners of the Highland League and then, potentially, the bottom side of League Two in the final.

# MATCH REPORT

12.01.19, TULLOCH CALEDONIAN STADIUM  
SCOTTISH CHAMPIONSHIP

**INVERNESS CT 1**  
**AYR UNITED 0**



JOE CHALMERS BATTLING WITH AYR'S DOCHERTY

Jordan White's second-half header was enough for all three points as Inverness beat Ayr United 1-0 at the Tulloch Caledonian Stadium.

Ayr had an early chance from Michael Moffat as he was sent through on goal but his effort was blocked on its way to goal by Carl Tremarco. Caley Thistle then almost opened the scoring as Aaron Doran met a Tom Walsh cross in the middle but the Irishman's effort hit the post.

Liam Polworth then had an effort which just went over after combining with Aaron Doran on the 34th minute. ICTFC continued to pile on the pressure and Jordan White was close to breaking the deadlock just before the break as he linked up with Doran but the striker's effort was wide off the post.

In the second-half, Ayr had a good chance to take the lead through Moffat as his header was just over the bar on the 48th minute. Jordan White was close again to opening the scoring as he was played in by Polworth but his shot was inches past the post.

White eventually got his deserved goal on the 65th minute mark with a brilliant header past Doohan. Sean Welsh whipped in the ball from the right hand side and White nodded it in to open the scoring with his 10th goal of the season in all competitions.

The Irishman was then presented with a big opportunity to seal the game with around 15 minutes left as Walsh found him free down the left hand side but his effort was just wide of the post.

Caley Thistle held on for a massive three points going into today's Scottish Cup tie with East Kilbride at the Tulloch Caledonian Stadium. The result leaves ICTFC just one point off the play-off places with a game in hand over Queen of the South.

# ICTFC CODE OF CONDUCT

**Inverness Caledonian Thistle FC will not tolerate unacceptable conduct at the Tulloch Caledonian Stadium or any away football stadia.**

**Unacceptable conduct is conduct which is deemed violent or disorderly.**

**Violent conduct is any actual, attempted or threatened physical violence against any person, or intentional damage to property.**

**Disorderly conduct includes:**

**Conduct which stirs up or sustains or is likely to or is designed to stir up or sustain hatred or ill will towards people or groups of people based on their membership of the following categories:**

- **Gender, Race, Nationality (including citizenship) or ethnic or national origin.**
- **Membership or presumed membership of a religious group or a social or cultural group with perceived religious affiliation.**
- **Sexual orientation**
- **Transgender Identity**
- **Disability**
- **Or against an individual who is perceived to be a part of such group**
- **Using threatening, abusive or insulting words or conduct**
- **Displaying or writing anything which is abusive or insulting**
- **Using words or conduct or displaying any writing or other thing which indicated the support or affiliation to, or the celebrating of, or opposition to an organisation or group proscribed in the terms of the terrorism act of 2000**

**All persons entering the Tulloch Caledonian Stadium on a matchday are subject to these rules, including employees and volunteers of ICTFC whilst discharging their duties.**

**Any person who engages in unacceptable conduct will be liable for sanctions imposed by the club, which may involve possible**

# SQUADS

## MATCH OFFICIALS

MIKE RONCONE, GORDON CRAWFORD, TONY FULLERTON

## ICTFC

### JOHN ROBERTSON & SCOTT KELLACHER

- |                  |                       |
|------------------|-----------------------|
| 1 MARK RIDGERS   | 15 SEAN WELSH         |
| 2 SHAUN ROONEY   | 19 JORDAN WHITE       |
| 3 CARL TREMARCO  | 22 BRAD MCKAY         |
| 4 JOE CHALMERS   | 24 CHARLIE TRAFFORD   |
| 5 COLL DONALDSON | 25 OWAIN FON WILLIAMS |
| 6 JAMIE MCCART   | 27 DANIEL MACKAY      |
| 7 LIAM POLWORTH  | 29 KEVIN MCHATTIE     |
| 8 ANGUS BEITH    | 31 CAMERON MACKAY     |
| 9 NATHAN AUSTIN  | 35 RODDY MACGREGOR    |
| 10 AARON DORAN   | 37 JACK BROWN         |
| 11 TOM WALSH     | 40 CAMERON HARPER     |
| 14 GEORGE OAKLEY | 42 DANIEL HOBAN       |

## EAST KILBRIDE

### STUART MALCOM

- |                   |                    |
|-------------------|--------------------|
| G MATT MCGINLEY   | M PAUL WOODS       |
| G JACOB KEAN      | M MICHAEL ANDERSON |
| D BERNARD COLE    | M GRAEME HOLMES    |
| D BARRY RUSSELL   | M CHRIS HUMPHREY   |
| D CRAIG HOWIE     | F JAMIE LONGWORTH  |
| D CRAIG REID      | F ROSS MCNEIL      |
| D SCOTT STEVENSON | F CRAIG MALCOM     |
| D DAVID PROCTOR   | F CAMMY RUSSEL     |
| M ANTON BRADY     | F JAY MCINALY      |
| M LIAM CRAIG      | F MARK GREENE      |
| M SEAN WINTER     |                    |